

# Month of Sagittarius 2020

## Conversations between I and AM

### By Matias De Stefano

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## 121. Resurrection

[December 2, 2020 Matías De Stefano](#)



I AM: And from the deep dark and muddy waters, your seed germinates, rising towards the heavens, blooming in the light.

ME: Somehow I felt too comfortable in the shadows, and I'm even lazy to have to start blooming.

SOY: It is what happens to all living beings: habit, comfort. The body adapts very quickly to the environments to which it is exposed for a long time, and in your case, you have so many planets in the house of Scorpio that despite the pain and suffering in the shadows, you felt at home.

ME: Well, not so many ... The Sun, Mercury, Venus and Mars, although it is true that they are the most important and most used. I feel comfortable in the shadows and mud, communicating from its darkness and black humor, going deep into the soul and living with the intensity of processes. Yes, I feel at home there ... But my Moon, Saturn and Uranus in Sagittarius will thank this month. A journey through the conceptual, emotional and physical world.

I AM: Emerge from the shadows of the swamp to see the clarity. This is the moment of the allegory of the Cave, it is the moment when the slave of his own perceptions looks out into the external world and recognizes everything he must learn from the world, from the truth. See the light.

ME: How does the aspect of this month intend: "I see". What do we have in store for the next 30 days?

I AM: A journey towards the Light, towards awakening our understanding of things, to discover, to bring clarity to all shadows. While in Scorpio we bury ourselves to connect with the shadows and face them, Sagittarius will drive us to rise, smile, bring light to what was hidden.

ME: That is why today you told me “Resurrection”.

I AM: This concept is not too old, maybe 1000 years old or so, and is related to the Ascension of Jesus Christ.

ME: But the word is older, I imagine.

SOY: The words that make it up yes. Resurrection comes from the words "re-", "sub", "reg-" and "-tio", which mean "action of putting back what was underneath in a straight way". An idea that tries to describe what has fallen, that is on the ground or buried and that stands up again, straight, upwards.

ME: Like us after going to the shadows ...

SOY: That's right. In the Christian period, this concept was coined to describe the greatest miracle of Jesus the Christ, who rose from the dead on the third day after his crucifixion. This story, taken as a miracle, is based on a myth, which was once a legend, and before it was an allegory, and long before it became an allegory, it was a pagan ceremony based on agriculture, which prior to that was pure astronomy.

ME: How was it?

SOY: Yesterday we explained it in the transmission; In the Universe everything is a continuum of energy, vibrations that by magnetism make its particles expand or contract. These two options constitute any vision of time and space through the different dimensions. A dimension is just that: a dimension, that is, something that is measured by the perspective of two points of view and separated by them: “di-” (two, divided) and “mención” (measure). Thus, the contraction or expansion of the particles generate the mental, emotional or physical levels in which consciousness will be experienced, all with the aim of learning about the creative potential it possesses. The two visions that generate these dimensions are the Positive and Negative perspectives, which manifested in a Proton and an Electron, they allow information to move by bending time and space in the form of spirals. The spiral movements of the cosmos cause a reality to be experienced in periods of positive expansion, while in negative expansion, that reality is integrated, recovering energies in assimilation. We could say that for the mind the Positive seeks data through Knowledge, and the Negative integrates them through Wisdom. In the Physical Body, this very thing is called Life and Death. For billions of years, the Universe goes through millions of ways, along this spiral, with the aim of awakening wisdom in the search for knowledge, living different lives and having to die in many instances. When you realize that there is no death or different lives but that everything is a continuum of vibration at different frequencies, you recognize that everything is fractal and cyclical, which causes many of the patterns to be replicated at all levels. In this case, the fact of being born and dying is repeated like waves in a sea, without ceasing. Everyone knew this in ancient times, because they observed nature, and understood that divinity could not be different, in the same way that a son resembles his parents. For this reason, they understood that there is a cosmic reality, called the World of Ideas, and a physical reality, called the World of Shadows. The two progenitors of the Being. It is understood, then, that physical reality is the flesh, what is perceptible by the 5 senses, and that it only transforms, never disappears. But the world of ideas can expand and contract again into a new being, a new form. They call this "reincarnation", that is, to return to the flesh, to the body. The subtle world expands at death and contracts at birth in the same way that the lungs do when breathing. The cosmos does the same: galaxies, stars, solar systems, worlds, nature, life, everything expands and contrasts, being born and dying in the magnetic spiral of the universe in expression. And the 4 Seasons are one of the ways to perceive it. The Solstices and Equinoxes show a different position of the sun, expanded or contracted, which changes everything in nature. The ancients called this "The Cross of Time": spring, summer, fall, winter. And it was combined with "the Cross of Space": north, south, east and west. Physically related to “Water, Fire, Earth and Air”, which you conceptually know

as“ Expression, Experimentation, Integration and Transcendence. And that a human lives as "born, grow, reproduce and die."

ME: The 4 Pillars of Existence.

I AM: And at its center, the world, the power of the Divine Being, the essence. Thus, the first symbol that described the positive and negative cycles of cosmic reincarnation in the universe, was a cross with a circle in its center, the sun, which summarized everything said. Thus, each being who had incarnated divinity through illumination, was understood as "Son of the Sun", Son of Light ...

ME: That in Indo-European it was said "dyeu" ... origin of the word "God" ...

I AM: Son of God. Every enlightened being was a Son of God in the center of the cross of the seasons of the year. On December 21, as every year, although sometimes it is the 20 or 22, the Winter-Summer Solstice occurs. In the northern hemisphere, Winter has begun, but at the same time, it also begins the return path towards spring and heat. Starting in December, the movement of the Earth will make it appear that the Sun is moving slowly and again to the north. The maximum moment that has inclined towards the south, is that day December 21, the shortest day of the year for the north and the longest for the south. This moment is interpreted as the Death of the Sun. For 3 days, until December 25, the sun will rise exactly at the same point on the horizon until it begins its return to the north. Thus,

ME: With which, the story of the Birth of Jesus and his Resurrection from a cross, speak of astronomy ... Something that has been understood many other times ...

I AM: With many other "children of God" in history. This means that what Christianity celebrates is the return of the Sun. A pagan ceremony. And in this is the allegory.

ME: Which one?

I AM: All humans go through the same process in each life: it is born, grows, produces and dies. And throughout these 4 organic and biological processes, day by day, month by month or year by year, it expresses, experiences, integrates and transcends. All this to find its own shine, its inner light. All humans crucify themselves in different situations.

I: "Each person carries his Cross", I heard people say in relation to the fact that each one has their own journey through the "Via Dolorosa", carrying the cross to the Mount of Crucifixion ...

I AM: Which means that every individual has a history that he carries on his skin, a responsibility, a guilt, a duty, that if I do not face it with inner light, it will be a painful weight that I will carry. That weight is the process. An unresolved conflict, an unassimilated relationship, an unfinished project, a heavy inheritance. But the objective of walking the cross is to become enlightened, it is to get back on your feet, straight, and to rise again, that is, to find the resurrection.

ME: And how do you get to it?

I AM: When you make the shadows conscious, the place where you find yourself buried, kneeling, humiliated carrying the weight. When you see it, you observe it and instead of letting yourself be defeated, you take strength and get back on your feet. Living beings, plants, animals and humans, live constant resurrection practices in their lives: every time you get up in the morning and stand up, you are resurrected. Every time you get rid of heavy ties, you resurrect, each time you finish crying to continue with your routine, you resurrect, each time you resolve a conflict, you resurrect, each time you become aware of your shadows, you resurrect. You stand firm, stand up, and change your position, your dimension.

ME: And you realize that you are the Sun.

I AM: The dimension of Unity, where all things, everything expressed, experienced, integrated and transcended, arises from you and returns to you, because everything is you. The ancients knew that the resurrection lives in the cycles of reincarnation, in the continuum of life. The Christians eliminated the idea of reincarnation with the sole objective of making Christ the only one capable of returning from the dead.

ME: This removes the possibility of redemption for ordinary humans, that is, that they can try again without guilt.

I AM: The abolition of Reincarnation and the accentuation of the Resurrection only in one person, has made us think that this act is typical of the masters or divine. And the truth is that it is typical of the natural world.

ME: We must recover the divine ability to resurrect, to rise from the ashes like the Phoenix. The Resurrection is in all things, and we practice it every day.

I AM: You just have to make yourself aware of it. "Lazarus, get up and walk." Put one foot in front of the other, it's time to get up off the ground, to let go of the weight of the shadows and use them as fuel. Stand up, resurface. Recognize that by overcoming any conflict, emotion or idea, you are resurfacing, you are freeing yourself from the weight of the cross.

ME: Like the Lotus that does not grow without mud, does not flourish, darkness and shadows have given me the necessary ground to nourish myself and to be able to stand firm and straight towards the sky, to flourish. Rise from the shadows.

I AM: Make the divine something everyday and natural, and you will live day by day in paradise. The grace of Sagittarius is the joy of existence, the joy of living creation, because when you discover that shadows and darkness are no longer my enemies but the choreographers of my life, you start to see with art the lights, shapes and colors of creation, learning and enjoying the journey, the journey through existence.

ME: I rise from my shadows, to fly with the lightness of the wind, recognizing the world that the shadows have created so that I can have fun, learn and play.

SOY: The Great Journey begins ...

## 122. DIMENSION (Size)

[December 3, 2020 Matías De Stefano](#)



ME: To see beyond, to have a broader vision of things, to contemplate the horizon, to rise to perceive much more than what I could see ... To see from afar what used to be too close, or to get closer to what previously seemed distant and unattainable . The path of discovery leads us to learn to size things. So, I think it's important to understand what a dimension is ...

I AM: Dimension, as we have already said, comes from the Latin “dis” (to divide, separate) and “metiri, metio” (to measure, measure). A dimension, then, is a measure perceived from two separate points of view, one near and one far away, the observer and the observed.

ME: Like the eyes ... The Eye of the Observer conditions the reality I observed.

I AM: In Quantum Physics (which is the physics that quantifies reality), it is interpreted that all the compositions of existence are mutable, to the point where the slightest observation about something already exerts a pressure that modifies things. Thus, a minimum amount of energy can behave as a wave or a particle depending on the observer. But to understand this let's keep it simple. Spiritual humans regard dimensions as heavenly levels, and do you know why?

I because?

I AM: Because the entire spiritual world only inherits the spiritual methods of its predecessors, that is, of the religions. In the ancient concepts of the cosmic organization, the human was interpreting the Universe according to his observer point of view. Thus, the Universe took the form which the human was capable of capturing, or at least showed that aspect. That is, in the beginning, when humans were totemic, that is, their way of understanding the divine and conceptual was through totems, attributes of nature, which gave rise to animistic religions worshipping plants and animals, the Universe was interpreted as such: the earth was a turtle, the sky was a cow, the sun was a hawk, the river a snake, the air an eagle, medicine a scorpion, joy a monkey, royalty a lion, and thus all the animals together made up a Dragon, or a mythological creature. The stars were the fireflies, which carried the spirits, the sea was the great whale, and thus its connection with reality was animalistic. In other traditions, as in the north of Europe, the trees were the most sacred, and they described the Universe as a Huge Tree of Life, whose fruits were the worlds, and its branches and roots extended throughout the galaxy.

ME: Yggdrasil ... the tree of Odin.

I AM: Yes. Many traditions in the world related the Cosmos to a tree, and its branches would be the different kingdoms or expressions of divinity, which was found in the trunk, in the center of things. In the animistic and vegetal traditions, the vision of polytheism expanded, that is, believing in many gods, and that humans could also become divinities if we accomplished the necessary feats. Like a tree, the seeds that inhabit the fruits can also turn into a tree over time. But there was a time when this sprawling forest began to be controlled. The struggles for food reorganized the tribes into societies. Now there could no longer be a guide or shaman, there had to be someone who would unite all power over many tribes, and thus the King appeared. The idea of kingdom, He hierarchized the organic culture of the tribes, placing the king above the rest, and the priests below him. Now the search for power and order would be paramount, and the idea of becoming divine would take a back seat. The political structure began to be clearly hierarchical, linked to the decision and power of a single person over a pyramid that extended downwards, to the townspeople. And this vision, as much as there were attempts in other ways, has been in force for more than 12,000 years until today. Thus, during all this time, the majority of humanity designed the Universe in a monotheistic way, with only one being in command of everything, with a hierarchical structure, which put some above the other, and that to reach one or the other level, it was necessary to earn respect and go through all the necessary tests. The Universe now had a King in the Heavens, and below him, the Archangels, Seraphim, Cherubim, Powers, each with a different rank, up to his army of Angels, and below, the workers of the earth, the Humans. . And of course, like any kingdom, deserters and enemies are needed. Thus, like a mirror, the kingdom of Mal is created with its own King of Darkness and

all his entourage, even the demonic soldiers and his people, the evil and sinful people. In the awakening of conscious spirituality, the tradition of seeing the universe as a hierarchy remained by the custom of thousands of years, and although one began to speak of Dimensions instead of Realms, the context continued to refer to the celestial hierarchy of the same way. Powers, each with a different rank, up to his army of Angels, and below, the workers of the earth, the Humans. And of course, like any kingdom, deserters and enemies are needed. Thus, like a mirror, the kingdom of Mal is created with its own King of Darkness and all his entourage, even the demonic soldiers and his people, the evil and sinful people. In the awakening of conscious spirituality, the tradition of seeing the universe as a hierarchy remained by the custom of thousands of years, and although one began to speak of Dimensions instead of Realms, the context continued to refer to the celestial hierarchy of the same way.

YO: Sure ... this is what makes there still today a confusion when talking about Dimensions, as if it were about floors in a building, levels to go up or down, where each one has a group of specific entities ...

SOY: Yes, this is what means that even so we have left the kingdoms, the representative republics and considered democratic, they continue to have the same way of organizing reality, hierarchically.

YO: But 30 years ago, the networks began.

SOY: And that's where we go. The scientific evolution of the last three 4 centuries, the conceptual change that the Earth is not the center but revolves around the Sun, changed the position of the divinity and its reference. The sizes of things were now different, the distances were completely different from what was thought, both in the macrocosm, contemplating the sun and galaxies, to the microcosm when discovering the atoms. In recent decades, the appearance of the Internet, Networks, online work, Connections, downloading and uploading of information, data, and quantum discoveries, all this enabled a new concept of the Universe, which is making everyone perceive reality in a much more different, interconnected way, where there is no center, there is no king, there is no heaven or hell,

ME: There we are today, understanding that the Universe is us, that there is no hierarchy, but that everything is a quantum framework.

SOY: This is where we can better understand what dimensions are. An easy way to understand what a dimension is is by looking at whatever object you have next to you right now. Every object has 3 visible and palpable dimensions: width, height and depth. This is all that defines the Third Dimension. Nothing else. A dimension divided into 3 perspectives. Therefore, in the third dimension, life is conceived by three aspects: sound, light and form. The holy family is considered "mom, dad and baby." Time is divided into three: past, present and future. Dimensions are bending the laws of space and time.

ME: This reminds me of the urban legend that you can't fold a sheet of paper more than 8 times. Since mathematically, if you could keep doubling it, by exponential mathematics, in just 40 folds you would reach the Moon. It is crazy, but it is the logic of the Universe: the more I fold the Unit on itself, the more I expand.

SOY: And in just 100 folds you would have reached the thickness of the entire Universe ...

ME: Yes ... The dimensions here are absurd, seeing that the more you try to find something by folding it over itself, you would actually be making it reach unexpected places like the entire Universe itself.

I AM: For this reason, a single Dimension bends itself 8 times creating the Cube, which bends 3 times more creating the inspiration, contemplation and exhalation that give rise to creation. 12 Folds that constitute the entire Universe. All that exists is nothing more than a sheet of flat paper that has been folded in on itself hundreds of times, creating millions of shapes in all directions. Thus, what you know as Dimension, is the measure of said bending of a single thing. They are not levels to climb, they are not steps in a palace of light,

they are not heavenly realms where there are masters or archangels. Fold the universe once and you will have Powers, fold it 3 more times and you will have an Archangel, fold it 3 more times and you will have a galaxy, fold it 1 more time and you will have a human.

ME: It is always the same being, doubling its time and space ...

SOY: What should you do if you want to see your feet?

ME: Bow down ...

I AM: You bend your body to see your steps ... You take your eyes to another direction, changing the perspective of the observation to join the observed. Bowing allows the Universe to be aware of what it does, what it expresses, of things that would otherwise be impossible to face.

ME: What are those times the Universe bends?

I AM: The first Dimension is Unity, where everything converges, it is the same sheet of paper. The second dimension is Duality, when you fold the sheet to be able to see yourself in front of the other part, at the other extreme, positive and negative. The third dimension is the one that adds one more double to show the depth at the width and height of the duality wavelength. The fourth dimension will show the movement of the three previous aspects, that is, the transformation of them, changing their position, the sensation of time. The fifth doubles or dimension will give clarity to the whole process by contemplating it and granting understanding, awareness. The sixth will allow you to recreate what exists, generate new forms from the above. Thus, in the seventh, he becomes a creator, awakening the light that is in the energy of his being, illumination. Thus it expands in the 8 Dimension, in all possible times, in the general information network, the matrix. And in the 9 Dimension he finds himself in all possible spaces, recognizing himself divinity.

ME: And it was always the same being. The dimensions are not stages, levels, but the same being looking at itself in different measures.

I AM: The masters, archangels, humans, atoms, all, are the same being expressed in different distances and sizes or folds. Therefore, communicating with each other is nothing more than talking to oneself and hearing different points of view of the same reality.

ME: I am all ... I am ...

I AM: Dimensioning, then, is to take notion of the connection and consequence of all things. Everything that happens to us has a past and a future, it affects more people in different ways. To dimension is to take perspective in this constant doubles, until realizing that conflicts or crises are nothing more than a new moment of doubling or unfolding of time and space. Sizing is knowing how to carefully see the connection of all things, and not just stay with a simple conditioned point of view. What we see is never the truth, to see well you have to get away. An ant has never seen a human, because its vision cannot understand the whole as a human cannot see the Earth while standing on it. It is when we dimension the things that we discover the truths, therefore, to dimension what I am, I need to get out of what I think I am: stop being a wave to become a particle, or stop being a particle to be a wave again. Thus begins the Journey of knowledge, daring to leave what you see and believe to open up to change your perspective, expand the dimensions.

ME: Every time you travel, you move, you experience something different, it's like bending everything, adding new data. The more I bend, the more I expand... Another paradox!

SOY: That's right. The sheet that seems free and flexible does not get anywhere if it does not bend. There lies the Humility, the bowing towards the feet. Allow yourself to change your view, your perception. The paradox is

that the more the universe bends, the more expanded, the larger it will be. Wisdom is not gained without gaining some wrinkles along the way.

ME: Pretty explicit that last. You have to wrinkle ... Only then can we see other dimensions ...

SOY: The path of this month is to expand the dimension of things, so here I will leave you the task for this month: Try to write down at least one thing that you have learned on a trip you have made every day. It can be a journey of only 5km, or 15,000km from your home. It may have been silly, or something very big, it does not matter, just take a Travel blog, and write down: place, approximate date, people involved, and what you remember learning in that place, on that trip.

ME: From things like "I have learned to fold a shirt, I even learned to detach myself from my partner or I learned about the laws of the universe."

SOY: Yes, everything. The important thing here will be to measure how we have learned when we change our place of constant and comfortable vision. It is necessary for the body, soul and mind to know that this is possible only if I change my real perspective.

ME: To change my mental perspective, I also need to change my visual perspective. The way I look at things, from what point of view.

SOY: So you can begin to understand that communication with dimensions is directly related to the way you assimilate information about yourself and the world around you. Only in this way will you be able to expand and speak with your other I's in the different Cosmic dimensions.

ME: I start my Interdimensional journey towards myself ...

I AM: The only possible trip.

## 123. Wisdom

[December 4, 2020 Matías De Stefano](#)



ME: Following the logic of the bending of Universal Time and Space, with that sheet of paper, we can understand that since we are all part of a single Being, everything we seek outside is always within ourselves. That everything we pursue, we project, is just a fold in my own body.

I AM: That's right, the entire universe is simply a single being folded on itself, millions of times, creating trillions of possibilities.

ME: So in the first instance, the Everything knows Everything. He is fully aware of everything on that sheet of paper ... Why throw yourself out of consciousness through the Unconscious and the Subconscious?

I AM: And why do you set out to search for the Conscious from the Subconscious and the Unconscious?

ME: I guess to get out of the distortion and go back to being who I really am... who I'm really supposed to be.

SOY: And what will you do next?

ME:... Emmm... I don't know, I didn't think about it.

I AM: Because you focus on the path to reach Consciousness, considering it as a privileged place in the Universe, almost like an "All Inclusive" hotel. It's all so perfect that you don't have to do anything ...

ME: Ugh ... by God, I would never go to an All Inclusive of my own free will. There is nothing that bores me more.

SOY: Because a place like this is designed to relax, but once relaxed, the body begins to ask for something more, some emotion, adventure, something that moves you to create ...

ME: Sure ...

I AM: So when you get to the idyllic of Consciousness, what will you do next?

ME: Create ...

SOY: Ah... and to create, what should you do?

ME: Fold time and space ...

SOY: Ah ... look ... how novel ...

ME: Hahaha, ok, I got the point. We see going back to the origin as a race to return home, or as vacations after so much work and stress. You want to rest, but after the rest lasted days, or weeks, or months, the mind begins to seek to do something, to feel creative.

I AM: Because the whole Universe is the body of an artist, a musician, a poet, a sculptor, someone who cannot stop thinking about creating and manifesting. Full Consciousness is the Void, it is a blank page ... And when a logical being sees a blank page, an artist sees thousands of possibilities. But it has nothing more than that blade, there are no brushes, no gouges, no colors, only vibration, light and white. Then you realize that the only way to create contrast is if you wrinkle the sheet. There not only a new shape appears, but a shadow for the first time. The shadow reveals a shape, a silhouette that was non-existent before. And he wonders: what happens if I keep folding the sheet creating more shapes, playing with the lights and shadows?

ME: And so the Light generates the Darkness, bending space through time, creating patterns in a creative matrix, a fabric, which manifests matter ...

I AM: The shadows will be the Subconscious that reminds us where all things come from. The Unconscious is the one that is impelled to move without logic through all the diverse forms, and the Conscious is the one that tries to understand its own unlimited creative capacity.

ME: Thus the Conscious creates the other two to be able to have a huge terrain where to see the contrast of its own being, and to know what it is capable of. The Subconscious would be like the playground of the conscious, while the unconscious would be like the teammates or opponents on the team.

SOY: Like in soccer. Every game or sport is born from a logic or need to understand the environment, to prepare to move in it. Thus, in the game, pursuing an objective becomes fundamental due to the ancestral memory of the hunt. He who manages to hunt the largest and most quantitative prey, wins a happy winter or drought. In football you can see that hunt in which two tribes fight for the largest mammoth, trying to make it fall off the cliff in a specific space, a defined arc to know exactly where to capture it. Many games have arisen from this basic need that was to survive, thus, through fun, it was ensured that children learned the basic tactics of survival, just as dogs and cats play to hunt or fight each other. The game is a survival practice. So, the subconscious is the entire stadium and field of play, with boundaries, lines, directions and a context in which to lean, be it grass or dirt or concrete, this will influence the results. The companions and those of the opposing team will be part of the unconscious, with those that I have problems to solve, or in whom I blindly trust. The ball is the object that you want to object to, and taking it towards the arch, towards the precipice, is the adventure that ensures that the tribe lives one more year.

ME: This is how the conscious designs the play, but to achieve its goal, it must learn to trust its unconscious and have a notion of the subconscious terrain. If you deny them, you will likely lose the ball.

I AM: Therefore it is necessary to be aware of all levels. The conscious does not seek to be aware, it seeks to understand the game that it created, and improve it. The game is the same, the rules or laws are the same for everyone, and yet each player is unique, has their own strategy, their own gifts, their own intentions, their abilities are shown and distinguished among others. Consciousness knows about the game, pro learning from strategies.

ME: So it doesn't matter if you know the rules of the game, if you don't discover what you're capable of in it, it's worthless.

SOY: In the same way that playing a game without knowing its rules causes you to make mistakes all the time. When you know the rules of the universe, you can take better advantage of the skills you have to make your play, and who knows the rules, will learn more about their own game by watching or being part of it.

ME: Watching is not the same as doing.

I AM: That is why Consciousness decided to expand in each player, and in practice, accumulate knowledge of itself, of what it already knows, but does not know.

ME: What is the difference between knowing and knowing?

SOY: Knowing comes from “kom” (together, united, in Indo-European) and “gno” (intelligence, acquisition, in Indo-European). That is, taking external aspects and acquiring them as one's own through discernment. Intelligence refers to the ability to read between the lines, to interpret and to discern. Some mammals, but other animals as well, achieved this ability through trial and error. A cat, a dog and an octopus are at the same level of intelligence and discernment; although some birds like the raven look for a place among themselves. An elephant, a dolphin, a whale, are at a level similar to that of an orangutan, chimpanzee and gorilla, finding themselves at a higher stage of intelligence. And then, the hominids, among which from the Australopithecus we have had our ancestors the Neanderthals and Homo Sapiens. Of the latter, Homo Sapiens-Sapiens emerged

in the last 200,000 years, that is to say: the Human who thinks and thinks, the Wise Human. In evolution, intelligence refers to the ability to understand the difference between things and memorize them for later use in similar cases, this implies that the animal does not keep the information from "the cactus prick", but rather with the information: "everything that has thorns can harm me", and he manages to identify it. And there is one more step in intelligence, learning to use it. Use the thorn as a construction tool, like a needle. And so comes the next level that is typical of the human: expressing ideas and emotions in the fabrics that he makes with the needle, projecting his imagination into reality. Knowledge is understanding the world around you as data that must be assimilated, be transformed and reused in new circumstances. Learning something leads me, then, to Apprehending, that is, to making the acquired knowledge my own. On the contrary, Wisdom is related to the innate ability to awaken a skill, an understanding and intelligence by simple inner perception, without the need to acquire the methods from the outside.

ME: It would be like Knowledge is learning to write, but Wisdom is making poetry. No matter how much poetry you have read, it is impossible for you to write a good narrative if it is not in your inner power ...

I AM: Yes, in turn you can understand wisdom is a quality of savoring existence, while knowledge is swallowing it without having tasted. And this is because "Wisdom" comes from the verb "sapere" which means "to savor".

ME: Related to the sense of Taste.

SOY: Exactly. Animals have developed intelligence in the ability to discern, and one of the most important discernments is made by Taste, because your life depends on it, knowing what you eat, what you consume, if it is poisonous, toxic, healthy ... This prompted the development of the other senses, and awakened the brain to intelligence. Wisdom, then, is not related to the crown or third eye chakra, but to the laryngeal chakra, to the word, to the verb, to learning, to education, to intelligent discernment. And so, you must think very well, that Wisdom is what comes out of you, and Knowledge is what enters you. You can never get wisdom by what others explain or show or teach you, you will never get wisdom through a book, movie or course, you can never give wisdom to anyone either. Wisdom is a personal, internal perception that develops with one's own ability to savor knowledge, to sharpen the sensations of taste. Knowledge is the only thing you can ingest and give, the only thing you receive in talks, courses,

ME: Everything that is data of the world and what I consume from it are data for knowledge, while those that awaken in me by my own intelligence, is what is called wisdom. Knowledge is acquired, Wisdom is innate.

I AM: Wisdom is linked to the gifts and abilities that make the game original, while Knowledge is the technique learned to improve the game.

ME: But Wisdom can be nourished by Knowledge ...

I AM:... It must be nourished by knowledge. Therefore, it is important to discern what knowledge you ingest, as this can obscure or clarify your wisdom. Everything you see, hear, consume of the world, nourish your wisdom. What you say you know provides tools to improve your Homo Sapiens-Sapiens ability. Watch what you eat to keep fit.

ME: So when I hear information and don't understand it the first time, I don't have to despair, but I must learn to savor it like a good dish until I recognize all its flavors, its knowledge...

I AM: Taste nurtures consciousness, swallowing knowledge only fills your stomach for a few hours. Learn to savor, there lies the joy of the Conscious search. The true winner in the game of existence is the one who savors the game, who enjoys the companions, who knows how to congratulate the opponent because he is not in a battle with enemies, the one who collects the ball with love, and who knows that he was not competing. Instead, he grew as an individual giving to others in that experience.

ME: Savoring the game ... that is the only reality, the only possible way, because when I reach the goal of Consciousness in the Origin in full Wisdom, I will say to myself: "Shall we play another game?"

SOY: And that next time you will know how to savor existence.

## 124. Hunch

[December 5, 2020 Matías De Stefano](#)



ME: I was thinking... Yesterday we were talking about the universe being a Wise being who decides to divide to discover originality in its wisdom, and thus fragments itself into what we call Knowledge. Then, learning is the mechanism by which such knowledge is conceived, taken and acquired to awaken inner wisdom. But in many cases, there is knowledge that is obtained without learning, nor is it part of wisdom ... how is that?

SOY: What do you mean?

ME: To things that you know are going to happen, or that you know how they are but you can't be aware of why you know and you don't even have a previous reference point. Like when you meet a person and without saying hello, you already know that they are trustworthy or not.

SOY: Ah, the intuition. A few days ago we had seen that Intuition comes from “in” and “tori”, which in English would have its comparison with “stare at”, to stare, to stare, but having the prefix “in”, it is to look intently and intently something sharp but from the inside. Intuition is the innate analysis capacity that your subconscious possesses through pre-established data in your brain accumulated by the experiences of your unconscious. It

does not imply knowledge because you have no reference, and it does not imply wisdom because you do not understand. It is a subconscious reaction, in which your internal gaze interprets data in a mechanical way, anticipating situations in relation to similar previous data.

ME: Understood ... it takes away the magic of intuition, but yes, I remember we talked about it. Now, what I was thinking is that what we call Intuition, only puts us in context, but does not lead us to action.

SOY: What do you mean?

ME: Well ... I'll explain. Something has happened to me this last month, in relation to the recognition of certain conflicts not closed. In relationships with certain people, I have had reference points that led me to live experiences, good and bad, but all for my growth. That is to say, they all gave me knowledge about certain ideas, circumstances, feelings, and I learned from all this, and a wisdom awakened in me, the ability to understand where my mistakes were, where I could correct them. Then, the intuition made me feel that this month I had to heal it all, without understanding how or the logic, but, it was. However, there is something else, an energy that tells me that I must take one more action that I cannot explain, as if something is missing that I need to do, take action, not just analyze ...

SOY: Like an inexplicable push ...

ME: Yes, something like that ...

I AM: A hunch.

I that! that's the word! Hunch. As an impulse that something needs to be done, very strongly, but you don't have an exact reference ... What is it?

I AM: Hunch comes from the Latin "cor", that is to say, heart, and it speaks of the pulse, the beat that drives us to do something, to pump the blood. In English, the impulse is said "Hunch", which is the push of something to perform an action. You have a hunch when you know that you should jump into something even though you have no internal or external notion of whether its result will be positive or practical, you simply feel the urge to do it. It is so called because of the adrenaline rush. When the body must prepare to act in something unexpected, the adrenal glands secrete the hormone adrenaline, which alters the blood vessels to dilate, allowing a greater circulation of the blood so that it nourishes all the muscles and the brain, preparing them for action immediate. The dilation of the veins and arteries amplifies the flow of blood through the heart, making it pulse harder, and causing an excess of energy that is translated into heat, resembling the fire of the kundalini. This altered throbbing is called "heart beat", and it is what it feels like when in an unexpected situation, the body prepares to act. For this reason it is related to "Heart", with the pulse, with pushing and pushing towards the inevitable action.

ME: How is it different from Intuition?

I AM: Intuition is mental, it is a construct of preconceived ideas that are made available for the analysis of possible results in the face of a specific event. But intuition has no action, only foresight. In the Hunch, the body itself propels you to action.

ME: Why does it happen? What mechanism does this respond to?

I AM: When the Universe decided to express its Wisdom by dividing itself into Knowledge, it immediately separated its reality between negative and positive, internal and external, generating the impulse and the pulse. The Cosmic Heartbeat is what maintains the flow of data communication between the external and the internal, thus learning and development arises through this magnetic polarity. All this fabric is a network of data called

"memory." Polarity generates that electrical, energetic pulse that is interpreted as Synapse, neural communication. The data memorized by universal neurons are connected to each other by resonance, that is, by their vibration, by their frequency, rhythm and harmony, thus this communication begins to behave intuitively. That is, by resonance, you can already foresee what is the next step, Like your mind trying to finish the sound of a song The rules of the brain try to find the harmonic order in all things, and this means that it is neither knowledge nor wisdom that assembles the data, but the communication channels between them.

ME: The children that connect reality, the matrix, is like memory, registers, that act as strings ... and tuning forks, that when one resonates at a specific frequency, makes all the others aligned with it vibrate as well.

SOY: That is Intuition.

ME: And in that system where is the hunch?

SOY: In the pulse that makes the string vibrate. They seem different things, but in reality it is the same action but from different visions: from the spiritual and mental plane you call it Intuition, when from the emotional soul plane you call it a hunch. Well, it lives from the impulse of the negative and the pulse of the positive, which interact creating tensions and resolutions in the resonance, making the strings vibrate, which is what allows the information data to move.

ME: So when I feel a hunch, it's my being pushing data that needs to be exchanged ...

SOY: That's right ...

You know? In August I had a strong moment to release that emptiness that I felt after having lost that great love, which reminded me of emptiness and nothingness. I understood that being here, his disappearance was a gift. Then, someone appeared who made me intuit that it would be a mirror to resolve that void. And so it was, but now the hunch arose, that feeling of: there is something new, that I must solve with this, like something to do, to live, to transform, how to try... I don't know... I can't explain it.

I AM: There were specific moments in your life, as in any human, when you have faced situations that awaken new information, that give you knowledge to help you find your wisdom. If you had not found the whole situation of Love - Void that you lived in Switzerland, you would not have been able to learn the most important thing to fulfill your mission today with full wisdom: to speak from the emptiness of unconditional love. That experience gave you the necessary knowledge so that today you share wisdom. However, as in everything, learning is never finished, and there are still more levels, more steps to integrate. Intuition showed you the next step, the next level, recognizing the reflection that you lived two years ago in another person, like an echo, a tuning fork that resonates and for this reason you intuit that in this new experience there is something new to learn in relation to what was lived before. And the Hunch awakens in the need to live it, to jump, not to be afraid, not to doubt, not to put conditions on said echo, is what it says: yes, it is this way, and there I go.

I understand. It is another surpassing level of learning, a sign that after Scorpio I overcame a story, or a part of it, finally healing it, allowing me to live a new learning on another level of consciousness ...

SOY: Hunches are not always positive, but they always move us forward in evolution and development. What drives the heart is undoubted, since it is the source of life.

ME: Should we listen to hunches, then?

I AM: Dichotomy between Mind and Heart.

ME: I once told someone: "I have a cardiac brain dichotomy", and it was believed that I had a terminal illness, hahaha.

SOY: A somewhat frivolous and biological way of describing the conflict between what you think and what you feel. It is a constant duality that is often spoken of: "paying attention to what the heart feels" describes the way we live, giving priority to the mind over the feeling, as if they were separate things. The brain and the heart are two inevitable expressions, like the strings that vibrate in an instrument, like intuition and hunch, are synonymous expressed in different frequencies. It is not a matter of paying attention to what you feel, or putting the logic of what you think above feeling, but combining them with the responsibility of making harmonic music. Hunches come from adrenaline, from sacral creative crakra. That is, it does not think, but acts on impulses to create or destroy. The mind, intuition regulates this impulse, putting order. But the mental order alone does not do or accomplish anything. A hunch reminds us that it is time to take action, but that action needs a plan, which is designed by intuition. So, it is not a matter of paying attention to the hunch, but of recognizing in it that your being is asking to do something, to move, to generate a transforming action, and it is your mind and intuition that will help you build that path.

I understood. Do not separate mind from heart, but follow the hunch with a clear mind.

I AM: Wherever the heart beats, make sure you go, because the universe is an eternal beat.

I: I am the Dimension of the Soul, I am the constant heartbeat that drives creation.

I AM: The true walker is the one who travels the world driven by his hunches.

## 125. Compass

[December 6, 2020 Matías De Stefano](#)



ME: The hunch is a pulse, well. A pulse that forces us in one direction even though we don't have much idea of the reasons or the results. But what happens when we can't get that hunch, that is, when we don't know or feel where to go?

SOY: What you call "losing the north."

ME: Yes, that feeling. It is awful. I know that there are people who live like this, who don't know where they are going, and still find a way to live in peace with it. But others, as in my case, we are always marking our destinies, and when it is lost, it is desperate.

SOY: Because you lose control over what you perceived. Your habit of being connected to things, to planning, to following the steps of your path with a specific destination or at least with the north traced, makes that when you lose it, nothing of everything you have done makes sense.

ME: This happened to me a few times in my life, and I had a really bad time. I usually have a very good location in my life, I know where I am, where I am going, in a conceptual way, and also in a physical way, I know where the north is, the east, and therefore, wherever I go I can be guided by the shadows, lights or stars. I don't usually get lost. And there were specific moments when it was as if my internal compass failed, and did not mark north, and I lost all kinds of reference, leaving me vulnerable.

I AM: Every living being has an inner compass. Only they don't usually perceive it ...

ME: How is that?

I AM: Every existing body is based on magnetic, polar energy. This means that the positive and negative pole of an object, thanks to the electrons and protons, will rotate around each other trying to find equilibrium. This magnetic pressure generates an energetic discharge, which, because it is polar, is called electrical. Thus, each object, to a lesser or greater extent, has an electromagnetic field. For the simple fact of being made up of atoms. There are certain atoms that generate much more electromagnetic conduction, and therefore, the iron that accumulates in the nuclei of the worlds and suns, generate much more magnetism, expanding an electromagnetic field that is projected thousands of kilometers from the Earth itself. These fields protect the harmony of the objects, keep them "on axis". This axis exists between the negative pole and the positive pole, that in an object of great proportions like Earth, you call it South and North respectively. The force from the south nourishes the core, and from the north the shaft is discharged outward. This produces a toroidal shape, like an apple, around the world, a structure that protects the Earth from other magnetisms, from other harmful discharges such as the sun's rays. The magnetic discharge of this external energy is what is seen at the poles as Northern Lights are nothing more than the largest discharge to earth that you can see at a Celestial level. The electromagnetic axis of the Earth is known as geomagnetism, and it is born from the nucleus, the center of being, its Plexus. From there all the magnetic filaments are projected that, as if it were a gigantic magnet, orders minerals such as iron aligned with this axis. Thus, everything that has Iron,

YO: This is what allows animals to migrate and not get lost ...

SOY: That's right. Following its magnetic instinct, the iron that lives in animals has programmed the center of the brain like a compass that is guided by these slight changes of direction. So the faster the Earth's axis moves, the faster they must adapt to migrating, or they will die along the way.

ME: Like whales and dolphins stranded on the shores, birds losing their way or stopping migrating ...

SOY: And humans have it too.

ME: But we don't use it ...

SOY: Well, yes you do, but you don't pay attention. You have lost your connection with Earth for many millennia, thinking that you are living on it as if you were extraterrestrials. But your bodies are still human. By rationalizing everything, your north stopped being the North Pole and became your ideologies, objectives, purposes. Now, if the magnetic pole of the Earth moves with speed, all humanity will enter a crisis of values, loss of purpose, failure to meet objectives ... Where is the north pole?

ME: Well... I know, but it's true that most humans don't. Because one would say ... to the north, but could not point to it, much less the magnetic one. This 2020 is a clear example of what a sudden change in the axis leaves us. Many do not know it, but in the year 2000 the Magnetic North Pole stopped being in the Ellef Ringnes and Amund Ringnes islands of the Canadian territory of Nunavut, to move towards the Arctic Ocean in the direction of Russia. But between 2018 and 2020, the pole moved faster than ever, shifting from West to East as it traversed degree 0 Meridian for the first time in recorded history.

SOY: And this cannot be taken as a simple fact.

ME: In 2019, aircraft and ships around the world had to adjust their compasses to find the new north, as all of these machines move with autopilots based on the magnetic north pole. Passengers never noticed it, but for pilots it was a matter of life and death, as air routes or ports could be confused.

I AM: 2020 was the year in which the North Pole went from West to East, from one planetary hemisphere to the other, and therefore, humanity stopped, therefore, everything went crazy, the direction was lost, the north, the logic ... What you are experiencing is not the fault of a virus, the virus is just a symptom of something much deeper. Humanity must seek the new north.

ME: That today it is aligned to the physical north pole for the first time in ... who knows how long ...

I AM: Matter and Spirit align for the first time, and this would not go unnoticed. All humanity lost its axis, and had, therefore, align itself with the new axis, therefore it was not necessary to move.

ME: The quarantine, well... was it part of the divine plan?

I AM: The Universe takes every distortion in its favor, and takes advantage of it to generate something new. The pandemic had two origins: one natural, arisen from bats and another programmed by some human strategy. But the Universe is in charge of doing its part. Bats are a symbol of good luck, of wealth, of luck. His wings were the inspiration for the Totem you call Dragon. The bat is the plane of the ascent between the shadows towards the spiritual plane.

ME: It's often viewed as a negative animal in popular culture.

SOY: From this time, but not from past cultures. The bat, in Asia, America and the entire Mediterranean, was a positive symbol. Thus the Universe used him to activate the Crown of the World, the North Pole. They were all thinking of the Crown. Beyond human errors and distortions of matter, you must always remember that for the universe everything is sacred, nothing is bad, everything is useful.

ME: Yes, I understand.

I AM: For this very reason, the 2020 Quarantine was a gift for planetary realignment: all humans in their homes, centered on themselves, facing their own shadows and conflicts, recognizing their axes, their loss of logic, of destiny, still thinking about the Corona Virus ... in the Corona. The North. As the pole adjusted there, lining up. Preparing for the great arrival of the "King to Earth".

ME: Conjunction "Jupiter and Saturn", by the hand of Mother Moon ...

I AM: On the Solstice of December 21, 2020, 8 years after 2012, a perfect time cycle. Beginning the period of Aquarius.

ME: wow... everything was programmed... like a perfect compass, a cosmic clockwork.

SOY: And in the process, the inner compass of each human was being adjusted. The paradigm shift does not have to do with a new idea, but with a new position of the North. For this reason, you are on the Axis of the World, putting the intention in your day to day to align everyone with their own Axis ... aligned to the Axis of the Earth. Activating your own compass.

ME: And how does one align with that compass beyond the daily alignments?

SOY: Well ... let's get to it. Compass comes from the Latin "buxis", which means "box". In English (compass), it also comes from Latin and refers to "cum" and "passus", that is to say: the set of steps to follow. Cosmically, consciousness was polarized in Inconscience creating the internal and external, starting the first great path that would summarize all the others, which were traced by the subconscious as a network, the Matrix. In the Matrix or Universal Network, there is no north, as each north is in the center or south of another extremity. Everything is a fractal, there is no direction. The north and the south, then, are not destinations, but impulses. There is no goal in the Universe, as each step you come to or come from is the north or the south of another individual. It all depends on your perception. Thus, the spiritual compass does not work in the cosmos,

ME: Complex... where am I headed then?

I AM: In the center, of course... North and South emerge from the core of the Earth. Clouded by the Northern Lights, you forget that it is the nucleus that produces them, not the celestial projections. It is your heart where everything is headed and where everything comes from.

ME: So what use is the internal compass?

I AM: To create and choose paths. The manifestation only occurs by polarity. Your heart, to generate existence, needs to project outward, and thus generates paths. Every north has a south, and you can never go to a goal without the opposing force of the origin from which you came. This is related in astrology to the North Node and the South Node. Your destination and your origin. You must rethink your history and your origins, to rethink your goals and destinations. The inner compass does not guide you to a destination, but helps you to identify the path that you have drawn for yourself among all those that exist ...

ME: That's where it connects with the hunch, because it implies feeling where I should go.

I AM: "All roads lead to Rome", but if you find yourself in Paris, it makes no sense to take the road to Vienna ... The internal compass is the one that reminds you of your north, the path that you have traced for yourself. And that's where we return to the cosmos: your subconscious saves each of the tours that you have generated. Your unconscious stores each pulsating intention, and your conscious stores the purpose for which you started the journey. Thus, for your compass to work, you must start by knowing the paths traced in the subconscious (your life story, your road map, that of your family, other lives ...) and there continue through the unconscious (beliefs, emotions that they govern your life, intentions, the bonds and bonds of attachments, positive and negative), and in this way you can unravel the conscious, the logic and the why, the answers of the beginning.

ME: I am my North ...

I AM: I am my South ...

ME: I am the Compass ...

I AM: All Hours and all Directions live in me.

ME: And only by going through them step by step in consciousness can I bring them back together ...

I AM: Weave the web of the Subconscious, the Unconscious and the Conscious, recognizing that the compass within you has led you to travel the paths of your own tissue. Now is the time to recognize all of them, all the paths, all the norths that you have worn, and remember that they all lead you, to the center, to the One.

ME: The unity that inhabits each one ... to which all the iron in our blood, in our cells points ... to the magnetism of our interior ...

I AM: After the eclipse of December 14, the shadows will discover the last time of darkness that you will have to face, so that on December 21, you can all crown yourselves. Unite the Crown of Jupiter, the King, in the Crown of Earth, which is Saturn. Illuminated by the Divine mother in the spirit of the Moon, you will take the first step of Aquarius in Consciousness ... A new Era begins ...

ME: And that's our North.

## 126. Adventure

[December 7, 2020 Matías De Stefano](#)



ME: I find myself sitting in a park in front of the Great Pyramid, staring at it, with the naturalness of seeing a palm tree, and I realize that seeing it has become routine. Today there is a sandstorm, and everything looks a little gray, both the buildings and the sky, the whole environment is in the same sandy color. Monotonous.

SOY: What do you think?

ME: That I'm not inspired. Today I feel like the weather ... sandy, cloudy, monotonous, boring ...

SOY: No ideas ...

ME: Yes, as if there was nothing to do ...

SOY: But there is.

ME: Well ... that of course. I can write, paint, organize things that I have to finish, but I'm doing a bit of it all, but there is no rush. Because nothing pressures me ...

I AM: You need the pressure ...

ME: Yes, I always live with the pressure that every 3 days something will happen and I need to readjust. Not here ... I mean, I'm fine, but it is confusing that there is no confusion.

SOY: The routine ...

ME: Yes. I admire those who can live in the routine, who feel safe in it. From August 2020 to August 2021 my days will all be the same. Sometimes things change, I have some friends who have come and will come, other people for initiation trips ... But, it's always the same. This month I learned that I should not go to the pyramid every day, because as much as my spirit rose, there was something that was not right, my body did not tolerate it, I needed to rest, so I chose to respect it. This changed my routine, but made it even more monotonous.

SOY: You feel like a cloistered monk.

I do...

SOY: I know what I will tell you will bore you ... but the emotional state is not due to what you do but to what you feel doing it.

ME: I guess that's the case, of course. Part of creativity, of the ability to express.

SOY: You are uncomfortable today ... why?

ME: Do I have to be serious about this?

SOY: Yes ...

ME: Ugh... ok. 4 days ago I stopped feeling pain in the anus and rectum, but it has been 5 days now that I cannot... do... anything.

I AM: Defecate.

ME: Thank you... for the word. If that. And I know you will tell me: "what are you afraid to let go of?" ...

I AM: Ok. What are you afraid to let go of?

ME: I don't know... I can't figure it out... I still don't see what it is that I'm afraid to let go of.

SOY: What have you had to leave to be here?

ME: Traveling... being in contact with others...

SOY: The same thing has happened to everyone. But you. What?

ME: Projects... Family... Friends... Loves... but I don't mean by the fact of being here, but, to be able to be here.

SOY: Exactly. To do what you do, you have had to leave many, and your body refuses to let go of what it believed to be good. But there is a greater fear, which only has to do with you ...

ME: To be... myself... that's my fear... to change, to let myself go... I fear this December 14...

SOY: Why?

ME: Because I feel that when one longs for relationships with other people or projects, what one longs the most was the version that one is in relation to it. And the eclipse that is approaching, this December 14, 2020, is like ... it makes me wonder: what if now what is asked of me is that I just leave the version?

SOY: To yourself ... in your old self.

ME: Yes. Let's see ... This eclipse will occur in Patagonia, whose greatest shadow will be at 1:13 pm in Argentina on Route 8 of Río Negro, near the La Esperanza ranch. As I have already told, years ago I wrote a book in which in a parallel reality I was preparing to die there at the age of 87, to leave a message to my 2020 self, saying to myself through death: "there is hope of doing everything again in a better way". In this book, my grandson in that parallel reality, following in my footsteps, arrives in Egypt and lies down inside the Pyramid, where he reconnects with everything he must do to correct a universal error. It's a fiction, but this year when I saw the eclipse, right there, I said to myself: oh no, it's real, this 14 something will happen in me ... a message from the future of my own self. This December, it will be very important in many things,

SOY: Why?

ME: I'm afraid to stop being myself. I don't know.

I AM: You will never stop being yourself, no matter what you connect with. You can only add things to what you are, but you cannot stop being. I am all your possibilities, and I hold what you are. To transform is not to change, it is not to stop being something to be something else, but to add. This is a new time that begins, and you need to be prepared ...

I know it...

I AM: Everyone must be prepared, open to receive what will move from December 14 to 21. It is a hinge.

ME: What's next?

SOY: I can't tell you.

I because?

SOY: It would be ruining a movie or a good book. Life is a book that has a very clear index, but to see the development you need to read and interpret it yourself.

ME: So in the index it says: Page 12/21/2020 ... "Conjunction Jupiter and Saturn in New Moon at 0 degrees Aquarius" ... Then, you have to read the chapter ...

SOY: That's right ... but this is an interconnected book, in which if you don't read everything, you don't understand.

ME: From start to finish?

SOY: Of course not. The Universe has no beginning and end ... You can start wherever you want, but depending on your interpretation, you should continue reading backwards or forwards.

ME: Like those "Choose Your Own Adventure" books.

SOY: That's right. Life is an adventure. The word comes from the Latin "ad" (towards), "venire" (to come, arrive) and "urus" (future suffix). All together it means: "Uncertain facts that are yet to come." Routine makes your life seem predictable, and it bores you, makes you look all gray. But it is only an instant of preparation prior to the Adventure. To the things you don't know are there to come.

ME: Why do we need Adventure?

SOY: "What if ...?" the Universe wondered during creation. The Being who is and knows everything said ... "And if I do it differently?" That gave him freedom.

I because?

SOY: Because knowing everything makes you a slave to your mind. Not knowing what will happen makes your imagination flexible to create. The capacity for inventiveness, development, and learning are all born from the unknown, from uncertainty, from not knowing. The will to move to discover is in always doing something that you do not know the answer to. Being comfortable in the position of "the one who knows everything", the one who can predict the future, the one who lives like a Swiss watch, the one who thinks he owns the truth, all this will only lead you to find yourself among the most bland and bland creations and expressions of reality.

ME: So venturing is not going on an adventure with a backpack towards the horizon and see what happens, or climb a mountain, or travel around the world ... But adventure is the quality of being surprised and learning in discovery.

SOY: To achieve this you must always do something minimal that changes your routine, no matter how silly it may be, give your brain, soul and body the option to experience something unexpected that they cannot recognize. An adventure can be simply going left instead of right where I always go. The road will be longer, but your brain will feel excitement. An adventure can be changing a scheduled time, or not setting the alarm clock. You don't have to take a plane and fly to the Congo and dive among wild gorillas. Adventure is to recover amazement.

ME: I like that. To be amazed at doing something different, at the result that it brings me. Writing this post today was an adventure for me, because I had no idea that it would come to this ...

SOY: Recover the look of the child, of the game, of the fun, of not knowing what you will do that day. The capacity of the creative universe lies in the question: "What would happen if ...?"

ME: What if today I enter another pyramid? What if I paint today? What if I travel today? What if I talk to someone new today?

I AM: There will be endless possibilities, parallel realities.

ME: Like my future self who said: What would happen if I let myself die in "La Esperanza", in the middle of Patagonia? And what happened was this great adventure that has been my life ...

SOY: Maybe it's time you let something die so you can start a new adventure ...

ME: This encourages me more... Yes... I will. It reminded me of that story that Jules Verne, as a child, decided to run away from home to get on a boat and go on a great adventure. His father realized it, and went to look for him at the next port, where after beating him up, he took him home and forbade him to leave, and he never traveled again. This inspired him to travel with his imagination, and if it had not been for that unfortunate and

hopeless situation, we would never have had the greatest adventure books in history today: Around the World in 80 days, Journey to the Center of the Earth, From the Earth to the Moon, Mysterious Island, and many others ...

I AM: The greatest of adventures lives in your imagination. Let go of the fears and expectations that bind you, and allow yourself to dream the greatest adventure.

## 127. Determination

[December 8, 2020 Matías De Stefano](#)



ME: What would be the opposite of Adventure?

I AM: Determination.

I because? It doesn't seem like an opposite ...

SOY: They are from a comprehensive and conscious vision. In the adventure you do not know what will come, you throw yourself in the same way. In determination, you have a goal, a goal, you know where you are going.

ME: But I can, for example, decisively launch myself into an adventure.

SOY: Yes, in which the objective is to live the Adventure ...

ME: Sure ... The determination speaks of a known intention being set, you have a full notion of what you are looking for, although what you are looking for is precisely the unknown.

I AM: Determination is "putting a limit on something", so a determining response is one that does not have a possible reply. It is a resounding No or Yes. A determination is when an overwhelming decision is made about something, stating that things will be done in this or that way from a specific moment. A specific destination is one that is set in advance, knowing the end of a journey.

ME: Is the Universe Determinant?

I AM: It depends on what aspect.

I because?

I AM: Because there is something certain in the Universe, and that is that the creative energy will always be polarized between positive and negative to generate vibration waves. Thus, the Universe is decisive when imposing its rules of the game.

ME: The Universal Laws ...

SOY: But then, the application of these laws varies. Since it is not the same to speak of positive and negative as of man and woman, and yet they are expressions of the same vibration. Thus, the singularity, the originality of the adventure, allows the modification of what is determined.

ME: Like life itself. We humans are culturally very decisive in our feelings, in our thoughts and beliefs ... That is, we usually say: I love you, or I hate you. I believe in this and not that. I like this and I hate the other. My goal in life is to be "so or so." And yet, despite determination, life is shaping us to end up being what we are supposed to be. So, here I have a lot of questions.

SOY: Which ones?

ME: Let's see ... If the Universe is determined by its laws, where is Free Will?

SOY: In the adventure and imagination of applying the laws in an original and transcendental way to the previous one.

ME: So what is the determination of universal law for?

I AM: As a guide, a roadmap, a map by which you can guide yourself and with which you can manage while you do not know how to find the tools or the destinations you are looking for to create your own reality.

ME: So everything is determined but not at the same time.

SOY: When you walk down the street, there are pedestrian crossings with traffic lights that indicate when you or cars can cross. The streets are delimited and there are signs that specify information to take into account. All of this is called the "Traffic Law." What do they exist for? So that the hundreds or thousands of people who drive and walk do not have accidents, and that if there is a conflict, it is much easier to visualize and resolve it. Laws are not fixed things, but regulations established by a collective consciousness to maintain security and harmony. They help to identify the distortions and misalignments that break with normality. But that traffic law does not prevent you from crossing the street on the other side, or running, or walking, or walking alongside a car, or crossing red.

ME: I am free in a world of laws, and laws only determine common codes of harmony and coexistence.

I AM: It is a natural mechanism, not only human, that helps to identify conflicts and resolve them easily, I said.

ME: But, in many cases, the laws are absurd. At least in the human world, and things happen like there are slavery laws, that women cannot vote or drive, or laws that prohibit the union between people of the same sex, or so many nonsensical things, as well as we also have people who They use the laws as weapons to control others even if the law is not one of harmony or common consensus, and just as we have people who think that all law should be abolished, and who live outside the law, which generates chaos. So ... what is the right thing to do about knowing how far a law is correct or not?

I AM: The determination of the laws is given by assimilation of the context. A law cannot be imposed by a government on a people, but a law is a regulation of the people projected to the government. In the same way, in

the Universe, it is the particles that cry out the laws of the Universe, which in its essence is free and imaginative from the Void.

YO: So it is the culture, the interaction between the parties that shapes a law, not the system itself.

I AM: A system is made up of parts, remember that the word System comes from the Greek: syn-ste-ma, which refers to a set of things put in order. The parts, the different individuals are the ones that generate a system by resonance with each other, seeking harmony. Therefore, the determination of a law is established by the determination of a cultural group that shares a vision in this regard. Whoever breaks into that system will be outside the law. And those who impose the laws on a group in disagreement with it, does not apply the law, but the dictatorship.

ME: For many, the Universe is dictatorial, because we cannot escape laws such as life and death, duality and things like that ...

SOY: Yes you can. Another thing is that you do not know how. That your ignorance about the system does not turn the system into a dictatorship. Cell regeneration is possible, eternal life is possible, getting out of time is possible, getting out of space is possible, in the Universe everything is possible, but everything has its consequences, and therefore you must learn well about them. Sometimes humans who think of the Universe as a dictatorship of systems or Matrix, act like 5-year-olds saying that they could rule the country better than a president. There are many things to learn, understand, experience, to recognize that it is not so easy. But nothing prevents that 5-year-old boy, one day, perhaps very young, from being the president and changing all the laws. But to be a Universal Revolutionary you shouldn't have to become a Universal Criminal, deserter from the cosmos. Learn, observe, coexist, and propose, and thus you will transform him, not fighting to get out of the law, but knowing them and then changing them. The Universe is not opposed to it, but until now, no one has managed to find anything better to live in balance.

I understand. In other words, what we see as determined in the Universe, in reality it is not determined by a higher mind, but by the interaction of all of us.

SOY: Look, something very simple. People complain of duality, and yet they believe that Love is the answer to all things. And what is love?

ME: Eternal magnetism ...

SOY: And how does magnetism work?

ME: By polarity... negative and positive.

SOY: See? Humans keep falling in love creating polarity, complaining about it. Love is one of those constant interactions that create systems, laws, that generate polarities that determine those initial and determined energies: positive-negative, proton-electron ...

ME: We determine the Universe, not the Universe us. Wow, this is new to me ...

I AM: And it is as old as Creation.

ME: When we usually talk about astrology, we talk about how we all have a destiny, that our lives are determined by the stars, like a law. How is that?

I AM: The stars affect you by magnetism and interconnection of space-time networks. Everything is connected, and the gear is perfect and very complex. You are part of it. If it rains, you will get wet. If Saturn passes in front of you, you will have to face a harsh reality. It is so. Now ... if it rains, you can shelter, bring an umbrella, put on boots, or go indoors, or dance in the rain. You are free to decide what to do with the rain, just as you are free to decide how you will face Saturn. The stars do not determine you, what determines you is what you do in this context. The decisions you make before them. And the same happens with relationships with other people or with the goals we set ourselves.

I understand...

I AM: Determination is that ability you have to focus, not to lose yourself, to clarify the map and the objective you want to reach, but you cannot determine what you will live and how you will live it up to it. Determination will help you find clarity, security, axis.

ME: To be consistent and be on my axis, well, I must learn to be decisive.

SOY: Exactly, learn to say, No, and to say Yes, to set clear objectives and meet them. Even so, this does not determine the experience or the transformation that you will live. Determining to find an axis does not imply that the axis must be determined.

ME: How is that?

I AM: Just as the Earth has its north and south axis, and yet the precession of the Equinoxes and the rotation on itself, modify the position of its axis every day, every year and every 72 years. Thus, seeing that the axis is not fixedly determined, but allows itself to move, to flow. Determination is only a tool of order, not the end in itself.

I understood. So, in order not to get lost in the adventurous labyrinth of life, I must have determinations to guide me to find myself.

SOY: And so you will one day see how you have determined your own reality.

ME: "The Universe does not determine me, I determine the Universe."

I AM: Well, I am the Fruit of the Universe.

# 128. Connection

[December 9, 2020 Matías De Stefano](#)



ME: Today I heard that a solar flare is approaching Earth, and it will collapse with our Magnetic Field throughout this day, December 9th. A perfect caress of the Sun to the Earth before the Eclipse, which will cause failures at a technological level throughout the planet, from the electrical network, telecommunications, satellites, and which will obviously also alter the internal connections between people. In addition, I read that the electromagnetic discharge will show the Northern Lights to the northern states of the United States. The flare will surely hit the South American continent, setting it up in a frequency boost for the subsequent Eclipse. We are being prepared ...

SOY: This is a month of reconnection. And for that we are prepared. This storm will bring today the necessary frequencies for this transformation, the Sun reconfiguring the Earth's magnetic field, the Great Spider of the Web, to weave something new. Thus, on December 14, during the Eclipse, a period of great Responsibility will begin: the key for the next 6 months will be the effort to fulfill the role that corresponds to each of us. It is time to be practical. But in turn, this New Moon indicates to us that this effort is for common service, Piscean character, with sensitivity and networking and teamwork. To this, we must add the conjunction Jupiter (King - Purpose) and Saturn (Earth - Karma), representing the moment to face all the Karma of Human purpose.

ME: That announced the birth of Christ ...

SOY: And so it is again. This is the announcement of a Birth. Both planets will be in the 0 degree of Aquarius, and after having spent 200 years going through earth signs, this December 21 they begin to go through 200 years of air signs.

ME: And what does this mean?

I AM: That at last, my friend, this December 25th you will be able to say that you have crossed the threshold into the Age of Aquarius.

ME: Many thought that that Era had already begun some time ago ...

SOY: What had started is the transition. 200 years ago we began to approach the threshold of the door between Pisces and Aquarius. 200 years in which we began to feel the fresh air that comes behind the portal, after having been breathing the humidity inside for so long. Since 2012, we have put ourselves under the threshold, and the eclipse of the 14th will be the exit of it. Its effect will last 6 more months, but on December 21 we will have put a finger outside, and the fresh air will begin to be felt. But, as always, when there is a change in pressure

between two climates, a closed and humid one, with a cool and dry air, a current of air is produced that can be swirling, and generate chaos and instability. So until we adjust to this new air time, we may feel off-axis. But nevertheless, inevitably we will have started the 200 years of Air before fully beginning the Age of Aquarius. And we will do it in a New Moon, which represents the Beginning, the Seeding of the new.

ME: "Sowing a New Humanity", the reason for the Arsayian Foundation.

SOY: Planting begins well ...

ME: Wow... that's why my future self told me that this month I had to reconfigure myself, to start over... in a new time, correcting mistakes... going from I am I to I am.

I AM: When you pass the portal, the next 200 years, the new information will descend to the Nodes of the Earth, a fresh air of new currents, ideas, thoughts, freedoms, revolutions. And for that reason they must sow the seeds, but above all, create the furrows through which the water that irrigates them can flow.

ME: What would they be?

I AM: The Planetary Network. Each Node is the set of different vibrations that, doubled in frequencies, create knots of Time and Space. A new air will make the knots untie, become more flexible, as the frequency changes, and this releases tensions of time, to rebuild, reweave the space. Therefore, when this happens, for the process to be harmonious, all those nodes must be in tune, united. A Nodal Communion, what in Latin you call "cum-nexus" (set of knots in a fabric), that is to say: Connection. The word "nexus" gives rise to the verb "nectare", which gives rise to the terms "knot", bind, or in English the words "knit" (knit), "red" (net), "needle" (needle) .

ME: The connection is something that sometimes I think we don't understand well. Because we usually talk about connection as if it were something external to us, as if it did not depend on us. But in reality, it is something that depends directly on us, on our ability to connect the dots, to make ties ... But above all we use it to talk about higher things, such as connecting with the spirit, or transcendental things, but today is the day of the Knees ... so how would you explain it?

I AM: Connection is the ability to bring things together. In Universe it expresses itself from the internal to the external creating two points of view. The observation of one and the other is what we would call connection, since it implies a reciprocal communication between both points. The greater the multiplication, that is, the greater the doubling of this polarity, the more visions arise. This is how Vibration gives rise to Space and Frequency gives rise to Time. Both are the same in a different order, and the more they bend, the more realities they create. This distorts the structure generating a kind of spiral shaped like a curl screwed together.

ME: Like DNA strands.

SOY: Exactly. It is produced by the intercommunication of electrons, which are positioned in a comfortable way to save energy. Thus, the greater the amount of information by bending, a time-space fabric arises that we call the Network. By polarity, these fabrics replicate, imitating each other.

ME: Like RNA, separating from DNA to produce new sequences, generating cell division.

I AM: Thus, by molecular multiplication, or meiosis or by mitosis, inorganic organisms expand first and organic later respectively. Thus, each fabric becomes unique and original, being its own fabric that we call "nexus", or in Spanish "knot". The knots of time-space give rise to what we consider "nodes." Nodal points are the interaction of more than one information. Now, beyond this differentiation, each node is connected to the others by resonance. When the frequency is low, the tissue contracts, exerting pressure on itself, and creating

strong bonds that are difficult to break, unknot, which end up becoming a pattern, a belief. But if the frequency is high, the bonds expand, like the particles in an atom when the temperature rises.

ME: Wow, wait ... I just saw something clearly ... So, everything that exists in the universe are replicated fabrics of vibrations and frequencies that are interpreted as spaces and times, which by distortion and low vibration make up rigid and closed nodes, contracted on themselves, and when we raise the vibration they expand and can be molded. That is to say, that is the key by which we are asked: to raise the frequency, to vibrate higher, to work with our history, that is ... it goes beyond spiritual concepts, it is systemic, it is almost electrician. Because the higher we raise our vibration, the more the knots of the fabric of our being, what we have woven into existence from the physical, the emotional and the mental, are relaxed, so we can begin to see clearly our history, ties, past lives ,

I AM: "one of those", hehe. I'm glad that, even though you've been doing this since you were 12 years old, you continue to be surprised to see the same thing in a different way. Now, this new information or solar RNA that will modify the Earth's DNA, will be successful only if we open these chains or knots. DNA is modified thanks to solar radiation, which due to its intensity, generates small mutations in our DNA, dissolving and reprogramming it, changing certain patterns of its sequence. A solar storm does this on a large scale in Earth's DNA, and the 12 strands of Earth's DNA are its 12 icosadodecahedron nodes. In order for them to be relaxed, one must work on the history and the paths (time-space) of said nodes, as one who removes the earth to sow a seed.

ME: That is, us.

I AM: Therefore, before working and tilling the Earth, it is necessary to work and carve yourself. Each chakra, each organ, is a personal node, linked to the connection of other centers spread over time and space. Everything that exists is connected by these cords that bend and stretch, contract and expand. The tension that we can receive will compress our nodes, closing the chakras. If we make them more flexible, they will begin to release information, emotions ...

ME: Like what we are doing, recoding and resignifying the concepts, which makes us get out of the closed vision or the limiting emotions, so that our knots begin to dissolve, and allow new information to enter.

I AM: Consciousness is like that Sun that modifies and produces mutations in the DNA of the Being, in the Soul, making what was previously a survival pattern to become a tool of transcendence. The more flexible the opening of Consciousness becomes, the more flexible the Unconscious, and later, the fabric of the Subconscious, freeing you from the contracted pressure of your time-space nodes, which reveal the conflicts and their origins, healing the links, the connections properly between the different beings to which you are linked. In this practice, the connection, the Network, becomes flexible in you, and this, in a great network of collective thought, makes emotion flexible, which is the water that irrigates the time-space nodes of the Earth. And so,

ME: It's beautiful ...

I AM: To achieve this, you must connect with yourself. Connection is not something that should only be practiced with other dimensions or the world outside. The first connection is with your own network, with silence, observation, meditation, the recognition of your own history, your own paths, your own mistakes, learnings, your life in the family, in the family tree, in the history of your culture, in the memories of other lives, recognizing all those things to which you feel connected in life and existence, in identifying which are nodes in you, and which are nodes in you. Thus, you will recognize that you have two nodes called hands, one positive (right) and the other negative (left) regardless of which one you use to write. And with these two nodes you can weave and unweave your energy, your ties, as in a dance, or in therapy, in a game. And that when you touch someone, or something, and silently feel the network, you will be connecting with all the common history

between you and the rest. This is how you awaken the memory, not by your mind, but by your magnetism, by the connection of your positive and negative, of your contemplation, because the nodes are the ends of a string that sounds like an instrument, changing its harmony in depending on the tension or strain it has.

ME: Connecting to things is learning to feel them, how to listen to a song with the heart, how to play an instrument with the essence. Connecting time and space through the threads of vibration ... If I refine myself, I can refine the world.

I AM: That is why the responsibility to transform the world lies in the responsibility you have to refine yourself. You are your own world, and when you manage to find your knots to turn them into nodes through resonance and coherence, then you freely connect to a larger network, it also makes you the World.

ME: Making synapses with others ... creating the grooves, where the water of emotion will not be condensed into ice, but flowing towards the rigid knots of history, to loosen them, turn them into nodes, and allow the new information to nourish the DNA of the world, transforming, mutating, history and the paths to come ...

I AM: Geneticists of Consciousness ...

ME: Weavers of Time ...

I AM: The Great Spider calls all of you to its Web, it is time to resonate, and reweave History.

## 129. Karma

[December 10, 2020 Matías De Stefano](#)



ME: These days I heard the word Karma many times ... In various situations. There is such a heavy connotation in it that sometimes it bothers me to hear it ...

SOY: It has become popular as something negative instead of transmitting what it truly is.

ME: Yes, that's it. It became a synonym for bad. "You have bad karma", "This is your karma", "What a heavier karma", "It will come back in the form of karma", "I can't do anything, it is my karma". Including myself I tell myself that what I am doing this year and the next is part of my karma, and sometimes I see it as a regret. But what is karma really?

I AM: Karma comes from the sacred Brahmi language that you call "Sanskrit." It is a word composed of two others: "Kar", which means "action, cause", and "Man" which means "thinking, the one who thinks." Both together make up a concept that refers to "the action that affects the thinker." A human being is a thinking being, and through thought projects a motor energy that we call emotion, which drives the machinery towards action. But every action has an effect, a result that modifies the thinker, changes his way of seeing, learns. The bird that looks down from the nest has an internal impulse that encourages it to jump into the void without prior knowledge, only observation. Thus, he thinks, calculates, feels, and at a specific moment, decides to jump into the void. Falling down, the reaction kicks in which is the effect of the action taken to jump into the void, and this means that there is no turning back, since it is already falling off the precipice, and therefore, the action taken conditions the thinker. Now, with the fall, the bird has two options as a consequence of the cause: collide with the ground at high speed, or flap and fly away.

ME: So karma is not something conditional to the point of saying: if you jump you will hurt yourself.

I AM: No, karma is simply the consequence of your actions. And it does not matter if they are bad or good, what matters is how you react during the push of the previous action, how you act during the process. What for one person may be a bad decision, for another may be the solution to their problems. What will differentiate one from another is their ability to take skills and attitudes when taking responsibility.

ME: Karma is like a test, an exam that you take to overcome yourself ... It is not a judgment imposed by the Universe. So one can decide whether or not to live their karma.

I AM: Karma is like learning. You make a decision, and that decision will lead you to an action that is likely to have unexpected results, and you will learn from them. Karma is not a judgment, but a consequence of your own actions, but still, they can determine you.

ME: How can you determine me?

SOY: You can't stop a wave with one hand. If you have caused a tide, you will have waves as a consequence, and no matter how much you deny them, they will be there, pushing you into the currents. You have set the conditions for yourself. The problem is that we are not consistent with these choices, that is, we are not consistent, and we become unconscious, acting on reactions instead of being responsible for taking conscious actions. When your actions are performed from consciousness, karma teaches you to fly as you fall from the nest. But if you react from unconsciousness, karma will hit you hard against the ground. And in the same way that the waves, that the tides, everything that you have not learned, must be reviewed again. Sooner or later you will have to jump again, because if your program says that you must fly, no matter how much you deny it,

ME: Of course, the system that I programmed for myself repeats itself until I learn, which is why Karma was related to Learning in me. Karma is not that if I have done something bad bad things will happen to me, or if I do good things good things will happen to me, but that karma only reminds me that I am responsible for my conscious and unconscious actions.

I AM: The view of good and bad karma is moralistic. Do you remember what morality was?

ME: Regulations imposed by a culture in relation to the place or context in which they live; from "moris" which means "to inhabit."

SOY: Good. Religion and Philosophy are key in the moral development of a people that seeks harmony between its parts. Spiritual concepts are transferable, and can be shared as values. Thus, in the same way that for Christians there is the concept of sin and forgiveness, for Brahmi cultures there is karma and dharma. If karma is the action that affects the thinker, dharma will be what the thinker has managed to possess. "Dhar" means "possession, law", thus, it implies that the thinker has learned something new, and now for him it is his law, it is what he has as insurance. Morally, the simplistic explanation of karma and dharma would speak of being careful with the actions we take because they can condition our lives for bad, and therefore we have to behave well to have good karma that leads us to dharma, to happiness.

ME: For this reason, when the cultures of the East mix with those of the occident, the idea of karma and sin mix, generating this idea that karma is equivalent to Christian sin, and therefore, not to mention: "if you do something You will go to hell badly ", we say " if you do something bad it will come back to you as karma "... Which would be the same but said without the medieval Christian weight...

SOY: That's right. A weight has been placed on a word that does not correspond to it. Karma must be seen as going to school. You have different subjects, different teachers, who will teach you things. Depending on your abilities and aptitudes, you will learn one way or another. And that methodology used by you is the one that will have its consequences at the end of the year. There the teachers will tell you if you take subjects to take or not. Therefore, you will spend the holidays studying to be able to pass those pending subjects, and if not, you will have to repeat the entire course the following year.

ME: In this system, I still see something that is wrong ... The concept is focused on "passing" and not "learning."

I am excellent. This is where you have found why today's society sees karma as something to overcome, to pass, to eliminate as quickly as possible from our lives, and keep moving forward instead of incorporating and enjoying assimilating information. Because today's society is designed to "surpass itself", go over it, succeed, accumulate titles, be able to say: "I passed it, I got over it!" And later...

ME: Then what happens to all of us happens. That many years later a problem arises related to what I should have learned in elementary school and I don't know how to solve it.

SOY: And there karma is activated again. Karma is not something that must be overcome, it is something that must be integrated, like shadows, you cannot face the shadows to erase them, but to understand and use them in your growth process. This is why people take karma as something to overcome in their lives, to resolve to feel free. But karma is the action that affects the thinker, it is the ability to be transformed by our own creations, so you can create good karma, what Westerners would call a good learning or integration process.

ME: Thinking about my year, one of the things that always comes to mind is that on February 23, 2022 my 12,000-year karma ends. I free myself from the burden and responsibility of my task with the past, I close what I have come to do in relation to my life in Khem, on the Nile, and I begin to live my life here and now in relation to the future. Before I saw this as heavy karma, as something that I have to do yes or yes, because it is the echo of that action that I took so long ago and that today affects me, the thinker, but now I see it as learning, like if in full fall, he was learning to fly.

I AM: Karma is not decisive, karma is an echo that reminds you of what you must review and integrate, but only you can decide how you will do it, how you will live it. You free yourself from the condition of karma when you become unconditional yourself. You free yourself from karma when you free yourself from moralistic and determining preconceptions, to launch yourself on the adventure of learning, of integrating, of transcending.

ME: When you free yourself from the guilt of your actions ...

SOY: That is another great topic.

ME: How to become aware of the karmas we have with other people?

I AM: We are all nodes in a network, we are all interconnected in many dimensions, through time and space, therefore we all have things to learn from each other. Nobody owns the truth, everybody owns a part of it. You cannot expect anything from anyone, only take what you need from each one to complete your image, and to receive those parts you must love your neighbor as you would love yourself. For love is the resonance that allows the sharing of said karma. And love has many frequencies, from the low ones like hatred and resentment, to the high ones like happiness and fulfillment. The loving interaction between the parties can be conditional or unconditional, where the former limit your possibilities, making you believe that you have no choice but to live what is supposed to be your karma, and the second leads you to open up to the infinite possibilities of experiencing and integrating yourself in expansion. Consciousness lies in your ability to be conditional or unconditional in your ties. Well, unconsciousness keeps you linked to people by karmic conditions, while consciousness makes you feel free from people by karmic unconditionality, in which you can interact without expectations of time or space.

ME: So karma, in one way or another, does not depend on the universe, but on the conscious and unconscious decisions of the individual.

SOY: That's right.

ME: What about that thing called "Karmic Board"?

I AM: It is a way of humanizing what in the Sixth Dimension is seen as an energy wheel that pushes the unconscious energy (positive and negative) that by polarity does not have its own axis or direction. The Karmic Board is like an energetic engine that orders the vibrations by resonance in data packets, so the souls that live from the unconsciousness of their actions are ordered in circumstances similar to their vibration so that they can continue testing integration.

ME: So there is a system that conditions.

SOY: Sure. Because you have decided to be unconscious. It's like blaming your body's parasympathetic system for making your heart beat without your conscious permission ...

ME: hahaha, I understand. If the parasympathetic system had to ask me every day how to make my heart beat, it would have long since died.

I AM: That is why you have the parasympathetic system to take care of everything that you are unconscious (the Karmic Board). And then you have the sympathetic system to make your own decisions. That is, if you feed your body well physically and emotionally from consciousness, your heart will have no problem beating from unconsciousness.

ME: Karma and Dharma, then, are a cycle, like death and rebirth, that pass through time and space ... An inheritance ...

I AM: The Great Heritage ...

ME: Like the book I wrote ...

I AM: Karma is the inheritance that we give ourselves through time. It is like that mysterious trunk that in your story you give to your grandchildren, and that they must decide what to do with it.

ME: I feel that what you are telling me is to prepare for this Eclipse... My own inheritance, my own karma. In that parallel reality I did it from the Unconscious ... it is time to do it from the Consciousness.

SOY: And there you will solve the great mistake you made... So, are you willing to receive your own inheritance and this time do it with conscience?

ME: Yes, I am willing ...

SOY: You know, the key to the Portal is you ...

## 130. Expansion

[December 11, 2020 Matías De Stefano](#)



SOY: Deaf, a thought was made of me, an apparent last death... The sounds were enraged outside of my being. A deafening sound stimulated my ears, existing at that moment. Still, they mobilized my being, and their resonances impelled me to move. The sound was quiet, but it stunned me. And then I needed to see what happened. When I opened my eye, I could see everything. I contemplated all that I was, what I am and what I will be. My vision allowed me to see time and space. I couldn't explain it, it just was, that's how I felt. The perception was unmatched, a feeling of omnipresence, of totality and at the same time of a great emptiness that there was nothing more to make me feel full and secure. There was so much to observe that I decided to look in both directions at the same time. Two eyes. And so I saw the two extremes of existence. The more I tried to focus on a single thing, new ones opened up from it, branching out, dividing. In fractal form, my vision was projected searching for all the truths of this great vision. My eyes multiplied by thousands, and these thousands by millions, and they by trillions, following the ramifications, and then I could perceive it. In my search, I created more paths, in my walk I drew more paths, created more options, in an infinite network that never stopped ... And there I realized, I was the Tree of Life ...

ME: How does it feel?

SOY: Well, breathe very deeply, through your nose and through your mouth, and hold the air for so long that it seems that you are about to drown under water, and there, let go of everything, and you will feel a heat run through your entire body ... Now, remember the biggest orgasm you've ever had on a physical level, and add it to this sensation. And at the same time, remember for an instant that time when you lay down to sleep you felt so soft and relaxed that it seemed that you had returned to the mother's womb, or flying through the clouds.

Remember the sweetest and deepest look you have ever had with the greatest love of your life, and the joy of playing with your friends or pets.

ME: All emotions that are felt for the first time, intense ...

SOY: And even more ... Sometimes, it's like an endless dance, an exciting dance. A song of freedom, a cry that you would never have imagined uttering. It is feeling a constant astonishment, it is surprising you at every moment, it is an eternal moment of epiphany.

ME: Where does it take you?

I AM: To eternity ... It never ends, it only returns on itself, without size, you can never say where it ends or begins, it is eternal in time and eternal in space ... Its roots and branches touch and become one at their ends . It is impossible to find an origin, because everything seems to be. And yet it is impossible to return, because you have always been there, it is impossible to return because you have never left. You have only looked carefully at each end, opening up its possibilities. It is Expansive.

ME: It's the very Expansion.

I AM: The Universe is a single being incessantly expanding. Infinite. In his paradox, bending on himself seeking to find himself, he does nothing more than continue multiplying. It unfolds, extends, in space and time, and the further it is, the closer it is to itself.

ME: It's indescribable... This means that we are constantly expanding too...

I AM: Everything we do is expansive, seeking new forms of ourselves. Cells multiply, people reproduce. The further you go back in time, you will see a huge number of ancestors branch out, thousands of people who originated you, in a time when there were not so many people ... Trees generate thousands of seeds, giving rise to hundreds of new trees. Stars explode creating planets, black holes expand creating galaxies ... Mountains erode creating grains of sand. Everything expands looking for new thousands of forms, and yet, without ceasing to be the original.

ME: It is like a mirror in which we look at ourselves and that begins to break into pieces ... generating more and more images ... infinite ... Today in the pyramid a being appeared saying: "The Mirror is the first of 3 gifts granted by the three Celestial Kingdoms ". I felt the symbolism of the Three Wise Men, because when saying it in English, "mirror" and "myrrh", they look alike (mirror - myrrh). As if, the first gift from the first Wise Man was myrrh, but in reality, it was the mirror. He said that to see the future you had to look to the past, because when you look at the child you once were, you reflexively invite your future self to look at you, and thus, in the words of wisdom that you can share with that child who look to the future, your future self will do the same with you, giving you advice. It made me remember that image you describe of the roots touching the branches,

I AM: The first gift is knowing that through time and space, we reflect each other, the mirror of creation that is incessantly expanding. Expansion is the search, it is the discovery. The key to the Sagittarius mind is discovery, wondering, inquiring, moving fearlessly into the new. Expansion is the key to Wisdom, expansion is the key to Creation, and the mirrors of reality are what allow us to continue expanding visions, perspectives. When you join them all through the mirrors of time, you connect to the tree.

ME: I can be the Tree like you. When I speak with the voices of my past, when I look into the eyes of the child that I was and tell him the stories I have lived and the wonders I have learned, I invite the future to do the same with me. Now I understood that if this December 14 I hope to speak with my future, then I must keep in mind my past, the child I was and who looked to the future with hope to see what I would be capable of ...

SOY: You must encourage that child to do what you have done in the same way that your future self will do with you.

ME: This reminds me of that time, when I was 16 years old, when lying in my bed I saw you appear, I saw your eye come from the ceiling towards me, and everything began to expand, my atoms, my whole being, and when your eye touched mine I could feel the expansive web of the Universe. Now I remember ... you made me feel the Cosmic Tree, and thanks to that I remember today ... I understood that the origin is nothing without Expansion.

I AM: We are the expansion of the universe, seekers of our own treasures in the halls of mirrors.

ME: I see you, Ghan ...

SOY: I see you, Matías ...

ME: My being expands in you ...

I AM: Well, I am the leaves of your tree ...

ME: And I am your roots ...

I AM: United we are the Expansion of Consciousness.

## 131. Feeling

[December 12, 2020 Matías De Stefano](#)



ME: Today is 12-12-2020, Portal de la Madre. It is 8 years since Portal 12-12 that we carried out in Tandil, the "Planetary Birth", where we planted together a tree with the earth of about 45 points of the Planetary Kundalini, watered with water from Antarctica. It is a cycle of eternity, of infinity. I believe that all that we sowed at that moment is what we are reaping now with the paths that are uniting us all towards the I Am. I feel that this December is the germination of that seed that we sow together.

SOY: That's right ... That which was sown was not to start, but strength and intention to what would come. And that time has come.

ME: In the second Pyramid, in Khafre, today two beings appeared; one of absolute darkness that gave us many intense interior perspectives to resolve and recognize, and another of great light that sang a melody that at least sounded beautiful inside me, reminding us that behind all that shadow is light.

SOY: Tell me about the Dark One's message.

YO: First of all, he made an observation, he reminded us that matter was created by darkness and that this world was designed by them, with all its beauty, and that we, believing ourselves to be representatives of light, have done nothing but destroy the world since that we got to him. He said that beyond matter being based on light, and everything is light, darkness is the distortion of said light to be able to see forms, feel, experience. In other words, if everything were the original light, no one would have ever lived or created. Therefore, the dark ones consider themselves creators of this reality. And they see the beauty. He said that each flower, sunset, falling in love, in everything that causes us admiration, there is also darkness, the contrast that allows astonishment. And then he reminded us that the Universe is pure, Unconditional Love, that the concept of God is the Mind that dreams, and that mind uses the imagination, which is an infinite tool, and therefore, where you can lose yourself. For this reason, the darkness began to bend the imagination to limit it, and thus create patterns not to be lost, which generated the universal laws. Then, the Cosmos is Mentalism, the only law, and the rest arises from the appearance of distortion: Correspondence, Vibration, Rhythm, Cause-Effect, Polarity and Generation. Then he told us: "now you live in the dark looking for the light, and to play this game, it is necessary to follow its rules." which generated the universal laws. Then, the Cosmos is Mentalism, the only law, and the rest arises from the appearance of distortion: Correspondence, Vibration, Rhythm, Cause-Effect, Polarity and Generation. Then he told us: "now you live in the dark looking for the light, and to play this game, it is necessary to follow its rules." which generated the universal laws. Then, the Cosmos is Mentalism, the only law, and the rest arises from the appearance of distortion: Correspondence, Vibration, Rhythm, Cause-Effect, Polarity and Generation. Then he told us: "now you live in the dark looking for the light, and to play this game, it is necessary to follow its rules."

SOY: That is evident.

ME: Yes, it is clear ... Then he said that if we are working for consciousness we take charge of what we have created, what we feel.

SOY: The dark is not bad. Just as the light is not good. Simply, like the beings of light, as they expanded and fractalized more, their ideas and clarity became diversified and fragmented, until they lost themselves in their own creation, losing meaning.

ME: And there he said something key: "This is the gift of the Second Kingdom of the Soul, it is to stop looking for the meaning of things in the external colors, and find the meaning in the internal and sensory, that is to live" in sense". And here the second key to the gifts of the Magi is hidden, since in English, in the sense it is said "in sense" which is pronounced the same as "incense" (frankincense), that is to say "incense".

SOY: As we have spoken in other moments, the greatest gift of life is being able to feel it. Meaning comes from the word "sensory", from the Latin "sensus", which is "to feel". The 5 senses, taste, smell, touch, sight and hearing, are the vehicles of energy, of the light that the body assimilates, and they are the distorted mechanisms of matter that allow it to be permeable to external information that would never otherwise be processed by the brain. Thus, the 5 tools of the Pentagram of Darkness, of the Sensory, become conduits of light and consciousness. The gift of incense, on your way, reminds precisely that in order to perceive light from matter, you have to honor your senses, and you have to fully inhabit them, live in the full sense.

ME: And how is this related on an emotional level?

I AM: Well, the senses translate the vibrations of the spirit into a physical language to be assimilated into matter, but the vehicle and registration of said data occur on an emotional level. Thus, the main channel through which all information is assimilated and integrated into a body is thanks to the flows of information and emotional data that you call Feelings. In English, the term "Feelings" comes from the proto-Germanic "fölyana", referring to what is ingested, to eat, to taste, which is one of the senses.

ME: What is the difference between Feeling and Emotion?

I AM: An emotion is a hormonal, energetic reaction to a specific circumstance or effect, an immediate response to momentary information, in a specific time and space. Instead, a Feeling is the energetic interpretation of what happened, which is recorded as data similar to emotions but in the memory of the cells. An emotion arises from an external stimulus, when a feeling, after having been assimilated in the form of an emotion, never fades and is sustained over time as a record that can be used constantly, regardless of the context.

ME: For example, a feeling would be to love someone in your family a lot, recognizing the feeling of love or admiration, while on the other hand I can get angry with that person, or have fun with that person, and those will be concrete emotions in a specific circumstance, such as arguing over something or playing something, which neither emotion changed my feeling.

SOY: Exactly. The feeling is the record of all emotion as a library that generates large-scale data packages that nourish the energy of the soul, creating its history, its memory, its essence. For this reason it is important to identify the difference between an emotion, read reaction, and a feeling, read action. For The feeling is permanent, constant and is activated from the internal and proper register without the need for external stimulus, which works in its complete opposite for emotion. Most humans live from emotions, and therefore they need constant stimuli to be able to feel alive, which increasingly accelerates the rhythm of life, leading them to stress, because you cannot live at the rhythm of your emotions.

ME: It would seem that emotion, or the search for it, is something very characteristic of a Sagittarian soul.

SOY: In his incessant search for new things to learn, he often falls into the need to feel too much, to keep his spirit alive through emotion, like a constant roller coaster that makes him feel alive ...

ME: I understand that having my Moon in Sagittarius ...

SOY: This leads you to burn out, as you are putting the energy focus on the reactionary hormones. Thus, the objective is to achieve living from the Feelings, which will show you greater balance, for a greater amount of time, in the long term, and which maintain stability in internal and external links. Therefore, the gift is to remind them that it is necessary to live in the sense, in the feeling, in the ability to perceive the spirit in matter through the feelings of the soul, without fear of the shadows that have created them, remembering that the light shines in its interior, and that the forms are only limitations designed by the mind to experiment.

ME: To return to the center, to coherence, is to think, feel and act in tune, and Feeling is the bridge between thinking and acting, without the Meaning, without the registration of the 5 senses at the energy level of the soul, I will never be able to create that bridge ...

SOY: So ask yourself what your feelings are. Write them down and describe them. Ask yourself who you feel feelings for and why. When you identify them, you will know what bridges you have created, and you will be able to receive the light with total clarity, being in perfect sense from your heart.

ME: It is time to light our "incense", "in emotional sense". Ignite the Sacred Flame of the Mother's Heart.

I AM: The breath of the Soul ... is the Sense of Existence.

# 132. Shine

[December 13, 2020 Matías De Stefano](#)



ME: "In the beginning, there were two brothers, named Light and Dark. They both played with each other, but their contours were lost, making it impossible for them to blend. So, they decided to concentrate all their forces, and the Light created the Sun, and the Darkness created the Moon. They both became sisters, and played for the skies. Sister Sol and Sister Luna met at each turn to play a new game, and one day, they decided to create new siblings to contemplate. Thus, Earth, Water, Fire and Air were born, and together they created the World. Sun and Moon revolved around him to contemplate them, but the Darkness became jealous of his other brothers, because when the sun and moon played in the light, he remained hidden on the other side. So, they decided to do something so that their sad brother could play with them. Every few months, the Sun and the Moon would come together in such a way that they would cast a shadow over the World so that the Shadow and the Light could play together. During what we call Eclipse, the spirits of the 4 brothers of Heaven join the spirits of the 4 Brothers of the World, and play free. You may wonder what creation was looking for by playing this game incessantly ... because the only goal was to be able to have fun, to be able to be. This is the Third Gift of the Third Spiritual Realm: the goal, the goal. The Light, the Shadow, the Sun and the Moon, the 4 Elements of nature, play with creation, shine, radiate being who they are. They know that the only goal of existence is to be themselves, to find themselves and shine for who they are. So this is the alchemist's task: to recognize that the goal is to shine like gold. " Merlin's message today in the Great Pyramid ...

I AM: Well, the alchemist who seeks to turn lead into gold, believing that the objective is to get rich by creating objects abroad, is not a good alchemist, since you are that lead, that density that must recover its shine, and the only way to do so is having fun, playing with who you are, with your truth. This English word game sounding similar to each other (oro = gold; target, meta = goal), reminds you of the ultimate truth of all.

ME: That in the universe there is no purpose, that the only objective, the only goal of the universe is oneself ... No matter where you go, how much you expand or fractalize, the only way to connect to the center of the Universe is by shining yourself .

SOY: Today they gave you several messages. One of them was to remember that you are musical chords, three notes that when combined generate coherence and resonance. Each note will represent the mental, or emotional or physical level, which must resonate with each other to hear the harmony. Among all the dimensions, only vibrations are perceived, and if their sound is harmonic, with a murmur you can be heard on the other side of the Universe, but if you are incoherent, no matter how loud you shout, no one will hear you. Therefore, your musical chords must be resonant "chord" to the other chords. This is how music is created. And like all music, it has rhythm, harmony and melody. The melody is that incomparable beauty generated by the higher spheres of vibration, while the lower spheres, like the dense worlds, mark the musical rhythm: through the beating of your hearts. Its pulse is the basis of every cosmic melody, and there can be no beautiful melody without a coherent rhythm. This is how you, from your actions, feelings and thoughts, pulsing in coherence, design the Heavens that you long to see and live. A coherent heartbeat generates harmony, giving rise to the heavenly melody. For

this reason there is no goal in high places, there is no where to go to find well-being, happiness, there is no origin of the universe. The only reason you are reminded Back to the Origin is because the universe needs you to be Original. Therefore, the goal is not the Origin of the Universe, the goal is the Originality of your Being.

ME: And our being is composed of the creation of the Sun and the Moon, of the Light and the Shadow, of the 4 brothers who became matter, elements.

I AM: You are instruments for the universe, and you cannot escape from that truth. And therefore, you must learn to play your instruments and make music with them. You are composed of Earth in each cell and bone, you are composed of Water in the blood and fluids that flow inside you, you are composed of Air in the oxygen that gives you and takes away your life, you are composed of Fire in the pulse and energy that starts the engine of his magnetism and love. The 4 natural elements are the weight of light and shadow made matter, made "lead" by gravity and the density of time and space. The 4 are like the main strings of this instrument, like a Bass or a Violin, seen from the dense. Depending on their tuning, the alignment between them and the harmony achieved, these simple 4 strings will be able to create melodies,

ME: And how to achieve it?

SOY: There are two necessary paths to take. You have to become the Sun, and in turn, the Moon.

ME: What would that be like?

SOY: You must learn to shine and at the same time to reflect the brightness of others. Humans are used to being like the Moon. An emotional being without its own shine that lives off the brightness of others. He fails to find his inner light, or refuses to do so, in constant emotional dependence on others. The Sun, on the other hand, shines so strongly with its own light that it does not allow itself to see its own shadows, and it cannot contemplate the brightness of others, dulling them with its light.

ME: So in order to be original it is not enough to find our own inner brilliance, but also to continue reflecting that of others ... is that it?

SOY: The universe is not a solo concert. You are not alone on stage. There are thousands of other musicians, and each one has its own glow, like the stars in a galaxy. If everyone behaved like planets, their sounds would not sound, and would only try to imitate the brightness of another, hiding their truths behind the shadows on their back. Thus, the universe invites us to remember that we do not have to imitate others, but to find our originality in a fractal system, in which we are all equal and original at the same time. And the great musician who shines must remember that if he does not allow himself to be illuminated by the brightness of others, he will not be able to find harmony in his melody, because an orchestra is a network of chords, music is a network of sounds and instruments.

ME: To shine like the Sun is to recognize the original that live in me. To shine like the Moon is to recognize that I need to share that shine with others and nurture myself from the originality of others.

I AM: Refine the 4 elements that compose you, the Will of Fire, the Strength of the Earth, the Creativity of Water and the Freedom of Air, to make them shine in you like a Sun, creating Light, and allowing the brightness of the others illuminate your Shadow. Therein lies the transformation and transcendence of the Being, the ability to become something transcendental. Alchemy. The Goal was always in you, you are the goal, and thus you become Gold. Shining comes from the Latin "byrilius", a mineral that today you call Beryl, a chemical compound between Beryllium (Be) and Aluminum (Al) that gives rise to precious stones and brilliant as a diamond. It gives rise to the English word "bright", something that shines, from the Indo-European "bherǵ".

ME: The very alchemy ...

I AM: Perhaps for this reason, the Great Atlantean Alchemist, Thot, left his legacy of the Universal Laws, the Logic of the Cosmos and how to become gods on Earth, written in Emerald Tablets, since emerald is a Beryl, and more Beyond mental knowledge, it was embodied in practical knowledge: turn your lead into a precious mineral.

ME: Learn to shine for who we are, original, open to being illuminated by the brightness of those around me ...

I AM: And so you can find that third gift: shine like gold, because you are the goal of the cosmos.

## 133. Future

[December 14, 2020 Matías De Stefano](#)



ME: "When my eyes unite in Heaven, they will regain lost power," said Sekhmet, the great guardian, the protector, the Lioness. She said that the Sun and the Moon are keys to the portal of Heaven, and that by joining together, she invites us to open our own portals ... She called them "Weakness and Strength." Both are shown in us as opposites, but in reality, they are complementary. Strength is only gained by recognizing our weaknesses, not by eliminating them. Those who dare to recognize their weaknesses are stronger than those who hide them. For this reason, the eclipse reminds us of our vulnerability to shadows, it makes us see what we have hidden for fear that they will harm us, something that we ourselves have forbidden to show out of fear. And sometimes, what we fear is precisely power, strength. We are afraid that being strong and powerful, independent and original, let's lose everything that gives us security, love ... It has always happened to me. Hide my strength in weakness for fear of not being loved. Last night I dreamed that I was ashamed to speak in front of the people, and that there were some well-known people who encouraged me to do so, but I was in crisis. Then my mother came angry to protect me, to take me to the safety of her arms, at home. And I remember seeing the pattern there, his protection is what I needed... And I said: "No, this time I shouldn't be protected, because now I understand, you don't protect me for the love of a mother, but you protect me for the same reason. for which I need you to protect me, for fear of ceasing to be who I am to be who I should be. " In that instant, I released my mother from a huge burden on my subconscious, that of a protector, like Sekhmet, Well, I saw my greatest weakness. And by recognizing it, I liberated us all, no matter what happens, this time I must do it well, I must regain the power that I lost.

I AM: That is why today all the mothers who once blessed you came to join yours... Sekhmet, mother of Power, Isis, mother of Heaven, Bastet, mother of Beauty, Nephthys, mother of Shadows, Hathor, mother of Sound, Maat, mother of the Law. Six Mothers, who empower the portal, the womb of Mother Earth: Geb. Thus, the mothers of the four Times (Spring, Summer, Autumn and Winter) and the four Spaces (North, South, East and West), can be embodied in Earth, Fire, Air and Water, to nourish the Being to be born. .

ME: What is to be born?

I AM: The Future.

ME:... Sure... in my story, it's my grandson who opens the portal, not me... it's my grandson... Pehuén. The Tree of Life ... It is he who after my death in La Esperanza, Río Negro, will understand that he must come to Egypt, enter the Great Pyramid, and communicate with me in the past, on December 14, 2020 ... It's not me, he is my grandson ... And there is no grandson without a son ... "What must be."

SOY: That's what Future means. In Latin, one of the construction of the future tense in the language is one that describes what should happen: "-urus", thus, "the one who is loved" is said "amatus", "the one who has been loved" is said "Amantis", and "the one who will be loved" is said "amaturus". Therefore, from the verb Ser, we have the construction "fu" that gives us in Spanish the word "were, out, we were", and if you mean what will be, you would say "futurus". Future, then, is the construction of what has to be, what is inevitable, which is that the Being will transform into something else, that the environment will change, that everything moves towards something that should be, be built. And therefore, the future is not an external concept and indifferent to your Being, because the future is your own being transformed. The Future is something that you build with the acts of your being, It is not a site that you go to, it is something that you design, that you modify only by modifying yourself. The future cannot be written if you do not write to yourself. The future lives in the intention that you put every day, you build the future, and you plan it in each act, feeling, emotion, idea, projection, because the future is simply your own being in a process of constant transformation. Who does not open to transform, can not open to the future, because it does not exist for him, and thus, will live the future that others create for themselves.

ME: That is why I had to admit in the dream that my fear is to stop being me, because I always feared being what others expect of me, and because of that, I ended up being what others expected of me.

SOY: That is the great mistake that you have to correct in that future that you are designing... That future that shouts to you: correct the mistake... free me from that fear of being what it should be...

ME: The big mistake, that is to say I am I, when I should have said I am.

SOY: You always presented yourself like this... It's Me, Matías; and your being interpreted that the objective was you, it was not the Being. Thus, you designed a future life based on conditioning, on the fear of criticism of the Self, on making yourself survive. The Self can never be the target, because the Self is simply an Axis. Living looking towards the Self, is living looking at the Past. But when you empower the I am, empowering the I axis, that is when you can create, manifest without fear, without expectations.

I: I Am, that will free me from being conditioned by the world, and being able to live unconditionally in the world. I feel so much responsibility for what I have to do, and many of the things that I see coming to me are very difficult to assimilate ... I don't know how to manage it ...

SOY: Still. What awaits you in the future is only what you expect of yourself. What do you expect from yourself?

ME: Ugh... it's difficult...

SOY: And do you know why it is difficult for you?

I do not...

SOY: Because you are afraid of what you can be. You are afraid of your own power, of your own strength. Do you remember that dark being who visited you when you were 12 years old?

ME: Yes... he told me that he had great inner power, and that I could take advantage of it if I worked with him... I was scared, I was speechless.

I AM: The dark, when it sees Power, tries to wake it up immediately, but to a child, that power could destroy it. Now you know how to use darkness in favor of light, both from neutrality, because you are discovering that this power is not to be used either for one side or the other, that power only has the ability to manifest the Future.

ME: Future, it is "Urus", whose origin, "ur", is related to the Light ... from the Latin "lucus", Lucas ... "my son"  
...

I AM: Now you understand the message ... building the future, manifesting it, is materializing the Light ... Today you will receive the future, not to go to it, but to build it today, in what you are. And this is not just for you. The Earth will live this Rebirth. For this reason, the wombs of the Divine Mothers have been placed in a circle to bring Beauty to this world ... The Son is you, the Light, the Way, all are the children of the Cosmos to be born ... the new Kingdom is the Axis. Forget what you think a Kingdom, the Kingdom of Heaven, the King on Earth, and all those medieval concepts, go to the origin of the word ...

ME: Rey comes from "rex", from Indo-European "reg", which means law, right, straight, axis... Axis... of course! the Axis of the World! The King on Earth is the New Planetary Axis, it is the descent of Full Consciousness!

I AM: That it must be gestated by each uterus. Women: their wombs are the extension of the womb of the Earth, they are the matrices of the Network that allow the descent of the energy of Power, of the new Axis of the World, of the King of the Earth, aligning the Magnetic North Pole with the Physical. Tell every conscious woman of the world to contemplate in the reflection of the historical mirror her womb, her cauldron of strength and creation, and take all the weakness that has been put in history, and recognize weakness as sensitivity, and sensitivity as senses, and the senses as the goal of light, to carry out alchemy. The 3 gifts are not for the New Child, the gifts are for the Blue Mother, the Earth Mother ... "contemplate the color Blue" said the Arcturian, and observe the ocean of your wombs. The Reflection that Looks in the Myrrh, the Being in the Sense of the Incense,

ME: Sure ... the Matrix, the golden spiral, the golden spiral, the objective and goal of all things, Gold, the alchemy of transformation. The uterus is that spiral of creation, the cauldron of alchemy, of gold ... Of turning what dwells in the shadows into pure light.

I AM: The web of wombs of humanity is the key to descending the new unborn child, the new Light. It is not just a child, it is a concept. This eclipse has to prepare that great Truth, so that at the moment when the Star of Bethlehem (Jupiter and Saturn) stands in the heavens, the Axis, the King, descends to the World, the Earth. And in your womb the Seed of New Humanity grows ...

ME: The blue ones ... we are the humans ... We only have to awaken our power ... The children of the Earth, covered in a blanket of Stars ...

I AM: So, my fractal, go to the interior of the Earth, and receive the blessing of every womb in the World. For in your Death you will find the Resurrection in the Crucifixion of Time and Space. And in that center you can get out of the error ...

I: Go from I am I to I am ...

SOY: And just by being, you will build "Future" ...

## 134. Fullness

[December 15, 2020 Matías De Stefano](#)



ME: When I visited Israel in 2018 to film a part of “The Remembrance”, one of the sites I visited was Mount Tabor, known as Mount of Transfiguration, near Nazareth. There, we were going to film an explanation of what the Transfiguration means as a philosophical concept, but the audio equipment began to fail, and I lost my concentration. I started to feel bad, I felt lost, like I was doing something wrong or wrong. Suddenly a strange feeling came over me, I felt ridiculous. I thought: “what am I doing? Am I really playing the documentary filmmaker? Am I blowing my face for what? Am I willing to do this? ”... Many thoughts that terrified and angered me at the same time. I took off the microphones and without saying anything I went up the mountain, until I lost sight of the film crew.

SOY: You would have wanted to be her, right?

ME: Sometimes it seems that being an animal is easier, because one only focuses on survival and not on transcendence ... As humans, and especially those of us who are on the path of Consciousness, transcendence seems fundamental. And I was doing it, registering for posterity, recounting my life, and my way of thinking. But at that moment the idea of survival invaded me ... I don't know if I was willing to bear the weight of the world's gazes, to hold so many projections on myself, and above all, I don't know if I was ready to generate those projections. Well, what others see in us, in a certain way is generated by us. I wondered to what extent the return of people to me would be real or an echo of what I generated. To what extent my sharing expanded my I, my Ego, and to what extent did I share my I am, my Essence. From where would the hatred or love that people express to me be original, and how far would it be a mirror of what I projected. I felt too much responsibility, because I recognized that it would be impossible to be neutral. No matter what I did, my ego and my essence would fluctuate like the waves of the sea, like a cold and warm current, and the whirlwind that would draw

others towards me would be caused by both forces ... But I wanted a calm sea, in that moment I decided to leave everything, shut up ... not continue ...

SOY: And what happened?

ME:... He appeared... The King of Justice, or in neutral words: the Axis of Balance.

I AM: Melki Tsedek. "Who are you to judge what the Divine has manifested in you?"

ME: He told me that he was putting a guilt on me that did not yet exist, and that it would only be real if I made it my present truth. He led me up the mountain to a cave. The director and cameraman followed me like a National Geographic film crew, following a deer through the woods to make a wildlife documentary. Silent and stealthy. They entered the cave with me, into the darkness. There I sat down, and took a stick that I found, like a cane. Some time later I learned that they filmed that moment of connection and even put it in the documentary, at least a fraction of everything that happened, which is probably one of the most important in the entire documentary.

SOY: The mission conversation ...

ME: "The only thing that makes us be Larva or Butterfly, is only a change of perspective, but you are both... the I and the Am, it is only a Word. It is inevitable to live unconsciousness and nourish oneself from the roots of the world, in darkness, loss, conflict, disease, stopping, getting lost, distrusting, getting frustrated, stuffing oneself with emotions, it is inevitable ... In the same way as larvae and worms They must be filled with experiences, incessantly, until the moment of exploding, and at that moment, when they reach the maximum of the unconsciousness, the crisis occurs, I become an idiot, a jerk, useless, waiting. But yet that's where the magic is happening. Where everything I ate, swallowed... is transfigured ". He told me that we do not belong to anything or anyone, that we are only us with the world, and that the world will make of us what we want from it.

I AM: You were afraid to be what you came to be. What you are...

YO: He told me that right now he was in the idiot stage ... as a cocoon, as a pupa ... fearing the outside world. And that I could only spread my wings when I was ready to face myself, to recognize myself, not as different, but as I really was. And then, I would not be afraid of what they might see in me, for I would not be afraid of myself.

I AM: This was the moment of your Atonement.

ME: What is that?

SOY: It comes from the Latin "ex" (to go towards, to go towards) and "pius" (honest, virtuous), plus the suffix "-tio" which means action. That is to say: take the action to go towards honesty. At the Last Judgment, according to legend or myth, Melki Tsedek, which means the King of Justice, will judge people through confessing their mistakes to honestly enter the Kingdom of Heaven. What this means is that only those who have been transfigured will be able to see the real essence of the cosmos, those who have passed through the Axis law, who have found their own coherence. Those who feel full of spirit, soul and body.

ME: When is that Final Judgment?

SOY: Always ... because the cosmos has no end. The end refers to a limit, the echo of an action, the return of a movement, the decline or rise of a wave curve. Each step is building consistency. And honesty is not projected

towards others, but towards oneself. The greatest honesty you can get is the one you give yourself, being honest with what you think, feel and do. And if you find honesty in it, you will find yourself complete.

ME: That is what I felt after your conversation, which refined my three bodies ... I felt Fullness.

I AM: Fullness is the quality of being full, but with a little deeper vision. People often fill themselves with external things, such as the larva, the caterpillar. Devouring everything in its path, knowledge, data, emotions, relationships, sensations, food, objects ... Everything external is a karmic process, of inevitable learning. And by overloading yourself with things, you have the feeling of being full, and yet your soul remains empty, you can feel it, so you need to keep filling it. When you eat a lot of chocolate, you are trying to fill a void of love. When you eat a lot of fats and flours, you are trying to fill an economic space for fear of dying of shortages. And some eat people, emotionally, through relationships, looking in others for something that they can't fill inside. Others accumulate like Diogenes, surrounding themselves with garbage, while others are filled with studies, data, information for fear of not knowing, believing that emptiness is almost a sin. Thus, they are filled with external things that only generate weight. An unnecessary burden that sinks people. That is where you were afraid of losing yourself, sunk by the burden of others, by the projection of believing that you are not enough and need more to please others, when in reality you were only looking to please yourself by making yourself feel good when expressing yourself, like "how well I've done", patting your own back, yourself.

ME: Self-centeredness ...

I AM: And attachment. That is not living Full, that is living Full. Full of things that are not yours but you make them yours for fear of simply being what you are. And that is what makes you a cocoon, the caterpillar that devours in unconsciousness, believing that this will make it full ... Now, this path is not bad. Well, the caterpillar will only be a butterfly for having immersed itself in said unknowing and said weight. Without it he would never have been able to transfigure and fly lightly through the air.

ME: So why do I notice a certain negative connotation in living from that point of view?

SOY: Because there are human caterpillars that do not know their purpose of being butterflies, and they never stop eating, and they die on the ground because they cannot support their own weight.

I understand...

I AM: Transfiguration can only occur when the caterpillar stops seeking to fill and recognizes that it must feel full. Fullness is lived from the Heart, from balance. Fullness no longer seeks to be satisfied with the external, but to enrich itself with the internal. That is where the magic, the potential arises, where you transform the world ...

ME: When I came out of the cave, I purposely got lost in the forest, feeling this fullness, I could feel my three bodies united, happy ... And so I found the cameras trying to film an impossible sunset, because it was cloudy with a sadly wintery tone. I remember that I felt omnipotent, in my fullness I could feel everything, as if the world was just an extension of my body just as I was of the world. "Bad day to shoot this, but hey we already put the timelapse on," the director told me. "What do you need?" I asked in a way in which they did not recognize me as Matías, because it was obvious that I was not myself ... "Magic ..." he told me. I nodded and walked a few steps further. I extended my hands flat to the sky, and gently twisted them as if he had grasped the clouds, pushing the sky up and the earth down. At that moment, without ever seeing the sun, its apparent rays emerged in the distance, beginning to dye the sky pink from the farthest to above us (the photo in this post). I turned to them and said, "Is that okay?" They both looked at me as if they had seen a ghost, not knowing what to say.

I AM: hahahaha, it is what has fullness. Unlike the incessant search, he does not wait, but does, because he knows that there is nothing outside that he needs, because everything outside is part of himself.

ME: At that moment I felt everything, as if I myself were the clouds, and the pulse of the sun was the beat of my heart ... The fullness is felt when you feel part of the whole and yet you don't need anything of it. And at that moment I understood what Melki Tsedek told me, transfiguration is the magic of converting unconsciousness into consciousness, it is recognizing that outside you will see only what you are, not what you expect to be. Therefore, I must be what I am.

I AM: "I am that I am."

ME: Yesterday in the pyramid, I could feel it. Lying on the sarcophagus, I felt that caterpillar. Heavenly Father's voice rang out saying "Die," and in that instant I felt like I broke. I cried as I do not remember crying in many years, because I cried for everything and at the same time for nothing, there was no specific pain, I could only find these words: "I am afraid of being who I am" ... And there I faced this fear within my chrysalis, in my moment of being a cocoon, going through my uselessness. I let that part of Matías die, I let that fear die. I saw the eyes of the child that I was, that child who was happy and joyful who, at the age of 12, received the weight of all his memory, the responsibility of 12,000 years of history, and stopped being happy. I looked at him and said: look at me, we've made it, I've been through it, you can be happy again. And then my future looked at me and in my death I smiled. "Don't be afraid to be who you are, don't make the mistake of forgetting about yourself," I told myself. And all that weight I felt, all those things and stories that I had fed and filled with until now, smeared with fear and responsibility, became fullness. My heart felt light, like never before ... I felt freedom, I felt that it is not necessary to explain what I am or who I am to anyone, that it is only enough for a single person to know: myself.

I AM: Welcome to Life.

ME: I Am Life ...

I AM: I am the Light ...

ME: I am the Way ...

I AM: I am the Truth ...

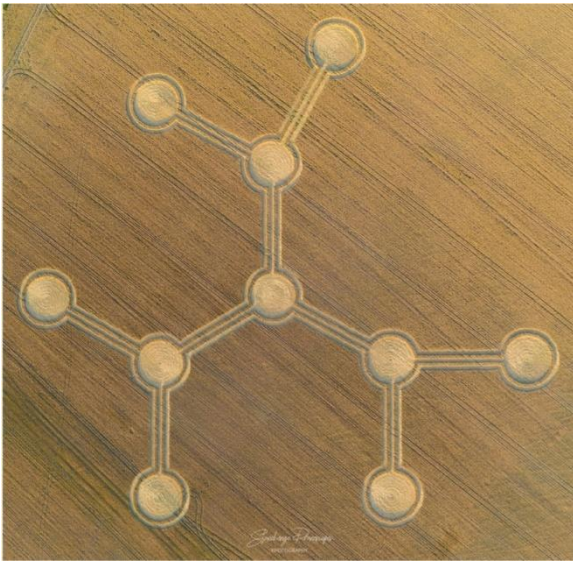
ME: I am love ...

I AM: I am Fullness ...

ME: I am who I am ...

# 135. Links

[December 16, 2020 Matías De Stefano](#)



ME: Another amazing day at the pyramid. Today we were very many, I think about 20 people, all surrounding the chamber from the walls, and I walking in the center. The guards took care of us, and suddenly the environment became one of great affection and support. Gently, I started to calibrate from the sarcophagus, and then I felt the presence of Thot and Isis again. The first, he had me anchor a shaft and hooked it up to six directions. It reminded me that the reconstruction of a new world must arise from a firm axis, from the center of Being, and that our task is to remember that we are all that center, and that we are already in it, wherever we are. The center follows us, because we never leave it, we are only holograms of its imagination, of its dream, and as such, it is enough to stop running to be, and feel it there, to return to the center. The second, reminded me that we are the network, that this center is only possible thanks to the connection of the reflections, of all the holograms. As long as everyone communicates, they can create the image. “I am the Divine Mother,” he said, “I am the matrix that connects everything, I am the links that give meaning to existence”. And I could see the connection in all things ... I could feel how from the core everything was linked ...

I AM: Link, from the Latin "inlaqueus", to be tied, rope, loop. In English (link), from the Indo-European “kleng”, meaning “to bend, to return”. It is what keeps all things connected to each other ...

ME: Although that connection sometimes seems to be heavy. We are today in relation to the Solar Plexus in the Emotional week, that is, the ties created from the emotion with others, and normally the concept is heard: cut ties, disconnect, break chains, all ideas that lead to the idea that links, the "moorings", make us prisoners.

I AM: Like your Islamic friend, who thinks that God has us as slaves.

ME: Exactly. The idea of ties refers us first to the idea of chaining. The search for freedom, to break the chains, goes through the history of the physical, the emotional and the mental. Beliefs are links, links are links, survival generates links ... So, how to consider that cosmic links are not the prison of that God ...?

SOY: How is a link generated?

ME: Well, taking the original image of the universe, an interior point is projected outward, which we can see as an expansive wave that generates an echo, returning to the origin, bending, and by said reflection a conditioning is generated between both. .

SOY: So the -1 (negative) is projected onto another 1 (positive), but they are the same, and their link is only produced by the echo of the original expansion. In other words, the link was produced by a cause that gives rise to an effect, which will change the perspective of the cause. And so, when seen, the link will be called 2. And when the 2 is reflected in the -2, they will create the 4, and thus it will continue towards the -4, creating the 8. As you can see, the ties are only one projected idea, a concept that is fractalized by echoes, by causes and effects, by a pendulous back and forth. Ties are an idea, a concept, modifiable only if you modify yourself. For the only thing that maintains the dependence of a link is the image that the -1 projects on the 1. The universe is a free, eternal and infinite being, you have created the limited just to experience aspects of your potentiality. With greater expansion, more possibilities, and thus, what used to be just a being and its reflection, has now become a network, an interconnected matrix, where each reflection generates its own, determining those who are projected around it. This gives the feeling of trap, of apprehensive ties or bonds, almost like a kind of prison in which you feel like a prisoner, a slave of the Cosmos.

ME: This is what some religions feel, because they can feel that there is a greater and invisible force that determines our lives.

I AM: And that force is nothing more than the divine bond, reflections of the very divinity that observes itself with millions of eyes born of just one. The existence is so simple, that it did not allow to create, to play. Thus the cosmos complicated itself to enjoy the experience. Thus, we feel that returning is also complicated, but no, it is very simple, it is enough to remember that we are reflections, and that it is all a game of reflections and gazes. Only then do you find freedom from this prison that you have created for yourself.

ME: The links that unite the chains of creation are the links of DNA, the patterns that are manifesting, multiplying themselves over and over again. The first structure, a tetrahedron, which multiplies on itself in a spiral chain, with a double helix, generating all the possible bonds of a being, delimiting its potential, but at the same time registering everything that it is capable of. The very chains that we feel trap us in existence, then they are the same ones that contain the force of our expansion.

I AM: "Make your greatest weakness, your greatest strength." For this reason, it turns the Matrix into the Network.

ME: Today, Isis said: "awaken Manik in you." Manik is the Divine Dream Weaver Spider. Everything that exists was woven by Manik, it is his great web. Its 8 legs are the 4 spaces and 4 times. His 8 eyes are eternity, infinity. Your body are the two spheres that make up meiosis, the "vesica piscis". His spirit was present in the Mother, designing her dress, a precious white silk fabric that connects the songs of all living beings.

I AM: Your fabric has three layers: subconscious, unconscious and conscious. In the subconscious, Manik conditions all creations, limiting them through his freedoms.

ME: How is that?

I AM: The infinite capacity of imagination of a being, generates beliefs, an endless maze of nooks and crannies in each corner, with curves and right or sharp angles. The infinity itself that gives you the option of being whatever you want leads you into a dead-end trap that you yourself weave according to your beliefs and preconceptions. This is where the bonds become anchors to which the body clings as the only way out. There we create bonds of dependency that link us to others by genetics or by affinity, either positive or negative. This is how karma arises, in the constant and repetitive transmission of information by reflexes, like two neurons playing table tennis.

ME: And the unconscious?

I AM: He who denies his ties, he who considers that he lives exempt from everything, disconnected from others, and refuses to see the ties he possesses, believing himself free when in reality he lives submerged in conditions and patterns. This is not the case with the conscious, who recognizes living in a world created by links, but instead of seeking to escape its conditioning, decides to become the spider.

ME: This has been told me many times. "The only way to get out of the Network or Matrix is by becoming said Network or Matrix." It is as if, by living from the subconscious or unconscious, we were like flies trapped in a spider web, and the more effort we make to seek to free ourselves from it, the more trapped and entangled we find ourselves in bonds, ties of all kinds, easy prey for the consequences of our actions.

SOY: But if you become the spider, if you remember that you were always the spider, you will have the option of walking on the web, of using it.

ME: I remember a few years ago, I was at the Ezeiza airport to fly to Bogotá, and I felt like writing about my fear of spiders. I put that in reality my fear of them was because I was afraid of getting entangled in the very web that I was weaving, entangled in my own stories and the projections of others. I was afraid to go from being a spider and weaving the Web of Consciousness to being a fly from Unconsciousness. When I arrived in Colombia, those who received me said that they would take me to a special place, where a "mamo", a Muisca priest, would perform a ceremony for me at the Piedras del Tunjo ancestral center, in the town of Facatativá. Upon arrival, there was a beautiful ceremony among all. The priest approached me asking me to bow down, to perform his cleansing and blessing. Then I feel that he touches my back and makes me straighten again, asking me to put my hands in a receiving position. And he pronounced: "Mother Earth has decided to give you this gift today." Then let go of your hands a spider to mine. White and yellow, it was a beautiful spider, but still a chill ran down my spine. The spider began to walk through one of my hands to my arm, weaving a web up to my shoulder, and up my neck, circling my ear and my neck, doing the same in the other ear. He came back to my chest and stopped at my heart. After a while it wove in circles and continued towards my other arm returning to my other hand. I put her down on the ground and she went among the plants. I found myself woven throughout my entire body. The spider mother told me: don't be afraid to be connected, you are the Spider ... Its softness made me feel at home, wrapped in its web I did not feel trapped, but protected. It was an awesome experience.

I AM: The ties that bind you to this world, the fears and expectations, are nothing more than the chains that you have built yourself in your mind. Freeing yourself from them does not eliminate them, it makes you the weaver.

YO: It reminds me of the Argentine anthem ... "Hear mortals, the Sacred Cry: Freedom, Freedom, Freedom ... Hear the noise of broken chains, see the throne of noble equality ..."

I AM: "Listen, humans, the Universal Sound: the liberation of the body, of the emotion and of the mind ... Listen to the transmutation of DNA, see how it is crowned on the axis of coherence ..." The greatest chains and ties live in your body, and you can only liberate them by living fully. Each being is a reflection, a link in creation that creates divine consciousness. You cannot cut ties, because in reality, they do not exist, they only live in the perception of your mind. You cannot free yourself from something that does not exist, the only way to find freedom is by becoming Freedom yourself.

ME: And so the links with my history, with people, with the world around me, will become my paths, my journey towards myself, towards knowing myself in the other, towards integrating myself into connectivity. That which makes me feel linked to others is the key to my freedom.

I AM: The links are the pulses, they are the beats that share the information of the being, they are the electrical discharges between the neurons. Nothing would exist without links, nothing would be perceived without links. Living trapped in them or creating through them is just a change of perspective. The Web of the Great Spider needs free souls and minds weaving in light bodies, happy to be weavers and weavers.

ME: I take all my chains, but this time not to break them but to transmute them. And my cry of freedom will no longer be to escape, but to remind me that nothing can enslave me unless I allow it.

I AM: The fabric is freedom, travel through the fabric, free yourself in it, and you will make the links, bridges that connect the realities of your own being.

ME: I am the Weaver, I am the Web.

## 136. Fun

[December 17, 2020 Matías De Stefano](#)



ME: During the alignments of this emotional week, you are taking us to experience the legacies of History, at least in general terms. What I see as important is to recognize how this legacy passes from our own hands to ours, being a single being, not being the one who looks, who listens to the other, but by putting ourselves in the eyes of those who we usually think are outside. Yesterday, when you made us break the bread to distribute it among all, remembering that we are all connected by the same divine food, it reminded me of two things: the multiplication of the loaves of the biblical story, and bread, that although in Spanish it is a meal, in English sounds like an elf, like Peter Pan. What is the relationship between the two?

SOY: It is important that you see that nothing is separate, and that everything returns to you. "As a legacy that you give yourself through time and space, a legacy that when handed over, in one way or another will return to your hands." What you see behind are not circumstances different from you, but you are yourself, at different moments and expressions. The multiplication of the loaves of Jesus the Christ explains that we are all one. Unity is the only thing that exists and the only thing that nurtures us all. Each being that exists is a unit in itself, an individual. It is understood as unique despite the others. However, when you analyze yourself, you can see that it is made up of organs, cells, and that there are millions of parts and beings living inside it, each one self-referencing, feeling unique. In the universe, then, the equation is easy:  $(1 \times \infty = 1)$  "If each of the millions of individuals in existence is considered unique, then the common denominator is unity, and therefore there are no individuals but a single self-referencing being." Bread represents the divine food par excellence in all cultures, made from different grains. The hundreds of seeds create a single food, which is then distributed among hundreds of other individuals to nourish their stomachs, their personalities through the stomach and the task of the pancreas. The philosophical concept explains that everything that comes from thousands becomes one, and that the one becomes thousands, nurturing every aspect of creation. In other words, the Unit Diversifies. What do you call the only path that returns on itself?

YO: I guess from the etymology "Uni", that is to say "one", and "versare" which is "to return, turn, pour over oneself". In other words, "Universe".

SOY: And what would you call the opposite view? That is to say, "turning outwards, towards the two, the duality, the separation" ...

YO: I suppose that using the positive and negative concept, speaking of the Two, which in Latin is "Duo" and its particle is "Di" ... In other words, "turning, turning towards the dual" would say "Diverse".

I AM: Universe and Diverse. The University or Universality speaks of the quality of uniting all things in the same way, in which all the visions are integrated into a single being, they refer to a single existence. Thus, going to the University is what tells us that we seek to unite information, data, experiences, subjects, topics, knowledge, all together in a single individual, a student, while the student knows that in the University they can find all things in one place, because there all currents of thought and study converge. The University is the Integration of all things, the assimilation of knowledge into wisdom, from the external to the internal. Thus, Universality speaks of more transcendental concepts, such as the integration of ideas, concepts, emotions, beliefs, philosophy,

ME: And the Diverse?

I AM: Diversity is the quality of expanding in different options, paths, expressions. It is the quality of the One to manifest, to reflect, to experience itself through interaction. Remember that the universe decided to express itself in duality, from the internal to the external, generating the concept of negative and positive, and from these two, it began to create. The generation of all realities is produced by that diversity, by the diversification of the unit in a constant ramification.

ME: Fractality ...

I AM: Diversity is the ability of the Universe to recognize what it is capable of, of the different manifestations of its being, of its infinite power to build, to express, to feel, to know. If the University integrates to transcend, Diversity expresses to experiment. Thus it is that from the beginning of the maximum Universal Unity, the steps that divine consciousness takes to manifest itself begin with the diversity of polarity: expression, experimentation, continuing its path of return to the one through integration and transcendence.

ME: Nowadays there is a lot of talk about diversity, in many ways, ethnic, racial, gender, sexual, thought, religions, information, etc. There is a great concern to value Diversity against the historical preconceptions of Universality, which was used to homogenize society, cultures, that is, to make them all equal under imperialist, monarchical, dictatorial mandates, establishing rules of "normal". With which, the collective idea of this thought of unity is confused with making us all equal. How is the Universality of the Being sought without losing its Diversity?

I AM: Being aware that Universality does not speak of Equality or Equity, but of Harmony. Equality comes from the concept "Aequus", which means "flat, smooth", giving rise to words like "Equinox, Ecuador", which refer to the fact that things have no difference between them, that they are stable, without distortions, wrinkles, shadows no lights, everything is the same. On the other hand, Harmony comes from the Latin concept "harmonia", and in turn from the Greek "harmós", which means "to join", "embrace", "connect parts", giving rise to words like "arm" in English, since the Latin concept suggests "shoulder to shoulder." Each one, being individual and unique with its own qualities, but combined in an unconditional balance, a word also originated from "aequus". Understanding this, you will be able to notice that the path of the Universe is creation itself, it is the experimentation of yourself, and you cannot experience being one, for you need a point of reference. Just as a plant needs heaven and earth to grow, just as for a human to be born it needs a mother and a father, just as to learn we need an apprentice and a teacher, just as we need to go out into the world to integrate the world inside.

Just as you need a purpose to know where you are going, and you need relationships to project yourself and bring out the best in you, the universe can only discover what it is capable of through reflections and expansion that only occurs in dual concepts or polar, in the diverse. Therefore, Diversity is the key to Divinity. The more diversity, the more creation, the more growth, the more possibilities. And the more harmony in diversity,

ME: What about what I asked you about Peter Pan?

AM: Oh, the Elf is a playful one, between the lights and the shadows. The expression, the moment in which the universe decides to diversify in polarity to create, from Light and Dark, is what as humans you call "childhood". This stage is the one of greatest learning, imagination, magic, creation, expansion. The word "Pan" comes from the Greek and means "All", giving rise to "Pangea" (all lands) "Pantheon" (all gods) "Pandemic" (all evils) ... Thus, the concept speaks of what that it is full, having passed into Spanish as "food that nourishes the whole being". But what the presence of this "Peter Pan" reminded you with the bread shared by Christ is that the path of diversity implies fun, and this is an attribute of the Faun. Play, have fun.

ME: Does having fun come from Diverso?

SOY: That's right. Diverse is the path that the Universe takes to generate Creation. Diversity is the quality of the universe to manifest different realities, existences, that allow nurturing the consciousness of rich experiences for the growth and development of the Being. Fun is the action that the universe takes to produce this creation.

ME: In other words, the Universe only creates through Fun, the act of being different, the act of separating to see each other, to experience itself.

I AM: Creation is a game, a game with rules, which you call universal laws, but it is a game of manifestation, it is something that should be "fun", in which polarity becomes a funny dance form.

ME: This is the attribute of Sagittarius, even more related today to the Sacral chakra. Fun is the key to Creation. Sometimes the spiritual world considers that fun does not enter into the connection with the divine, they forget to laugh, play, make jokes, have fun... Why?

I AM: Because whoever seeks Unity as a way to God or to the Divine, interprets duality and its expansion as the Diabolical, the shadows, the confusion, the duality that leads us to struggle and conflicts. Thus, it gives the feeling that Universe and Diverse are enemies, as one integrates and the other divides.

ME: However, both are the Divinity, on the one hand integrating and on the other manifesting ...

SOY: That's right. There is no beauty without diversity, there is no evolution or happiness or love without diversity. There is no ecstasy, glory, enlightenment without fun.

ME: It is as important to meditate as it is to laugh.

SOY: The quality of the best teacher is having fun learning with your students. The quality of good parents is to have fun with their children. The quality of a happy people is their ability to laugh and have fun. The quality of an individual in harmony is to allow fun as the path of enlightenment. "The great teacher is one who lives looking at the world with the eyes of a child."

ME: To return to being creators of our own reality, we must dare to have fun in creation.

SOY: Play, have fun, and thus you will radiate the light that is in you illuminating the world with your smile.

# 137. Joy

[December 18, 2020 Matías De Stefano](#)



ME: One of my biggest fears in this new stage of my life was failing my mother. My mother has always been my protector, she has been father and mother at the same time. I owe everything I am to her, because without her care, attention, listening, respect, acceptance and company, I would have achieved nothing. When they told me that these days I should accept who I am, I felt a great fear of being left without that protection. I felt as if by accepting who I am and my mission, I would pass to another stage of my more expansive life that neither my mother nor I could sustain. My guides told me: "you will need more mothers." If the Earth is my mother, I will need the Earth to sustain me, to sustain this new energy, or old energy hidden in me, and to sustain and protect it, a single uterus was not enough, I would need thousands to sustain this rebirth. My fear was that accepting this would take away from my mother the place she always had, almost denying her ... But then the celestial energy told me: "No, what you will do is give her her rightful place: that of mother, and not of protector" . When this December 14, during the eclipse, I leaned back on the sarcophagus, I cried leaving this concept behind to receive a new one about me and my relationship with my mother. She protected me from what I feared the most, occupying a role of father, from which I had to free her by assuming my role in life. My biological mother had to be the mother of my "I", while the Divine Mother, living in a Network of wombs throughout the world, would become the mothers of my "I am". that of mother, and not of protector ". When this December 14, during the eclipse, I leaned back on the sarcophagus, I cried leaving this concept behind to receive a new one about me and my relationship with my mother. She protected me from what I feared the most, occupying a role of father, from which I had to free her by assuming my role in life. My biological mother had to be the mother of my "I", while the Divine Mother, living in a Network of wombs throughout the world, would become the mothers of my "I am". that of mother, and not of protector ". When this December 14, during the eclipse, I leaned back on the sarcophagus, I cried leaving this concept behind to receive a new one about me and my relationship with my mother. She protected me from what I feared the most, occupying a role of father, from which I had to free her by assuming my role in life. My biological mother had to be the mother of my "I", while the Divine Mother, living in a Network of wombs throughout the world, would become the mothers of my "I am".

I AM: The Nativity is coming, the return of the Sun, and as everyone did once, you must align yourself to this process. The responsibility of knowing who you are here and now, positions everyone to fulfill the mission of who they are here and now. With naturalness and flexibility, it is to return to the center, to shine again. This December 21 a road from 2000 to 2400 years ends, and a new one begins. For 3 days we will seek the balance of the body (22), soul (23) and spirit (24), until the 25th the Sun is reborn, initiating the return of the long days towards the spring of the Northern Hemisphere. You had to die in the shadows to be reborn in the lights ...

ME: Today in the pyramid a beautiful song resounded in the dark. The voices of the father, the son and the mother joined in a sweet song. The father said: "I am the divine father who guides you, and therefore I must remind you that it is time to stand up to advance on the path as you have never done before." The mother said:

“In me you resurface, you are reborn, and in your birth and freedom I find joy. I am the divine mother, I am the mother of the new humanity”.

I AM: It is said that in the beginning of the Earth, God created Adam, the first man, from clay, earth and water. It is said that Adam saw that in nature all animals had a partner, but he was alone, and therefore, from his right rib he created Eve, the first woman. Both would live happily in the Garden of Eden. But there was one condition: on a hill there was a Tree, and God forbade them to take its fruit. But a malicious serpent one day approached Eva and tempted her to take one of the fruits that caught on a branch of the tree. Eve plucked the fruit and took a bite, which aroused the wrath of God. Adam and Eve were expelled from the Garden of Eden, into the desert, where they had to learn to survive. God punished humans with suffering, and condemned them to be slaves for their mistakes. Both had to learn to reproduce, to have sex, and this led them to discover the pleasures, and to live off sin. Food was no longer abundant, so they had to eat all they could, gluttony. Eve became pregnant with twins, Cain and Abel, and childbirth was her punishment. Extreme suffering for his great sin of biting the apple. His sons aroused anger, blasphemy, reaching the point where Cain killed Abel. They had a third son, Set, who sought to bring justice. But Eve was condemned to have only male children who would fight each other. They would no longer live forever, and now they should die. The glory of life, became a horrible weight. And for thousands of years, this error would fall on all of humanity, their descendants, until today ... and to live off sin. Food was no longer abundant, so they had to eat all they could, gluttony. Eve became pregnant with twins, Cain and Abel, and childbirth was her punishment. Extreme suffering for his great sin of biting the apple. His sons aroused anger, blasphemy, reaching the point where Cain killed Abel. They had a third son, Set, who sought to bring justice. But Eve was condemned to have only male children who would fight each other. They would no longer live forever, and now they should die. The glory of life, became a horrible weight. And for thousands of years, this error would fall on all of humanity, their descendants, until today ... and to live off sin. Food was no longer abundant, so they had to eat all they could, gluttony. Eve became pregnant with twins, Cain and Abel, and childbirth was her punishment. Extreme suffering for his great sin of biting the apple. His sons aroused anger, blasphemy, reaching the point where Cain killed Abel. They had a third son, Set, who sought to bring justice. But Eve was condemned to have only male children who would fight each other. They would no longer live forever, and now they should die. The glory of life, became a horrible weight. And for thousands of years, this error would fall on all of humanity, their descendants, until today ... Extreme suffering for his great sin of biting the apple. His sons aroused anger, blasphemy, reaching the point where Cain killed Abel. They had a third son, Set, who sought to bring justice. But Eve was condemned to have only male children who would fight each other. They would no longer live forever, and now they should die. The glory of life, became a horrible weight. And for thousands of years, this error would fall on all of humanity, their descendants, until today ... Extreme suffering for his great sin of biting the apple. His sons aroused anger, blasphemy, reaching the point where Cain killed Abel. They had a third son, Set, who sought to bring justice. But Eve was condemned to have only male children who would fight each other. They would no longer live forever, and now they should die. The glory of life, became a horrible weight. And for thousands of years, this error would fall on all of humanity, their descendants, until today ... it became a horrible weight. And for thousands of years, this error would fall on all of humanity, their descendants, until today ... it became a horrible weight. And for thousands of years, this error would fall on all of humanity, their descendants, until today ...

ME: A very unlikely story in almost every way.

SOY: That's right. Creation arises with hominids, who in evolution became Homo Sapiens. In the fertile valley between the Tigris and Euphrates rivers, in Iraq and the Persian Gulf, the first settlers settled down to practice agriculture and sedentary lifestyles for the first time. This was his garden surrounded by deserts, protected by desolation. Then, “’I”, the God Son of Heaven (An Nuna Ki) descended into the world and chose one of the women of the tribes, and made her his wife, mother of his children. Her name is remembered today as Lilith. From her, he conceived his first human son of the Earth and the Stars: Adam. The God gave Lilith everything she asked for, but what she most sought was Freedom. "Freedom is only achieved with Wisdom," He told her, then Lilith asked for Wisdom. "To awaken Wisdom you need to learn Knowledge", He told her; then Lilith

asked for knowledge. "Knowledge is like a Tree, which has hundreds of fruits, which deliver all the truths, through experience and creation," He told her; and Lilith asked him to know and nourish herself from that Tree. Thus, "He" showed her the Tree of Life and Knowledge, and Lilith understood the Truth of all things. Then it broke free. Being free, he recognized that "He" was one of many fruits, and that now "She" would also be. She became her own creator, and she freed herself from all conditions. Thus, Adam asked "God" to give him another woman. "He" was frustrated by Lilith's betrayal, then from Adam he cloned a woman, but this time he told them: "You will not take the fruit of this Tree, ever", anticipating that perhaps history could repeat itself. Lilith understood that the force of the world was moved by the vibratory energy of nature, like sound waves only visible in the waves of the sea or a meandering river. For this reason, Lilith called herself "the Serpent Woman", mother of all Free women. When he learned that Eva had been born, he did not hesitate to reach out and free her as well, as she had done herself. The snake woman, whispered the truth to Eva, and told her about the Tree of Life, she told her that a single bite from the tree of knowledge would awaken the magic of wisdom, which felt like an orgasmic ecstasy, like full joy, pleasure in every corner of the body and soul. The bite of the apple would give him the gift of doubt. Lilith aroused doubt in Eve, and she returned to Adam with the question, the questioning. Then the man knew that it had happened again. Eva had realized that there was much more than "Live happily ever after", that Paradise was not the end, it was not the goal, because in the long run, it had become a prison. Freedom was the most important thing, and it was only obtained with Wisdom, and this with Knowledge, and this with the Question that arises from Doubt. Thus, "the Truth will set you Free." Well, that Freedom makes you Creator Masculine and Creative Feminine.

ME: So out of doubt, "He" kicked them out of the Garden ...

SOY: Of the Utopian and Unreal. The Garden of Eden is a trap for souls, feeding on their most basic emotions: feeling good, with all needs covered, living happily. But there is no growth. There is no evolution or discovery, there is no inner power, no capacity for creation. Doubt leads to Confusion, and if you don't know how to manage it, it becomes a regret, leading to Doom. For this reason, humans considered that the biggest mistake, the biggest sin committed was having left the protection of God for having doubted Him. For this reason, from the suffering of this world, they try to regain their trust through Faith and Hope. that one day he will let us return to Paradise.

ME: Sure, I understand. In other words, this story tells us how humanity was like a child protected by its father or mother, afraid of discovering its own potential, going out into the world to create, to manifest, to discover what it was capable of, with fear become one's own creator. Then they preferred to live in peace, calm, in normality, without questioning anything. But when the questioning began, humanity was lost in doubt, and this brought more conflicts and fights. But this only happened because something was given to us before we knew how to manage it.

I AM: Knowledge only becomes Wisdom if you are in balance, otherwise Knowledge is a weapon that can build weapons, wars, destruction and control. Freedom is not achieved in the outer world, but in the inner world, and a being without the will to carry out this great personal task will live submerged in the darkness of his own ignorance and confusion. In constant sin.

ME: Capital Sin. The greatest of all. Ignorance, but not of knowledge, but of coherence. That is why the Gods refused to give us the fruit of the Tree, because it was like giving a scalpel to a hyperactive child in a nursery school.

I AM: There, knowledge brings suffering. For this reason, in the last 2000 years, the I Am message has been given from the Cross, it has been given from the suffering of those who share it, from the sacrifice of the mission for the fulfillment of the purpose. And if the purpose is creation, then creating would be painful.

ME: The delivery ...

I AM: The birth of a new being was produced from pain, anguish, suffering, sacrifice, almost as an obligation and a regret. But it was not always like this...

ME: No. Because what I remember from long before these biblical stories, women gave birth with pleasure.

SOY: Tell me.

ME: I was a woman 12000 years ago, and the Atlantean colonies had been founded during the Age of Virgo, therefore, the character of the civilizations was maternal and feminine although strict and orderly. The system was matriarchal, and therefore, life was based on the sensitivity of the senses and the pleasure of life. From boys and girls we learned to have sex, we were talked to and taught. We had our first sexual experiences between the ages of 12 and 15, to know how to recognize what was pleasure and what was pain, what was joy and what was abuse. Women could start our fertility period at 12 years old, and therefore it was important to know what it was about. We were told that the body was divine, and that enlightenment was akin to an orgasm. Therefore, learning to orgasm was like learning to enlighten. We learned about the sensitive areas, how to use them, how to feel them, how to generate pleasure almost without touching, only with energy, something that in India they call Tantra. We learned to have bisexual relationships, to be able to connect with different levels of energy waves. The incentive to pleasure was considered spiritual, and fertilization was the most sacred rite of all, although sex, they said, was not to bring babies, but to turn on the light of Being. That is why sex was practiced a lot simply because it was sex. , preparing the body for fertilization, pregnancy and delivery. During the 3 processes, pleasure and orgasmic were present, and this prepared us to give birth without pain. Childbirth was experienced as the greatest orgasm, with intensity and spiritual joy. It was unique ... Sacred.

I AM: Joy is the sensory manifestation of Joy. It is the illumination of the Physical Body. He who is enlightened in life feels the joy in every part of his body, the ecstasy, the fire of the kundalini, of the serpent of light burning in all directions. Joy is the key to living Heaven on Earth.

ME: Therefore this new time we must live from Joy, because a story ended 2000 years ago with suffering and sacrifice, and in this new time we must begin with Coherence and Joy.

I AM: The time of the New Christ Consciousness begins. History got caught up in the concept of sin and suffering as forms of transcendence, and therefore this is the time to transcend such suffering. The Divine Mother receives the seed of the Divine Father, but this time the birth will take place in pleasure, in joy, extreme happiness, because you already know the other way to live the spirit from the shadows, now is the time to live from the light.

I: A New Humanity is going to be born, and this Planetary Birth will take place from full Bliss.

I AM: ... "Let there be Light" ...

## 138. Lifetime

[December 19, 2020 Matías De Stefano](#)



ME: A new me is reborn. From the darkness of karma and the past, the force of a birth towards light and expansion resurfaces in me. But I do not look up, but at my feet, full of dirt and mud. For I recognize that this new I does not arise from the grace of Light but from the Experience of Shadows. I honor every step, for it has designed what I am. It is history, it is my walk, the walk of all those I was, of my past, of my ancestors, the traces that were marked in each climate and geography, in the mud, in the sand, in the grass, in the snow. ... My spirit lives in me today more than ever. Before I felt him above, levitating in the air, with a character of superiority, remoteness, with a feeling of untouchable, like a famous, a platonic love, a regent sitting on his unreachable throne. But since I have invited him to descend into the shadows, into the mud, to see my hardships, to recognize my darkest emotions, my inner hell, I have been able to feel him more present, more in me than ever. Instead of making the effort to climb to an invisible place escaping from what I am, I took the strength to plant myself where I am and I fulfill myself, feeling the spirit reach me, as a guest in my home. How to be born in life. Be reborn. As if a different breath arose from my breathing, feeling lighter ... The more I descend the light to the matter, the less weight I feel. Perhaps the key to joy, the key to how to get out of the cycle of suffering, was precisely not to escape from life looking for the heavenly, but to allow yourself to live the heavenly here ... in life.

I AM: "Ater Tumti"... Heaven on Earth... they said 12000 years ago. "Carpe diem, carpe vitam", they said 2000 years ago: "Enjoy the days, enjoy life." The word Life comes from the Greek "Bios" (life) and "Zoos" (animal), giving the sound "Bitzoa" that gives "Vita" in Latin. A possible and conceptual translation of it could be identified as "The continuous expression of the soul in motion." In English "Life" comes from the Indo-European "Leip", which means "continuous, perseverance, adhere, remain". The Continuity of things is what we call Life. Life is the manifestation of Eternity. Life not only expresses itself in matter, but in everything that is constant. And atomic energy, universal energy, is constant, since the bases of the construction of reality are based on waves, on expansive and eternal vibration, Well, there is no way to stop something that has no limits. Life is space as long as it vibrates. Life is time as long as the frequencies continue to dance in reality.

ME: And that's why my life is just one of those instants of eternal life, of the living history that makes up each being in existence through time and space ...

I AM: Death is just an intense expression of life. Life never ends, life goes on and on, and we can all appreciate it. When a mother gives birth to a son or daughter, it is the wave of life continuing in different forms, a small wave in an ocean of trillions of waves, some more intense than others, moving in the same space, the water, but at different times, the tides. Cells multiplying and nurturing others, RNA creating new DNA chains, a tree creating thousands of seeds and creating hundreds of new plants. The seasons of the year, the water cycle, the spinning of the planets, the magnetism of the stars, the attraction of subatomic particles... All this is life.

ME: And I know him from biology.

I AM: "The Word of Life", that is, the truth or knowledge that encompasses life, explains how this continuity is lived in all things. Through feeding, through reproduction, through migrations, the seasons, all cycles are manifested and recorded in biology through experience.

ME: My cells keep records of all the things that every living being has done in existence, right?

I AM: If memory is not active in you, that memory lives the same within you. Biology is your library of Life, the record of everything you have been, what you have gone through. The energy with which your cells have been created comes from the same water that dinosaurs drank, from the same molecules that nourished forests, that flew through deserts ... Life on Earth lives in you, because life is constant. Your life is just an expression of the great Life, there is no such thing as "my life".

ME: How could it be understood then what this life is in relation to other lives?

SOY: We are going to understand the infinity of concepts of this question. First of all, what you call "life" is a continuum, as we said, a wave in an ocean. What you call "my life", then describes that moment of consciousness in which a wave is recognized as such. But sooner or later, the wave will submerge, disappearing to be born in the next. You call that moment death, believing that "your life" has ended. But no. Your life has transcended its form, passed on to a next generation, either by genetics or by familiarity.

ME: So someone can transcend without leaving biological offspring?

SOY: Yes, because beyond the biological manifestation, what lasts the most is what others take from us. And the presence, words, experiences that we share are recorded in the DNA of those with whom we live, and for that reason it remains in their cells and those of their descendants. Saying that life is mine or yours is just one of those ways that the universe has of self-referencing to search for the core in the "I Am". It is the way of remembering that each one is a path to the center, to the divine, and that is why the possessive is used to indicate that at that moment, "I am this path, I am this life that goes to Unity."

ME: It is a simple conceptual question of the conscious aspect of the cosmos, but it is not real ...

SOY: No ... life does not belong to us, it is impossible to own a life, it is impossible to own a reality that is non-existent and flexible. This is not your life, this is an expression of the life in which you find yourself as Matías.

ME: What about past lives?

I AM: They are the past waves. Hundreds of waves. But there are three ways: a river, a lake or a sea.

ME: What are their differences?

I AM: In a river, your energy advances, creating different waves and breaks in the rocks, traveling an inevitable and fluctuating path. You call this "your past lives", that is, you are yourself coming from the mountain and traveling the same path, transforming yourself, and in each stage you create a new reality. Consciousness recognizes this path as one-way, and therefore interprets it as its own path. But then there is the Lake, where different streams and rivers converge, mixing the waters, the energies and the roads, creating a stable and contained communion. You will know this as the Genealogical Tree. A set of personal paths that coexist as one, sharing data and information. Thus, your biological family is part of the history of your soul, and your ancestors are part of what you call "past lives." To then find the Sea, where the history or path itself, together with the history of the family tree, join that of all living beings exchanging data. And yet, all were always water, and water is a single body, and water is the memory of that body. So... what is your life?

ME: I always say that I have had past lives, that I remember being Shiw on the Nile, Sigurd in Scandinavia, and so many others, what would those people be to me if they are not my past lives?

I AM: They are your River. They are the path from the perfection of the snow to the stream of your existence and the meandering of your experience.

ME: And the memories that live within me, of my grandparents, of my ancestors from southern Italy and Spain, as well as those of the French Basque Country, the De Stefano, the Heredia, the Cuadrelli and the Bide, are they my? Lake?

SOY: That's right. They live in you, in your cells, they are the memory of your evolution, and even further and further back to the first cells that arose at the origin of life.

ME: So ... my Mar, what would it be?

I AM: Your cosmic memory, what you remember about cultures, Earth, planets, dimensions, the general registers that everyone shares but that have never passed through your river or your lake. But remember that water is connected in all things, in the food you eat, in the kisses you have given, in the water you have drunk, in the air you breathe, in everything. Therefore, while you live your own river lives, while you develop flowing in the water of your Lake, you also receive data from the rain that comes from the evaporation of the sea, or from the snow that falls on the mountains. Therefore, the information of life does not cling to a single path, you cannot say that you only live in a river or a lake, but that you will always be connected to everything. Well, Life is everything.

ME: Life is Water, not the forms it takes ...

SOY: That's right. Therefore, all living beings share the same memories of the entire Universe, only they have not yet remembered that they can. You do not remember your past lives, you have simply opened up to feel the memory of water. If you cling to the belief that your memories are from past lives, you will miss the truth, which is that everything is Life. Acknowledging your family's history is not to free yourself from their patterns, but to recognize that you are them. Remembering past lives does not serve to know what your soul has lived, but to recognize that all history lives in you. Remembering that life crosses the entire universe does not serve to understand the Universe, it serves to remember that you are universal life, and it is in you. Consciousness is what allows you to self-reference in the eternal so as not to lose yourself in the Ocean of Existence. However, it is inevitable to jump into it.

ME: Life, then, is the universal ocean where everything converges through time and space, and recognizing that there is no such thing as "my life" or "past lives" or "parallel lives" in the universe, is when I can begin to live all this as it really is ... connected to all times and spaces ... recognizing that Life is Eternal and has no limits ...

I AM: That is why each day is a rebirth, each concept is a new breath, each death is a step along the way, each past, parallel or future life is nothing more than an expression of your own being. For you are Eternal, and only by recognizing this can you unite all the paths.

ME: And so I will. Well today I can say with firmness and full consciousness and understanding "I am Life."

SOY:... Live... it's time to be reborn...

# 139. Trip

[December 20, 2020 Matías De Stefano](#)



ME: Tomorrow begins a new great journey for me... a journey towards myself on a level that I would never have thought...

I AM: The responsibility of assuming the I Am.

ME: Yes, that's what I feel... In 2012, on February 7, I started my first Journey of Consciousness, officially, I started Harwitum, the way from North to South. And despite the fact that prior to the 11:11 Meeting of Capilla del Monte in November 2011 I had already made a small path to connect the networks that would allow us to do the task, at that time I did not understand very well what I was doing ... He is practicing something that would be much bigger. I understood in 2012 that my life was not in Argentina, my life was the Earth, and therefore I would travel around it connecting all its paths... That year 2012 I traveled 40 countries in 6 months. I visited more than 100 places distributed by different climates and geographies, sacred and historical sites on Earth; I traveled by car the 4 southern Andean countries, Chile, Peru, Bolivia and Argentina, visiting some 24 regions, and by December 21, 2021, it had already touched 7 continents and 5 oceans. Throughout that year I could feel all the roads, cultures, lands, everything connected, the world was no longer a distant place, but a garden, it was my home, part of my life, my family. I understood that from that moment on, all the places were close, and there was no place beyond my reach.

SOY: It was your destiny ...

ME: Yes. I understood. It is written for me, because I myself wrote it in my soul. I would find joy and fulfillment in the trip, on the roads, so I took advantage of the position of the Moon in front of the constellation of Sagittarius, so my soul would always launch itself to discover its happiness in the expansion of movement. Once my grandmother told me that when I was about 4 or 5 years old, she went to see a clairvoyant, a woman who read hands. The lady told her: "you have a small child at home with whom you are very connected"... to which my grandmother confirmed by saying my name. And then the lady said "Oops! by God, how many trips! I see airplanes, many airplanes, flying all over the world, this boy will travel his whole life to too many places! But he will always come back ... And if one day he says he wants to be an airplane pilot, tell him no,

SOY: Good advice ...

ME: I like to fly, yes, but I don't understand much about machines, so that flight would have been the shortest of my life ...

SOY: Hahaha... I think so.

ME: That lady was right. about 15 years later, my travels around the world would begin, and they would never stop. I have come to travel to many places the same day ... without stopping. I have found peace and creativity between airports, trains, cars and boats. He found harmony in the journey, not so much in the destination.

SOY: There was the escape point.

ME: Yes, what I noticed is that the Moon in Sagittarius helps me find the balance in the transformation and the path, but the opposite in the destination or the starting point. There I feel uncomfortable, being still in the same place, to the point that when I arrive I am already thinking about the next point and how to get there.

I AM: You have come to connect, not to anchor, and therefore your soul seeks to move. "Remember", they told you, to remember is to cord, to put the parts back together, the members that make up a being or a group. And there are two ways to do this task: moving around the world weaving the web like a spider, or staying in the center of the web, immutable like the spider itself. But to achieve this second step of staying on the axis, you had to move by weaving that web.

ME: Someone once told me that my constant travel is because I escape responsibility or face what really matters ...

SOY: And so it is. That you have done from unconsciousness. Escape, playing like a child, afraid to face your truth, overloaded with unnecessary luggage to cover you with missions so as not to face your purpose. Running around the world, desperate to get to a place that doesn't exist. Your quality is your own trap. You have come to connect through travel, moving, drawing paths, and it is precisely this that has taken you away from yourself, putting your goals on the horizon, desperate to never get anywhere. For years you had to run after sunrises and sunsets, climb mountains and descend valleys, cross deserts and seas, walk through islands and steppes, forests and cities, to know that the further you went looking for something outside ...

ME:... I was getting closer to me. And at the same time more lost, like someone who goes around in a circle and when approaching the center gravity accelerates the movement. Dizzy, the more roads I traveled, the more I fell on myself, not understanding that I was coming back to me.

SOY: Well, all roads lead to you. No matter how far you go, no matter how many destinations you get to, all one day will pass, and the only thing that will remain in each place is you. So imagine that instead of you moving through the world, it is actually the world moving around you. For the mind, soul and biology, it is as if you are always in the same place, in the here and now, and everything else changes in your environment. Thus, the only thing that remains, the only thing that is origin and destiny in itself, is you.

ME: When I understood this I stopped running ... and that was this 2020. I stopped before the Coronavirus stops us all. I remember in February I asked my guides: what am I supposed to do now? And they told me: "find a quiet place, and wait, because your path begins in August." It seemed strange to me that they told me that I should stay still without traveling so many emses when there was so much to do. I thought it wouldn't be literal. But it was. The endless quarantine taught me that all destinations lived in me, that the need to travel the world was simply to prevent me from traveling by myself for fear of seeing what was in me. This is what has made so many people desperate this year. Lock up. Beyond the fact that most people do not travel, the simple fact of leaving home, going to work, a bar, a square, to make an active life in a social space, it was already experienced as a trip. Going out projects us outwards, and therefore everything that lives inside is projected onto others, thus it is easier to live because there is no responsibility, since others are blamed for their own evils, the government

is criticized, culture, everything that surrounds us. Not being able to move changed this, and forced humanity to stay inside, and thus gazes turned inward. Thus begins a desperate journey, in which one's emotions manifest, the shadows themselves show themselves, and suddenly the depression of seeing and perceiving everything that I have been denying begins. For those who have been looking the other way during their lives, this confinement was and is exasperating. But for those of us who have had the practice of meditation, to work our shadows, desires, conflicts, inconsistencies, this time was a gift, a blessing. To me personally, it reminded me that I could feel fulfilled by being in the center of the web instead of weaving it. I always believed that it should be the spider moving in the web, weaving, connecting, forgetting that the same spider, at the end of its weaving, is placed in the center, on the axis, and sustains, perceiving the vibrations of the entire connection created ...

I AM: You are all the steps, you are all the paths, all the paths. "Walker, there is no path, the path is made by walking". You are the Wayfarer, you are the Wayfarer of Heaven and the Wayfarer of Earth. Your path is everyone's, because you recognize that all paths lead to you, that you are the I Am. Each living being travels a path in his life, builds his own history, each searching for himself from the unconscious or conscious. The path of unconsciousness is the hopeful search for a reunion with others or something on the outside that completes you and makes you feel full. But the conscious walker is one who, in the exile of his own being, hopefully seeks a reunion with himself. Where do you expect this reunion from?

ME: From consciousness, knowing that it is the world that moves, and that I remain on an axis, in me. And from this axis I can move around the world without getting lost, knowing that each step that I take on the paths of creation is to recognize the reunion with my own being.

I AM: It is the I seeking the I am, it is the Personality seeking the Essence. And remember, that you are everything, you are the one fragmented into thousands, like the nucleus of a world that expands in the thousands of forms of its crust, molded by water, air, fire and earth, making the thousands of forms look for unity. So you can understand that in each trip, you do not discover something new in the world, but you meet again with a forgotten part of your being, of the unique being that you are.

ME: That is why we are invited to travel, to move, to be walkers, not to go outside, but to unite the parts of the inside. What is my journey?

I AM: Your journey is the same as everyone has to travel. Journey comes from the Latin "Viaticum", the attribute to walk a path, to go from east to west, like the Sun, which has given rise to the English word "journey", from the Indo-European "dyeu", which is brightness, light, day, God, the path of the sun from east to west ...

ME: For this reason, traveling the path of light and shadows is the only way to experience divinity, because in the journey of the Sun is where I find the divine. The important thing is not the destination, but the Way ... That is, there is no destination other than me, my axis, my coherence, the center of the cosmos, and therefore the Universe seeks to move, to create from that axis, that is the logic of the world in constant motion ...

I AM: You are the world, and when you walk on it, you do nothing more than caress the skin of the expanded being that you have become. You recognize in the Path the Divinity that you are.

ME: There is no destination other than myself ... I am my Destiny, I am every step, every starting point, every origin, every purpose ... I find myself in every goal, every mountain, lake, tree, temple, city, person, animal, in the other.

I AM: All roads lead to me ...

ME: Well, I am the Way ...

# 140. Freedom

[December 21, 2020 Matías De Stefano](#)



ME: “Hear, Mortals, the Sacred Cry: Freedom, Freedom, Freedom. Hear the noise of broken chains, see the Throne of noble Equality. Their most dignified throne has already opened, the united powers of Being, and the free of the world respond, to the great Human People. Salud! ... Let the laurels that we managed to achieve eternal, let us live, crowned with Glory, and swear with glory to die... ”Today I heard the voice of the Cosmic Father reclining on the sarcophagus, and he recited the Argentine national anthem with some changed words. The Resurrection is not coming back to Life, it is remembering that you are Life, and that makes you Free ...

I AM: "I Am You and You Are Me". Every year, the Earth experiences a crucifixion, which culminates in the Winter-Summer Solstice. The cross has a vertical line with its north and south ends called Solstices, and another horizontal line with its east and west ends called Equinoxes. In the center is the Axis, the Sacred Heart. The horizontal line glows pink, while the vertical line radiates light blue. The two rays, warm and cool, reflect the beats of the Self through the cycle of time. And in space they manifest themselves in the forms of water, earth, fire and air. In the center of the world a white sun radiates that expands the 12 colors of the Rainbow, finding expansion. And all the names of the I Am resound in its colors.

I: I am the Unit, I am the Light, I am the Truth, I am the Love, I am the Essence, I am the Creation, I am the Life, I am the Meaning, I am the Way, I am the Internal, I am the External, I am Eternity ... I am that I am ...

I AM: And remember that in them the Whole is reflected, the fractals, the different parts of creation, the fragments of reality are manifested in each atom, each particle, and it does not matter where they are, if they are lost or in the full sense of their being, one day they will remember that they are not trapped in reality, but that they are themselves the great reality, the Everything and the Nothing. You will be able to say "I am that I am", and you will find Freedom.

ME: What is freedom?

I AM: In the Latin languages, freedom is the quality of "liber", which comes from the Indo-European "leudh", referring to the "people", those men and women who choose to live together, with freedom of choice. In Germanic leagues like the English "freedom", it comes from the Indo-European word "prei", related to "what is wanted or loved", those with whom an emotional relationship of affection, sweetness and flexibility is felt, without dependence, which gave rise to the word "friend" (friend), something that not only linked outsiders but also those of the family circle.

YO: So being free does not imply detaching myself from all things, links and realities to float in the void, but rather it implies loving unconditionally, in flexibility, those around me.

I AM: Freedom is not earned by escaping, freedom is earned by being. For this reason, the Cosmic Father reminded you: "Say my name and you will find Freedom", since he does not find freedom who seeks it outside. The image of human freedom is that of someone who is inside a house and feels trapped, looking in every corner for a way to open the door or a window and go out into the outside world. For the Universe, that external world is relative, because when you leave you are also in another box, which is the region or town in which you find yourself, and if you manage to get out of this, you find yourself with the limits of geography, which when crossing them it faces you at the limit of the oceans, but if you learn to sail them, you will look at the skies wanting to fly, and one day you will want to go into space, where in reality you will be imprisoned than ever before in a small metal and plastic ship with limited oxygen. Then the Universe will show you that you have always sought freedom by escaping from a previous lake, which only led you to a new prison. For this reason, the Cosmos decides to do something different: he sits in the center of the house and meditates, finding his imagination, ingenuity, and consciousness within him. And in its expansion, it recognizes itself as limitless, and sees that the house is an eternal void where it can be created, generated new spaces, constantly expanded and transformed, and it begins to find ways to get out, but not to escape but to rebuild the house. with huge portals and windows. There the being discovers that Freedom was not found in leaving a site, but in becoming the site.

ME: Sure ... that's why I have to say "I am", so if I look for the light I must recognize that I am the light, if I walk a path and have lost myself I must remember that I am the path. Freedom lies inside, in the mind, in my thoughts, in what I believe in things.

I AM: No one can take away what is inside you unless you give them the power to do so. And yet you always have the possibility and inner freedom to recover it.

ME: Today I felt that freedom... I felt in the song that I don't belong to Argentina, Yo Soy Argentina. I felt that I am not from anywhere, that I am the World, I am the Earth. I felt the Net, the consciousness of each individual who is recovering his power, his freedom, and I felt powerful and free. Like the vibration of the cobweb, its resonances have reached me. Everyone is remembering that they have been Sent, that they are Christs, and that there is no mandate in it, but Freedom. Well, no one has sent us by force, we have all chosen to come, be born, experience, be of service, it was ourselves who created our reality, and therefore, we can say that we are the ones sent by our own being, because I am the that I am.

I AM: There you find Freedom, in recognizing that it is you who decides how you feel and think, just as both decide how you act. Your Spirit, your thought finds Freedom, the first sacred cry is the liberation of the limiting beliefs, of the inherited patterns, of the old thoughts. The second cry of freedom is that of the Soul, your emotion, which finds itself free to feel, to express, to love without conditions, light of all the weight of history. And the third cry is the Freedom of the Body, your temple, your divine and biological vehicle, which frees itself from the ties of the past, to transform its actions, raise its vibration in a new frequency. The three freedoms are the Coherence that allows you to be the creator of your own freedom.

ME: I will never find freedom fleeing from reality, but I will find it in my ability to transform it.

I AM: That is why you have been sent, to transform the world. You have lived for millennia and many lives in this world, you have lost yourself in its paths, you have had hope in the unknown, faith in divinity. But now is the time to remember that you are the divinity, and that you have the gift of acting rather than waiting.

ME: So we can say "I am the Christ", and take action in the coherence of our responsibility. We are a Network of awakening Christs. Before, I thought that saying this made us feel an enormous weight, in many ways, because for many the word has a very dense historical load, or very religious, or of too much responsibility. But these days I felt the opposite. Instead of weight I felt freedom, I felt like I was expanding. When you recognize

what you are, what you live and awaken, you stop feeling weight, because the weight was only produced by the force that my being carried out in the face of opposition to what was inevitable, like a dam holding huge torrents of water.

SOY: And when the dam breaks, the weight disappears, and as it destroys everything old in its path, you discover the freedom of water taking its healthy course. It is time to break the dams of life, it is time to break the chains that we have put on ourselves. It is we alone who have limited ourselves out of fear of what we are capable of, because no one taught us how to use that power.

ME: Today more than ever I accept my Freedom, and three times I cry to the heavens and to the world so that it resounds in Eternity, that my body, my soul and my spirit are free from all oppression that I have imposed on myself, and from there, I eliminate any possibility of being repressed by the external world.

SOY: Well, when you know who you are, you are not afraid of silence, and your cry becomes harmony.

ME: The Truth will make us Free, and the only possible truth is the only real name in all of existence: I Am ...

I AM: "Hear Mortals, the Sacred Cry: Freedom, Freedom, Freedom ..."

## 141. Antarctica

[December 22, 2020 Matías De Stefano](#)



SOY: Our journey through the body begins ...

ME: The body of the Earth. On a day like today, in 2012, I started my new time contemplating the sea from the coast of Antarctica, surrounded by penguins and sea lions. I remember how difficult it was to manage this trip. Although with interdimensional help, everything always becomes more enjoyable. Since February 7, 2012, he had begun a journey around the world in the footsteps of an ancient mission called "Harwitum", the Path from North to South. When the Atlantean colony of Khem failed and succumbed to the domination of the peoples of the south of the Nile, the Arsayian priests took a verbal vow to all the apprentices, who promised to go into exile and carry the message of Divine Consciousness to every corner of the world. These were called Bakryi, that is, "Walkers", and his way (Tum) would be to carry the word to the world from the north (Har) to the south (Wi). Between February and September I traveled 6 continents and 2 oceans, passing through 40 countries. Between September and December, together with 3 other people, I toured the body of La Gran Mujer by car, through Chile, Peru, Bolivia and Argentina, holding public meetings in the squares of each city. And then the

moment came when he had to make the leap to the last continent, to the white land: Antarctica. And yes or yes it should arrive there on December 21, 2012. We waited for the new cycle, the end of one Era and the beginning of another according to the Mayan tradition. holding public meetings in the squares of each city. And then the moment came when he had to make the leap to the last continent, to the white land: Antarctica. And yes or yes it should arrive there on December 21, 2012. We waited for the new cycle, the end of one Era and the beginning of another according to the Mayan tradition. holding public meetings in the squares of each city. And then the moment came when he had to make the leap to the last continent, to the white land: Antarctica. And yes or yes it should arrive there on December 21, 2012. We waited for the new cycle, the end of one Era and the beginning of another according to the Mayan tradition.

SOY: What you did not know back then is that what you were living was a practice for what you are living now.

ME: Yeah... now I can see it. At that time each step was improvised, and therefore I had relegated to others the responsibility of getting the way I could get to Antarctica. But there were only two weeks to go, and we still had no sign of anything. So I took the initiative. It was my responsibility. So I did it. While we were driving to Patagonia, on the way to Ushuaia, I called a Chilean company that is dedicated to making charter flights to the Antarctic Peninsula. I told them: I have to go there yes or yes on December 21. They told me it was impossible, because there was a flight on the 19th that returned on the 20th, and therefore they did not leave again until after Christmas. But I insisted asking if it was possible that on the 20th they would prepare for a fast flight on the 21st, round trip. They said yes, but that the weather is erratic. To which I replied: "You take care of the plane, I take care of the weather." Clearly he must have thought he was crazy. How much? I asked for. And he said: \$ 30,000. To which I said: "ok, reserve it, in two days I will make the first deposit". They all looked at me like I had lost my mind. And I said: now I need to get 30 thousand dollars.

I AM: Everything is always paid in the universe, you just have to know who to ask, money is energy, and if you move energy correctly, the resources will be there.

ME: And so it was. In one afternoon all the people who would pay for the plane appeared, in which 6 people, 3 women and 3 men, would go to King George Island. A friend from Chile made the first payments, and everything was ready, but many things happened in between. Along the way I prepared to hand over some copper keys, the Toweilumbar, as an offering to Earth. An artisan from Córdoba had taken the mission to carry them out, but it had been hidden. The Locksmith had fallen in love with the key, for it was the first and most powerful to be forged. So he hid it so I never know about it, but I did. He could feel her hiding in the mountains. So I had to convince him that that key was neither mine nor his, it was from Antarctica, and that it had to be delivered there, and if he did not accept it, perhaps he should do it himself. So I brought him south with me. But his plane broke down in El Calafate, where they usually make a technical stop, and he would not arrive in time for our departure to Chile. While this was happening, the Ushuaia airport had closed as well as all the ships that connected Argentina with Chile through the Beagle Strait. Therefore, we had to hire a helicopter, which took us to the other side. In addition, we had to convince the locksmith to release the key, so that a pilot would bring it to Ushuaia at the request of one of the airport owners, whom we managed to convince to help us. But I also had to convince the Chilean Pilot to "pick us up" at the Puerto Williams airport since there was no way to get to Punta Arenas. After convincing all of them, The only thing left to do was convince a demon that was preventing me from crossing the Drake Pass, which led us to live an exorcism in the lobby of the Hotel in front of the tourists, until the spirit of Merlin appeared, dismissed everything, and said: I wait on the other side ". And everything was fixed in an instant. Everything at once.

SOY: A huge summary of a 2 day adventure ...

ME: Yes, there were too many things that one day I will write with all the details, because they are great. But the point was that we managed to fly on December 21 to Antarctica. Crossing the Drake Pass is like crossing a barrier of magic, into inhospitable territories where humans do not usually go, to the ends of the Earth. And as

we approached to land, the landscape reminded me of an alien world, of giant black rocks, ice, and snow. The South Shetland Islands are a group of islands between the Scotia Plate and the West Antarctic plate off the Peninsula. Many penguins inhabit them, just like sea lions. And a few bases from different countries coexist in them. Upon landing, I felt one of the greatest emotions of my life, as I stepped on one of the places that few can tread in the world. Fresh air is like nowhere else, as it is not only free from pollution, but also from humans and thoughts. He could feel as he walked there how the mind was free. The excess oxygen, which generates ozone, is much thicker and more active there, causing us to become oxygenated, which made us laugh more intensely. That day we decided to go to the Island of the Penguins, and together with these birds, on an ice altar, we did our ceremony, where we would place the last Key.

SOY: But the hour was up ...

ME: We had to run in a hurry because we had little time to be in Antarctica, only 2 hours. Arminda, who was in the group, said: "2 hours in Antarctica and I was only 30 minutes with my eyes open." We laughed, because we had meditated all the time without seeing the landscape ... We ran up to the plane, and the pilot asked: "Do you want to stay?" To which I said Yes, please. But it was a joke, and he said, "Not me, it's Christmas soon." Then, I looked out the window with melancholy and joy at the same time, as the plane scampered on the runway to return to South America. And then the miracle happened: the plane broke down. The landing gear had a problem, and the plane had to brake at high speed in a zigzag before reaching the end of the runway, which was a cliff into the frozen sea. Like a skidding car on its side when braking hard, the plane was crossed on the runway, but this did not scare us as much as the pilot's response: "I will try again." But he did not succeed. "We will have to stay, I don't want to risk it," he said. And our faces couldn't show more happiness. That's how we returned, and that day we stayed to share with the workers and scientists of the Frey Base. We went to a glacier, sang and played the guitar to the penguins on the coast, and we stayed there all December 21 and 22, until in the afternoon of a day like today, a new plane came to look for us I AM: It was necessary for you to remain to perform all the missing task on the white continent.

YO: There I received the message of the next part of the journey: Turn the Key to the Vatican, where we received the prophecy that the next Pope would be Argentine. And about the Blue energy, of those who hope to activate our potentials in Antarctica.

I AM: This continent is the strangest and most unknown of all. It is covered by about 2,000 to 3,000 meters of ice, making it the highest continent in the world on average. During the last 100 million years it has moved towards the South Pole, covering all its territory under the ice, separating itself from the warmer latitudes such as Australia and South Africa, which hid its entire life and history under the cold and icy layers. of eternal snow. The air in the atmosphere, the ionosphere, the information from the magnetic network, all of this is discharged by rain, snow, ice on its surface, trapping carbon and hydrogen from the air. In other words, everything that has happened on Earth for millions of years is registered in the largest library in the world. Antarctica could cover all of Europe in territory, but only the Antarctic peninsula has places where it can settle on rocks. No vegetables grow other than some algae or lichens on some island. There are no insects, and all the animals that inhabit it are marine. What's underneath is a mystery. Antarctica is the most sacred place that can exist on Earth, it is the Temple of History, it is the home of the Spirit in matter.

ME: It's the Crown of the World.

I AM: The White Continent represents the Crown Chakra of the Earth, and its shape resembles a brain, the peninsula being the medulla that comes from the cerebellum, which is West Antarctica. Cerebellum and Brain (East Antarctica) are divided by the trans-Antarctic mountain range, which from Victoria Land to the Weddell Sea activates the pituitary and pineal glands (Berkner Islands). The Crown Circle is heralded by mountain peaks that surround the continent, in the lands of Mary Byrd, Ellesworth, Coats, Dronning Maud, Enderby, Kemp, Princess Elisabeth, Wilhelm II, Queen Mary, Wilkes, Terre Adélie, George V and Oates. Palmer's Land, that is

to say, the mountains and frozen fjords of the Peninsula, are reminiscent of the jewel that adorns the crown, standing out above the other peaks. And at its center, the great layer of eternal Ice,

ME: It's like hearing and feeling Eternity. There is nothing else, no thoughts are heard, there is no confusion, it is all clarity, like the sky itself. The cold invites you to go inside, to find inner warmth. Antarctica is where I felt in eternal peace and happiness for the first time in my whole life, because I felt that I was in the cosmos, in the great library of the universal akasha, where there was so much information, there was nothing to wait ... just silence and freedom.

I AM: You will recognize, then, that Antarctica is the Crown of the world's physical body, and to crown yourself in this new world, you must recognize it as your King and Queen.

ME: When we set foot on King George Island, I felt it was very fitting that this very place reminded me of the coronation. But then I saw that all Antarctic regions are named after Nordic or Saxon kings, at least for the most part. That is, the crowns of the Arctic crown the Antarctic.

I AM: Antarctica comes from the Greek "anti" (opposite) and "arktos" (bear), since for the ancients, the north was under the constellation of Ursa Major, and therefore, the opposite site to that north and bear, it would be the south. This special continent is the door to all consciousness and the union of all its stories, also telling its future. Connecting to Antarctica is connecting to the true coronation of the World. The question is if we are willing to be the world and to be kings and queens.

ME: Today in the pyramid appeared Melchizedek, the King of Justice. He told me: "The King's Bara is his Axis of Coherence. A King has no power if he has not found him within. That is why now you are ceasing to be a caterpillar, to fly like a butterfly. This is the transformation from unconscious power to conscious power." He made me kneel before him, and he placed an icy crown on me, in the shape of Antarctica, with its peninsula on my forehead, pointing upwards, like the cross, the axis, the jewel. I felt tired, but purity, I felt that my mind was refreshed, released ...

I AM: The Coronation of the King of the New World, thus begins this new cycle.

ME: The King is the Being, the Axis of the Essence ...

I AM: But only those who recognize the responsibility of being Crowned will be crowned by the Earth. You took your responsibility, and now you have received the attributes, Anointed by the Axis of the World.

ME: I do not recognize any other crown in any kingdom on Earth, since the greatest crown of all is that of my Mother Earth and that of my Father Sky, and both are united in Antarctica. I do not recognize any external power if it does not recognize its own internal power.

I AM: The Kingdom of Heaven is one of those who remember that the King is the Axis, and the Axis of the World is the Arctic and the Antarctic.

ME: Thus begins my journey of recognition of my Earthly Kingdom, from the full consciousness that the World is the manifested Divinity, and that all times and spaces live in the memories of my Crown.

I AM: This is the crown of the Lady in Blue, the Blue Pearl, the Blue Earth. From space, you are the Celestials, and finding your axis, you will be the true Kings and Queens of the World.

ME: I am the King of the World, and my Crown is the Purity of Antarctica. And as the teachers told me: "Everything starts and ends in Antarctica."

SOY: You are ready to go home ... now you can fly ...

## 142. South America

[December 23, 2020 Matías De Stefano](#)



ME: "I go out for a walk, through the cosmic waist of the south, I tread the region, more vegetal than the wind and light, when I walk, I feel all the skin of America on my skin, and a river walks in my blood that releases in my voice, its flow ... Sun of high Peru, face of Bolivia, tin and solitude, a green Brazil, kisses my copper and mineral Chile. I rise from the South towards the entrails of America in total, a root of a cry destined to grow and explode: All voices, all, all hands, all, all blood can be a song in the wind. Sing with me, sing, American brother, release your hope with a cry in your voice. "

SOY: The body of America in your skin ...

ME:... On my skin. Today the teachers reminded me of this song, "Canción con Todos", and made me sing it. And a shout said "noqa inka pacha-kunan". Their voices made me feel all the Andes from the south to the north. I have never felt so much South America in me. I was born in South America, but I never felt from there.

SOY: Why?

ME: I do not remember any life on that continent, it is my first memory there, it is the first time that I step on this continent in all my history on Earth. I've always been to Africa, the Middle East, Asia, feeling like I've ever been through Oceania and North America, but mostly I've been to Europe. South America and Antarctica are the two that I had never set foot in, and in this life I was not only born in one of them but I have been able to visit both.

SOY: It has its logic.

ME: What?

SOY: May it be the first time in history that you are born in South America.

I because?

SOY: Because you must see it with the eyes of the New Time. Your link with this continent must be clean of the preconceptions of the past or of feeling rooted, otherwise, your mission would be with personal intentions, with the perspective of those who defend or live for theirs. But it is not what you feel with South America.

Beyond being born there, you look at the continent from afar, with another perspective, not from the one who is proud of his land, but from the one who observes it with its potential and its defects.

ME: Yes... exactly. I know that my life mission is there, in Argentina, in the South American town, but my being reminds me that I must look at it from other continents, to unite the people from another place. I always felt a bit strange to think that I felt almost a deserter, as if, even knowing that my mission is there, I chose to leave, to get away, feeling that when I left the continent I did it to return home instead of leaving it. I never missed Argentina, I never missed any South American place, and yet my whole being feels a great responsibility and duty to the continent.

I AM: South America is one of the three powers of the Americas. The three tectonic plates of North America, Central America and South America move as one, a sacred trinity. The Eagle, the Quetzal and the Condor, with their three Eyes, which replicate the great constellation of Orion from North to South: Salt Lake (Utah), Lake Cocibolca (Nicaragua) and Lake Titi Kaka (Bolivia-Peru). We usually see the world from north to south, taking Antarctica as the base, as our vision and human and not divine. Instead, when we see the world from the vision of the Spirit, everything is turned upside down. Everything begins with the Antarctic Crown, and from there it descends to the Consciousness of the Third Eye, in Titi Kaka, the key center of the entire continent.

ME: Today I felt how the Kundalini, for the spirit, is exactly the opposite of what we usually activate. If for a human or living being the life force arises from the root chakra lighting the fire to transmute the being to the spirit, for the latter the path is reversed, lighting its fire as the Divine light in the full consciousness of Antarctica, and descending to through the Vision of South America ending his journey in Africa after passing through all the continents. The spirit descends into matter in this way, from the crown to the root.

I AM: For this reason, to look for that heaven on Earth, you have to contemplate the depth of material things instead of visualizing the celestial things in the distance. Your mission in South America speaks of a new Vision, of enabling Antarctic information to be manifested in reality. The task of every conscious being is to fully experience the spirit in matter, here and now, in the temple of the body, and this requires a change of vision. For this reason, the task of a new time guided from the full consciousness of the I Am, can only occur from South America. However, the Earth is a body, and the eyes do not function without the help of all other organisms. That is why you do not look proud of being South American, because that would make you think that the eyes are more important than the rest, when they are supported by the other organs.

ME: Many times I have heard that South American pride that I have not felt in other continents. Perhaps it is something that tries to unite a people that was totally subdued in a very short time of history, only 500 years. And it's only been 200 years since they have gained independence, led by almost the same people in every country. Except for Brazil, the rest of the countries were led and liberated by only two people who promoted the independence, San Martín and Bolívar. Of course, Paraguay, Uruguay, have had their own stories different from the others in relation to their independence, as well as the Guyanas and Suriname, which in a certain way remain colonies until today. Perhaps this recent history has brought people together in a certain way by having the same parents even though we are all so different. Removing the Guyanas, Suriname and Brazil, we all speak the same official language, which unifies us as a great nation divided into different states. But at the same time, this nation is fragmented by the history of the original peoples, who in many cases still demand the freedom of their nations, with all rights. Today I felt several ancestors speaking in their tongues, saying firmly that soon they must all be summoned to meet again. South, North and Center, in a communion to start the new one. Eagle, Quetzal and Condor must once again fly together, and in this new era of Aquarius, the Air will allow them to take flight and their voices to be heard.

SOY: South America is a people with deep roots. Its natives were the first to arrive and settle on the most distant continent, and the last to be conquered. In relation to the history of the Earth, South America has been the inhabitable continent that has been inhabited by humans the least time. Its roots, then, are pure, its

consciousness is cleaner in nature, there is not as much weight as in other continents, since its greatest pains and traumas do not exceed 400 years.

ME: Despite its ancient wisdom, it is a young territory ...

I AM: That from your past, you can create a future. Both Europe, Asia and North America have had a long history of adaptation that has forged their long-term ways and structures, making their historical flexibility an uncompromising and systematic quality. Oceania has largely lost its ancestral strength, subdued by the European. Africa has succumbed like Asia to the great monotheistic religions and imperial powers. But despite the subjugations experienced in South America, they have not lasted long enough to kill the ancestral spirit, which remains flexible between nations. That is why your mission is there, because by recognizing the power and consciousness of the world, you must return to South America and unite the roots to connect them with the branches in the great Tree of Life. There is the Vision of the Third Eye,

ME: When I traveled through Chile, Peru, Bolivia, Uruguay and Argentina on the Camino de la Gran Mujer, in 2012, I could feel in each square I went to, the unity between the peoples collaborating as one to transform that vision. In 2017, traveling all the Andes to Central America, I realized that I crossed all this land without consciousness, as if I wanted to leave there, because I was not aware of what it would mean to me. Although I have never lived there and no emotional ties bind me to this continent, we do share the same: Consciousness, the Third Eye, the expansion of Vision. My mission is in this continent, and I know that when I return I will look at it with different eyes, because now I know who I am and what my mission is there.

I AM: South America must guide the Light of the New Consciousness, promote the awakening of the Nations to the new Aquarian systems, in which the new is united with the ancestral, in which the spirit lives in peace with matter, in which the originals and their networks once again have a say as the children of the future. That will be the South American Re Evolution of the New Age of Aquarius. When you return you will see them with different eyes, you will recognize yourself in them. You will go to the last of the silver beaches, where the Lighthouse at the end of the world will light Tierra del Fuego, illuminating the creative force of Father and Mother in Patagonia. Ascending the volcanoes and fjords of the south. You will be the Condor of the Andes, observing the cosmos from the Great Eye in the Rock of the Puma, singing to each tree of the Amazon as you caress the grasslands of the pampas, crossing the equatorial bridge towards the trinity of greater Colombia, the Triune Flame of transmutation that warms the Caribbean. Well, to be the Consciousness of this world you must see through the eyes of the continent that it embodies.

ME: I must say... I am South America... and so will the consciousness of the world be...

I AM: You are all cells of the Earth, you must all remember the force of the Mother that lives in you. When you remember that this continent does not belong to the South American countries, but to each living being that seeks the awakening of the new time, then you will be able to see with the eyes of Pacha Mama. Feel all the skin of America on your skin, become this continent, and release the flow of this New Nile ... The Amazon and the Paraná await resurgence in the consciousness of every human.

ME: I know that my home is not South America, it is Earth, and to return home is to remember the Vision... I see. By becoming the Vision is that we can guide in balance. Where black and white turn Gray. Egypt will say, with the strength of Africa, the first mother, it will invite us and summon us to become the New Mother in South America, the one that will open our eyes to a new Reality.

I AM: Become South America, and you can See Everything.

ME: I open my vision, I am the Eyes of the Earth.

I AM: And your eyes will shine like Beacons that will guide New Time.

ME: I am the Light.

## 143. North America

[December 24, 2020 Matías De Stefano](#)



ME: "I feel when I walk, all the skin of America on my skin" ... that's how I felt again today. The current of energy and vital fire of the Earth that crosses the Andes, is divided in two in the territory of Gran Colombia, taking a path through the Central and Western mountain ranges of Colombia heading towards Panama and all of Central America, and another through the mountain range East towards the Venezuelan Andes that make up the Antilles from Trinidad and Tobago to Cuba, entering through Yucatan, and joining both in the center of Mexico, in the belt of fire of the Father. That's where North America begins.

I AM: The Italian cartographer Américo Vesputio was the one who, in the 16th century, cataloged this territory as a new Continent, since until then, all the conquerors, such as Christopher Columbus, considered these lands as part of Asia and India, of there that Native Americans are mistakenly called "Indians." When it was recognized that it was not part of Asia, it was named America in honor of its explorer. The name "Américo or América" comes from the Latinization of the Nordic Germanic name "Haim Rich", which means "Powerful House", or "Rich Country", which in Spanish derived to the name Enrique, and in English to the name Henry.

YO: Clearly they chose the name well, because all the wealth began to come from the Americas ... I would never have imagined that I lived on a continent that could easily be called "Enriqueta" in Spanish ... I have heard many speak of the name America as an acronym for the Anglicized "I Am Race" (I Am Race). What would it mean?

I AM: Humans came to the Americas by two roads about 20,000 years ago. In the south, sailing between the islands of the Pacific, through Polynesia until reaching Peru and Chile. And on the other side, through the Bering Strait between Siberia and Alaska. Although around the same time, some Atlantean explorers arrived in Central America from the coasts of Africa. For more than 15,000 years, the peoples of the Americas diversified into different climates and geographies, from the Selknam in the extreme south, tribes living naked in near Antarctic climates, to the Inuit, in the extreme north living in ice houses called Igloo. Most spread in the form of tribes, communities, led by shamans, spiritual leaders who spoke with nature. But others took the form of nations and even created their states and empires, like the Tahuantinsuyo, the empire known today as Inca, and the Aztec Empire in Mexico. The Mayans created their system like the Greek, in city-states that interacted with each other. And many of them, after the end of their era, moved north, creating the Navajo peoples, the

Redskins, the Hopi. In some cases there were wars between them, and there were many subjugations on the part of the great peoples before the small nomadic and sedentary groups. Then the Vikings arrived, and this opened a route with Europe that would leave the path free for others to discover the way in a few years. 400 years later, Europe began to look for safer routes to reach Asia and continue trading with India, China and Japan, bringing spices, fabrics, food, raw materials to the Mediterranean, But due to the instability of the Middle East, some sailors, explorers and cartographers proposed to circle Africa, which would take a long time, and thus the idea arose of launching into the abyss to the west, where perhaps there could be another way to the Asian continent. In this way, the Europeans discovered a continent that already had its own human history for 15,000 years. Seeing its potential, they set out to exploit it. But the natives were very difficult to control, and very weak to the common diseases of Europe, so they died very easily. Because of this, they saw no option but to bring slaves from Africa and European workers. They filled the ports with Africans, and with the few natives who could survive. Blacks, Reds and Whites began to mix with each other, creating mulattoes, Creoles. The epoch of the expansion of colonization began, in a battle of the Metropolises to get rich, which led to battles between empires, dividing the continents like a cake. South America was cut in two by the Treaty of Tordesillas, a part for the Kingdom of Portugal and the largest part for the Kingdom of Spain, which would go from the Colorado River in the Viceroyalty of the Río de la Plata, to the north of the current states of California, Nevada, Utah and Colorado. France would take its colonies to some of the islands of the Antilles, crossing the entire Mississippi River from Louisiana to the Quebec River in Canada splitting North America in two, fighting for sovereignty with the United Kingdom, which made its way throughout the North American East. In the creation of the first states, cheap labor began to be brought in from Asia, India, China, Pakistan, which made Greater Mexico an Asian settlement. The conflicts between the Metropolises brought the wars to European territory, weakening their firm presence in the Colonies, which led them to begin their independence. The first island you discovered did it first: Haiti. And after her, the others followed. In the North the United States, Mexico, and in the South, Argentina, Peru, Colombia ... The freedom of these nations generated Republics, which made all the freethinkers of Europe immigrate to the Americas, now being the land of freedom and freedom. opportunities. People of all nationalities flocked to the new countries, of different languages and creeds, seeking freedom. The races began to find their rights, and everyone could begin to live their American Dream. All the races began to unite, as if they were one, and the 3 Americas became a kind of melting pot of races of the entire world living as one. History made this peaceful continent the center of attention of the world ... "All Voices all, all hands all ..."

ME: "And a river runs in my blood, which releases its flow in my voice."

I AM: The concept "I Am Race" refers to the fact that the Americas are the center of unification of all humans, of all voices and their consciences, as one. I Am One. North America is the Voice of this Being. The North American continent represents the Voice of the planet, the Throat or Throat chakra. The voices of ancient peoples, thousands of years ago, used to come together in Central America, belonging to Mexico, where walkers from the south and the north met to discuss the future and their interactions. In the present and last 200 years, the United States and Canada fulfill this role, in which the States have become a kind of word for the world.

ME: It is very normal for Americans to say that they are "American", without taking into account that all the countries of the Americas are American. I remember a friend from California who told a girl on a plane in Argentina: "I am American," and the girl replied: "Me too, I was born in America. What country are you from?", And my friend insisted... "America". And the girl said: This is not a country, this is a continent, we are all Americans. "Well, I'm an American," he told her. And the girl asked him: "From what country: Canada, the United States or Mexico?" My friend looked at me and said "In my 65 years of life I had never realized that I never said the name of the country where I am from, and a 10-year-old girl just taught me." Sometimes, we tend to think that when we talk about North America we are only talking about the United States,

I AM: There are 3 beings on the North American Continent living together under the powers of the states. An elderly Wise Father, we call Mexico, with his feet in the Central American volcanoes, his knees in Yucatan, sitting with his tailbone in Jalisco, his back along the Gulf of California, and his right arm in the peninsula,

while the left takes him to his heart in Chihuahua, under his head in New Mexico. His crown of feathers, his soul, decorates the Arizona desert, activating his spiritual crown towards the skies in Utah and Colorado. The second Being is the Great Cow. The Wise Father is lying on the Audhumla Cow, from Norse mythology, the one who created the universe by melting the ice and discovering Búri, the Wise grandfather of all the gods. The United States is the Cow that gives milk to creation, that nourishes with opportunities, that is opulent with infinite wealth. His roar is the song and voice of all his children. His example brought freedoms, rights, art, freedom of expression, stories, music, and everything he touches he launches into the world with propulsion, with strength, wealth, recognition, taking voices to the farthest reaches of the world, to every corner of the planet. The third Being is the Bull, the Buffalo, represented in Canada. Back to back, the Cow and the Bull are united, but he looks north, walking on the ice. Canada is the White Buffalo, who, from the magic of the north and its lights, delivers wisdom to the peoples of the Earth.

ME: This continent, then, is the one that is destined to the Message, to give the word of wisdom, by allowing the messages to flow freely, whether they are a song or a cry, and that coherence is manifested in order and freedom ...

I AM: And I remind you again, it does not mean that nations and states fulfill their purpose of what that territory represents, because human minds are distorted. The countries maintain in their essence the character of the territory, but in their greed, in their imbalance, they disrupt its being, corrupt its essence, turning wisdom into distortion and truth into a lie. For this, you must not judge the earth or its nations, but you must be fair in helping them to remember their essence, and they will know it that way ...

ME: If I become North America, I will have the strength of the word of the Earth, I will be able to bring my voice to the world ...

I AM: Contemplate and feel this continent, its films, music, ideas, stories, freedoms, artists, philosophers, natives, wise men, everything that arises from there will be expansion: become this earth and your voice will be heard throughout the cosmos ...

ME: I am North America!

I AM: The Truth will set you free ...

ME: I am the Truth.

# 144. Europe

[December 25, 2020 Matías De Stefano](#)



ME: The Sun is making its way north again today. And this morning there couldn't be a better way to receive it. 18 Walkers joined us today at the Pyramid. One for each petal of the Flower of Life. Twelve representing the nodes of the Earth, Two in charge of the North and South Poles. Four representing the pillars of the Elements, earth, fire, air and water. And I, the number 19, the center of the sphere, connecting the network of all its points and hearts. Our task today was to celebrate the rebirth, but not just any one as in every year, but a special one, the first rebirth of this new time of 200 years of Air.

I AM: All the masters chose in their path to be reborn this day, and there are rebirths more important than others, although they are still fractals among themselves. On December 25, the Christian world celebrates the birth of Jesus Christ, however, the reason why it does this day is very different. The terrestrial year is divided into 12 solar months that are arranged in 4 general periods called "seasons". Two of them are known as Equinoxes (of Spring and Autumn), moments in which the axis of the Earth is balanced, and that and west are aligned to the same extent, therefore, "equal", that is, "aequus", origin from the word "equity", and thus "equinox." The other two represent the moments in which the Sun remains on the horizon and remains still, stopped, stable for three days before moving again. The perception of this movement refers to the fact that the sun is peeking at each dawn a few degrees to the south or north each day. When it reaches its maximum displacement in these extremes according to our point of view, the sun seems to stop for a few days before returning, returning. For this reason, "Stable Sun" gives rise to "Solstice" (Summer and Winter). These 4 stations are the Cross, the crucifixion of the Sun, since the 4 refer to the positions of the sun in Heaven. The 12 ends of a sphere, the portals of the dodecahedron, speak of the 12 thorns of the divine crown, nailed on a fixed axis between North and South. December 21 is the Winter Solstice for the northern hemisphere, which has marked in the cultures of North America, Europe, part of Africa and Asia, the idea that that day the sun has reached its maximum in the south, moving away, living the shortest day, but thus announcing the return of the long days. For 3 days it remains still, on the axis, on the cross, and is reborn to life restarting its journey towards the light on the fourth day, December 25. Thus, for all Nordic cultures, these dates represent the celebration of the beginning of the new year, where all the solar gods are celebrated, as their brilliance resurfaces.

ME: And Christians took this idea to say that it was the birth of Jesus the Christ.

I AM: The Christ is the Sun, he is the Light, and whoever represents the Light and the Consciousness in the world, will be a fractal of the Sun, son of the God of Heaven. Therefore, every representative of clarity had to receive his baptism and be reborn on the same day as the Sun.

ME: It is a pagan tradition, of the ancestral peoples of Europe, Africa and the Middle East ...

SOY: That's right. That is what is called Nativity, it is the return of the King of Heaven, of the Solar Christ, the Divine Consciousness. And this 2020, due to the alignment of Jupiter and Saturn on the day of the Solstice, this birth is very special, because it remembers that the Earth is crowning itself as a single being.

ME: There were people who asked me what was the relationship of this day with Odin, the Norse god.

I am the same. All the Solar Gods, or Children of the Sun, like Jesus Christ, Buddha, Hermes, Krishna, Mithra, Zarathustra, and many more, remembering in turn Horus, Thor, and all the gods of light, are remembered on a day like today. In the Nordic and Scandinavian peoples, Odin was the father of all, and it was he who at this time managed to take the wisdom of the Yggdrassyl Tree, the fir, harvesting its fruits, the Runes, to give them as gifts to men and women. Thus, the image of a Norse god gave gifts under a tree on December 25.

ME: Santa Claus ...

I AM: All the stories come together in celebration of this rebirth. As you have done today. And that rebirth, must arise from the Mother ...

ME: The womb of the Mother, but above all from her Heart.

SOY: And that heart is Europe. The heart chakra of the Earth ignites in the rugged geographies of this pulsating continent.

ME: Today I could feel Europe in my heart, beating... I felt all the old mothers singing with their voices inside me, gesturing like everyone else on the Web. I could feel their mantle of stars and the wind that blew in their song. Today we had to align all the hearts of humanity with the heart of the Earth to activate the crystals that we will sow in the world. Sometimes I feel Europe as an elderly mother, like the Grandmother who tells us her stories, who bequeaths us her mandates. When I set out to activate my heart to unify to everyone's beat, I could feel the beat of every human in the world, pulsing towards the heart of their own territories, of their own continents, and then all those beats heading towards the heart of the Earth, Europe. There, in its heartbeat, I feel at home.

SOY: It's your house. You are the Recorder, the one who registers the memories and connects the members scattered throughout the world, "re-cordis", from the Latin "return to the heart." That is why your being needs to link everything to Europe, because your home is the Heart.

ME: Wow, I've never seen him like this, now I understand why. I was born in Argentina, in South America, and yet I don't feel at home there, I just feel my purpose, my life mission. However, when I step on Europe, I feel at home, at home. Many times I thought I was almost a deserter, turning my back on my land ...

SOY: But actually your land is Earth. And your home and real purpose is to Return to the Heart. You feel the inevitable call from the heart of the world.

ME: Why is Europe the Heart?

I AM: It is a small continent between the Throat of North America and the Plexus of Asia, connected to the pulse of sexuality and love for the creation of Africa. It is a continent that every people it has touched has struck the world. The Atlanteans managed to expand to the world after touching Europe; the Indo-Europeans, Phoenicians, Greeks, Egyptians, Jews, Romans, Vikings, Saxons, Gauls, Iberians... all of them expanded to the world, forging the foundations of the global culture that today unites them all. Beyond the cultural riches of the other continents, the strength and power of Europe catapults cultures to all ends of the Earth. Christianity would never have been a global religion if it had not touched Rome, Islam reached its greatest expansion and social advance at the time when it touched the entire Iberian Peninsula and the Mediterranean islands. China expanded

thanks to the Silk Road with Europe. The peoples of the Middle East and Egypt were resurfaced by the social and economic policies of Greece and Rome. Colonialism spread the blood of Europe to every continent, to every extreme north, south, east and west. Wealth expanded from Europe and contracted towards Europe, like a heartbeat. Languages, arts, sciences, technological advances, revolutions, renaissance, architecture, philosophies, religions, all were propelled from Europe to the world with force.

YO: I know that for many this pulse has been painful, because it has been carried out with imperialism, domination, control, submission, and many are resentful of Europe for this history ...

I AM: Because a heart out of its Being, out of balance, is an invasive, conditional, controlling heart. Like someone who falls in love believing that jealousy is the best sign of love for the other, possession is the way to relate, invasion is the way to show that you care. A heart outside its center, does not love, wants. And Europe has been experiencing a great emotional imbalance, in which instead of Loving, it manifests only the Will. And if he cannot want in freedom, then he conquers.

ME: It makes sense to see him as an emotionally unbalanced person rather than as oppressive imperialist nations or states.

SOY: That is why Europe must find its balance, return to its own Heart. Feel him ...

ME: I feel him, on my skin... on my own body. My head is Iberia, with Portugal as a face. I feel England on my right arm and her empowered hand is Scotland, feeding the Dove of Peace, the Holy Spirit of Ireland, while on the other side, on the left, Italy stretches out, holding the trinity in Sicily. Both arms emerge from the chest that is France, and I feel the soft beat of my heart in Switzerland. My pancreas under the diaphragm and to one side of the gallbladder are spread in Holland, Belgium and Luxembourg. In my stomach it produces Germany, with the intestines in the plains of Hungary and Slovakia. The ovaries in the Czech Republic leading to the uterine womb in Poland. Behind, the liver in Austria, and the kidneys with their adrenals in Slovenia and Croatia. The Pyrenees mark the cervicals, while the Alps draw my spine. The Carpathians and the Dinarics draw the legs, ending with their feet in Greece and the Crimea. To the north, a child is born in Denmark, threatened by the Dragon of Scandinavia, the Illumination of the planetary Kundalini, spreading its wings in Western Russia to the Ural Mountains. And his whole body beats in me. His strength is the Heart of the Mother. And his Crown of the Sacred Heart is raised in Iceland.

I AM: Europe reminds us that the world must remain in one Union, the unity of the heart, but it will depend on its balance and love for it to become a Conditional Oppressor Empire or in Fluent Unconditional Freedom. And to make Europe beat, you have to make humans find that beat. Beyond the countries, feel the territories, their mountains, rivers, plains, seas, islands ... in their beauty lies the magic of fairies, wizards, witches and druids. There is the magic of the heart, hidden between states, between revolutions, behind world wars, economies, borders. Look at Europe behind Europe, and you will see the Heart of the Mother. Unite the hearts of each human to the beat of this continent, and you will feel the beat of the World.

ME: Just remembering the records of this land is enough to feel the heart, and make the "want" become "love."

I AM: I am the Heartbeat of the World ...

ME: I am Europe! And in it is the home of my heart, there I will find Love and my heart finds its axis ...

I AM: I am Love.

# 145. Asia

[December 26, 2020 Matías De Stefano](#)



ME: The Pyramid was chaos. Today we woke up with bad news, because the people of Giza, the inspectors had gotten angry because some videos of ours had been uploaded doing meditations, when they are prohibited in the pyramids area. Today's inspector, who plays every weekend, is probably the only person I haven't gotten along with, and he hates me. It doesn't let me stay more than 5 minutes inside, even if it takes 5 minutes just to go up. The guards were warned not to help me, and inside the pyramid there were so many people screaming and scared of the sac, as well as going down the stairs, that today seemed to be a disaster. I thought: "what a terrible day to connect with the Solar Plexus, just the I Am chakra." I had to ask people not to join me today, so as not to disturb or attract attention. Inside,

SOY: And then ...

I saw it. He crossed the east wall of the King's chamber, and headed towards the center of it, among the people who walked erratically there. With his both hands he placed his staff in the center.

I AM: A high priest ...

ME: Painted with blue face and covered in dyed rags, serious. He glanced at me, and gave me to understand that I should go to him. I did, and I stood in front of him, very close. He made me take the cane, and we held it between the two of us with our 4 hands. "The Axis is the I Am," he said, "And the I Am is trapped." Then he said three words: "Forbid, inhibit, inhibit." I felt exactly what was happening to us. They were forbidding us to fulfill our task, we felt self-conscious about being what we are, while they inhibited our will.

SOY: "Hibir" is a late formation of the Latin verb "habere", which means "to have, to hold". The prefixes "Pro-" (towards, forward, forward, remove from one place to another), "Co-" (with, set, union, all) and "In-" (in, inside, inside), give the character or intention of how you take, grasp, hold something. Prohibition is the action of preventing something from being done or having in this here and now. Self-consciousness is the action of taking all things and pressing them under the same force, from oppression. And Inhibition is the action of holding inside what wants to be expressed, repressing them, under pressure. What do you have, what "habeas" in repression?

ME: The essence... the Self. The instant he said these words, I saw myself standing on the highest peaks of the Karakorum, on its snowy peaks. I looked around, and all I saw was pressure, oppression, repression ... Chaos, conflicts, war, inconsistencies, I saw the most sacred place in the world plunged into shadows, I saw the strength and power of the Being subjected to the prohibition of showing such which is, to be inhibited by repressive forces, to be inhibited from showing what lies within. And I could see this pressure from geography and from humanity ... I was in the center of the I Am of the Earth, on the roof of the World, and still, I felt in the very hells of Being.

I AM: Asia.

ME: The biggest continent of all. A Continent is so called because it precisely contains many things. But if anyone contains in this world it is Asia.

I AM: The Asian continent was named after the Hellenic Europeans of Greece, who had as neighbors the Assuwa peoples of Anatolia, present-day Turkey. From this moment, everything that was found to the East of the Aegean Islands would be called "Asia", a Hellenization of the name of its eastern neighbors. In time, it would be discovered that this continent was too large, and the area of Turkey and the Middle East would be renamed Asia Minor. The truth is that Asia Minor is a set of small plates arisen by the pressure between Africa and Asia, ancient islands that were united forming mountains and valleys. But Asia begins at the outer limits of Iran, skirting the Ural Mountains north from the Caspian Sea; encompassing Greater Stan, India, Southeast Asia to Indonesia, China, Japan, the Philippines, and Siberia.

ME: But India was not really Asia, that is, it does not belong to your energy ... Why now?

I AM: India is a plate connected to Australia, which comes from the southeast of Africa next to Madagascar, moving at great speed towards the north. Following Australia's displacement, these two territories pushed up the Indonesian mountain ranges, forming Sumatra and Java, with all their islands from Myanmar to Papua. But India, unlike Australia, did not stop so easily. To the north of India existed the ancient sacred sea of Thetis, and its speed or locked in the center of a continent in formation. The sea dried up leaving a desert in the center of great lands, and India began to sink below Greater Asia. His force raised the floors of the sacred sea towards the heavens, creating the Himalayas, and making the sea the highest point in the world: the plateau of Tibet. Between the Taklamakan Desert and Tibet are the highest peaks in the world, from Makalu, Lhotse, Everest, Cho Oyu, Kangchenjunga, Manaslu, K2, Broad Peak, Gasherbrum to Nanga Parbat. India became Asia, immersing herself in her, merging into her energy as a lover, and still maintaining her own originality of a great island wandering in search of her Great Love. Between 3 tectonic plates, the benevolent dragon of Japan rose between volcanoes in its 4 islands, in the same way as the southern dragons in the Philippines and the southern countries. Sumatra became the gem that changed humanity. The eruption of the Toba volcano prompted the evolution of humanity, separating the Australian and Pacific peoples, and driving the great migrations eastward through the Pacific, towards the Americas,

ME: Asia molded the human we know today... It made him Ser.

I AM: Asia was the continent that made the human see his potential, that told him: This is you and you can do everything that arises from you. It is the continent that reminded men and women of power.

ME: The first shamans, the fathers of shamanism of all the Americas came from Asia ...

I AM: Specifically from the Gobi desert, Mongolia and the Siberian territory of Lake Baikal. There, the Sacred Woman descended from the Rainbow and taught men and women how to become nature and thus be like the gods. The woman was the mother of all shamanism, of all magic, because the memory of the Cosmic Mother beats in her womb. Asia reminds us of the philosophy of Being, of becoming the Earth, of seeking the Way, the Tao, balance. The entire continent is related to the digestive system. To the Plexus. The great Stan, that is, the great Earth, incorporates the countries of the Liver: Kazakhstan, Tajikistan, Uzbekistan, Kyrgyzstan, Afghanistan, Pakistan, Turkmenistan. There, the unprocessable, the pain, the conflicts, the anger, the anguish are processed ... China processes food, being the Stomach, which helps to digest the information, to understand the importance of what is consumed in each of the physical, emotional and mental bodies. While the Pancreas seeks the illumination of the Being, the I am, in Tibet, and the countries of the Himalayas. India, the large intestine in its mountainous contours, and the small one in its interior, is the territory of the absorption of all the nutrients and the waste of what is not good. There, beings are processed by cleaning everything that is not useful, that which covers appearances, to discover the essence. Japan regenerates the blood being the spleen,

and Siberia the diaphragm that drives us to meditation ... and the thin inside, is the territory of the absorption of all the nutrients and the waste of what is not good. There, beings are processed by cleaning everything that is not useful, that which covers appearances, to discover the essence. Japan regenerates the blood being the spleen, and Siberia the diaphragm that drives us to meditation ... and the thin inside, is the territory of the absorption of all the nutrients and the waste of what is not good. There, beings are processed by cleaning everything that is not useful, that which covers appearances, to discover the essence. Japan regenerates the blood being the spleen, and Siberia the diaphragm that drives us to meditation ...

ME: However ... today it's not like that ...

I AM: Prohibition, Cohibition, Inhibition. The Continent that must represent the I Am is the continent that prohibits the I Am, that represses it. Its origin has prepared the philosophical and religious foundations to do so. The Tao, Tai Chi, Bon, Kung Fu, Hinduism, Buddhism, Zoroastrianism, Sikhism, Shamanism ... In turn, the great number of religions and visions of India, gives rise to so many paths that the essence begins to get lost in patterns that they appear freedom. The stomach stopped processing Beings to process matter, prohibiting the inner search, inhibiting those who look inward, turning into a state of Popular Repression. And Tibet, subdued, silenced its heavenly voice, it could no longer smile at the Buddha, it could no longer pursue enlightenment.

ME: Asia is the reflection of what we do with the I Am in our lives. Consuming things from the outside world, filling ourselves with food, ideas, emotions, relationships, without looking inward. Judging those who are free, criticizing what is different, appealing for "normality", subjecting the different, repressing freedom of expression, hiding who we are out of fear, shutting up our truth for the search for acceptance of our neighbor and sometimes not so neighbor . The I Am of the Earth is repressed ...

I AM: Humanity represses the I Am because it fears being Free, it fears what it can do with its power, and some fear the power they may lose if others gain it. But I am not talking about states and countries, but about relationships, about giving up power, control over others, dependency, jealousy, and possessions. Asia is connected to Europe, and if your heart says "I want", Asia will seek to love, please you, "full belly, happy heart". Humans have taken the potential of the I Am to create the philosophies that guide towards being, but then they have lost the axis, they stopped seeing their own being to look at the other, to conquer the other. They lost the axis in competition and populism, and summed up the two worst evils in a single system: "communist capitalism." This drove the plexus cells away from his Being, turning him into a pancreatic cancer.

ME: What to do?

I AM: Return to Being, to Essence, not to be afraid to say who you are, what you are, what you feel. To act according to your thoughts and emotions. To be consistent with your life, and in each of these acts remember that throughout your digestive system, in your plexus, the radiant Sun of Asia shines.

ME: Not being afraid of Shiva, in the mountains of Karakorum, on Mount Kailash, reminding us: "Sometimes to create, you have to destroy." When I heard this I felt pain, I thought... what need ?, but then I realized why the destruction. It is not necessary, what is necessary is the transformation of the Being, and if beings become rigid like a stick, there will be no choice but to bend it until it breaks to allow the transformation. Therefore destruction is an option for rigid patterns that stagnate the being in its evolution.

I AM: This is why Asia suffers, because it has rigidified the Being, and the Being seeks its essence in the transformation of itself.

ME: I feel Asia in me, and I recognize her fractal awakening in me its transforming force. Raising my deepest seas towards the highest skies, recognizing the paths that it has created to discover my own being, the truth in me.

SOY: It is time to regain power. Transcend the prohibited, overcome the self-conscious, release the inhibited. There you will discover the strength of Asia in you, recovering the Being you hide.

ME: I am Asia.

I AM: I am who I am.

## 146. Oceania

[December 27, 2020 Matías De Stefano](#)



ME: The first time I set foot in Oceania was in March 2012. We flew from South Africa, and had just started the Harwitum Trail the month before. The emotion that stepping on those lands produced in me was due more than anything to its geography, to its remoteness from the rest of the world. I always loved looking at maps, I can spend hours looking at the contours of the Earth, its coasts, its islands ... sometimes when observing him I feel like someone who is in love, contemplating the skin of his lover, caressing each contour, feeling how silky it is. in its forests, and its beautiful wrinkles decorating its body of experiences. Those who have lived a long time on Earth sometimes naturalize the world itself a lot. And in many cases, those new to it are so scared of its pressure that they want to go back to the stars.

I AM: I remember the first time I saw Earth ... "The Blue Pearl", they called it. A soul mentioned her once. I was making records of other dimensional systems, and someone brought me new data. "Projects of the Sun in Sector 3 linked to Sirius", I can humanize the message today, when in reality it was an endless list of numbers. I opened the registry, and saw it. It was barely in a period of development, something you call Carboniferous today, during the Paleozoic era, about 360 million years ago. At that time, the tectonic plates moved very easily over a thin layer of crust, navigating over the magma without much opposition from any force, which generated the period of the varisca orogeny, at which time the islands began to collide, uniting, drying inland seas and forcing fish to surface, giving rise to the first reptiles, who would inhabit the first great continent in history: Pangea (from the Greek: all lands). Leaving around it a great Ocean: Pantalasa (from the Greek: all the seas). All the mountains that we see today worn and eroded, such as the Urals, the Appalachians, the mountains of eastern Brazil, the mountains of northeast Africa, and the massifs of Australia, were in this period the highest mountain ranges in the world, as today the Andes and the Himalayas are. I remember that that was the first moment I saw the World. Millions of years later, I heard the term "Blue Pearl" again, from the evolutionary records of Arcturus, who were investigating the genetic modification of species. Due to conflicts generated in

the portals of Orion, The aim was to generate a kind of Ark where to protect genetics in case many disappeared. Back then, this world was known as "An Ghi Lu Sa Ha". But humans as we know them today did not yet exist. Homo Sapiens was in formation, and the climate change caused by the eruption of the Toba volcano, separating the peoples of Southeast Asia and the oceanic peoples, leaving the most ancient humans isolated for more than 60 thousand years, in an inhospitable and desert geography. Meanwhile, the Indonesian peoples, as their islands began to fragment, continued sailing between them, from present-day Sumatra, Java, Malaysia, Vietnam, to Borneo, Celebes, Papua, and from there to the Solomon Islands, Vanuatu, Fiji, Tahiti. , New Zealand, Kiribati, Northern Islands of French Polynesia, Hawaii and Rapa Nui,

YO: The emergence of the Oceanic peoples, plus one that is not ...

SOY: And yet they are protected by the oceans. The Continent of Oceania is basically a continent of islands with its center in one of the largest deserts in the world. Although it is connected to India, its energies have completely changed since it plunged below Asia. Now Australia is the motherland of all the islands around it, from Papua in the north to Tasmania and New Zealand in the south. From Cocos Islands in the west, to the Samoas in the east. Oceania is called precisely this way because it is the Land of the Oceans. All peoples move between islands, navigating between them, near volcanoes, beaches, almost at sea level in all cases, or directly at sea. However, the desert peoples moved away from the rich shores to enter a peaceful place, unchanged,

ME: Uluru ...

I AM: The largest rock in the world, in the center of the Australian desert. As the world moved at high speed along the coasts, creating peoples, cultures, civilizations, fighting each other for territories, for rivers, for food, conquering each other, the oldest ancestors of the world discovered that for them all that creation could not be divine without an axis, without the calm of the center. The peoples we call Anangu today, among so many others, migrated to the Great Rock Uluru, called by some Ayers Rock, where they would hold the world in transformation.

ME: The oldest Axis in the World ...

SOY: For this reason, about 60 thousand years ago, this town received the visit of the heavenly brothers.

ME: The story of the two serpents that descend from the heavens creating the rainbow, creating humanity ... the Story of creation.

I AM: The two serpents are the two streams of Water and Fire, Life and Death, the White and the Black, the heartbeat of being. Reptilian men first taught the Anangu about the Wisdom of the Universe, about the importance of holding its axis as everything around it flows. Then, the Pleiadians came from the heart of Taurus, and remembered the chants as the only way to speak with the Divine. The people of the Ocean, the Muans and Lemurians, set out to encircle the red continent to protect their codes until creation was over. The Blues arrived, and delivered the necessary codes and prophecies, the plan to follow. For millennia, the native peoples of Australia held the World Axis during Creation.

ME: Wait... how? In other words, are you saying that the last 50 thousand years of development of all human cultures, civilizations, the first sedentary lifestyles, religions, migrations and development of the greatest powers of ancient history and their wars, those of Lemuria and Atlantis, the colonies and manifestation of all the peoples that give rise to all our current cultures in the last 12 thousand years, all this was sustained by the Australian people?

SOY: That's right. As the world moved around them, they were the Axis. Protected by the most poisonous animals in the world, by a dangerous and inhospitable land that the last thing it wants is a new tenant, and it lets you know, protected by oceans on all its coasts, the Australian center is almost like a safe, a protection center of

high natural security for the sacred. The Axis has cared for itself up to the moment its mission culminated, some 150 years ago, in 1873, when the English arrived at the center, at which point the transition to the new Age of Aquarius began, thus announcing the end of the last Great Cycle.

YO: One of the peoples that humans have considered the most primitive of humanity, they have been to whom we owe our existence, our creativity ...

I AM: The Oceanic Continent represents the Sacral chakra, the manifestation, gestation, generation of things. Imagine that Earth was pregnant with Humans, and in the last few months, this child's psyche has been generated. Nine months that have seemed like 9 thousand years. And in all that time, Australia has remained intact, only fluctuating with its songs, which sustained each transformation of humanity. There is neither evil nor good in that land, there is no judgment, only freedom. There is no wealth there, because they found the wealth within. The moment that the peoples of the world arrived at Uluru, a new history would begin, they would no longer be responsible for the world in creation, now it was time for the Planetary Birth.

ME: What has started 150 years ago and will continue for the next 200 years, the birth into a New Time.

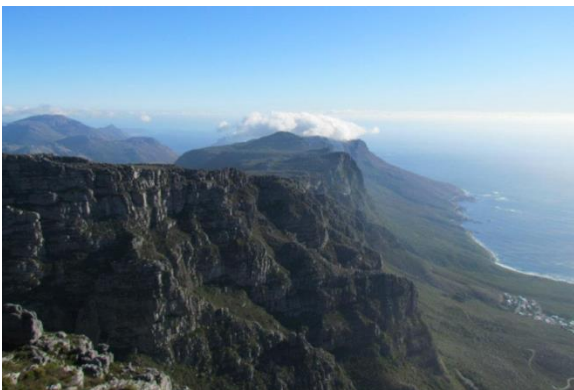
SOY: That's right. Remember then, Oceania has sustained the entire process of your creation. The capacity of manifestation, of generation, of will, of transformation, all that you see in the Sacred, in the migrations and changes of history, finds its center and logic in the Great Rock, in the center of the World. Place Oceania in your Sacrum, place the Australian desert in the center of your creative belly, and remember that all creation needs a purpose, an axis, and that creative axis is the very will to create and to live.

ME: Thank you Australia for supporting all that we have chaotically created. I recognize in myself: I am Oceania. I am transformation ...

I AM: I am Life.

## 147. Africa

[December 28, 2020 Matías De Stefano](#)



ME: And from the top of the Spirit in Antarctica, from the Vision of South America, the Voice of North America, the Heartbeat of Europe, the Being of Asia and the creative Axis of Oceania, we reached the Roots and Power of Africa, we reached the Origin.

I AM: The Center of Pangea, the Original Center of the World ...

ME: Africa, the Land of the Sun. There are many hypotheses of what its name means, but perhaps the most accurate is the Latin construction that refers to the Sahara desert as a place where there is no cold, where the sun reigns: Aprica ( sunny) from the Greek "Aphriké" (without cold). The ancients had a deep look at things, but we will not deny that names were too obvious.

SOY: Well, it was the way they could identify the things they were referring to, describing what was there: "Germany" (where there are many tribes of men), "Spain" (land where there are many rabbits), "Mediterranean" (Sea in the middle of land), and so on, easy.

ME: Why is the origin?

SOY: Well, you would have to go back to the history of Pangea. Imagine the continent.

ME: I'm used to seeing maps, but hey, it deserves a description.

I AM: Africa is the largest continent after Asia, and it is the one in the middle of all the others. Although one could say that any continent could be taken as the center of the other continents, it is not so. Do you know what an antipode is?

ME: Yes, it is the geographically opposite point in a sphere. What is exactly on the opposite side to what I find on the other side. Popularly in cartoons it is shown how by digging a well to the other side of the world you would go out for China, since the saying that "China is on the other side of the world" has been popularly established. However the only countries you could actually go out to in China if you dug straight down would be Chile and Argentina.

SOY: Well, Africa has the entire Pacific Ocean as its antipode. If you dig in Tangier, Morocco, you would be finding Auckland, New Zealand. Along the Sahara desert you find the islands of Fiji, Samoa, New Caledonia and French Polynesia. If you go through Botswana, you will find Hawaii. And in the Congo the scattered islands of Kiribati. The rest is ocean ... water. This shows you something interesting: Africa is the antipode of the largest ocean, far from all the lands of the world, the heart of Pangea. In other words, Africa, on the opposite side, is the heart of Pangea. All the continents break off and expand to the Pacific east and west, north and south, from Africa. About 200 million years ago, Pangea began to fragment,

ME: That's the origin ...

I AM: Africa is one of the oldest territories, at least the lower plates, that is, the southern African massif, which runs from Angola to Malawi, and from Zambia to South Africa. During the Cambrian period, the formation of small volcanic islands made the Earth's orography not very rigid, but flexible, which united these island chains to this massif. There the first lakes began to appear, and the first non-marine animals. South America appeared as the plate began to rise against the coasts of Africa, as did North America. Europe was nothing more than a set of islands that roamed the north, joining each other and disconnecting for certain periods. Asia and its vast plains formed their way to the north pole, cooling the world, while below, Antarctica was at the height of the Indian Ocean, with forests, jungles and grasslands, attached to India and Madagascar. The Antarctic peninsula and Patagonia were like two arms that supported South Africa from the south, and the Middle East stretched out across the east, still unrecognizable, touching the corals that would one day be the Sea of Tethys, and much later Tibet. On the other hand, the Appalachians were a huge mountain range that separated the great North American and Amazonian desert from the jungles of the Sahara, which when the continents were split, this effect would be reversed. Even so continentally, Africa is the center of the other territories, it was not the origin of all species, although it was the origin of the one that would bring consciousness to Earth: the human. ME: We came from Africa.

I AM: From the South, between Mozambique and Namibia, South Africa, Botswana, Zambia and Zimbabwe. The fracture of the East African plate guided humans north, through the lakes Malawi, Rukwa, Tanganyika, Kivu, Eduard, Albert and Victoria, entering the center of power that would drive humans to expand throughout the world : Ethiopia. From there, the tribes migrated to the grasslands of the Sahara and the oases of Arabia, walking towards the Persian and Indus valleys, from where they would migrate to the rest of the world as Homo Sapiens. For millions of years, hominids in the process of humanization inhabited Africa, the continent that has seen humans born.

ME: Here is the force of our creation ... Why is it not the Sacrum, if it represents the uterus and gestation and manifestation?

I AM: Because Arrica did not believe what Humanity is, Africa created the seed and nurtured the Tree of Life from its roots. It was not who saw the fruits, but who cared for the seeds of the forest that they created later. This is where the fire that initiates the assertion of being to life is lit.

ME: The planetary Kundalini ...

I AM: You can see the Serpent of Light in the rest of the world, connecting all geographies, but this serpent does not touch Africa, because on this continent there is another serpent that gives life to the one that moves the world. It arises on Table Mountain, in the sting of South Africa, the Cape Peninsula. It continues through the Drakenberg mountain range and the Lesotho massif, ascending the Zambezi River and crossing the Great Lakes of East Africa and Ethiopia, climbing the Red Sea mountain ranges, along the Nile River to the Sinai and the Delta in the Mediterranean. There his energy rises through Israel, Lebanon and Syria, to the Eye of the Serpent: Turkey.

ME: Africa is like the engine of the Kundalini, related to the genitals of the Earth, the seeds, ovules and sperm, the land of generation, of the impulse, of going deep ... Light the fire of the Sun on Earth, nourish the Serpent of Light in a physical and spiritual orgasm ...

I AM: The black race is the bearer of the most ancient and purest records of the Earth, of the origin of the human from the elements. African ancestors are the common ground between all of us, between every man and woman. There is the link that separated us from the animal kingdom to begin the human kingdom. There the memories of the first genetic modifications of beings from the stars recite. In the cells of the direct descendants of Africa lies the most ancestral power in the world, which has become religion in many cases, inherited by slaves in the Americas. Africa is the root of the World, the force of ascension, for this reason South Africa was united to the Antarctic Peninsula, it reminds us of the torus, in which the Spiritual caresses the depth of the Material to manifest its dreams.

ME: And why is Africa suffering so much?

SOY: The cultures of Africa have lived a very different history than the cold peoples of the north. Africa is a hot continent, of enormous expanses. The way of living in packs and tribes has been useful for millennia. The exchange between the tribes, without limits, took advantage of the necessary and abundant resources. Unlike its neighbors in Asia and Europe, who experienced climate change and lack of food every 6 months, Africa continued to be hot and abundant. The cold territories of the world had to develop other skills, create reserves, agriculture, monetary economy, accumulation of goods for times of scarcity, defense of fertile and limited territories, creation of tools and weapons, they turned villages into cities, and tribes in civilizations. This path was not traveled by the peoples of Oceania or Africa, for a simple territorial and climatological reason. When Colonialism began in the 15th century, Africa became an easy lump of exploitation, as the tribes could not put up opposition, they had not developed the survival skills of their northern neighbors, and it led them to live under subjection and slavery. . They knew nothing else, and were forced to live under imperial and religious

rule, both Christian and Muslim. And suddenly, in the 19th century, the independence, the Republics, and the apparent Democracies arrived.

Me but...

SOY:... But it was not a personal achievement. The creation of countries, nations, states, was a globalizing imposition, "if you are not a colony, you are a state." The fictional boundaries created by the colonizers became meaningless country boundaries, dividing tribes, families, hunting, planting, and gathering territories. Religions and politics became the new form of struggle between tribes, generating endless wars because now they were sold weapons. The African peoples never had the opportunity to carry out the process of any development on their own. From absolute freedom they passed to the worst slavery, and from it they passed to the republics without having known the development of what it means. In a short period of time, they went through a lot of trauma, and it is still a continent traumatized by the pressure of the world. And many have taken advantage of this trauma, going about their business, using our living ancestors as an inferior race to experiment with.

ME: The only reason Africa is poor is a matter of human political and economic systems ...

I AM: It is a delicate subject, because Africa is the land of power, it is the beginning of the most powerful energy of all, and yet it lives in subjection, because they have been taught to fear what they are capable of doing. They have lost power because they have been taught that true power lies in the Greek and Roman systems, that to be rich you have to be like the United States or Europe. And it is not like that. Each territory has its own form of wealth, and Africa's is not Europeanization, but the roots of its own Earth. Therefore, to ignite the Kundalini again, it is necessary to bring Heaven to Earth, descend the Spirit to the Body, rejoice creation, go to the Roots. As long as the human continues looking at Heaven, the poorer and more disconnected will be Africa, But when humans remember that the only way a tree can reach the heavens is with deep roots, then we will bring this magical continent back to life. Africa needs to feel the pleasure of living again, the human needs to remember the pleasure of existing. There is the power, not in getting things, but in feeling them.

ME: Humanity has a lack of kundalini control, because our power was enslaved by cultures and religions, like Africa ...

SOY: But remember here... it's not what you subdue, it's what you do with it. The only reason someone has subdued you is because you've given them the power to do so. The only reason someone takes away your power is because you fear your own power. The only reason you keep living trapped in density is because of fear of your light. You give power to others because you don't know how to manage it in yourself. Once things happen, the fault no longer lies in those who subjected you to such an experience, but in the responsibility of what you do with what you have experienced.

YO: It's like the Jewish people, who, beyond what one can say about them in history, have always risen from the ashes, they have always known how to use pain, turning it into art, and suffering in freedom.

I AM: The people Chosen by God is not a blood or ethnic group, but the human who chooses himself as the creator of his own reality. The only way to free yourself from the roots of the world is to become them to flourish again.

ME: Will Africa flourish again?

SOY: Only if South America decides to open its eyes and see the long awaited moment, only if it manages to see the Antarctic spirit, only then will the light return to the roots, and Africa will shine again.

ME: I put all my intention so that the land of our Origin lights up as the Atlanteans knew it to be.

I AM: The Atlantean people recognized this power of Africa, and for that reason they populated the Nile River from north to south, they knew that only from here could they light the fire of the world, sow a new humanity ...

ME: And now we have done the same again ... in a new time. I am Africa!

I AM: I am the Origin.

## 148. Center and Middle

[December 29, 2020 Matías De Stefano](#)



ME: "Nanha kei Thata"... Mom and Dad. We have already talked about this topic, it has come up several times, but this time, the priest of the pyramid told me something different than what I had in my mind. He sat in front of me but as if he were also in me, and his words came out of my mouth making silence when I had to respond. He put his hands on my knees. On my left knee he placed his right hand, and on the right knee he placed his left hand, leaving my arms like an X, crossing over my plexus. "Nanha sgahfor Thatay Aterti", the Mother contemplates looking for the Father in Heaven, she said making movements with her right hand on her left knee. "Thata sgahfor Nanhay Tumti," he said, performing the opposite movement, that is, with his left hand on his right knee: the Father contemplates looking for the Mother on Earth. "Chithi omul inukay", and in the center they are towards the search for balance. He raised his hands and clasped them in the center at my eye level. He showed me the Earth in the fetal position, or in the defense posture, when we are afraid, in which we wrap our arms around our legs bringing our knees to our chest and placing our chins between both knees. Then I saw both knees on the Earth, above the organs, the kidneys, the pancreas, the adrenals, above the two lungs, Congo and Amazon ... There they were, the left knee in the Middle East, and the right knee in central America.

I AM: Mother and Father.

ME: Yeah... the story of our family tree. He had always written that the Middle East was one of the kidneys, an adrenal, and that Central America represents the mouth and its teeth ...

SOY: And that's right, only in front of them are the knees of this Earth person in an Andean mummification position. Let's start with the teeth.

ME: Central America.

SOY: The Central American plate was not part of Pangea as we see it today. All this plate was under Pantalasa, and it was moving east like a train of volcanoes ready to cross the territory of the great continent. Today you can see this same movement in the Hawaiian Ridge or Chain and the Emperor's Marine Range, which originate from the Kamchatka Peninsula and find their locomotive on the Big Island of Hawaii. Central America is this plate that dragged the small California plate south, creating the San Andreas fault and the California peninsula. Towards the southeast, as South America and North America began to separate from Africa, the chain of volcanoes penetrated, breaking through and pushing the hinterlands in a marine range toward the coasts of Africa, creating the Caribbean Plate. To South America, the plate pushed the Andes in formation, creating the mountains of Colombia to the Guajira, pushing the mountain ranges of the entire Venezuelan coast. In the north, from Jalisco to Belize through Michoacán, Federal District, Puebla, and creating the Sierras Madres del Sur and Chiapas, entering the sea towards Cuba. As they moved away from Africa, the Antilles began to rise, and the pressure of the two Americas dragged this central plate with them again to the west, raising the Central American mountain range. Thus, the current southern territories of Mexico, Guatemala, Belize, Honduras, El Salvador, Nicaragua, Costa Rica and Panama became the bridge between the Americas, while the Antilles from Cuba to Aruba became the bridge of the Caribbean. The islands of the Caribbean and the volcanoes of Central America are the teeth of the Earth.

ME: And in fact, it was the first place many races came to because of colonialism, through slaves. The first interactions between settlers and colonizers, the first confrontations with Mesoamerican civilizations, the first intercultural contacts ...

SOY: And not only since 1492 when European explorers touched the Caribbean, but these lands have always been of exchange. Since the first settlers of America set foot on these continents, Central America became the meeting point of the peoples of the south and north.

ME: There where the Eagle and the Condor meet.

SOY: That place is the Third Eye of the Americas: Lake Cocibolca. Nicaragua. The two eyes of the Americas, that is, the vision of both continents, is focused between Salt Lake in Utah and Titi Kaka in Bolivia - Peru, so the central vision is the great lake of Nicaragua. As in the north you find the sacred island of Antelope and in the south the sacred Island of the Sun, in the center you find the sacred island of Ometepe. Beyond the fact that the meeting places between the peoples were diverse, the North Eagle and the South Condor found their center of debate for special moments in Central America, near Nicaragua, under the energy of the Quetzal.

ME: The Being of today spoke of the prophecy of the Condor and the Eagle. What does this imply?

I AM: That the Ancestors must be gathered by the New. Return to the Center, the two visions of the north and the south, united in a third vision. And that place is Central America. A new consciousness cannot be shaped if the new do not listen to the ancestors, and if the ancestors do not trust the new. The Constellation of Families must be carried out, in which everyone can be represented. And at that time, all visions will once again be One ...

ME: Kind of a United Nations-style meeting.

SOY: But without nations, only ethnic groups, races, humans. While this region connects the peoples of the North and the South, the Middle East connects the East and the West.

ME: Complicated place to join ...

SOY: But that is nevertheless what its entire history has been dedicated to. At the same time that the Americas were moving west and the Caribbean plate began to take shape, Africa was pushing all the islands and archipelagos of the Tethys Sea to the east. The continent of Laurasia began to descend from the north pole, and

this began to trap the islands in strips of land that collapsed together. Anatolia, Caucasus, Armenian Highlands, Zagros Mountains, Elburz Mountains, Sinai and the Hejaz Asir mountain range, shaped the mountains of present-day Turkey, Armenia, Georgia, Azerbaijan, Iran, Iraq, Israel, Palestine, Lebanon, Syria, Arabia, Jordan, Yemen and Oman, while enclosing their great and arid deserts. The latter country, Oman, was considered the geographical gateway to the Garden of Eden, the fertile valley of the Tigris and Euphrates rivers, today submerged in the Persian Gulf. The Portal of Creation was known as the door of Ahura Mazda, Solar divinity, creator father of humanity from the Heavens. The Middle East was called Asia Minor, a territory through which African humans migrated to the Asian and European continents. And it was there that some of the nomadic tribes met the Gods of the Stars, the Children of Heaven on Earth, or as the Mesopotamians called them: "An Nuna Ki".

ME: They were the ones who modified some humans and created the human evolution leap by giving them tools to generate civilization.

SOY: Some protected humans, others used them. But they were both the heavenly parents. The Middle East was the point of union between the peoples of the west who migrated to the east, and the peoples of the east who returned to the west. This territory encompassed the meeting point between Heaven and Earth, between Sunrise and Sunset. Everyone was looking to conquer these lands to be near the gates of Heaven.

ME: Many masters and enlightened people in history sought this territory to achieve this transcendence on a planetary level. Abraham, Moses, Jesus, Muhammad, and these because they are the most renowned, but in reality, so many others from different traditions ...

I AM: The Middle East is a center of ascension, of energy transformation, and the primary focus is in the Jordan River basin, from its source between Syria, Lebanon and Israel, crossing the Sea of Galilee, the Dead Sea through Palestine and culminating in the Gulf of Aqaba towards the Red Sea, between Israel, Egypt and Jordan. There is the deepest habitable territory on Earth, the Dead Sea depression, therefore, it turns it into a vortex towards the interior, towards the roots, as well as on its sides there is the ascent. The strength of this territory reminds us that it is a constant producer of energy, and everyone seeks to obtain it.

ME: Today I asked this. Both Central America and the Middle East have been territories used by empires to obtain wealth, to use them as a means, as a way to reach their objectives, and coming to the conflicts that these two territories live, I asked myself what hidden interests there are. Well, both in the Americas, the Center, and the Middle East, are clouded by religion, trafficking and violence. Also the search for mineral resources such as oil. The powers of the world maintain instability in these territories in order to obtain greater benefits from them. How do you fix this?

I AM: You are seeing conflicts with eyes narrowed to your present. Throughout history, these territories have always been chaotic and conflictual. It has nothing to do with imperialist or colonizing states, or companies and hidden systems of control. This has to do with the territory as a vortex of energy that attracts everything that is unstable and chaotic, as it constantly breaks structures. Both territories represent the capacity for stability in chaos. Clearly humanity does not possess this ability, as it is off-center from its own being. On the one hand Islam, on the other Christianity, both are inflexible, like rocks difficult to mold, living in territories that demand flexibility. Rigid minds in changing spaces. Doesn't that sound like anywhere in the world?

ME: Yes, it's true ... Humans in general live their lives asking for change without seeing that change is constant, that the problem is that their mind and idea of what it should be does not change, there is no mental transformation, each one he sticks to his own beliefs.

SOY: And that's where you find the Knees. We must find the flexibility of humanity so that these territories fulfill their real function in balance. "You will honor your Father and your Mother," said the Being.

ME: Yes... Why does the Middle East represent Mother and Central America represents Father?

I AM: The Middle East has an ancient tradition of honoring the Creator Mother, it has the ancient culture of matriarchy, coming from the cavernous wombs of women and from caves. Life in this territory is expressed through the Mother and her Muses. But She looks to the Heavens, hoping to find the Father, her complement, who descends from the Stars, from the Sun, and gives her warmth and life. For this reason, the Middle East Mother is devoted to the Father, seeking the idealism of the man, of the male, which has led their traditions to value the image of man more than of woman.

ME: And in Central America, it's not very far away either ...

SOY: But his story was different. Before Christian traditions from the Middle East came to the Americas, they all came from shamanic culture. Everyone understood that we were part of the Heavenly Father, that we came from the stars, from the Sun, that we were divine beings, and that one day we were sent to Earth. Why? Because the Father wanted to impregnate the Mother and love her creation. Thus, the peoples of America dedicated their life and love to the connection with Mother Earth, looking towards nature as a form of Divinity, a Father in love with a Mother.

I understand. The Middle East is an earthly Mother who seeks her connection in the Father's heavens, and Central America is a heavenly Father who recognizes himself as such and who seeks to descend to Mother Earth to create. While in the Middle East the mother is born seeking Enlightenment and freedom in the Cosmos of the Father and his Law, in the Americas the laws of the Cosmos are understood as natural, and the Earth and nature as the place to play with those laws and learn what it is capable of, being born in the womb, generating life.

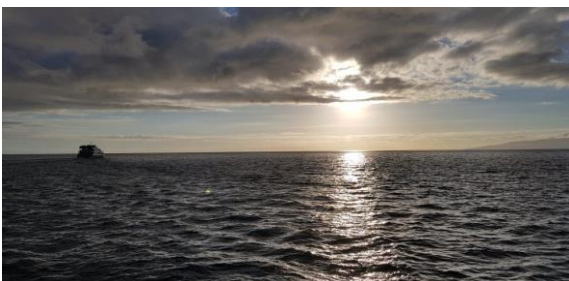
I AM: These two territories have lowered the information of our history, those that have expanded our genealogical tree, those that have seen the appearance of new races, of the connection between tribes and civilizations, generating the largest crosses of races in history. It is in these two territories of the world that we are all Family.

ME:... Our Ancestors, Celestials and Earths. I honor, therefore, my Mother and my Father, the Middle East and Central America, as the trees that support my history and that connect me in all directions with each human through time and space.

I AM: I am Life ... And History is my Skin ...

## 149. Oceans and Seas

[December 30, 2020 Matías De Stefano](#)



ME: I was sitting in front of an ice platform, alone, wondering who I was, and suddenly, out of nowhere, a voice began to tell me a story, the story of Water.

Imagine that the universe is a vast ocean. Inside, it is deep and dark, giving the impression of emptiness, but knowing that in reality, it is full. His power is infinite, but since he was everything, he could never see or experience what he was capable of. So the ocean decided to express itself. Their movements created waves and currents, which we call Time. And two great forces: a warm one on the surface and a cold one in its depths, which we call Positive and Negative. Together, they created a larger current, a spiraling vortex that went through the entire ocean, experiencing everything within themselves to the fullest, but externally. This force generated heat and the ocean evaporated. For the first time, the Whole came to know itself in a new way: as gas. The steam began to rise and the ocean disappeared. I knew that I would come back one day but with new nutrients and minerals, which we call Wisdom. And then the frozen cosmos condensed the steam and turned it into water crystals, creating snow; each unique and special flake, with its own way to go. But as it fell on Earth, its beauty and divinity were transformed, creating ice: the third form expressed by the ocean. Now each snowflake would melt and turn liquid, moving through the four cycles of Being: Spring, Summer, Autumn, and Winter, which the ocean called Expression, Experience, Integration, and Transcendence. Over and over again, the snowflakes evaporated and fell from the sky. From steam to mist to clouds to rain, each unique drop of water makes its way back to the ocean, filling with new wisdom. They shaped streams and rivers, lakes and ponds, wetlands, bays, seas and oceans. But despite this process of separating ourselves, of believing ourselves to be unique and different, we have always been One; we have always been the Ocean experiencing itself in its many states and forms. I am One, a single Being that lives in all things. My body created life, the water absorbed the light and transformed me into plasma, amoebas and algae, plants, insects, worms and fish; trees and reptiles, birds and mammals. I became Human and many beings on many worlds. I became Consciousness, until every part of me could stand on its own and believe, and come back to me. We were always One; A Being that expresses itself in many ways. We are all part of the same biological being that connects us, and evolution is the loving form through which it expresses itself. But then the Ocean of Ice interrupted me and spoke: "Water is just one aspect of the true ocean, because water has a beginning and an end. Water is the best way through which we can understand the Whole. But ask yourself: what ocean is bigger than any form of existence? " ... And then I understood: the key was in the first word that the Ocean of Ice spoke: "Imagine." The largest ocean: timeless, infinite, without space or rules, laws or limits; where Nothing and Everything coexist is within us: it is our Mind. The Universe is Mind. Everything that exists is the fruit of our imagination, which we all create together. Everything that exists is an idea that became thought, that, like drops, poured out in a shower of imagined creations and became our experience, beliefs; and these beliefs came true. Each being is a neuron in this vast Universal Mind. We are all part of the same Consciousness, experiencing and creating thoughts. And these thoughts have locked us in a world of belief. Thought can only exist within a network; Each part, full of potential, is connected to each other, creating synapses that have the power to propel us to action and transform our reality. Each and every one of us is a member of this great network, like nodes connected by invisible wires that we cannot see. And that's when I understood: unite, string ... re-string. (members, re-member). To remember who I am is to reconnect the parts of myself that have been separated throughout history, lost in the waves of time. Today, I am part of the Mind of a huge Being called Planet Earth. Every culture, religion, nation, science and art is a thought form of the Earth. But his thoughts are incongruous, not because they are not true, but because each of us believes that we possess the only truth. All the worldly conflicts that make us feel this incongruity arise from the disconnection of many parts of ourselves, from having forgotten that we are all One, that I am One. To remember is to reconnect all parts, the members, that one day will connect the thoughts of the entire world. But for unknown reasons, one of these many parts created a thought that disconnected us. This is where my path begins, before the immensity of the White Continent surrounded by the great Oceans, with the body of the Earth as my container and the objective of reconnecting every part of myself. And in this way, remember that I am.

I AM: I move towards the horizon, fluctuating in the waves of existence. I am a drop in the middle of the ocean of the universal mind ... Nothing else exists than the sea that surrounds me, nothing else exists than the notion that it is me, a simple drop, and that I am a gigantic sea.

ME: Water is the closest we know to the existence of God, of the Cosmos ... We are Water ...

I AM: H<sub>2</sub>O... two simple Hydrogen atoms that joined a powerful oxygen atom. A sacred Spiritual Trinity that would manifest itself in three states: Vibration, Energy and Matter ... Wisdom, Love and Will ... Spirit, Soul and Body ... Mind, Emotion and Physical ... Gaseous, Liquid and Solid ... Water is the way of existence, it is the vehicle of consciousness. Water is the manifestation of the Ocean of Cosmic Mind, and that is why it is sacred. Water does not give Life, Water is Life. Humans believe that water is a requirement to allow life to exist on a planet, and that without water we could not live. This is a misconception. Life does not exist without water because water is life. Water is a single living body expanded throughout the universe, in various worlds, comets, planetary rings,

ME: Just as there is a neuronal cell, a skin cell, a cardiac cell, an eye cell and an intestinal cell, they all exist because they are water administered and organized in different ways.

I AM: That is why you are not intelligent beings, water is intelligent. Remember, it has memory, and it expands through geometry. Just as a snowflake manifests itself in perfection with its 6 points, living beings are also organized with arms and hands, heads, genitals and a center on their torso, or branches and roots with their trunk. Water is ordered geometrically, and it is a mineral that connects the kingdom of rocks with the kingdom of living beings.

ME: So we have the memory of everything that happened in the universe through water?

SOY: That's right ... if you access the memory of the water you can access the memory of all the records that your water lived, starting with your family, ancestors, continent, species, the history of Earth, and then comets, other worlds, aliens and the frozen oceans of the cosmos until you feel the other dimensions.

ME: This is why many cultures use water as a vehicle of divine connection... Baptisms, Sacred Washings of hands, feet and face... Water sites are more than sources of life, they are sources of wisdom for many cultures.

I AM: Water is a mirror to the Divine. You can see the universe and feel it in the water. Seas, oceans, lakes and rivers, each with its own shape, provide different data.

ME: The Subconscious is its depths, the Unconscious is its currents, and the Conscious is the living being that learned to swim in the Ocean.

I AM: We are Water.

ME: So those of us who remember other lives, memories of the universe, do it thanks to water ... How?

SOY: That's right ... you do it because of the vibration of it.

ME: Like the Masaru Emoto thing. In that in his studies he showed how water changes molecular patterns depending on the vibration it receives ... Harmonically ordering itself with words of love, and forming chaotic structures in the face of words of hate.

I AM: The vibration that you consume, that you resonate, that reaches you, that emerges from you, the one that conditions the environment in which you move, the music, the news and the people you listen to, all of this mold the molecules of your water, conditioning to the plasma of the cells, and thus to the DNA and its registered information. Depending on the vibration of your being and what you allow to enter you, the shapes of your waters will change, conditioning or releasing you.

ME: It all depends on the intention, the resonance and frequency in which I find myself, that I receive and emit, that opens doors to different memories ...

SOY: That's right. Before being terrestrial mammals, all humans, like all living beings, arose from single-celled bacteria at the bottom of the oceans near undersea volcanic calderas. The thermal energy generated a chemical reaction that caused certain organic components to arrange themselves to save energy. Soon, those compounds created a small membrane around them, enclosing water that would hold and protect the compounds. Thus arose this cell, a delimited drop of water, separated from the rest by this sugary membrane. This is the common ancestor of all multicellular living things such as humans and trees. They are all ocean, in different ways, and therefore the information they share is the same.

ME: And the same on a cosmic level ...

I AM: Because water travels through frozen comets of ice, which, like sperm, sow worlds with life. The mineral components of the Earth and the water of the comets in the period of formation, at a perfect temperature, generated the necessary reaction to release oxygen and nitrogen capable of creating a planetary membrane in this terrestrial cell, which you call the Atmosphere. Like an egg, by creating this membrane, it defended itself from other possible programs, destroying them on the outer surface, something you usually see as beautiful shooting stars.

ME: Before the first rains, the water also came from the skies.

I AM: And created, in its condensation, the oceans.

ME: Today we have 5 main ones, but before it was only one ...

I AM: Pantalasa, life was born there until millions of years later, in the Pangea on the way to formation, there were nothing but volcanoes and deserts. With continental drift, Pantalasa was also creating the ocean of Tethys, which would disappear giving rise to the Indian Ocean, while the great Pantalasa would become the current Great Pacific Ocean. As the Americas fractured and separated from Africa, it would allow the waters to invade the basins creating the Atlantic Ocean. To the north, the continent of Laurasia moved from the pole creating Asia and Europe to the south, leaving the Arctic Ocean at the top of the world, while on the contrary, Antarctica was placed at the south pole, surrounding itself by circular currents to its around that we call the Antarctic Ocean.

ME: The 5 Oceans that contain the continental Earths.

I AM: They are the blood of the world, the circulation of memory, living records and in constant transformation.

ME: I feel in your waters the cells that represent the anchors of your memory. In the Arctic: land of George, Svalbard, Ljajov and North Islands, as well as the great islands of Nunavut and Greenland. In the Atlantic, along the central ridge: Iceland, Faroe, Azores, Ascención, Santa Helena, Tristan da Cunha. In the Antarctic: Sandwich Islands and South Georgia, Kerguelen, Heard and McDonalds. In the Indian Ocean: Maldives, Amsterdam Island, British Indian Territories, Mauritius and Reunion. And in the Greater Pacific: Micronesia, Marianas, Kiribati, French Polynesia, Rapa Nui, Cook Islands, Marshall Islands, Niue, Samoa, Tokelau, Tuvalu, Nauru and Hawaii.

I AM: The non-continental oceanic islands are those that record the memory of the cosmos on Earth, those that infuse the ancestral information of fire in volcanoes, of earth in minerals, of water in oceans and air in winds.

ME: This is where we join our origins ... in the water ... there we remember each of our steps ...

I AM: There you have taken the first steps of your existence, there you will remember your history, and from there you have traced the Network of Planetary Consciousness. Return to the Oceans, put your feet in its waters, and feel the Life that flows throughout the Universe ... Remember, Remember, Remember ...

ME: In the Ocean of the Universal Mind began the Great Journey of Existence... In the Ocean of the Great Mother Earth our Journey through Life began... And it is in the Great Ocean of our Imagination where our great Journey to the Future begins...

I AM: I am the Cosmic Ocean ...

ME: I am Ocean and Sea ...

I AM: I am Water ...

ME: I am Life.

## 150. Axis

[December 31, 2020 Matías De Stefano](#)



I AM: Every movement has an axis. Every structure has an axis. All life has an axis. But that axis is not fixed, it fluctuates. The axis makes a journey on itself, traveling the paths of perception.

ME: What would that be like?

I AM: Stand up regardless of which direction you are looking. And now start turning on yourself, no matter in which direction, left or right. Do you see?

ME: Everything around me.

SOY: Now add to this twist a rocking motion, like doing circles, moving your torso back and forth. Do you see?

ME: I can see sometimes the floor and sometimes the ceiling ...

I AM: With a broader vision of your environment.

ME: Yes, more complete.

I AM: both movements, that of rotation and precession, can add one more: that of translation.

ME: Moving around the room ...

SOY: That's right. As you turn on yourself doing this circular wobble, move in circles through the space you are in.

ME: Now I can see a lot more things than before ...

I AM: It's the Axis trip. You might think that between so much shaking, you are losing your axis, but in reality, it is in the movement that you discover where it is. The Axis is a straight or transversal line of an object that allows the design of a surface or a body. The word comes from the Latin "Axis", a name that was used for the central bar that supports the wheel on a cart, since in Indo-European languages, the word originates from the word "Ag", which means "to drive", to guide, lead. The Axis, therefore, is not an immovable fixed point, but it is precisely the center that drives mobility. The Axis is the beginning of the journey, it is the beginning of the real movement, it is the only one that can take you to your destination.

ME: Sagittarius has been a month of travel, through our interior, through our history and our Earth. Many times it is considered that moving so much of oneself is losing the axis... What does the phrase "losing the axis" imply?

I AM: The axis does not refer to a place or the stability of a place or a routine, or a thought. Many times people consider a way of thinking, a belief, an economic or philosophical stability, a routine or security activity the axis. For this reason, this phrase is used to define those who depart "from the normal", from what is established or considered in balance. In the collective unconscious, the idea of axis is attributed to the still, fixed, inert, static, straight and dogmatic. So, losing the axis is rightly considered to err or get out of these preconceptions. However, the axis of a being is its essence.

ME: The essence of who each one is... the I am.

I AM: Being yourself, connecting with your inner strength, with your personal search, your mind, your emotion, your body, being in harmony between what you think, feel and do. Essence is the Quality of Being, from the Latin verb "Essere" and "entia". The axis of a being is not a straight line, but a quality. And it must be nourished by experiences to express what it really is. Thus, the essence, from its triune axis (spirit, soul and body), urges the whole being to move, to make the journey to discover the potentials of its Essence.

ME: This journey is Evolutionary, it adapts, transforms, it gets to know different perspectives ...

I AM: Each individual makes their own journey in life, although all individuals together make the journey of Earth. Within a physical system, made up of gravity, there is something you should know about what this axis search entails.

Me what?

I AM: That you will always depend on greater forces.

ME: What do you mean?

SOY: Let's put it this way. You have a body, a soul and a spirit. Your spirit is free, it is imagination, it is unlimited. However, as much as your mind has no limits, it will be limited by your emotional capacities embodied in the soul. Your soul will translate your infinity into periods, frequencies, ups and downs, depending on your vibration and state of mind or beliefs. But your soul may have emotions that are not compatible with your body, maybe your soul feels traveling, moving through the world and feeling happy in that freedom, but your body is in pain, or sick, or has to work to survive. And now comes something even greater: the environment. Your life, your emotions, thoughts and actions are determined by the severity of the environment, by your parents, partners, children, friends, bosses, governments ... Some with greater gravitational weight than others, conditioning your movement. This is: that no matter how much you want to do certain things with your essence, the external weight is greater than the internal one and does not allow you to do so. Then there are even stronger realities, geography: you cannot swim across an ocean, you are not designed for it, your whole being is conditioned, but what is worse, you are not designed to leave this world, you cannot leave it without being in constant risk of death from the smallest things. Trapped in Earth, home or prison. And in turn, the Earth is also subject to the `gravitational power of larger external stars, such as the Sun. The Earth cannot escape from its orbit, it will always be pulled towards the center. And the Sun, the same, held between other great suns,

ME: Wow ... that is, our axes, essences, are conditioned by each other. For this reason, many feel that this is like a trap from which there is no escape ... How do I find my axis if it is conditioned by the force of gravity of other axes?

SOY: Taking advantage of this force in your favor ...

I eat?

SOY: First of all, there is a serious mistake in our talk.

ME: Which one?

SOY: We have said "others".

ME: Sure ... and in reality we are all One ... the same ... in the same body ...

I AM: To consider yourself a prisoner of external forces is like considering that a cell of your liver is considered a prisoner of the liver, and the same prisoner of skin cells. There are approximately 30 trillion cells in your body. In comparison we could say that if you put the 8 billion humans together in a single country in the world, with a small personal space for each individual, they could fill the entire country of Luxembourg.

I nothing...

I AM: Compared to your body, your cells would fill the entire surface of the Earth.

ME: There are more cellular individuals in me than humans on Earth... there are many people under my responsibility...

I AM: All subject to your gravitational will. But cells do not seek to be free, because ... what is freedom?

ME: Ugh... how deep, I really don't know. As human we consider freedom to get out of the control and oppression of others ...

I AM: Freedom is difficult to achieve when you look at it with the eyes of matter, because in a world linked to energy, it will be impossible for you to find freedom, or by doing so you would simply cease to exist, since the

last possible prison of matter it is the magnetism of the positive and negative, and without it, there are no atoms.

ME: So...?

I AM: Freedom is a concept that cannot be sought outside, but can be found inside ...

ME: On the Axis ...

SOY: Exactly. The Freedom sought by the Sagittarius in his expansion throughout the world, lies in how free his being is, that is, in how capable he is of Being what he is. Thus, freedom is in deciding what I do with what I am.

ME: And how do I use the gravity of others to my advantage?

SOY: As the Earth does in three simple movements.

ME: Rotation ...

I AM: Rotation is the gravitational ability of the Earth to rotate on its own Axis observing the 360 degrees around it celestial. This allows you to take perspective, observe everything around you, make all your skin alive day and night, experiencing light and shadow for about 24 hours in a repeating cycle.

ME: Precession ...

I AM: The North and South Axis of the Earth is not at exactly 0 degree like a stake driven into the ground, but is at an inclination of about 23 degrees off the 0 axis that we might imagine it should be on. This makes the Earth look slightly inclined with respect to the Sun. The force of solar gravity causes a constant rotation of this axis, which rotates one degree every 72 years, pointing to a new star called "Pole Star" (Today being Polaris in the constellation Ursa Major) every 2150 years approximately, which will mark an astrological period called "Age or Astronomical Age", that is, the Earth's Axis will be passing or pointing to a constellation for 2150 years. The full circle is done in 25,776 years.

ME: Translation ...

I AM: Due to the gravity that the Sun exerts on the Earth, it is propelled in an elliptical orbit around our Star that oscillates briefly every century changing its direction by less than one degree. The image is that of a cowboy swinging the lasso around him, or a native throwing the boleadoras. This movement around the Sun causes that, due to the Precession of the Equinoxes, the position before the Sun causes that at each end of the ellipse, the two terrestrial hemispheres live opposite seasons. By tracing a cross with the center in the sun, you can mark the moments of Solstices and Equinoxes, giving rise to Spring, Summer, Autumn and Winter, which in the opposite hemisphere will be exactly the opposite: Autumn, Winter, Spring and Summer.

ME: The Axis is the Great Journey ...

I AM: And so the Earth uses the force of the Sun to create Life, transformation, Evolution, growth, development, transcendence. The beauty of existence itself is thanks to the fact that the stars, as well as the cells, do not think about the prison of their bodies, but about the freedom of their potential by feeling part of a network. What you see as dependence is actually power, what you see as control is actually drive, what you see as prison is actually unity. The only reason you can get off your axis is to want to escape from yourself, from what you are, from the place you occupy in the great being that you are, the Universe.

ME: There is no journey without the road... There is no journey without a horizon, without support points, without schedules, without destination or origin. There is no trip without scenery, without a mountaineer's pole, without a backpack where I can carry my things, water and food, tools, camera and notepads. There is no journey without a doubt, without hope, without the will of adventure and the love for the encounter in the discovery. The axis is not in finding me, but in looking for me.

I AM: As Earth does, you are destined to make this journey every day. And the more in your being you find yourself, you will stop escaping to find yourself.

ME: My Axis is my Being... my Essence.

I AM: Contemplate the Heavens and you will see the Eternity of this Axis, emerging from the center of the Earth, its magnetic field, making it move through the celestial vault.

ME: My Celestial Journey is Eternal.

I AM: Well, my Axis is Eternal.

ME: I am the Eternal Celestial ...

I AM: I am Eternity in motion ...

ME: Therefore, today is not the end of a year, the year that has united us all in the world, 2020. Today nothing ends, today the Earth only reminds us that we continue to rotate observing a new celestial landscape that will bring new Adventures.

I AM: The Journey is always about to begin... Happy New Year 2021. Happy Return to the Sun.

End of Sagittarius