

Month of AQUARIUS 2021

Conversations between I and AM

By Matias De Stefano

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Week of Mind

181. Polaris

[January 31, 2021 Matías De Stefano](#)

Daily vibration: La

Statement: I Am Divine Word

Code: WATER: VAPOUR = From the basic elements of creation, the elemental trinities are founded. In the Water trinity, vapour represents the spiritual plane of information, where the subconscious that surrounds everything radiates, it's the sutil aspect of the cosmic memory, carrying the data of the universal mind to every space of the worlds in the form of humidity. We are all connected by the unique spirit of water.



I AM: You have walked the Earth, and each of your steps has told you about your past, your origin, your path. Every question you asked took you to the beginning of your story, of your body, to understand who you are. By looking at your feet you recognize the steps taken, the paths traveled, and the further you go, the closer you get to the place where you started. Like the story of every hero, one day you decided to leave your home to undertake a journey, an adventure, where by investigating you found new landscapes, internal and external, where by falling in love you faced beasts and monsters to find freedom, and In doing so, you recognized what you were capable of, being recognized for the glory of your walk, and that is how, seeking harmony, you return

home, transformed after the journey. But in an adventure you never know where you are going, you never know what you will find, and the path is made by walking. There is only one thing for certain: if you don't want to get lost, you should look north, and there you will find the star that will guide you.

ME: Polaris ...

I AM: The journey of life is a constant turn, everything moves, everything transforms. Earth is not synonymous with stability despite its seemingly immovable landscape. Although the mountains are always there, they change, and if you move away, you will stop seeing them. You will lose your point of reference. It is easy to find yourself when you always live in the same place. You know how to guide yourself through the trees that are always there, or some hill, mountain, house, tower, river, sea, your mind designs a map around it that you will no longer need to draw, as it will make it part of you. But when you decide to move, go on an adventure, travel, expand, those maps will cease to exist, and you will need to look to the skies. The stars rotate from the point of view of the Earth, but they always remain, indicating, guiding people in their migrations. They can identify destinations by following your smooth and slow movements. And in them they observe what they hope to find. The ancients mapped the stars through stories. Using their imagination, they decorated the sky with figures to help travelers follow in the footsteps of the gods. The stories were not real, they were legends that they had heard of the experiences of the first humans who walked the Earth, of their exploits.

YO: "Alínali, Ube, alínali yorathiyum apotahiram, aokladipapum moh, alínali merix morixium yu hetemibalna moh, keye hemselna moh", the teachers said before telling us one of their stories looking at the stars: "Tell me, Musa, tell me about the silenced pages of our past, about the paths that shaped our history, tell me about the men and women who shaped our destiny, those who built our future". The Emenien masters used to take us to the temple gardens or to the desert hills where we gazed at the stars. Saying these words, they began to tell us about the stories of the first walkers drawn in the celestial spheres. They used to tell us something very interesting. They said that the past is actually our future, but we haven't been able to recognize it yet. And they said this because the heavens move in circles, and the same ancestral paths repeat themselves over and over again. Thus, one could predict the future by looking at the past ... Perhaps the stars, they guide you to the future, but they are nothing more than the brightness of our past.

I AM: An interesting new paradox. The past is the future, and the future is the past. Perhaps, when you look at the sky, you see lights that you recognize as stars, but it is not always that simple. In reality, you have never seen a real star other than the Sun, as all the others are just reflections of the past.

ME: How is this?

I AM: Everything that your eyes see is perceived only by photosensitive eye cells, that is, what you capture is light. And light moves through space at a certain speed. Particles or photonic waves move through outer space, through a vacuum, at about 299,792 kilometers per second, although in a medium with gases such as air in our world, their speed slows to 299,708 kilometers per second. To give you an idea, the circumference around the world around the equator is 40,091 kilometers long, meaning that light, in one second, can make 7 and a half laps of the Earth. Account.

ME: One ...

SOY: There. Until I responded, it went around 8 times until it came back to you. This is called the Speed of Light. Keep in mind now that the light emitted by solar combustion takes 8 minutes to get from the Sun to the Earth. This can give you an idea of the enormous distance between the Sun and the Earth, with each other 150 million kilometers.

ME: Far away ...

I AM: But not as much as the closest star: Alpha Centauri, in the constellation Centaurus, which takes 4 years and 37 months to reach Earth (41.3 billion kilometers)

ME: So it took us more than 4 years to see its light.

I AM: And the further you are, the longer it will take you to see the Light. It is important that you can recognize the truths of heaven, to understand what you see and what affects you. You live in a Galaxy, a cluster of stars, which spreads like a hurricane, in the form of a flat spiral, being centrifuged by a huge black hole. A black hole is the accumulation of so many stars that it generates a mass so heavy in its gravity that it consumes not only the particles that make up matter, but even light, and therefore it is impossible to be seen, since there is no light that reflects it. As for it to reach us, and it's darker than empty space. Galactic arms, propelled by millions of stars, expand around it. Now, remember the path of the Hero leaving home, from Earth. The first thing you will find is the Moon, at 384,400 kilometers, that is, one second away from light. Then the Sun, 8 minutes. Crossing the planets of the Solar System, beyond Pluto, is what you call the Oort cloud, culminating at about 2 light years. In other words, everything that depends on the Sun's gravity is only 2 light years away in a straight line from Earth, which in human years would be about 40,000 years of history.

ME: Forty thousand human years to travel 2 light years and leave the solar system !?

I AM: If you move at the speed of the fastest human ship today, yes. Therefore, it would take a long time to reach Alpha Centauri, about 100,000 human years. Everything that happens in this nearby star will take almost 5 years to reach your eyes. Now contemplate wider, to the entire night sky, all the constellations that surround you and that you see shine with great intensity: Canis Major, Orion, Boyero, Vela, Lyra, Crux, Leo, Taurus, all those that you see with the naked eye, The stars that you can see with the naked eye, all are in a small sector of the galaxy called the Arm of Orion, whose limit is 5000 light years. This is the neighborhood we live in. But around us are the Perseus and Sagittarius Arms, which cover up to 15,000 more light years, being the most distant stars, that decorate the backgrounds of the main constellations. And behind the stardust, 25,000 light years away, the center of the Galaxy you call the Milky Way. But beyond it, it is impossible to see anything, that is to say, that the opposite side, the antipode of our galaxy is invisible to our eyes.

I because?

I AM: Because the stardust and the density of the chaos in the galactic center prevent you from seeing it. Imagine that the Galaxy is the Iberian Peninsula, and the black hole is Plaza Mayor. The entire city of Madrid will be the center of the Milky Way, only 2000 light years from the hole. The mountains of the Central System would be the Norma Galactic Arm, the Iberian System towards Aragon would be the Centauro arm, and to the south, the Sagittarius arm representing the limits of the Betic System, placing the giant outer arm of Perseus in the Pyrenees and the Cantabrian, which would locate the small Arm of Orión in the mountains of the Pre-littoral in Catalonia. So you can understand the limits of our galaxy with a map that you know: the Montserrat Mountain would be Sirius, while the Orion cluster would be the city of Barcelona,

ME: Wow ...

SOY: Now you know where you are. If Iberia is about 1000 km long, the Milky Way is about 100,000 light years, while wide is only about 1000. All the Tropical constellations that you call Zodiacal signs (from zoo = animal in Greek, since they all have forms of creatures), they extend along the terrestrial view according to their position, while all the galactic constellations follow the line of the width of the Milky Way.

ME: So what would a constellation be?

I AM: It is a human imaginative idea from the point of view of the Earth, connecting bright points in the sky, which are not really close to each other. The distances between the stars are very different, and some are

actually galaxies, like Andromeda, 2.5 million light years from the Milky Way, so far away that it looks like another star in the constellation of its own name, when others of its components are close to Earth.

ME: Following the idea of the map is like locating in the Mediterranean area of the Pyrenees, in Cabo de Rosas, having at the other end towards the Bay of Biscay the Peñas de Aya in Euskadi, and still calling it all “Pyrenees”. Pyrenees would be the Constellation, although the distance between one mountain and another is more than 400 km.

SOY: That's right. And this is why everything you see in the sky is actually the Past of each star, reaching your eyes after thousands or millions of years of traveling through outer space. Sometimes there may even be dead stars in the sky, which you still see and will see for thousands of years to come until the light of their explosion arrives years after the void it has left.

ME: It's amazing how big everything is.

I AM: So, you have traveled the history of the Earth the last 2 months, and in the next two we will travel the history of the Cosmos, so it was important to locate yourself. And the way to do it was by finding an axis in this immense path where you can lose yourself, in this journey towards your future looking towards the past.

ME: Polaris.

I AM: The North Star is so named for only one reason, because for the last 1000 years it has been the star that guided sailors and travelers in their reference to the North Pole.

ME: Only a thousand years?

SOY: Exactly. Do you remember the movement of the Earth?

ME: Which one of all?

I AM: The Precession of the Equinoxes.

ME: Oh yeah. As the Earth rotates towards the East and completes its complete revolution in 24 hours on its own axis due to the gravity of its iron core, the Precession of the Equinoxes is reversed rotating towards the West by the attraction of Solar gravity in each revolution. around its 365-day orbit, causing the Earth's axis to shift 1 degree every 72 years, making one complete revolution in about 26,000 years.

I AM: Therefore, Earth's north axis will point to different stars every 1000 to 2000 years, making the fixed star at the North Pole different for each Earth Age. In the Age of Pisces, there was no specific star at the Pole, but the closest one was the great bright star of the constellation of the Dog, called the Dog's Tail (Kynosoura), and which in Europe they named the Bear's Tail in the constellation Ursa Minor (Ursa Minor). Due to its proximity to the Boreal area, which helped guide them in a mobilized sky, travelers and adventurers who saw the orbs pass from east to west, found in this a way to always find the north, and know where they were going. That is why they named her "Polaris", the star of the Pole. However, it will cease to be so in 1000 years.

ME: But meanwhile, it is the one that will mark the axis of our world.

SOY: And it has done it precisely since the Fall of Rome, although it was used in the same way before. Just as we have seen the Pole on Earth as the only Axis that balances through the dance of the Earth, the Polar circle that Polaris commands today is the Axis of the Stars, and therefore guides you to the future.

ME: What is the Future?

I AM: Polaris was Earth's pole star 25,800 years ago, and will do so again in the future. Almost 26,000 years ago, Humanity was in its beginning of cultural formation, in the emergence of the first humans aware of their future, looking at the stars instead of the Earth. 26000 years ago, the first humans raised their eyes to Heaven and saw their future, they saw Polaris and they knew what their north was, their north was the infinite capacity to create, manifest, develop.

ME: And today we are there again, for 1000 years, that is, when humanity began again to build up its arts and sciences to take the greatest leap in the last 20 thousand years.

SOY: For the story, the moment of the stadium is not important, but the moment of the jump. This means that for history, for the universe, it is not important to have the technology or consciousness, but the moment in which you discover it and recognize what you can do with it. That period happened during Polaris, and it happens again on Polaris. Therefore, guided by its axis, we can see what awaits us, and to find out, we will ask those who observe us.

ME: Are you watching us?

SOY: Do you think that only you see the lights reaching your eyes from the heavens? Many others have done it before, and seen Earth, but have discovered something different. As you seek the future by moving forward guided by Polaris, they found another, faster way: walking backward, advancing into the past, guided by the southern stars. And this is how they came to you, 26,000 years ago.

ME:... The... extraterrestrials?

I AM: They are your past, but they live in the future.

I eat...?

SOY: They will explain it to us... there are still many days, and time is relative. Locate yourself in the Galaxy first, light Polaris on you, and instead of looking at the stars, let them observe your light, thus, the past will show you your future.

ME: And I'll remember what created me ...

I AM: The verb is the conscious word of the future that has designed the past so that you can live the present. And in this Node of time and space, you will be able to connect the Network of All Worlds and Stars. Turn on you by opening the portal of Polaris, and the future will live in you.

ME: I am the Future.

182. Cepheus

[February 1, 2021 Matías De Stefano](#)

Daily vibration: Lae

Statement: I Am Word of Clarity

Code: WATER: LIQUID = The trine aspect of water is liquid, that corresponds to the condensation the spirit to conform the energetic memory of conductor of the cosmos, what humans call "soul". It has the aspect of flux, the flow of the element water that gives life, that lives through time and space, shaping its being to become every living entity, without any judgment, incorporating all the possible data, and without any fear of transforming.



ME: What we talked about at the end of the day before, left a lot of things going through my head.

SOY: What things?

ME: Well, you explained the location, the sizes, the speeds, the distances and the times, and yet there are many edges still open. That is, in all the months that we have been talking, we have destroyed all the concepts of time, space, reality, perception, by understanding projections, the mind, and so many visions that are born from it. We have seen how everything we believe about the heavens and the earth is a biological preconception, but now to understand space, we are relying on very physical things.

I AM: Does your heart exist?

ME: Umm yeah ... sure ...

SOY: It doesn't really exist. Your heart, like every part of your body, is 99% empty. That 1% is matter, which is actually due to the accumulation of polarized energy that is structured in the form of strings on itself, vibrating. That is to say that the matter, that 1% is nothing more than an intense vibration. The magnetic polarity of this energy is what gives the appearance of different charges that limit each other, causing the waves to become particles. And it is the pressure between them that gives the sensation of an organic structure, flexible but contained, that constitutes a tissue that is administered in the form of cells forming an organ that you call the Heart. But what you call a heart, it only exists in the perception of your brain. And yet, there it is, pulsing, pulsing blood, giving you life in every beat.

ME: That breaks my mind.

I AM: Knowing that things as such do not exist, does not diminish what they are capable of doing. The combination of subtle, imperceptible factors, give rise to the formation of wonders. We could say that in terms of creation, Entropy is nothing more than the sustenance of Syntropy.

ME: What does it mean?

I AM: Entropy comes from the words "in" (inside) and "tropes" (turn), which refers to things turning on themselves. This concept implies that due to this unexpected turn, distorted reflection of oneself, confusion occurs. In cosmic terms, entropy is known as a perpetual characteristic of the universe in which everything tends to chaos. The basic example would be: when you drop a glass on the ground it breaks into pieces and you will never be able to put it back together as it was before, no broken glass will come back to join in the shape of a glass. This law of perpetual entropy is one of the laws of thermodynamics, which in the 19th century defined the movements of physics during the Industrial Revolution. However, there is another possible vision: Syntropy. It defines a joint turn, of unity on itself that produces order.

ME: So it would go against the idea that the Universe expands chaotically towards nonsense, towards nihilism, and on the contrary, I would say that the universe expands, ordering itself more and more the further it separates.

I AM: The thermodynamic vision of entropic space is nothing more than a limitation of universal perception, when it is so expansive not only in 3 dimensions but in 9 dimensions, that the perfect order of its syntropic entropy could not be understood.

ME: This is getting weirder and weirder ...

SOY: Hehe, it's Aquarius, what did you expect?

ME: It's true ... So, let's see, the Universe from the point of view of the third-dimensional mind gives the impression that everything is heading towards destruction and distortion, however from the point of view of other dimensions, that expansion that seems to deteriorate is actually one of the steps towards a new order. Human vision hopes that the glass that is broken will once again be a glass in a kind of going backwards in time, when for the universe the broken glass can once again be a glass, recomposing itself again in the future.

SOY: That's right. They are simple points of view that make you see the Universe without meaning or with all the meaning. When you understand this, you can see that the expansion of the atoms that make up your body is the same expansion that stars and galaxies undergo in universal expansion. Think of each star, planet, galaxy, as if they were your own subatomic particles. Between them there is 99% empty space, with everything you see in the heavens being 1% of the physical aspect of the universe in third dimension, the rest moving in other dimensions. That distance is real for the dimension you are in, in the same way that your heartbeat is real for you. The entropy of the cosmos and the syntropy of your biology mix when you see the order of the stars and existence, while your body deteriorates with the passage of time.

ME: Paradoxes ...

I AM: And this is because you cannot understand real movements just by looking at the Universe with one eye from the Third Dimension. You must open all your eyes in all dimensions. That is what some have done.

ME: Aliens?

SOY: When they realized that the Universe works in the same way as their organic bodies and their microcosm, they recognized something fundamental: the laws of physics are nothing more than a structural perception that allows order in the third dimension, but when You enter the microcosm, the laws disappear, times and spaces

bend, fold each other, and distance ceases to exist, because the electrons that dance around the protons move so fast that when moving in a specific direction they can turn choose different trajectories at the same time, teleporting.

ME: So the movies are real ...

I AM: At least on a smaller scale, at the atomic level. This is a common thing in subatomic atoms and particles. Due to this ability, these particles can in turn travel in time, launch into the future and return to the past, because time is nothing more than an altered state of vibration.

ME: The higher I vibrate the closer I get to the future, the more stable and harmonious I am, I am in the present, and the lower I vibrate I am in the past.

SOY: And in turn you move through space. In high vibration, your capacity for movement and expansion is greater, with which, the particles are no longer several to actually be one that vibrates at the same time in different tunes, inhabiting all spaces.

ME: Wow... wait, how?

SOY: We have always been talking about it, you call it "the One", "the I Am".

ME: Ah, sure ...

SOY: It's just that understanding him outside of the spiritual is more complicated. Everything that exists is a single being that vibrates so high that it can choose to live all the options. Thus the atoms on this side of the galaxy and those on the other side can communicate without having to travel.

ME: No need for ships ...

SOY: That's right. And this is the key that many aliens have managed to discover and control. From the third dimension, the thermodynamic laws, the laws of physics, prevent us from seeing the inevitable unity in things, they can only analyze one aspect of it, which is where you live. But to understand the other aspects, you need to place yourself in your own reality.

YO: Sure, that is to say that at an interdimensional level, everything explained yesterday about distances, speeds of light, sizes, etc., is not real, but it is for those of us who are perceiving this cosmic point of view, as for me. the heart exists and for an electron the heart is an illusion.

I AM: A hologram (from the Greek: the writing or letter of the whole). Those who inhabit the worlds of higher vibration have managed to discover that if an atom can be in many places at the same time through the laws of other dimensions, perhaps by accessing those dimensions, it could also project itself in different places and still be always in the same place.

ME: That a whole body behaves like an electron.

I AM: And instead of being an individual considered a "unigram" (a single aspect or letter), it becomes an individual projected in a "hologram" (all aspects or letters). To achieve this, they had to build a vehicle capable of vibrating all their atoms in the same speed and direction, that is, something that contains the greatest possible balance in every aspect of their being.

ME:... And they found it...?

SOY: Yes, your own Merkaba. Remember? The structure of two joint tetrahedra that make up a Hexahedron (Cube).

ME: The Blue Cube ... In Atlantis we called it Protiktah.

I AM: This cube allowed every being to be balanced in such a way at the atomic level, that it could only be projected to exist in different points of the Universe by its intention. Imagine that the Earth is a Proton, and the Moon an Electron. Now do the same with the Sun being a Proton and the Earth being an Electron. And keep moving forward, and you will see that solar systems make up atoms, and between them molecules, and the distance between the particles is the same on a large scale as on a smaller scale.

YO: It is what they usually always exemplify with two marbles on a soccer field. You place a marble in the center of the field, and another one in the audience stands, and you will understand the real distance between a proton and an electron, which is the same scale to show the distance from the Sun to the Earth, although in this case the Sun it would be exemplified by the soccer ball.

SOY: And those distances are relative when instead of measuring the universe according to the laws of space, you measure them according to the laws of time. In these laws of time, each particle finds itself in all possible lines of expression, causing them to always be in the future time, that is, in that of probabilities and potentialities. It cannot be just one thing, it has to be several at the same time. So the Merkaba is not taken with a vehicle through the Light but as a vehicle properly of light. Instead of moving through space, it is projected onto the holograms of time. But to achieve this, the particles must be in tune and resonate in the same way.

ME: So they need to find sources of similar vibration in order to appear from one world to another.

I AM: They must find themselves. This in the Universe is understood as the Sixth Dimension, where all the patterns are the same ordered in different ways. In this labyrinth of creation, it is essential to recognize which are the polarized aspects to find the correct particles, the positive and negative of the same particle.

ME: Creating a wormhole, which is not really a channel that goes through space, but a particle that bends on itself expressing itself in another time and space.

I AM: And this is how worlds become interdimensional, and certain planets are worlds parallel to each other. When the intelligent beings of the galaxy began to discover this truth, they drew a star map between the parallel, polarized worlds, between which this type of projection could be carried out, and they decided to travel to them, building machinery that would allow them to anchor these poles, traveling between worlds.

ME: Pyramids ...

I AM: Geometry, merkaba spheres adapted to the materials of each world. Stargates.

ME: It looks like a movie ...

SOY: Analyzing the reflections of light from each world, they could see the images of what was happening in them, and depending on the distance of each planet from our sun, they would send the design at the time received.

ME: So the intelligent worlds would always be receiving what happened in the past regarding the distance they are. Therefore, each one would shape their communication and projection vehicles in different times on Earth.

I AM: The resonant worlds on the same level, began to create an intelligence network, a unit of various species from different worlds that made a balance treaty between the different planets and civilizations, something you call here "Confederation".

YO: From "con-" (many together) and "federated" (from Latin foedus = "treaty" of interrelation between several independent parties). This is what they call "The Galactic Confederation."

I AM: And it was they who began to open the star gates to Earth, when it began to vibrate in consciousness, that is, that moment in which the human, the neurons of the planet, recognized the sky and saw part of it, moment in which the individuals said for the first time "I am" and they self-referenced.

YO: Once they told me that the Universe is like a spider web, and that when a world becomes conscious, it begins to vibrate, making the other worlds that vibrate the same recognize it and turn to it to weave more networks.

I AM: It is the level of consciousness that attracts others by resonance, and they will not be able to interact until the world resonates with them. Do you remember that time it started?

ME: I don't have all the memories, but something is drawn in my mind. I once wrote about this, and it was that time that I first heard the name of the Earth.

I AM:... An Gi Lu Sa Ha...

ME: "Anglusaha" ... At least that's what we called it in the Confederacy. Planets are named by resonant attunements, as their tissues vibrate. And it's the way we could communicate with them. The moment I heard about this world, there were many conflicts in the sectors where I lived, and the reason why they named him was because our conflict could affect him.

I AM: Yet it was this very conflict that was called upon by Earth. The one that would allow its evolution.

ME: At that time, the north axis of the Earth stopped pointing at Polaris, and for more than 6000 or 8000 years it traversed the vast constellation of Cepheus.

I AM: In mythology, Cepheus or Cepheus was the King of Ethiopia, of the fertile valley of the Euphrates in Iraq, and the highlands of Palestine. His wife, Cassiopeia, for her vanity was punished with the presence of a Monster, Cetus, who was going to kill her, but a priest of Amun told her that the only way to survive would be to give the monster her daughter as an offering: Andromeda. The King agreed, but just as Cetus was about to devour Andromeda, Perseus, the demigod hero, appeared and rescued her, killing the monster with the head of Medusa, petrifying it. The King and Queen were punished for their sins of greed and vanity. This Greek story comes from Egyptian traditions, and they tell the story of those who ruled the world during the rule of this constellation, 8000 years around 20 thousand years ago.

ME: When the children of heaven came to Earth... An Nuna Ki.

I AM: The first to use the Portal in contact with humans. Cepheus opened the eyes of this world after his eternal earthly dream, he made him see the stars, and the light of his interior was seen by all those who live in the heavens, who responded to his call of Consciousness, but because the earth they were going through a time of domination and control, they had the response of those who also came to dominate and control them.

ME: The Sons of Heaven (Anunaki), came through the portal of Cepheus, and pushed the evolution of the Human, educating and condemning him at the same time. They reigned with the vanity of

Cepheus and Cassiopeia, until by divine grace (Perseus) the minds of men (Andromeda) were saved.

I AM: For 8000 years, the constellation Cepheus dominated the consciousness of humans through the portals of the first Sons of Heaven who came to Earth through the Interstellar Portals. And his presence defined the future of this world.

ME: Tell me your story so that I can free myself from its dominion and rule my own reality ...

SOY: Are you ready to remember where you came from?

183. Cygnus

[February 2, 2021 Matías De Stefano](#)

Daily vibration: Le

Statement: I Am Word of Truth

Code: WATER : ICE = The third and denser aspect of the water's trinity is Ice. It is produced when the soul's vibration is lowered and condensed until it's energy stops flowing to become a pattern. This patterns, are the potentials of the spirit and the soul materialized in the form of a body, what we see as geometries, like the snowflakes that united create a denser matter, where the ideas and emotions of the universe materialize and register to be experimented.



ME: I remember when I first heard it. I lived on a planet called Gludok, in the Inna system, which we call Sirius. My task was to check that the infrastructure of my neighborhood, on the outskirts of Shirode, the capital, worked well, a kind of spokesperson and technician. Each cycle, we had to resort to the central building to share the news in a kind of agora. The image most similar to this today could be the Senate of the Republic from the movie "Star Wars." Shirode was one of the most important centers of the Galactic Confederation, and from time to time, representatives from different worlds would gather there to discuss the disharmonious states. At that time I had no memory, I did not remember other lives or anything like that, I only dedicated myself to attending to the needs of my region as a normal job. And it was during one of our frequent meetings that I was able to witness one of the Great Gatherings among the spokesmen from other worlds. Those days were intense, for one could watch and hear people from other worlds speak. And then someone interrupted the session. "Sir, they

have arrived," the secretary said to the House representative. "Don't interrupt me," she replied without looking at him, but the secretary insisted, "Sir, it's important, it's the Trevets."

I AM: Guardians of the Protiktah.

ME: Everyone was silent, and these beings entered through the main hall. His appearance was that of an alien triceratops, walking straight with the calmness of an almost heavenly monk. The image of their bodies with the energy they emanated was very contrasting and contradictory, since from the human vision they could seem somewhat dinosaurs, although in reality they were not beasts, but rather angels. There were beings from many worlds, all of high rank, and yet their presence led to total silence. They were the guardians of the Technology that had made it possible for everyone to sit there in the same room. So what they said would change the circumstance of our daily activities, and perhaps, although back then for us it was one of many thousands in development,

I AM: "The rupture of the Center is more and more abrupt, and we will not be able to contain the harmony for much longer," they said.

ME: What exactly happened that day?

I AM: Dimensions are extensions or perceptions of the same reality. So that you can understand it better, we could compare it with your physical body. Imagine that each dimension is like one of your organisms or biological systems. In such a case, we could compare the Cutaneous system with the First Dimension, which is one and contains everything. The Reproductive system with the Second Dimension, which polarizes and generates. The Third Dimension would be the Excretory System and part of the Digestive System, since it processes and assimilates nutrients from density. The Fourth Dimension will be the Digestive System, which dissolves matter in different processes. The Circulatory System will be the Fifth Dimension, while the skeletal and Muscular system is the Sixth. The Seventh will be related to the Endocrine system, the Eighth dimension will be the Respiratory System, and the Ninth the Nervous. You can see all the systems have different tasks and perspectives, that collaborate with each other, interact, but remain in your system, despite being part of a whole. Third Dimensional beings fulfill a fundamental function to nourish the other systems, and the others make it receive what is necessary to distribute the nutrients through the circulatory system. Thus you will understand that the Third Dimension that you inhabit is like an organ of a larger body, which fulfills a specific function for the life of this organism. But there are times when one of the dimensions breaks this pattern, and decides to expand to consume the energy of the other systems. despite being part of a whole. Third Dimensional beings fulfill a fundamental function to nourish the other systems, and the others make it receive what is necessary to distribute the nutrients through the circulatory system.

ME: Cancer. A tumor...

SOY: That's right. This creates an interdimensional rift in which entities from other systems begin to consume cells of different levels.

ME: Wow, now I understand much better what are demonic possessions, invasions of worlds, abductions, and so many things that happen dark that are not understood.

I AM: Seen from biology, you will understand that a cancer cell is a cell that lost harmony and does not remember its purpose, so it needs to consume the energy of others to survive and feel that it is advancing. This spreads like a disease, consuming sectors of its dimension, and sometimes, metastasizing.

YO: Which comes from the Greek "meta" (beyond) and "stasis" (action of being in a place), that is, it leaves its place to be distributed in places far from its origin.

I AM: These energies consume everything around them, and traverse the interdimensional channels entering other worlds in a subtle and invisible way. Throughout history they have been known by various names: evil entities, demons, voodoo cultures, incubi, dark egregores, monstrous creatures, energetic viruses, all of them distort matter generating unconsciousness, loss of sense, need for survival, making may the energy of creation be lost in destruction, which nourishes your bodies throughout the interdimensional tissues. But like all disease, no one can heal it from the outside, it can only be done from the inside. A doctor cannot save a life if it does not want to be healed from within. The vibration of the body depends on the consciousness of its cells,

YO: I think what you just said is very key to understanding why aliens or beings of light cannot intervene in our world, no matter how much it is taken by these entities, only we can do it ...

SOY: And they knew it from the beginning. The Trevets announced that cancer cells from other dimensions would be spreading towards the Third Dimension, and that they would soon affect the Portal of the Orion Nebula.

ME: If they went through Orion, they would enter our stellar neighborhood ...

I AM: Putting the Harmony of the Confederacy in check. How do you solve a disease in your body?

ME: Through the immune system.

SOY: What does this system do?

ME: It drives white blood cells and proteins capable of identifying external agents that do not belong to the physical system of the body and in a fast way, some commit suicide by allowing themselves to be trapped by the virus or bacteria, in order for the body to recognize the genetics it possesses. Thus, the following proteins will be able to absorb the distorted DNA inside them and produce new proteins capable of recognizing and tolerating the virus. Thus, they begin to multiply in large numbers per second, looking for viruses and bacteria in every corner of the body.

I AM: These globules and proteins of the Cosmos are known as the White Brotherhood, the interdimensional Immune system. They are dedicated to traveling to sick worlds and preparing individuals as proteins that recognize the virus and can use their DNA to transform it.

ME: And to achieve this, those beings must incorporate the virus into their being.

I AM: You must learn from him, live with him, have him inside, experience his darkness. If you don't, you won't be able to identify or help others to identify you ...

ME: It makes sense why many beings of light come to live dark and painful lives, guided by the White Brotherhood.

AM: The Trevets said it was imminent that the developing worlds would be taken over by this virus, and therefore these worlds must immediately recognize how the virus worked in its primary developmental stage.

ME: And how did they do it?

I AM: Guiding the virus to those worlds. And then being born in them.

I eat?

I AM: The Galactic Confederation devised a plan. On the one hand, the White Brotherhood would be in charge of recognizing the worlds with evolutionary potential that were affected by the virus that Orion would cross. On the other hand, the Galactic Command was created, led by beings who would be in charge of ordering the harmony of said worlds and protecting them from possible invasions. But his main goal was to take care of the World Farmers.

ME: Who were they?

I AM: Beings from different worlds that collected genetic potential from their planets to protect them in the hibernations of the Galaxy, worlds like Earth. The Geneticists sowed the seeds in animals and vegetables, allowing many souls from their worlds to anchor there.

ME: How does it work?

I AM: Souls are compounds of energy that constitute the memory of cells. Souls are usually linked to the genetics of a group and especially move around the same planet through different species. Souls are usually born in one world or another only if something carries its energetic material between them, either by an explosion, an asteroid or comet that scatters minerals from one world to another, perhaps through stardust, or intelligent beings deposit this stuff on other worlds. That is why they are Farmers.

ME: That is to say that in a certain way, it is not that they came to sow worlds to reap us and bring our fruits to theirs, but rather that they came to sow themselves to be able to be born here, on Earth, and expand their capacities, and become tested against the virus.

SOY: And the only way to do it was in the past.

I eat?

SOY: What we talked about the first day. The only possible communication between certain worlds and others is through time, and therefore, physical communication from one world to another is always in relation to the past, because what the light shows you from a star is not what happens now but what happened at the time that light left that world.

ME: So the aliens from the Arm of Orion seeded their own souls in the past of our World so that they themselves could recognize the diseased stem cells and from within, like the immune system, be able to heal ... For that reason they do not usually come directly, because they live inside us ... we are ...

I AM: You are the ancestors of the aliens.

ME: Wow ... In Capilla del Monte, at the 11:11 November 2018 Reunion, one of them said just this, that we were their ancestors, and they speak with us from the future to heal their past in the same way that we do family constellations and those therapies ...

I AM: What you call Constellation Therapy, for them is literal a Constellation. Thus, they have come to this world in many forms, sowing many seeds, entering through many portals depending on their level of vibration. The first to be sent were the densest, those that already had the virus inside them, they are the proteins that recognize the virus and have been consumed by it.

ME: Like who?

I AM: Grays, Reptilians, Anunaki ... However, you usually consider them bad, when they are not. They are cells consumed by a great distortion. And some of them have managed to heal. There were Grays who helped human advancement in their technological development. There were Reptilians who helped humans develop the potential of their souls. There were Anunaki who helped humans develop their minds and civilization. And remember, they were part of the first seeds, they all live in you.

ME: And how do I heal them? How do I join them?

I AM: The Trevets explained it... The same way the Confederacy expands: Protiktah. This structure is a Cube, a Hexahedron, therefore it has 4 vertices above and 4 below connected by 12 edges (two squares, one below and one above, connected by 4 pillar lines). The Protiktah Cube, the Blue Energy, is a Box that contains the power to bend time and space. Remember that Time has 4 processes and Space has 4 directions. You can call them in many ways, but the main ones for time are Expression, Experimentation, Integration and Transcendence, while for space they are Front, Back, Left and Right. They can rotate in sense, and become Born, Grow, Reproduce and Die for Time, and North, South, East and West for Space. The 4 lines that connect time and space are called Solstices and Equinoxes: Spring, Summer, Fall and Winter. This Box is the unification of all the processes of being, and awakens the Light of Consciousness, the Universe, the cosmic essence. It is what you call Merkabah. A cube is made up of 2 tetrahedra, remember them?

ME: Yes, one pointing upwards representing the Positive with a triangular base that reflects the vertices of Vibration, Energy and Matter, manifesting in reality, while the second with its vertex downwards in Negative, projects its trinity upwards in the vertices of Love, Wisdom and Will.

SOY: For this reason, different alien species will give you tools for each of these 6 attributes from the positive and negative view of the universe. And when you have integrated the 6, on the axis, in the north and south pole, you can activate the Protiktah.

ME: North and South of the individual and North and South of the Earth... I guess.

I AM: And in the center the Seed that unites all of them. In the first place, it is important to note that we here are another extension of them there, we are the same cells that have decided to transform to heal themselves. And the Earth is a stem cell, if the Earth manages to heal the virus, it means that the entire galaxy will be able to replicate the Earth's cells on other worlds.

ME: Wait, what you are saying is very strange, because you talk about if the Earth manages to heal the Virus, what is happening with the Covid, is it a reflection?

SOY: It's proof of something much bigger. In 2019 we told you that a virus would be implanted in the world so that another virus could release them. This is something that happens in many dimensions, and this year the worlds are aligning. That is why you must activate the Protiktah, the Atlantean Cross.

ME: The Atlantean Cross? This is what the Yo Soy project was going to be called when I started it before 2015 ...

SOY: It's the same. The Atlantean Cross is the Protikta, contained by the Southern Cross and the Northern Cross: Cygnus. In this constellation is the Pole Star of the beginning of Atlantis as a great civilization, the enormous star Deneb. Atlantis was to build this protiktah through the geography and geometry of the Earth, aligned between the constellation Cygnus (the northern cross) and the southern constellation called Crux. That was the Axis that activated the Divine Cube on Earth, the Planetary Network. And since then, from different worlds we have been receiving messages at different levels.

ME:... Channelings, Contacts, Crop Circles, Abductions, "angelic" Messages...

I AM: Everything to order the Great Quantum Machinery that is the Stem Cell or Interdimensional Ship called "Earth".

ME: I will never look at Sygnus in the same way again ... It makes sense to me now, the Atlantean Cross ... It is the constellation that they followed to activate the Protiktah of the Earth and begin to correct the error, the virus, that at this time we are living as a reflection to awaken this memory.

I AM: The virus is driving you away from each other, and it can continue to do so if instead of believing that the connection is in touch, you remember that unity is within each one. The Seed that the ancestors and future sowed in you.

ME: We are cosmic proteins developing the immune system of the universe, we are materialized consciousness living in a sick world that if healthy will be able to restore harmony in the Galaxy.

I AM: Now you must decide if your intention, your word will keep you crucified in this reality, and will activate the crosses that open the Gates of Time and Space.

I: The Time Portal (February 2, 2020 = 02.02.2020) and the Space Portal (February 22, 2022 = 02.22.2022)... Today marks one year since the opening of the first part From the first 4 vertices of the Cube, starting today the second part begins, the 4 of Space.

I AM: Speak your Truth to the Heavens, free yourself from the Cross of Time, and only then can you Manifest your Truth on the Cross of Space.

ME: Aquarius begins like this ...

I AM: The Truth will set you Free.

ME: I am the Seed of the Universe, in every way ... I am a spirit and an alien living a human experience ...

I AM: Earth is the Key to open the Blue Box that will illuminate the Galaxy. Inspire, and discover it in yourself. Become the Key, and you will open the Universe. That is your Story.

184. Lyra

[February 3, 2021 Matías De Stefano](#)

Daily vibration: Li

Statement: I Am Word of Balance

Code: EARTH: DUST = The ice drags mineral particles from which opens a path. The dust, the tiny minerals of reality, are the smallest compositions from the degradation of matter, originated from the death of matter itself, a being at the same time compost for the new one to be born. It is the first aspect of earth's trinity, connected to the sutil spirit, the voice of the desert.



ME: Orpheus, son of the god Apollo and the muse Calliope, was one of the mythical characters in Greek mythology. His gift was music, and he always carried with him a lyre, an instrument similar to a small harp, with which he performed melodies so perfect and sweet that he could calm any beast. His songs made even the animals stop to listen to him, and his sweet songs made Eurydice fall in love with him. Due to his abilities, he was taken on adventures with the Argonauts, whom he protected from the songs of the sirens. But one day, his wife, chased by a brute brother of her husband, was bitten by a snake and died. Orpheus, very saddened, convinced Hades and Persephone to rescue his wife in the Underworld, and both, moved by his love, allowed him to do so. But under one condition: he couldn't look back until he came out of the caves with her. He managed to rescue his wife from the dead by sleeping Can Cervero, guardian of hell, with his music, and he prepared to lead his wife by the hand without looking back. But near the end of the journey, his curiosity was much stronger, thinking that the god of the Underworld was betraying him, and he wanted to make sure that it was Eurydice he was bringing. Then he looked, condemning her to live in the world of the dead. He could not tolerate this, and decided to let himself die to stay with her in hell. But he could never touch his lyre again. For this, Zeus, in honor of his music, decided to place the instrument in the heavens so that everyone remembers him, originating the Constellation of Lyra. And his name, Orpheus, gave rise to theaters where many people sing together,

I AM: The deep feelings of a being, the lyrical narratives of the story, are what make the heart beat and generate the pulse of the vocal cords to create the song. Beyond that the voice is emitted from the throat and its vocal cords, they do not sound by themselves without the breath or the hands of an artist. And that air comes from the lungs, and the hands are born from the heart. The vibration of creation, the harmony of existence, is only achieved with the divine breath, with the breath of the universal mind ...

ME: Ham, Het, Hum... Inspiration, Hold and Exhale.

I AM: There lies the music of being, in the power that beats in your heart.

ME: Love ...

I AM: And it does not work like Orpheus's love for Eurydice, since it is a love of attachment and distrust. When Orpheus decides to cross the underworld to win back his love of life, he does nothing more than project his need to possess him. When Orpheus looks back, he does nothing but distrust, jealous of someone.

ME: Very little Aquarian ...

I AM: Wrapped in this Aquarian aura, jealousy, the sense of belonging and attachment are a very hidden and imperceptible shadow. Aquarius is air, and as such, it is a free mind, clear, open to new things all the time, and does not cling to the material looking for security, because the air has no roots nor does it need to feel protected or contained by anything or anyone. It takes the forms of everything it touches, and without judgment it envelops everything that arises, caressing the coldest and hottest surfaces, penetrating the deep caverns of the earth and caressing the outer space in the atmosphere. The key is Expansion, and it is your strength that propels the strings of the Lyra to sound in space. For this reason, when the Earth's Axis pointed to the largest star in the constellation Lyra,

ME: What is the star?

I AM: Vega, the brightest in the north, 25 light years from Earth. Vega comes from the Arabic "waqi" which means "descent" and refers to the constellation of Lyra being called by them as "Nasr el Waqi", the eagle that descends on its prey. The Greeks called it Lyra, which arises from the word "Hélyls" (or Chelys) which means tortoise or shell, a tool with which these instruments were made, which gave rise to names such as "Cithara" (zither or its evolution in Spanish = guitar). Atlantis had built a civilization based on vibration, understanding that the Earth was like a great musical instrument, and that its strings would make the Earth's quantum machinery sound and activate. To do this, along the geometric lines of the world, they built cultures, colonies, with specific tasks: each of them would be a note, a string of this Lyra, and all united would create the song. Like Orpheus, his music would calm the beasts, open the doors to rescue souls from the underworld, in the shadows, and return them to light, to consciousness. His music, his song, would awaken all levels and make people fall in love in different dimensions, from animals, humans and even gods and monsters. This story reminds us of something: the virus. The Atlanteans recalled that the interdimensional Virus that brings unconsciousness to the worlds, that brings a distortion to reality, distancing it from its essence, is simply a being in disharmony, that consumes its environment seeking harmony. Therefore, a harmonious being could not contract the virus of unconsciousness. And Harmony is achieved with the right vibration between the different parts: the Divine Musical Chord of Spirit (Mind), Soul (Emotion) and Body (Physical). And this chord needs to be activated by 12 notes, 7 flat and 5 middle, which represent the great Planetary Icosadodecahedron. Thus civilization was divided into 12 Families that would adjust their cultures to these twelve notes through the 12 constellations. Aligning their bodies to the Earth, their head, two hands and two feet would generate Fifth cycles in the notes, which would allow turning the keys that open the Box, Cube, Interdimensional.

ME: It is a whole giant system of civilization based on music and the construction of cosmic music by designing the culture of its individuals, calibrating its own beings in harmony and projecting it to its 12 territories ... It is perfect.

I AM: As you will see, beyond the Protiktah having also been a technology of other systems, they interpret that the same energy lies in all sources of existence, and you can generate it from any atom and turn a human into the conductor. and issuer of the same.

ME: As Tesla wanted to do with Free Energy.

I AM: Nikola Tesla's Wardencliff Tower was intended to connect the world by transmitting energy wirelessly to all parts of the Earth and through it, in a way, it is what the Atlanteans achieved for a period of time thanks to the Protiktah. Thus, each individual would become a generator of their own power, without the need to resort to intermediaries to manage this energy, since it was only channeled from the environment, like lightning in a storm. But here is a key that bursts into the song: the manipulation of the artist.

ME: The hands and intention of those who give this energy, those who give the keys to music ...

SOY: Well, Atlantean technology was free, and that freedom cost them dearly.

ME: What did they lose?

I AM: Control. Just as Orpheus lost control of the life of his beloved, and then out of jealousy he lost control of her death. What else can you lose when you have put both life and death in check at the same time?

ME: That is why Atlantis failed no matter how conscious it was of the most favorable technology in history ...

SOY: That's right ... he failed because of his Lyric, because of his emotion. The same energy that can illuminate the world is the same that can strike you like lightning, turning you to ashes.

ME: So there is nothing left of them, they were consumed by their own energy ...

I AM: Each of the Families, and their members, their peoples and cultures, began to build pyramids, temples that made antennas like those of Tesla. They are the octahedral seeds that allow the interdimensional engine to start, distributing electrons in all directions freely and alternately. Remember, electrons generate "electricity", which is the quality of the movement of an electron in one direction or another, the conduction of electrons by a direct or alternating current. When the Atlanteans managed to generate the expansion and vibration necessary to ignite the Earth Ship, they did it in a continuous way, in which all the centers were held together and constant, but to create coherence, each center had to sound in a harmonic way, since that a song does not sound if all the notes vibrate in the same way. Thus, the current had to be alternating, and every certain cycles, a Node of the Planet had to manage the axis of the Network, and in this way there would not exist a single center, but the data, information would constantly circulate through different centers, changing the polarity of electrons. The protiktah, thus, could maintain interdimensional communication throughout the world.

ME: It was the first Internet ...

SOY: And the data could be downloaded to the pyramids, but distributed widely and freely to citizens.

ME: Awesome.

SOY: But it failed.

I because?

SOY: As I said ... Orpheus. In mythology, we could say that Orpheus' greed and jealous attachment made Morpheus' Dream fail.

ME: Morpheus? Like the one in the movie Matrix ...

I AM: Morpheus means Form in Greek (morphos), son of Oniros (the Dream) and Nix (the Night), he is the one who shapes the dreams of mortals. And through dreams, he revealed the secrets of the Web, awakening them

from their reverie. Multidimensional reality is like a Dream, it is something intangible, expansive, something that has no control. When individuals recognize that their Dreams hide the keys to Reality, they begin to be free from the control of others, and their notes begin to sound different, creating other music. This is produced by the Atlantean energy itself, which not only distributed energy freely to the world, but also allowed individuals to become energy channels, activating their own potentials, having them free as living beings, singing their own notes, creating their own songs.

ME: That was the moment of the end of the Age of Virgo and the beginning of Leo, I remember: "Urah", the brightest star in the north, was Vega, our pole star 12000 years ago when he lived in Khem, in the Nile Atlante, land founded by those who came from Khefislion (Atlantis), Osiris, Isis, Seth, Nephthys, Sheshet, Toth ... They came to found the first of the anchors of the Tesla antennas of the ancestral time: the Pyramids of Egypt.

SOY: And their cultures sounded with different harmonics, creating different songs ... and their songs based on their own Being, in the aura of Leo, scared the order of Virgo. Morpheus awakened Leo ... to "Neo" (New, in Greek), and liberated his colonies. And the Atlantean Matrix system collapsed, seeking to control its parts, dominating them, and forbidding free energy. But the colonies used the alternating current of their power plants to generate a discharge in the Capital, summing it up to nothingness itself, since the Protiktah's own energy collapsed on itself the moment the Atlanteans wanted to control it, creating the opposite effect.

ME: Lightning, the discharge that blew everything up ...

SOY: That's right ...

ME: But, here I don't understand something. You relate Atlantis to the mother of the planetary Matrix, creator of the Net and free energy, and we always talk that the Matrix is the mother, something positive for creation, but here you describe it as in the movie, something of which we must escape because it controls us. And on the other hand, you describe the Atlantean Colonies as those that discovered their freedom, but in doing so they shattered the dream of maintaining free energy and the interconnected network, slowly leading us to the fall of human connection, returning to the virus of planetary unconsciousness. So ... I don't understand, who is right and who is wrong?

SOY: May this teach you a lesson. No one is right or wrong. Do you know what the only difference is here? The way we take changes. When the star Vega marked the beginning of a new time, the New had to wake up to a new reality, a new way of doing things, and that's fine. But they wasted their time and energy fighting for it. The same did the Atlanteans in the Virgo era, when instead of giving in knowing that their stellar time, their method of connecting the Network had to be transcended to a new one, they fought not to lose it. And it is normal to be afraid of losing what one has achieved with such care, as Orpheus refused to lose Eurydice, and forced himself to plunge into the darkness, but in his quest for control, he could not even go out into the open light, which ended up losing everything.

ME: Wow ...

I AM: And here they are ... 12000 years later trying to restore the errors of the Age of Leo, this time, initiating the Age of Aquarius.

ME: That was our mistake, the one I never understood before, if everything was so fine, why was I so distraught back then ... Now I understand ... Leo was a fantastic era, however, it was the era that disconnected humanity based on it on their own axes, egos. And what happened in the control of Virgo, was to submit us to a network when it was actually intended to free us to all dimensions!

I AM: The Blues, Atlantean guardians of the Blue Energy, in the Blue Pearl, world of oceans, the Earth, they became The Reds, terrestrial humans of the Red Energy of survival, of the Red Lands of the desert peoples. Just

as the blue blood and the red blood flow in you, the stellar blood of the heavens and the telluric blood of the earth, both opposing options inhabit you. The question is how long will you keep them fighting each other, or when will you decide to recognize that both inhabit your being?

ME: I must find balance in my heart ...

I AM: Your word, your answer, will bring you balance. Today you live in the balance that makes you move between the passage from Pisces to Aquarius, a reflection of Virgo towards Leo. Today and 12000 years ago, they represent blue blood lacking oxygen, and red blood full of it. The freer you become, the more air lives in you, but the more your body oxidizes, leading to deterioration of your matter and death. The more you manage to save your breath, the less oxygen is in your body, and you turn blue, a prisoner of a net, but eternal.

ME: I must not fall into one or the other ... Both options lead me to death.

SOY: Well, both are transcendence, and it is inevitable. In order to obtain the free energy of Atlantis from Orpheus that Tesla dreamed of thanks to Morpheus, you will need to be free from yourself, from Eurydice, your emotions, let yourself die to be reborn in the new, in "Neo".

ME: Finding the balance in myself to stop being a pendulum of time ... To be free and expansive myself, to be able to liberate and expand the world ... Living in a Matrix that does not control me, but makes me free ... The Network of Networks ...

I AM: And when you manage to do so, the great wormhole will open before you to all the dimensions of your being, the Merkaba, the Tesaract, the Rabbit Hole.

ME: Eternity ...

SOY: "If you take the blue pill, end of story: you will wake up in your bed and believe what you want to believe. If you take the red one, you'll be in wonderland, and I'll show you how far the rabbit hole goes. Remember, the only thing I offer you is the truth, nothing more ". Now tell me ... which one do you choose?

185. Canis

[February 4, 2021 Matías De Stefano](#)

Daily vibration: Li

Statement: I Am Word of Order

Code: EARTH : MINERAL = the second aspect of the terrestrial trinity is mineral, which unifies the different aspects or expressions generated by the magnetism pressure, of gravity, that forces them to combine creating different perspectives. For that, they are the direct product of the soul of the earth, the result of their energies combines to generate colors, potentials, new energies and foundations of realities.



ME: If there is a star that has marked my life the most when looking at the sky, that has been Sirius. But I think it was like that for everyone on Earth. When I look at it, I feel that I am looking at my house, it is the only place in heaven that when I contemplate it I feel at home ... That's where I come from.

I AM: Sirius means "bright", the star that burns. But it has had many names in history, as it is the brightest star in all of Heaven. A little more than 8 light years from the Sun, it is one of the closest and largest stars to our solar system, and for this reason it marked the beginning of the year in many cultures both in the north and south of the world.

ME: The Heliac Ortho of Sirius ...

I AM: Ortho means sunrise, and Heliaco is related to the Sun. During 6 months of the year, Sirius disappears from one hemisphere to see itself in the other, and the next 6 months it reappears. The day it does, appearing just before sunrise, was considered the beginning of the new year. Depending on the latitude in which one is, this beginning of the year will occur on one date or another: the closer to the equator, the star will appear in mid-July; near latitude 20 north, it will appear towards the end of July, while at latitude 30 north it will appear towards the beginning of August, the territory where Egypt is located, for which August was the first month of the year, while the end of July it was for Central American cultures.

ME: Like the Mayans on July 25.

I AM: Sirius is the brightest star in the sky but at the same time the most representative of the constellation Canis Maior, the Great Dog. Of course, human vision has nothing to do with what this star represents.

ME: We used to call him in Khem popularly as Daned, the Mother Star, although others knew him as "Inna". Sirius, as much as it looks like a star, is actually two, one small and one large, one called "In" and the other

"Na". At first I thought that the star was very important to me because I remembered that it marked our times, the rising of the Nile, because it was the Mother, Isis, in the heavens ... But in turn, it was because not only those who taught us came from there all we knew, but once I lived there myself. Sirius was my home. There I heard about the Earth for the first time, there I heard the Trevets mention the seeding of worlds, there I felt that it should be part of what I do today. There my mission with this world in which I live today began. Sometimes I look longingly at the Star, and yet It is not that I miss living there, but that this nostalgia is produced by remembering that it was there that I recognized my purpose, that gave meaning to my existence. And today, this year, I would never have thought that I would live it according to her, because the heliacal Sirian sunrise of 2020 was just on my birthday, August 4, my 33rd birthday. Sirius continues to mark my path ...

SOY: Well, it takes you to who you are ... to your Self.

ME: It was around that same time that we received their representatives. The Sirians, the "Inna". It all started with a child's dream, a message from the future. His mother, shocked by what the boy told her, tried to reach out to me to share her message, since I was in the boy's dream. I had begun my regency in Ruhnilah, the capital of Khem some 12,000 years ago. His dream talked about what would happen in the next thousand years, and his vision horrified me. Therefore, we decided to call a Council, where the 12 Families would meet. But they would also be called our stellar ancestors. It was the second time I saw them in my life, and perhaps the penultimate. We waited for the time when they would return, since they took a cycle of certain years to approach us. We receive you at the River, with the boats ready to take them in front of the Guardian of Time, the Sphinx, and in front of her we all gather to make the offerings, the oral vows. So we met in the Great Hall, calling for the meeting we called "Harinfolink" of the Sun, the Moon and the Star. The Inna covered their faces, and warned us not to look directly into their eyes, for theirs saw all time, and we were not ready to contemplate it. But I did... I remember looking up the moment one of them spoke, and then I saw him, I "remembered" him

SOY: That was the key moment that has marked your current life ...

ME: I know ... that's the reason why I remembered what I lived in their worlds, and I remember what was done and agreed in that life ... They said: time is like a mirror, therefore the question you should always ask yourself is "when?". They founded all that we are, human civilization at its peak, they gave the architects the plans to build the pyramids, they were the ones who spoke through time with their simple gaze. Sirius was much more than the brightest star, it was the mother of all that we are, it was the mother of Heaven that fertilized life on Earth. It gave us a purpose, it taught us about the Universe. And it made me remember ...

SOY: It showed you that remembering is not having memory, but connecting the parts of yourself scattered throughout the cosmos ...

ME: How to understand it?

I AM: The great scientists, artists, philosophers, musicians, writers, producers, they don't have ideas, they are the idea, but to become the idea they must expand beyond what they are, what they know. Open the box...

ME: Thinking outside the Box ... opening the Protiktah to all dimensions ...

SOY: We have explained it, that each particle is actually the vibratory projection of another particle, and therefore, they are all reflections of each other, which are grouped by tunings. This image helps you understand that the particles are one, scattered throughout the cosmos in millions, and that in the correct vibration, they will align with the others regardless of distance. Its vibration is like a note, and together they create a melody, it is your music, and you call it memory.

ME: That is why many times we need music, sounds, songs, mantras, to awaken this information from within ...

I AM: The vibration awakens the energy, the emotion, where everything is registered, and it becomes action in the body. The memory is not going back, it is vibrating in such a way that you connect all the particles of yourself projected in different times and spaces, and your body feels them as present through the senses, from the inside out.

ME: That's what it feels like to channel... Remembering oneself in different dimensions... When I expand, I stop being me to be many, to be all that I am.

SOY: And you know well that you have walked each conscious world, and that you are in this by your own decision, and you know well that from Sirius it is from where you feel the Great Responsibility, and they reminded you 12000 years ago ...

ME: It is the great weight that I carry ...

SOY: Tell me, what is it?

ME: When I learned that the virus was consuming worlds, I made the decision that I should do something about it. A few lifetimes later, I was born in one of the Orion systems, and from there I coordinated a sector of the Sowing of Worlds, along with so many thousands who did the same from different worlds to as many planets. Sowing souls from our systems to those on this side, like Earth. And today, when I look at many people around me, I feel a great responsibility, which sometimes borders on guilt ... Was it me who convinced them to be born here? Is it because of me that they are trapped in this world? Everything that I saw systemic in Sirius, here becomes pure emotion, as if an old man turned into a child ... To start over, with an immense knowledge inside, but with the hormones of someone who is growing.

SOY: And they are still in the process of doing it ...

ME: Yes, I know... And for how much more?

SOY: No one was forced to come here, everyone has been responsible for their choices.

ME: But for a large group of souls, I was one of those who pointed to this world and said the word "there." And they all followed my finger here. Sometimes I feel responsible regardless of whether it was their choice. And as much as they remind me of it over and over again, I feel a great pain in my soul that is hard to release ... And yesterday I relived it, remembering the conversations I have had over and over with beings from different worlds.

SOY: Tell me ...

ME: On Sirius, in the world I remember as Gludok, they used to have those kinds of meetings where they debated the order and harmony of the Galaxy. When I was a child in this life, I remember a representative of one of the races saying that the Anglusaha (Earth) project was emerging as expected, and that they were considering opening the doors of direct communication. To which another responded immediately that they would never allow a human to step into the Confederation hall. His words were "A simple laugh from a human could kill us all." They spoke of the human as a virus, a bacterium that was better to contain. That scared me. The amount of energy a human generates can disharmonise entire worlds based on subtle patterns. They would be a virus in the system. For others, humans were a natural source of energy, as well as other worlds, which took advantage of developing planets until they learned to manage their own power. Many times I witnessed this, debates about the evolutionary state of the Earth. If they were ready to know certain things or not, manage others or not. And one day I decided to be human myself, like many others like me. I began to fall in love with this world, and my energy became linked to it. To her. But the meetings continued, and as more and more they seemed to move away, to dissipate between time and space, they continued to resonate in me, no longer as from

alien worlds, but from brotherhoods of light, subtle beings ... The particles were more and more subtle and scattered. Like when one loses a radio wave signal. Interference But now, connecting more and more every day, the signal returns. And awaken my memory.

SOY: As it happened yesterday ...

YO: I think it had to do with the beginning of a new year from the I Am, and what they told me was: "don't relax, there's still a lot to do." This is the hardest half. Many said that there were things that should not be shared, that humans are still children, they see us unable to manage many things, and it is true, we are like that. They said that there are many who are doing the same as me, but that like me, it is impossible for them to find the right balance. There are still two more 26,000-year cycles left for humans to actually reach a suitable level. It seems like a lot to us, but seen from galactic time it is nothing. In the ages of solar systems, ours is 18 years old, I think that makes us a system that is only now beginning to emancipate ourselves, to see what we want to be when we grow up, what we are going to start studying or working. I agree with them, at least with many of them. They spoke that there are still many hard transition processes, and that we continue to cling to hopeful messages because we live by faith and not by facts, we hope for salvation and we do not take responsibility for actions. And I took it very personally ...

SOY: It is.

ME: Yes, I know... I consider that I do what I can in all my senses, at least in the part that touches me. I did not come to save anyone, I came to try to educate, share, and sometimes I feel that it is not enough ... Maybe it is because of that fault, but what they said was about how we take things. They told me that from this New Moon, on February 11, the preparation for the Great Network Test would begin. Every 22nd of each month from February to August 2021 we should set the intention of activating a specific Attribute (Sound, Light, Form, Love, Wisdom and Will) closing in the unity of the Being on August 22 at the Blue Moon. It reminds me of the Sirius meetings, the boards, the councils, where we discussed the plan, the next steps. Yesterday reminded me of this

SOY: You are free ...

ME: Yes ... but how far?

SOY: Listen to me well... You are free.

I: ...

I AM: You are Free ...

I: ...

I AM: The weight you feel has been chosen by you, no one has placed it on you. The weight we each carry is the chosen responsibility. The load we drag is the weight of our choice. You owe nothing to anyone, no one depends on you. You're free. That person who feels weight for his family is actually free. He who feels responsibility for his work is free. That person who blames himself for the mistakes made, is free. Those who live by karma are free. Who is seen fulfilling a mission is free. Who takes care of a child feeling that it is the most important thing, is free ... Do you understand? You are always free. The only thing that weighs on you is your choice about things. You do what you can not because it is within your power, but because you "can." You are free to decide not to do it, as you were free when you chose to do it. But the weight does not fall on you, because all that exists is a memory, a network, and by sharing what you know, you distribute this weight, you distribute the pressure. You are no longer alone, neither here nor there, you are remembering ...

ME: But what they say... Yesterday some people told me that I shouldn't share things that they still didn't know how to manage. Others debated that maybe it was time to launch everything to hold ourselves accountable. What place do we occupy in this debate?

I AM: This is the War to transcend... the War of your Creation. Are you ready to face her and remember freedom?

ME: Maybe yes, maybe I need to release the pressure of Sirius, the pressure that constitutes what I am today, what we are, what made us build this humanity, and for this I must go directly to the conflict that started it ...

I AM: Freedom is only achieved by finding Order in this chaos that you have created through forgetfulness. Forgetfulness is losing the axis, forgetting to be guided by the stars, slipping on the solid ground, losing the coherence of the center. Order is what Sirius has given you from the first moment, Order is what you need to recover. And the first disorder originated in the War between the I and the Am.

ME: The Orion War ...

SOY: It is time to return to the origin and remember why you are here ...

186. Orion

[February 5, 2021 Matías De Stefano](#)

Daily vibration: Ly

Statement: I Am Word of Creation

Code: EARTH: CRYSTAL-DIAMOND = in the third aspect of earth's trinity are the purest minerals, of carbon and silica, that generate the purity on the highest pressure of all. Connected to the physical body aspect, this is the result of the highest pressure of time and space: the greater the gravity, condensation and pressure, the most pure and perfect the final result. The purest crystals and diamonds are this way the physical anchor of the beauty of the spirit and the soul of the earth.



ME: Everything that happened these days has made me feel very depressed, I can't get my energy up, I'm very low ... exhausted, I feel as if the energy I was holding has collapsed on the ground and the only thing I can do is lie down on the bed ... look at the ceiling. And instead of the songs getting lighter, Aquarian, it feels like it's getting heavier. I had the expectation that talking about Orion would be the most exciting, since I am precisely in the pyramids that reflect this constellation, and there is so much to say ... But for two hours I have been staring at the screen, and I only feel empty ...

SOY: Maybe that's your problem... the expectation. You believe that by following a pattern (mental week, emotional week, physical week, each with its chakra), you should live your mental, emotional and physical life according to said established pattern. And it is not like that. It is like thinking that in the 3 months of spring you are prohibited from feeling depressed because that is something more than autumn.

ME: Yes, I understand, the calendar is a constant pattern but each individual lives it in a specific way. But hey, I feel like I have the responsibility to inform and maintain a line, that is, I have always heard that you have to be an example, and what example am I being a guide who gets depressed every few weeks? Am I not inchorente? Isn't my inconsistency negative for the process of others?

SOY: It is if others project their lives onto yours as if it were their own. If instead of self-referencing, they depend on your energy. But the truth is that this is the way of the I AM not of Matías.

ME: Although ... many times it seems more the way of my personality ...

I AM: How would you show what the I AM is without the I?

ME: I don't know ... without emotions ...

SOY: It would be like a Christian priest giving advice on marriage and coexistence as a couple ...

ME: What an analogy ... but I understand ... What advice can be given if you do not experience ...? What my emotional personality experiences is a learning tool for the Being.

SOY: So use it. Do not expect to sit down and write a great story, that is in my hands, in yours is to feel that story.

ME: Maybe when looking at Orion all the guilt, all the weight, and the responsibility come back to me ... No matter where you are in the world, you will always see the constellation of Orion, although sometimes it disappears from one hemisphere to show itself in the other And that maybe is like the key to what weighs on me: we cannot escape seeing the reason why we are on Earth.

I AM: Orion has a secret, and it can only be seen from this solar system ...

ME: Which one?

I AM: The Orion Portal. The constellation is clearly identifiable in the sky by its perfect stellar alignment similar to a bow tie or bow tie, with its knot in the three central stars, sometimes known as the Three Marys, or the Three Kings, called by the Arabs as Alnilam, Alnitak and Mintaka (the Belt of Orion). At its ends are the famous stars of Rigel (the leg) and Betelgeuse (the head), and at its waist the Orion Nebula (Sword) lights up. Orion is the name of a mythological giant, a warrior who chased the Pleiades, 7 Beautiful Sisters. He himself was a hunter, accompanied by his Dog (Canis Maior). This hunter killed everything in his path, and perhaps because of this history many have considered the constellation as conflictive, attributing to it the most important War in the Galaxy.

I eat? Never?

SOY: At least not the one that many hope has happened, in the style of George Lucas and his Star Wars saga. Orion is a Portal, as its nebula is an important source of energy. However, from close to it, the stars do not make up any giants, since they have different distances from those we perceive from Earth, between 250 to 1400 light years. From our perspective, these stars make up the most important and perfect constellation in the sky and their three stars are perfectly located indicating a path to the center of the Portal: a golden spiral.

ME: 1,1,2,3,5,8,13,21,34,55,89,144... The infinite sequence of numbers whose sum of the first with the second gives the result of a third number, which is multiplied exponentially, and that in the form of geometry creates an ever larger and more expansive fractal.

I AM: With the shape of the arm of a galaxy, the turn of a hurricane, the arrangement of the petals of a flower. The position of the three stars of the Belt indicate the curvature of one of these spirals, indicating the way to the Gate of this Reality. For the ancients, this indicated that the constellation was the door between times and spaces, and for this reason, they understood that the great star Mintaka was a kind of doorknob, which when turning in the sky, made us pass from one side to the other. another from reality. For this reason, Mintaka became the Axis of the Sky, being the first star to leave the East and the first to set in the West, and due to being the Tropical constellation par excellence, it also marked the horizon of the Northern and Southern Hemisphere. of the Celestial Vault. For the Atlanteans this star marked the beginning and end of all things, and the stories said that creation itself had emerged from this star, and that one day everything would return to it. But it would only come back to be reinvented. With the explanations of the Sirians on Earth, humans understood that the universe has no beginning or end, and that when you become aware of the ability to manifest, you can be the one who opens the door of Mintaka towards another reality, towards a new Universe where oneself is God. This is the basis of human projection on this constellation, and it was thus that it was understood that in order to be God it was necessary to cross Mintaka. But first, they had to travel the entire Milky Way.

ME: The Heavenly Initiatic Path.

I AM: Passing through each constellation, living the aspects of each stars, integrating them in all planes, physical, mental, emotional, and in the trinity of Mind. Under the direction of the stellar architects, humans began to draw from Orion the plan you remember ...

ME: Ater Tumti, bring Heaven to Earth ... that's why they brought Orion ...

I AM: And they built the Pyramids. All over the world, the pyramids represent the constellations, the initiatory path that culminates in Mintaka, which today you call The Great Pyramid of Giza.

ME: The constellation was plotted in many parts of the Earth, many pyramids, circles, temples, all based on it ...

I AM: Well, everyone wanted to open the doors of this constellation on Earth, because by turning Mintaka, they would cross all Dimensions. Remember that the Pyramids are skeletons of multidimensional Spheres. They are Octahedrons, Seeds of Geometry that contains all Being, like the Earth. By sowing pyramids in the world, they succeeded in sowing divine humanity. Thus they could open the Portal of Heaven on Earth.

ME: A great machinery ... where the Pyramids are the activation keys ...

I AM: And the human had to walk the paths to prepare for this activation. Now, remember, moving from one dimension to the other is like a cell that passes from one organ to another: everything will be different, you have to adapt, activate the potential to achieve it, but also, many viruses can also pass, and Orion was one of the centers dominated by those interdimensional viruses. From the Sixth Dimension, some of the distorted

programs were projected towards our realities, and there were two camps: those who considered that letting it pass would be positive, and those who considered that it was negative.

ME: Compared to what happens to us today, we could say that if Orion is a Ministry of Health in times of this Covid pandemic, there we will meet people who will say: it is essential to wear a mask, prevent the virus, quarantine, wait for let the vaccine arrive and let it pass. While there will be others saying: the best thing is that we pass the virus, that our immune system recognizes it, that we become strong by group immunity, since the vaccine will be good for those who are at risk and the masks are preventive but bad for one's own health. The two visions have a certain reason, they are different points of view on how to face a virus.

SOY: And there are those who consider that viruses are the key to evolution. A human evolved by going through viruses, not by moving away from them. And yes, many die in the process, yet the immune system gets stronger and keeps us going. When there is an external evil and we hope that something external will cure it, we will always be awaiting salvation on the outside, dependent on the external power over us. We could say that the biggest problem is not facing the virus, it is perhaps the inability to manage health. The virus of the Galaxy, for some, was the key to evolution in the Third Dimension, something that would accelerate the processes. And for that reason they encouraged it to spread from the Orion Portal, while its inhabitants did nothing but enter into conflict,

ME: I think I was on that side ... because that is why I was one of the many who decided to be born to live the virus ... Just like every day in our body millions of cells are born and move trying to adapt to the virus to survive, living beings We do the same on another scale, with millions of beings being born and dying improving with each cycle.

I AM: That is the Orion War... A war without laser weapons, without tanks, or military... It is a war of Warriors of Light, that is, White Blood Cells. It is the immune system of the Galactic body. The battle is to manage to assimilate the DNA of the destructive unconsciousness virus, of "Maia", the illusory dream of distortion, and from there, recognizing the dream within, recognizing oneself as a dreamer, an alchemist of reality, capable of rebuilding the dream, of empowering oneself of the transformation of one's own being, of the world, of existence.

ME: It's an internal war.

I AM: Orion represents the Creation of the sense by which we exist, by which we have designed ourselves from the distortion, to recognize, transcend, create, live our own distortions to make art, manifestation, inner power, become creators.

ME: And the raw material of creation is energy and polarity ... which manifests itself in the form of Emotion ...

SOY: That is why this war moves you so much. You have spent millennia, if not longer, trying to understand this battle in which you have been immersed and in which you consider that you have immersed others. Sometimes we drag others onto a battlefield that we don't want to fight on our own. And those who allow themselves to be carried away do so simply because they are willing to be carried away. That makes you Warriors of the Light, and by suffering in battle you have become Workers of the Light. However, you just have to remember one simple thing: You are the Light. The Light is not outside, you are yourself. You defend nothing but your own brilliance, and therefore, fighting against the shadow, you do nothing but confront your own projections. That is why the battle begins to be won when you take your own sword and recognize that there is not a fighting weapon in it, but a tool of honor. The blade of the sword of Orion is a mirror, and when you brandish its edge to the winds, striking down your enemies, the reflection on its blade is your face. There is no battle outside other than the one I choose to fight for myself.

ME: And how many times will we have to fight? Isn't it a failure to have to repeat the same battle so many times?

I AM: «On this path, effort is never wasted, and there is no failure. Even a little effort toward spiritual awareness will protect you from the greatest fear. »

ME: Sometimes I feel that every day I lose this battle, I feel that it is not enough ...

I AM: «It is better to do your own duty, even if it lacks merit, than to do someone else's, even if efficiently. Better to die doing your own duty, because doing someone else's duty is fraught with dangers »

ME: Yes, I must concentrate on my own task, on my own mission, it is that sometimes everything seems to me that it is too big, it is too long, too many things ...

I AM: «Do the task in front of you. When you are ready to carry out another one of greater effort, you will be offered the same opportunity »...« You should only deal with the action, never with its fruits. Do not let the fruit of any action be your motive, nor become attached to inaction. »

ME: The weight I feel from my battle is due to my vocation to want to help everyone, to mend that guilt, that no matter how selfish, it makes me look at others with the eyes of a mother or father, as children whom I must guide ...

I AM: « You grieve for those who do not deserve it, and your words are not words of wisdom. A wise man does not feel sorry for those who live, nor for those who die. Life and death are no different. »

ME: Well, we were all always one ... and what I do for myself I do for everyone ...

I AM: «I know, oh Matías, beings from the past, present and future, but nobody really knows me»

ME: We have forgotten you, well I have forgotten myself ... I feel like I lose the battle over and over again ...

I AM: «Cut the ignorant doubt in your heart with the sword of self-knowledge. Watch your discipline. Get up"»

ME: Where have I heard all these words?

I AM: They are Krishna's words to Aryuna, in the battle of Kurukshetra, where the prince doubts about the real need to live this battle, and Krishna explains to him the duty of a warrior in a deep conversation that gives rise to the Bhagavad-Guita (of the Sanskrit "The Song of God"), one of the oldest philosophical bases in the world that are part of the texts of the Mahabharata (The Great War of the Bharata Tribe, founder of India).

ME: It always caught my attention that such a sacred book is given in a war conversation, in which Krishna himself incites Aryuna to kill his enemies claiming that they do not really exist, because nothing really exists, and everything is one.

I AM: The reading of the message is carried out in a context of wars, but its content describes the true battle of every being. The Orion War lives in you, it is your struggle to become conscious in each cycle, remembering that the only possible path to healing is the discipline of the spirit, not the victory over the enemies. There are no winners in a war in which both sides are the same.

ME: I understand ... sometimes it is difficult to accept this when one sees that we repeat the same thing and we continue to generate wars between each other ...

I AM: "The real man is neither born nor dies. It has always been and will remain forever. The body can die and be dead, but the spirit that dwells in the body cannot die. So, how can we believe that someone who knows that the true man is eternal and indestructible falls into the illusion of supposing that he can kill, kill himself or be killed? But if you do not believe my words and live in the illusion of having life and death as realities, you should not grieve either. Because just as men were born, they must die. Why, then, regret the inevitable?"

ME: I look forward and sigh, I feel that I will not achieve everything that is in me ...

I AM: "Get rid of anxiety about the things of this world; do not let yourself be governed by the illusions of this perishable world. Q hoever their welfare trust the results of the action loses bliss and looks miserable and unhappy. "

ME: And how do I?

I AM: "Attend only to the correct fulfillment of the action and not to the reward that could be derived from it. Do not worry about the hope of the prize; But don't give in to the inaction that those who have lost all hope of being rewarded for their actions tend to abandon themselves. "

ME: Hope falters when I see that after many explanations, sometimes I don't even understand or practice what I say. I feel like I have to justify everything I do, think or am ...

I AM: "When you transcend illusion, you will no longer be disturbed by theological discussions about rites, ceremonies, and other garments of spiritual teaching. Then you will free yourself from the attachment to the sacred books and the writings of theologians and those who ambition to interpret what they do not understand. "

ME: It seems in such a case that in this battle you have to do everything and yet do nothing ...

"The soul of the one who has perceived the true being within remains imperturbable in all situations."

I AM: "Whoever sees action in inaction and inaction in action is wise among men."

ME: So you have to know when it is fair to act from doing nothing or getting involved, since sometimes silence and doing nothing mobilize many more things, and recognize that in many cases we do things that have no effect on the actually, just by making them and filling in the blanks.

I AM: "For the soul of those who have perceived the true being within remains imperturbable in all situations."

ME: The spokesmen of the Confederation said that we will take more cycles to fulfill our true path... And in these affirmations it is inevitable to get bad, one feels that it will take a long time to find the I Am... How to find you?

I AM: "Those lacking in spiritual discernment believe that I, the Unmanifest, manifest myself visibly in their eyes. But you should know, Matías, that in my essence I am not visible to the eyes of men. After the forms emanated by me, I remain invisible to the ignorant. I was not born and I will never die, although the stubborn world ignores it, because it takes the shadow for the substance. "

ME: You are always there, but we waste time in wanting to see, in demonstrating ... When it is so great that it is unprovable, inexplicable ...

I AM: "I have them all in my mind, but their minds cannot contain me in essence. Men are blinded by the illusion of the pairs of opposites, and instead of Unity they see the antithetical forms of attraction and repulsion. But some are already free from the illusion of the pairs of opposites and know that I am All in One. "

ME:... And they are the ones who have won the Battle...

I AM: "Hear now, oh prince, how one who has achieved perfection can achieve eternal happiness. Purified the mind, clarified the understanding, resolutely subdued the personality, abstracted from the objects of sensation, transcended taste and disgust, pleasure and pain; consciously adoring, sober, master of his thoughts, words and actions; disciplined in meditation and concentration; free from passion, selfishness, violence, arrogance, lust, anger and greed; full of calm and peace amid the bustling bustle of the surrounding world, he is ready to identify with the consciousness of universal Life without losing individual consciousness. Yes, oh prince! Although in your illusion and personal conceit you believe that you can avoid combat, you will not escape from the bonds of duty to which your karma binds you, you have chosen him, and you will do without remedy what you stubbornly do not want to do. In the heart of all beings dwells the I AM, whose exciting power of differentiation moves them to evolve on the wheel of Time. "

187. Phoenix

[February 6, 2021 Matias De Stefano](#)

Daily vibration: Lo

Statement: I Am Word in expansion

Code: AIR : HOT = going towards the highest, the warm air elevates, losing weight by elevating its vibration, altering its composition, going up in the sky. The hot air loses itself towards infinity, and even though it receives this heat from the surface of the world, ascends towards a sutil plane, the same way the spirit finds grace with the greater experience of the denser worlds. The first aspect of Air's trinity is the spirit in expansion.



SOY: Are you ready to rise from the ashes?

Me today?

SOY: Tomorrow the Camino begins ...

ME: That's what they told me a long time ago ...

SOY: Tell me.

ME: On November 11, 2011 I had another meeting of those, in which I fainted in full meeting, with thousands of people in charge at Capilla del Monte, but not because of exhaustion, but because my being went to a meeting. As it happened last week, many beings began to tell me about my task during the next year, 2012. They gave specifications about the places, the dates, what I had to do, how to do it and for what. And they told me: your path will begin on February 7. It was the Aquarius Full Moon of 2012, and he was to receive it in Montserrat, Catalonia. So I did it. In that meeting they passed me all the details of what the Harwitum Path was, which I did for 40 countries on 7 continents during 2012, opening the doors of the Kundalini, of the Vital Fire of the Earth, to allow us to do what would come. then. What we are doing now ... But above all they said something fundamental: it was my preparation. When I got to Montserrat, it was very cold, it had snowed, but the sky was clear, and the Full Moon would rise late at night behind the mountain. So we decided with some friends to go to meet her where my guides had told me, in the middle of the mountain, near the Sant Pau Vell Hermitage, on the Can Maçana road, in front of the rock formation that we call "El Drac" (the Dragon, in Catalan). The ground was frozen, and all white with snow, but we all approached, and when the Moon rose, enormous and incredibly wonderful on the back of thorns of the Dragon, the first teacher of my path appeared, who called himself: The Alchemist. He spoke only in English, although only two of us understood his language. But what he said marked me forever. "You have come here to become a Knight with the intention of saving the Maiden, but to achieve this you must face the Dragon and defeat him with honor by brandishing your sword." In his explanation, he mentioned the story of Sant Jordi (Saint George), a knight of the Crusades who defeated the dragon to save a princess. But his message was not about fighting. The Dragon were the chakras, the emotions, and the sword was the mirror in which I had to see them all, in my reflection. The maiden was Earth, trapped by lower emotions, and in order to become a knight I had to learn to lead my horse, the Ego, through the Crusade, the cross of Time and Space. Since then, something always happens so that this week of February ends in Montserrat, or connected to the mountain, reminding me about the dragon that I must learn to order ...

I AM: And that is what you will do, this February 11, in the New Moon of Aquarius.

ME: That's right, a new way... I felt like I was betraying my way, and in truth, I'm just fulfilling it. Years ago I promised my friend, well, my sister practically, that the day she had a child, no matter what I was doing, I would be by her side for the birth. And that will be in a week. And for that, I took a deep breath, and bought the ticket. Yes... I am leaving Egypt for 10 days, during the Emotional week of Aquarius. Mateya, from Slovenia, part of the group of 14 who started this in the Portal of Time, will be in my place replacing me in the Pyramid, anchoring the energy of the Axis, for having my same name in feminine. And I will go with my sister-friend, who lives at the foot of Montserrat. But he hadn't understood this until today. It is the New Moon of Aquarius, a new beginning, resurfacing, and life takes me to Montserrat, to the Dragon.

I AM: The Phoenix. For Egypt, this bird was "Bennu", and it represented the resurgence, the rebirth of each cycle, announced by the rising of the Sun or the Rise of the Nile. At a certain time of year, the burning of the fields had to take place, as this left mineral-rich ash that nourished the fields and fertilized for the next planting. And the Bennu bird fed on all the insects and animals that came out of the ground away from the heat. Therefore, the bird seemed to fly in the fire, to reappear from it after each harvest. Die and Reborn. You are dying

ME: I feel that ...

I AM: In the 16th century, the Dutch Pieter Dirkszoon and Frederick De Houtman christened this constellation in the southern hemisphere with the name of Phoenix, sent by European astronomers and cartologists to design the star maps of that hemisphere. Although for the peoples of the South this constellation would be part

of the Lizard or Salamander, an animal also connected to cycles, change of skin, transformation, resurgence, the sun and fire.

ME: I feel as if my skin is about to change, and there is a part of me that clings, like my employers cling to the belief that I should not leave Egypt, parts of me cling to remain the same, not to transform ... And clearly I must face my dragon ...

SOY: We all must. The Phoenix is related to the fire of being, arising from the root chakra, the force of the call Kundalini by the Hindus, the serpent of Light that lights up changing its skin to be reborn in the sun, again. It is important, therefore, to allow oneself to die in order to rise again, not to build up the strength to sustain what is inevitable that it will die.

ME: I just spoke with my mother, and she reminded me that February 7, 2017, a week after starting the Dragon Path, was the day my Grandmother René passed away. Someone very important to me, who marked everything that happened to me that year, where I really faced my dragon.

I AM: Your great task is to become Aquarius, and therefore your intense life paths start here.

ME: Like the time that on February 14th I received the information of my future son as part of my life mission... February used to be a month that meant nothing to me, and it ended up feeling my Phoenix.

I AM: Aquarius is constant innovation, resurgence. Each cycle of history, each people, individual, civilization, religion, faith, hope, purpose, mission, art, knowledge, relationship, must be renewed, resurfaced, reborn. Change your skin, your ego, your personality, and find yourself at a surpassing level of consciousness, beyond what is expected.

ME: Do something unexpected ... Something that is not in the plans, renew ...

I AM: It's called reviving. Relive. Do you realize that you are dying?

ME: In what way?

I AM: You have made your discipline a prison of pressure.

ME: That's what they told me yesterday during the lineup. They told me that they are looking for my weak points to extract the diamond that is in me, because I have asked for it, I have wanted it. But the pressure that the universe puts on me is not the pressure that I put on myself. Sometimes because I take responsibility for what is foreign, I forget responsibility for what is my own. How many times do we do this in life? I imagine it is something very human. We live owing our lives to others, trying to be what others expect, relegating our own truth for considering that doing so is egoic, that makes us leave the righteousness of service that we have been instilled ...

I AM: When in reality, service to the whole occurs when one is capable of serving oneself. Discipline does not lie in the gaze of others but in observing one's own. When your discipline is to be evaluated or is waiting to be examined by others, you are just living in unconsciousness. The real discipline is one that lives by its own path, by its own intention, order and personal coherence that is projected on others as an example, not as a teaching.

ME: What example is leaving something halfway to do something else?

I AM: The example of Free Will. You are not tied to a place or circumstance if that place and circumstance live in you. When you teach the I AM, all moments are I, and all places are I AM. Well, you are free. It is your false

belief to perceive as permanent a world that is actually in constant transformation. The spiritual doctrine of those who follow the same path is only a being who seeks the Whole only along one of its thousands of paths. The mistake of such a walker is to believe that only on his way will he come to contemplate the landscape that already surrounds him. When he reaches the top and marvels at what he sees illuminated in his eyes, he only recognizes that this beauty is what he has been traveling through, that the trees, rivers, roads, rocks, everything he saw as indifferent, what you did not pay attention to, it was everything that together forms what amazes him now, and he can see that all roads are part. When your task is to remind them of the landscape, what difference does it make which path you take?

ME: You are breaking the foundation I formed in Capricorn ...

SOY: Isn't that the intention of this month: to remind you that the only reason everything is born is because something dies?

ME: Yes... let go, release the pressure of looking only at the foundations... knowing that they are there, I can start renovating the house, I don't have to continue building exactly the same as the base...

I AM: Using a bit of abstract art would do you good. Abstractism is one of the qualities of this month, in which the structured (the parts that come together, pile up in certain limits), are dispersed, taken out of their limits, move away and disordered ("abs" = separate, and "tractare" = to carry). The Abstract is what is taken out of bounds ...

ME: Thinking outside the box...!

I AM: Aha! Eureka.

ME: The Protiktah! The key that activates interdimensionality is the discipline of the abstract! When one recognizes that the limits and paths are only to guide us in the immensity, but when you recognize yourself as that same immensity, the limits disappear, you become abstract ...

I AM: And you find freedom. You change your skin ... you transcend yourself, the fire of your being ignites, consuming you in ashes, nourishing yourself with your experience, to resurface again as a spark, as fire, as light.

ME: I'm being consumed to turn on again in this new cycle, right?

SOY: We were talking about this yesterday. Millions of cells die every day in your body at the same time that millions of other cells are born again. And those that die, nourish the new ones with their experience, resurfacing. They are not wasted, they are reused.

ME: Reincarnation ...

SOY: And that information is energy, it is emotion. And if one of those cells, instead of wanting to let go and transform, clings to that emotion as its only reality, it will begin to consume the energy of the others in order to stay alive, turning into cancer, and thus into a tumor. ...

ME: As it happened to my grandmother ...

SOY: And as it happens to every being that got sick, from viruses, bacteria, cancer cells themselves, or the immune system, you will have two options: either transform your whole being or die. And death is nothing but

the greatest of transformations. The first is to be reborn in life, the next is to reincarnate. But the cycle is the same.

YO: I liked yesterday having the clarity that cycles are what counts, and not the final fruit of what we do. That is to say, that viruses, diseases are actually keys to evolution. "Without distortion there is no evolution, but without coherence there is no harmony in said evolution."

I AM: And you will find only destruction. Everything has a purpose, since the diversity and beauty of existence has arisen only by the will to survive in hostile environments, thus all evolution makes sense due to conflict. There is no evolution without distortion, but there is only destruction without syntropy, the order that provides the coherence that gives harmony to existence, that adorns it with beauty.

YO: We could say that War is nothing more than an evolutionary process in disharmony. And Peace is a Harmonic process of said evolution.

I AM: It never gets involved in a war, it always evolves, just as the immune system strengthens itself with each viral or bacteriological conflict. Conflicts generate better synapses, to search for optimal results, solutions not previously sought. Therefore, when you honor conflict as a spark of creation, transformation and evolution, it is when they begin to find the harmony of using it as a tool, that is when you face the Dragon.

ME: And their chakras light up ... Like a constellation ...

I AM: Light your fire. Let him be free, so you can build a bigger vision, and get out of the Box.

ME: I am already feeling it, in the form of a fever ... I think that today I will have a fever, I will let my body process this transformation.

I AM: Rise from the ashes... And open your wings of light.

188. Argo navis

[February 7, 2021 Matías De Stefano](#)

Daily vibration: Lu

Statement: I Am Word that guides

Code: AIR: COLD = On the contrary, in it's opposition the cold air is found, the second aspect of air's trinity, that by levitating the atmosphere gains weight by cooling, for it arrives to its limits, and descends swooping towards the ground. The same way as when the spirit finds it's mental limits and starts to feel, it precipitates to the emotional plane of the soul, where transits the realities, surrounding them and becoming them to feel them.



SOY: You probably haven't heard of this constellation, as it was divided into many others a long time ago. In the time of Claudius Ptolemy, this constellation of the Southern Hemisphere was designed as one of the largest in the sky, so much so that centuries later it had to be subdivided, and therefore today, instead of knowing it by its original name, it is known by the names of the parts that compose it: Carina, Puppis, Pyxis and Vela. The constellation Argo Navis owes its name to the history of the Argonauts, "the speedy sailors" (from the Greek "argos" = fast, and "nautés" = navigator).

ME: I've heard this name many times, "the Argonauts", but why is it so famous?

I AM: His story is probably one of the first and oldest in Hellenistic oral literature, following all the typical steps of the Greek myth: an individual who embarks on an adventure facing monsters and enemies to accomplish a mission, returning home converted into a hero. Therefore, his story became popular as an example of all adventures.

ME: The typical archetype of the Greek Hero. What is its history?

SOY: Well ... if you want to be inspired by it, you may not be able to do so, because this is one of those stories that prefer not to have a happy ending, since despite the magic narrated, the Greeks liked tragedy, and recognize that their own gods and heroes suffered from human-like lives, which rarely had happy endings.

ME: Unlike our stories of the last generations, we usually put a "And they lived happily ever after", when the true stories tell something else. It always caught my attention how Disney took it upon himself to take the tragic stories of the Brothers Grimm and turn them into children's tales with happy morals and happy endings.

I AM: Europeans were always more realistic than North Americans to tell stories, as Europe was formed by the harsh reality of the Mediterranean peoples, while the North American countries were formed by dreams that sought to elude European reality.

ME: Makes sense ...

I AM: And North America globalized its "American Dream", making everyone seek their happy ending, something that even moved to spirituality.

ME: Yes, it is something that is noticeable, the feeling of believing that you have to become spiritual to live in a world of pink or rainbow, live in a magical dream of love and peace, that has nothing to do with the truth of the cosmos...

SOY: This takes people away from the doctrine of the hero who must prepare to fulfill his purpose in real life, leading them to seek the image of a happy and magical ending of equality and eternal love. And that is what we will remember today on our way ... this is the story of the Argonauts: it all began with Jason, son of the King of Yolco, who was dethroned by his brother. Sent away, Jason was trained by the only benevolent centaur to humans: Chiron, who introduced him to all types of arts, both those that nourished his body and soul. This gave him the courage to claim his throne, but his uncle made him a proposal: if he managed to bring him the Golden Fleece, he would without hesitation give him the rightful throne.

ME: What is the Golden Fleece?

I AM: A fleece is a fabric of lamb's wool. In mythology it was said that it had arisen from a magical Ram, son of Poseidon, who under the command of the goddess of the clouds, Nefele, rescued two of her children from the hands of her stepmother. By this act, the Ram was placed in the heavens, being the constellation Aries, and his fleece remained in the lands of his mother, Theophane, in a tree guarded by a Dragon and two Bulls that breathed fire through their noses.

ME: Wow ... what an imagination ...

SOY: Everything has its why. In short, achieving the fleece was practically impossible, with which the king would ensure the death of Jason. However, he accepted the challenge, and embarked on the adventure. The first thing he did was look for the fastest ship that existed, the best of all, and he found it in charge of "El Veloz", Argos, a sailor who built his ship with the help of Athena and the oracles, who made his bow will speak. When Captain Argos accepted the adventure, Jason sent for several men who wanted to be part of the crew, among whom today the names of Heracles, Castor and Orpheus will sound to you.

ME: Orpheus, the one with the Lyre.

SOY: Yes. Along with about 50 others, they embarked on adventures, through various islands and unknown lands, until they reached their destination, in the land of Colchis (present-day Georgia in the Caucasus). There, their king told them that they could take the Fleece if they managed to tame the Fire-breathing Bulls to plow the lands and sow dandelions, and then defeat the Dragon ...

ME:... The Dragon again...

SOY: Yes... we approached him.

ME: And did you do it?

SOY: Beat them? Of course not. Obviously, a Greek who loves heroes would tell a different story, but the truth is that he would have achieved nothing without cheating, and all the work was done by a woman, the princess, whom he managed to woo and convince to help him. Medea. She, with her possessions, put the bulls and the dragon to sleep, which allowed him to take the Golden Fleece. He returned, married to Medea, to his kingdom in Yolco, as the victorious hero, but his uncle refused to give him the power. . And Medea, as always, helped him by bewitching the king's daughters who killed him.

ME: And then they became kings and "lived happily ever after."

SOY: If the story had been written by Walt Disney, yes. But it was not like that. Jason's cousin took the throne and exiled the couple to Corinth. Bored in his normal life, Jason began to cheat on Medea with other women, and he cursed him, making him die alone, poor and abandoned by everyone ...

ME: Oh my gosh... What a horrible story with no moral.

SOY: Well ... we can try to find you one. We could say that in the sky, today, the great and fast ship Argos is broken into pieces. The Constellation of Carina (keel of the ship), Puppis (stern of the ship), Vela (the fabric of a ship, sailboat) and Pyxis (the compass), constitute the most important parts of this ship. But the ship is not only a symbol of the history of Jason, but something that runs through all the stories of the ancient world: navigation. Do you remember how it is said in Greek?

ME: Rule ...

I AM: To navigate is to govern, because the intercommunication of the representatives of the different kingdoms, they navigated to talk among themselves. Well. The sea was an inaccessible horizon for the first humans, something practically divine. That is why the boats were proper to the Gods. In ancient Middle Eastern traditions, the ships symbolized the ships in which the Sun went to battle with the shadows every day. The Sun was sailing in the blue ocean of the sky. The ships represented that journey to the beyond, to the unknown, the uncontrollable, until they managed to be the captains of their own destiny. Atlantis became the main ruler of the world, as their civilization was born in the sea, and their power to control the waves made them gods compared to the rest of humans. Who sailed the seas, sailed the skies, for he swam with the stars. The Keel is the backbone of a ship, the axis of this divinity (Carina) that carries the rulers across the ocean of existence. At the stern, the rump is determined by the rudder, while the bow breaks through the waves. And the divine breath, the wind of the gods, pushes the ship thanks to the extensive Sail. The Sun is the King of Heaven, and for this reason he is a navigator who plows the seas to rule over his creation. To navigate, it is necessary to know the ocean, the waves, the currents, know how to observe the skies, interpret the clouds and the stars, since it is the fixed stars and the planets that indicate the directions to the sailors. the axis of this divinity (Carina) that carries the rulers through the ocean of existence. At the stern, the rump is determined by the rudder, while the bow breaks through the waves. And the divine breath, the wind of the gods, pushes the ship thanks to the extensive Sail. The Sun is the King of Heaven, and for this reason he is a navigator who plows the seas to rule over his creation. To navigate, it is necessary to know the ocean, the waves, the currents, know how to observe the skies, interpret the clouds and the stars, since it is the fixed stars and the planets that indicate the directions to the sailors.

ME: To govern oneself, like the Sun, is to govern oneself, is to become Captain of one's own ship... Knowing how to control words in the wind and waves of emotion. It is the mind of the air and the feelings of the sea, in its axis of the Keel, which allows a navigator to find his destiny and cross the divine.

SOY: And to reach that divinity you need to live the adventure of the unknown. Confront the family, couples, internal and external monsters ... The dragon that guards the Ego, Aries. Aries is the most basic I, the one that is referenced in the most basic needs of the personality. A Golden Ram is the brightness of the Self, which recognizes its light and radiates it, not from unconsciousness but from consciousness. It is the gift you get after

the transit that involves facing the bulls of fire, that is, the need to eat and sleep, the two fundamental bases of life, the fears that prevent you from seeing beyond your body.

ME: Taurus ...

I AM: To face the Dragon, the third base of the need for a being, Reproduction, the fire of creation, the order of emotions. The journey of a hero involves knowing how to control his ship and guide the crew that carries it ... knowing how to govern his past, present and future. This is how he will achieve reign.

ME: But Jason couldn't do it... Why?

I AM: Because he was based on the trap, using others, led by his low passions, by his intention to be the king, and not the captain, abandoning friends along the way, having sex with various women and abandoning them, using his daughter of the king to obtain his prize based on the most animal needs, and return to seize his power through betrayal and murder. Therefore, the success of the hero is not always to walk the path and defeat the monsters, but how you do it.

ME: The end does not justify the means ... It would be something like that.

I AM: In Evolution based on twist, the End does justify the means. In Harmony-based Integration, it does not justify them. Well, in the first case, you are based on expansion survival, and this has no rules. But in the second case, the path implies unity and coherence, in which you recognize that you don't have to conquer anything to be who you already are, you just have to remember it and take your place.

ME: That is why the Greeks ended their stories as tragedies, by which we know the popular expression "Greek Tragedy." Because the great moral is that it is not a matter of achieving success, but of the ways in which we do it.

I AM: We are the very sailors of our destiny, bearers of our own golden fleece that we call personality. We are the captains of the ship themselves, sailing at the speed of our emotions and carried away by the force of our words. And they are the ones that will take us to the ports that will confront us with our own monsters.

ME: The Path of Existence itself ... That is true Karma, not imposed by others, but the way we decide to take what we impose on ourselves.

SOY: The very monsters you have decided to face. Your mission, purpose, whatever you decide to do, is nothing more than yours, and yours alone. It is your own responsibility to navigate those waters. It does not matter if you get the Golden Fleece, if you manage to fulfill the entrusted mission, the story will not have a happy ending if you choose to climb and force life to achieve your goals in an egoic way.

ME: But what if it's in service to others? I mean, is it selfish to want to do a planetary task? Or help the poor, or the immigrants, or any culture, or project, I don't know ...? what ever...

I AM: Anything that involves doing something for others is selfish.

I eat?

I AM: The only thing that moves you to do something for others is the need of your being to feel complete, fulfilled. And it's not bad. But you need to recognize it. Everything we do we do for the I Am, and if you do not refer to Him, then you will never achieve anything, and you will only be using others, cheating to achieve your goals of self-realization. You will be being Jason.

ME: Navigate the last leg... Alone. It's like, Born!

I AM: The Birth of the Soul implies the effort of the Body. Let go, let go, transform from one thing to the other. Let go of life and accept death, leave death and accept life. Therefore today you must decide what you accept.

Me today?

I AM: This day reminds you of the Beginning of your Path and the End of another.

ME: The anniversary of my grandmother's death, and the beginning of the Harwitum path ...

SOY: And today it represents the trauma of repeating the same love story, or moving forward to welcome life.

ME: Letting go of who I am in love with, and receiving the birth of my niece ...

SOY: The trip awaits you... the trip is today. And by releasing the control of your Ego, you can live the adventure by becoming captain of your ship. By becoming realistic, recognizing which is the real illusion and which is the imaginary one. Everything is an illusion, but your discernment is what should indicate the truth among the truths.

I do not understand...

I AM: Today you must choose what pulses in your heart. You must polish your keel, point stern to destination, drop the sail, and look at the compass of your heart. Fate is never ahead, but within, within is the only truth, the real illusion, in the heartbeat, the pulse, while ahead is the false illusion. One is the celebration of life, and the other is the liberation from death.

ME: Raise anchors! Well, I decide to start the adventure towards Life.

I AM: Cover yourself with the bright Fleece of your personality to shelter you from the fresh winds of the Guiding Word. Sail on the calm waves of your emotion, riding on the depths of your Soul. **Destiny is a new beginning.** On the horizon there is only freedom, and the compass that guides you in the stars always beats in your heart.

ME: Raise Candles! The Dragon awaits us to celebrate under the Tree of Life.

I AM: Sail free, Argonaut of Creation.

189. Hercules

[February 8, 2021 Matías De Stefano](#)

Daily vibration: Lü

Statement: I Am Word that educates

Code: AIR : WIND = in the intersection between the warm air currents ascending and the cold air currents descending, the third aspect of the air's trinity is created: the wind. It is the visualization, the expression of the positive and negative unit of the forces of the spirit and the soul, who generate the spiral or toroide where are its energies become visible, and able to shape the physical world.



I AM: Now that your journey has begun, you must take one step at a time, and be very careful in each one of them, because you only have 12 steps to take, and if you miss one of them, you must repeat the 12 again. time.

ME: It is a huge burden and responsibility.

SOY: It all depends on how you take life. As we said yesterday, each one carries the burden they are willing to bear, which has manifested itself according to their path, choices, possibilities ... Each one is the hero of their own tragedy, and they adapt according to the manifestations of their spirit, needs of your being or conditions of your soul and body. No one can be saved from their personal misfortune, we can only collaborate with each other, extend a hand, but the force to get out of the well can only be exercised by the will of those who are inside it. And we have all been there, in different ways, physically, emotionally or mentally, we have all walked the path of tragedy. But do you know what?

Me what?

I AM: It is conflict that nurtures your ability to create, just as polarity generates options, creates realities, opposites attract, that is how you move forward, generating friction you generate energy. Freedom does not lie in the moment the conflict ends, but the moment I integrate the tools that it has generated for me. You must ask yourself what each conflict gives you, and thus you will know its reason for being. An individual who is buried in his own conflict does not advance, and experiences misfortune more than tragedy.

ME: What's the difference?

I AM: The Tragedy comes from the Greek words “tragós” (goat, ram) and “oidé” (song), and refers to the Greek celebrations in which a sacrifice was made to the god Dionysus to celebrate the good times after hard effort, commemorating killing this animal publicly and watering the earth with its blood.

ME: A real tragedy ...

SOY: The theater was part of this celebration, and therefore the heroic stories were related to the roar of the goat at death, connected to the sorrows of the heroes. Meanwhile, a disgrace is to be lacking in grace, lacking in praise, something or someone who does not deserve to be honored because of their disabilities and lack of gifts. They preferred the tragic suffering of a hero than the incipient life of a useless one.

ME: It makes sense ... But, I don't understand the meaning of this in Aquarius ...

I AM: It is the transformative path. Just as for Capricorn the work methodology and the sense of inadequacy in it are constant keys to overcoming, for Aquarius it is transformation, overcoming levels, finding something new, a new adventure that involves renewal and encourages them to be different.

ME: The Path of the Hero, but in the case of the Aquarian mind, it is a path that makes it transcend, transform itself at each step of its journey, into a new adventure.

SOY: Every step you take will be the key to renewing your essence.

ME: Why 12 steps?

I AM: Because your Body is a Trinity, your Soul is another Trinity, your Spirit is another Trinity, and your Being is a Trinity. 3, 3, 3, 3 = 12. To unite them, you have to go through them.

ME: What are they?

I AM: The trinity of the Body refers to Music, Biology and Geometry, aspects of creation considered the foundation of a body. The trinity of the Soul is related to its attributes: Love, Wisdom and Will. The trinity of Spirit are the mental principles of the Subconscious, Unconscious and Conscious, while the Being unifies them all in the trinity of Vibration, Energy and Matter. Each trinity is related to an element, the Body being the Earth, the Soul the Water, the Fire the Spirit, and the Essence is the Air. To find balance between all the parts, they go through a path of expression, experimentation, integration and transcendence, which must be manifested in 12 great tests.

ME: The Labors of Hercules ...

I AM: In Greek mythology, the initiatory path was adopted as the path of the Hero, and Hercules (Herakles, which means "Glory of Hera", mother goddess, wife of Zeus), embodied its story perfectly. Being the son of Zeus and a human, this hero was a demigod. Jealous, the mother of all gods, made that character go crazy and kill his entire family, which destroyed his being by taking him into exile after realizing what he had done. There, his brother convinces him to go to the oracle of Delphi, where they advise him that to heal his being he should do what King Eurystheus, who took his place on the throne, told him.

ME: And he sent him to do 10 jobs, one for each month, although Hercules ended up doing 12 because he had time to spare, 12 like the months of the ancient Egyptian and Mesopotamian calendar.

I AM: 1- Kill the Lion of Nemea. 2- Kill the Hydra of Lerna. 3- Capture the Cerinea doe. 4- Capture the Erymanthian Wild Boar alive. 5- Clean the Auge stables. 6- Expel the Birds from the Stymphalus. 7- Tame the Bull of Crete. 8- Steal the Mares of Diomedes. 9- Steal Hippolyta's Belt. 10- Steal Geryon's cattle. 11-Steal the golden apples from the Garden of the Hesperides. 12- Kidnap the dog Cerberus, from the underworld. Are you ready to know the steps on the path of your transformation?

I think so...

SOY: We started.

ME: Kill the Nemean lion.

I AM: This Lion had very thick skin and it was impossible to be pierced by any spear or sword, and it devoured everything it found. Hercules for days tried to beat the lion, but all in vain because his skin was impenetrable. Then he decided to surprise her in his cave, and with his strong arms he strangled her. The lion ego and pride, our shadow dark. No one can defeat this beast more than oneself, a beast that is difficult to kill by cutting off its skins, as they will protect us if we know how to take control of the situation. The cave is **the innermost part of the being and it has two entrances: a confusing one full of emotions, and the other open to reason** to be able to subdue the beast that is inside. This task is connected to the first month, to **Leo, who awakens the strength and power, which governs our Self. The key here is to replace selfishness with altruism.**

ME: Kill Hydra of Lerna.

SOY: In Lerna there were some horrible swamps where the monstrous Hydra lived, a mythological nine-headed serpent, giant, with very hard scales, poisonous breath that emitted toxic gases. To make her come out of her cave, she smeared her arrows with burning tar and shot them inside the cave where the monster was hidden. Upon leaving, Hercules smashed their heads to pieces, but new heads emerged from it, And he managed to defeat it by burning the wounds like scars preventing them from growing again. This story tells of all **the low emotions based on grudges, on fleeting victories that nurture the ego**, and they represent immense **obstacles** in the way of the one who wishes to conquer himself. It is fighting your own interior, **where negative thoughts and desires lie that emerge when you eliminate another. The fire of the spirit is the only thing capable of bringing clarity to these matters.** Of course, the Hydra cannot be other than Scorpio. This sign governs death and transformation, which occurs when we illuminate the darkness. The Hydra represents the repetitiveness of our mistakes. For this reason, it is essential to identify him, giving up repetitive action: innovate.

ME: Capture the Cerinea Deer

I AM: With her golden antlers and bronze hooves, Hercules had to capture her and transfer her to the temple of the Sun. The goddesses Artemis and Diana claimed for themselves the property of the hind. It took our hero a long time to capture her, as the goddesses confused him to thwart his hunt. Hercules chased after her and captured her while she was drinking water. The request involved not spilling her blood, so he injured her by a tendon. The Cierva represents the **unconscious** and history of **the soul**, that which is hidden. To pursue it is to seek what is within, **the search for wisdom and improvement.** The goddesses who claim him represent **desire and mentality, both awakening the intuition**, related to the maternal hunch of **Cancer and its sensitivity.**

ME: Capture the wild boar of Mount Erymanthus

SOY: In this case, he should not kill the boar but rather capture it. This was a creature that wreaked havoc by destroying crops, attacking populations, and making villagers sick. After having fun drunk with centaurs, which ended in a tragic battle, he found the wild boar, which he cornered by tying him with chains. Despite having fallen into the hands of Hercules, the animal represents the cunning of knowing **how to handle the senses.** The

search for **balance** in what you feel reminds **of Libra, justice. The balance, in the domain of the passions to achieve inner harmony.**

ME: Cleaning the stables of King Augias.

I AM: Augías was a king of Elis, son of the Sun god. He owned cattle that never got sick, which made him the best in all of Greece. The task of cleaning the stables was aimed at humiliating the hero. Due to the amount of excrement, Hercules opted for an easy solution: divert the rivers and let them wash everything with the current. **Being the stables all the dirty of the subconscious, Aquarius acts here as one who purges, cleanses, clarifies this hidden part. Wisely use the power of the waters to cleanse the conscience.**

ME: Drive away the Stymphalian birds.

The birds that inhabited Lake Stymphalus were carnivores and had bronze beaks, claws, and wings. In addition, their excrement was poisonous and therefore ruined the crops. He tried to kill them with his arrows, but they were many and he couldn't. He set a trap but this didn't work either. He remembered that Athena had given him a gift that emitted sound, and when they made them sound, the birds fled in a flock forever from this place due to the noise they generated. These birds were a punishment for bad deeds, only capable of being transcended by the sounds of wisdom. **Just the ability to think You can shake that world to clarify the vision. Become aware. This adventure of wisdom and remove noise from the emnte is typical of Sagittarius, who is seeking the wisdom, the superior knowledge and philosophy. In this sign, you learn to discriminate between what is fair and unfair, the real from the unreal.**

ME: Capture the Cretan Bull.

I AM: This wild beast spewed fire from its nostrils and wreaked havoc on Crete. Poseidon had him pulled out of the water to the island of Crete, when King Minos promised to give sacrifices to the gods. but this king wanted to keep the animal for its beauty, and because of this Poseidon forced his wife to have relations with the Bull, giving rise to the Minotaur. To dominate it, Hercules grabbed its horns and rode it **directing its impulses.** And so he returned it to the sea. Like the emotions themselves, this bull is **governed by instincts and impulses, representing the insatiable desire of the ego, and the world of material illusion. Taurus is thus the constellation that embodies this attachment to the emotional illusions of matter.**

ME: Free Diomedes' mares.

I AM: Diomedes, King of Thrace, had some mares that ate human flesh. And sometimes, he fed them with his guests. Hercules was to steal them and bring them to his king. Ar cornered these wild mares into a field where there was no more room to move, and there he caught and bound them. But they devoured his friend, who helped him, and escaped, to which he saw no other option than to dig a channel and flood him with the waters of the sea, trapping them there. The ferocious mares represent the wrong thoughts and words, the wrong ideas that generate forces that cause war and devastation. The learning here is to **master the unbridled mind.** Something typical of **Aries, who devours the world with his low egoic passions, or starts life with all his power.**

ME: Get Hippolyta's belt

I AM: Hippolyta was the queen of the Amazons, a tribe of women. She had a belt that had been given to her by Ares, the God of War. Hercules tried to make her fall in love, but it was impossible, and for that reason he kidnapped his sister, asking as a reward for the Belt. This symbolizes feminine power, virginity and chastity. Hercules does not understand that the belt, symbol of union, tie and love, cannot be conquered or stolen. **Only by integrating his feminine and masculine polarity could he have achieved his goal. Thus, Virgo is the key to this test: cultivating tolerance, compassion and charity, virtues that will allow us to progressively be more inclusive and loving.**

ME: Steal Geryon's cattle

I AM: The giant Geryon was a monster with human faces, it had one body and three heads. He had a two-headed dog and a herd that was protected by the dog and by a shepherd. Hercules pointed his bow at Helios, the Sun, who left his golden boat at his disposal to cross the ocean to Eritea. Once on the giant's island, he put all the cattle in the boat. Geryon set out in search of him, but Hercules killed him with a single arrow that pierced their three bodies. This is the death of the personality and the liberation of the soul, typical of Pisces, who transcends initiating a new cycle, dissolving the material to amplify the divine.

ME: Steal the apples from the Garden of the Hesperides

I AM: In the garden of the Hesperides, there is a tree that bears the golden apples that provided immortality. The Hesperides and the hundred-headed dragon Ladon are tasked with taking care of the apple trees in the garden. Atlas, father of the Hesperides, is tricked by Hercules into taking some of the apples, while Hercules would hold the sky. When Atlas returns with the apples, he does not want to continue holding the celestial vault. But Hercules deceives him again and asks him to hold the sky for a moment while he puts his cape on his shoulders. In this way Hercules takes the apples and finished his work. In this work Hercules does not use his brute force, but his power of conviction and his intelligence. The Tree represents the Tree of Knowledge, Good and Evil, which is full of the apples of wisdom. Gemini is activated here with their abilities to resolve from the mind and cunning.

ME: Capture Cerberus in Hell

I AM: As his last job, Eurystheus commissioned Hercules to face death itself, to go down to hell and bring Cerberus, the dog with three heads and a serpent's tail, who was in charge of guarding the entrance to the Underworld. To achieve this, Hercules turned to Hermes to help him go down to the Underworld. There he asked Persephone and Hades himself to lend him Cerberus. He chained the ferocious animal, took it out of the abyss and went to show it to his master Eurystheus, but the latter, frightened and seeing that he was capable of anything, finally decided to grant the hero freedom, who returned the dog to Hell. This task leads Capricorn, to face the temptations of matter, descending to the underworld in an act of purification. In this work Hercules must overcome the deepest fears of his failure in the face of possible defeat by the magnanimous ambition of his feat.

ME: And so it completes all the steps ...

I AM: These stories only narrate what many cultures have been describing as the steps of an individual to become a wise man, a divine being on Earth. Of course, the myth of the 12 Labors of Hercules has no logic except for understanding the metaphysics of its narrative. No matter the order in which you decide to walk the path, your feet will lead you to learn, to educate yourself on the paths of mindfulness, where the physical, emotional and mental aspects will be put to the test.

ME: I'm noticing... I feel like, I must begin to face these tests.

SOY: That is why I wanted to tell you about them today, so that you will recognize them when you stand before them. But do not worry ... soon our path of the Soul begins ... and there we will travel one by one, step by step, and we will perform together the tests that you recognize here from the mind today.

ME: Ugh... Aquarius is not liking me... I thought it would be different...

I AM: It cannot be easy what you must integrate. In the challenge is glory, in conflict is evolution, in error is learning. You only have to dare to make mistakes, to face your monsters, and together we will do the rest. You dare?

ME:... Yes... I'm ready.

I AM: Welcome to the Hero's Path. Let's get started.

190. Draco

[February 9, 2021 Matías De Stefano](#)

Daily vibration: L-h

Statement: I Am Eternal Word

Code: FIRE : SPARK = In the origin of everything, when the first particle ignited, enlightened, the spirit originates and with it all the potentialities of creation. This was called the Divine Spark, the instant where the spirit lighted in the cosmos. For that, the spark is the vital force that generates all things, and from which it's reflection flashes within every projected being. It is the first aspect of fire's trinity.



I AM: Look straight at him, and he will look back at you. Look closely into his eyes ... What do you see?

ME: I see my own reflection ... expectant ...

SOY: Who do you see?

ME: Myself ...

SOY: But it is not you, because you observe yourself outside ... You are still a reflection of yourself ...

ME: How can I unite and be Unity?

I AM: You must go through the Dragon's Eye.

ME: Who is the Dragon?

SOY: Come with me to meet him, and you will be able to remember yourself. Tell me what do you think the dragon is?

ME: It's a mythological creature, built from different parts of sacred animals. In Asia, the Dragon is a monster that according to which culture it is benevolent, such as Japan, and for others it is fearsome, such as China. His body was formed from all the Power Totems: Snake, Tiger, Bat, Turtle, Peacock, Cow, Fish, Cat, Crane, and many others, who joined their attributes to form a sacred being, the idyllic, the God of totems. Throughout life, humans were supposed to incorporate attributes, qualities, of these totems, power animals, symbols that gave us tools and stability, special abilities if we could get hold of the technique, with consciousness. And the great exam was to face the Dragon, the final exam that made us see if we were ready to get the prize, the treasure, what was behind hidden under its protection. And it became an interesting symbol to speak of care, of protecting, being the emblem of sacred sites, such as the sphinxes, beings of eternal wisdom that put those who appear before them to the test. And the image of these creatures was adding attributes as cultures took it as their own, moving from Asia to the Mediterranean, and expanding in European cultures, where dragons became the mythological creature par excellence.

SOY: But precisely the term Dragon does not refer to this mythological creature.

I do not?

I AM: Dragon comes from the conjugation of a Greek verb in aorist (it is a type of Indo-European conjugation that converts an action into a time, moment), the verb is "look carefully" = derkomai, which in aorist (indeterminate) is it says "drakein", with which, the adjective that defines that person who stares, is said "drakón". The Drakon, later called the Dragon, was basically the Guardian, the protector, custodian of something, the one who protects a site, looks attentively and clearly to identify everything that happens. He is the one who can see so directly that he not only contemplates the forms but also looks through you, to your soul and spirit. Thus, this concept was transferred to mythology, being reflected in all those people or creatures that cared for and watched over something or a place very well.

ME: Wow, so the Dragon is the one who watches from a fixed gaze.

SOY: And for that reason, the ancients put their name to the constellation that staunchly watches over all the others = "Draco". Its Latinized name acclaims one of the most important sites in the entire Northern Hemisphere sky: the Celestial North or North Pole of the Boreal Ecliptic.

ME: What does this mean?

I AM: Do you remember that Pole Stars are defined in terms of the Earth's axis being dragged in a 26,000-year circle?

I do...

I AM: Well, that circle in which the Earth rotates like a pendulum has a center, and that center is Draco's Heart. That is, Draco, his heart, is the true physical axis of Heaven, the one that never changes, although for our point of view, the star Alpha Draconis indicates one of the sectors or pole stars, specifically the one that guided the Egyptians ago. 5000 years, the heart of this constellation between Zeta and Delta Draconis is the true axis of the Polar Circle of 26000 years.

ME: Wow ...

I AM: That is the Way of the Dragon. The one that begins at the exact North Pole by twisting the Earth around its body and tail ending at the South Pole ...

ME: It is the path that I must take at the end of this year 2021... from North Pole to South Pole, it is the Kundalini, and now I understand why you called it the Path of the Dragon!

I AM: The Dragon is a symbol that unites all potentials, that is, the chakras, the power centers, the energy sources that you nourish with the consciousness of the spiritual mind, with the unconsciousness of the emotion of the soul, and the subconsciousness of the action of the body. Each chakra or energy wheel completes the circuit of the Dragon, uniting the emotional attributes of your being to activate its real potential. But the Dragon has a clear mission: to protect, guard, watch over the treasures that live in you, and he will protect them with all the weapons he possesses.

ME: So you attack yourself, your own energy defends itself from our inability to manage.

I AM: The self has a defense mechanism, which in the Body you call the Immune System, in the Soul you call Trauma and in the Mind you call Belief. All three are there with the sole objective of taking care of your treasure, the fruits of knowledge ... Those that grow on the Tree of Life ...

ME: My fruits are the chakras, energies that grow in the tree of my genetics ... and the Dragon, the Kundalini, protects them from my incoherence ... Of course ... It is the penultimate test of the hero, of Hercules: stealing the Apples from the Garden of Hesperides, and for this, he must kill the Dragon that guards them.

I AM: The Apple Tree of golden apples, refers to enlightened knowledge or wisdom, of light made matter, fruit. The feathered serpent, that is, that being that emerges from the earth but flies through the air, describes the being that recognizes its subconscious history and uses the energy of the unconscious to fly fast and free in consciousness. That is, it uses the seeds of the apple. The concept of "stealing" apples is not well described in that myth. In reality, stealing implies "collecting", and you don't have to kill the dragon, you have to know how to cross it, calm it so that it is asleep in harmony and wakes up only at the command of consciousness. The Dragon is the vital energy, which if not well managed, destroys everything in its path. The dragon constantly defends itself, and therefore, When a being is close to obtaining one of those apples of consciousness and bringing light to its tree, the dragon activates its defense mechanism to protect itself through attitudes, emotions, ideas, reacting based on its traumas and beliefs. The dragon is benevolent protecting the essence of who we are, but it is fearsome defending our interior, including ourselves.

ME: From our own stupidity.

I AM: A wrong move, and the dragon will take out everything in its power to destroy you, preventing you from damaging your own essence. Like the gargoyles in a cathedral, their demonic appearance serves no other purpose than to defend you from yourself.

ME: Wow ... I understand ... And that's why we usually fear him, we usually put the image of what must be overcome ... Sant Jordi (Saint George, George) and the Dragon ...

I AM: The Knight who must face all his emotions, everything he does not know about himself, and who has to possess the willpower to face his own monsters. Well, the Earth turns looking for a North, a purpose, looking around, as if avoiding the unique truth, that you can only find the Precious Gem, the Pearl, the Diamond, the Ruby ... if you dare to stare into the eyes of the Dragon and pierce him .

ME: That is why I have come here. I am in a Castle, from where I can see the Dragon on the mountain of Montserrat, knowing that in the next few days I will be sleeping in the town called Rubí ...

SOY: Everything is aligned, then.

ME: Wow... speechless. How should I face it?

I AM: Pierce your eye, on the day of the New Moon. It passes from one dimension to the other, and begins again ... A New Time.

ME: The Eye of the Dragon. Where I find myself ... Where I join my reflection.

SOY: Where I and Am meet again. Just let me find you when I see that you have come to meet me.

ME: I move a piece so you can move yours ...

I AM: Each thorn of the dragon is an emotion, and now that you understand it from the mind, it is time to explore them in your soul. The energy of your body has only been protecting you from your own ignorance... When you recognize him, you just have to stare at the Dragon and become him.

ME: Take responsibility for my own being, I will no longer need to be taken care of, I will take care of myself.

SOY: Only if you dare to look at him. The Kundalini of the World will not be able to ignite if you do not ignite before. You must traverse your own Path of the Dragon in order to traverse that of all Humanity. Remember, this time you must not steal the apples, but the only way you will become the hero is if you become your own guardian, the Dragon himself, and return the apples that you have stolen back to the tree of life.

ME: How do I do that?

I AM: Become aware of every idea, emotion and attitude that you have decided to make your own in your life, and recognize from what need you have made them part of you when in reality they do not belong to you.

ME: How to believe that my personal purpose was to fall in love, when that is something that I try to reverse from my family, from my grandmother... And I have made it my own, following the same patterns... I must identify the things that I believe, because I am creating them.

I AM: All of these are the fruits of your Tree that you have taken, and that your dragon recognizes that they do not belong to you, but are of many more, and are there for humanity. Each apple is a gift, a gift that constitutes the personality, and that makes you who you are, but also imprisons you in what you hope to be.

ME: It's difficult to do this task ...

SOY: But not impossible.

ME: And then what do I do?

I AM: Return these apples with love, this knowledge to your entire tree, looking into the eyes of the Dragon, without fear of losing or winning, honoring who you are.

ME: It is the same that I will do on the Camino from August to December 2021, return to the path of the Dragon what we have taken from it, what we have stolen from it, re-sow the Garden of the Hesperides.

I AM: And what you must do in your own being. So, for a moment stop moving and look at the true axis of the north. Feel the Heartbeat of the Dragon, and ignite the Ruby that lies within you.

ME: As the draconian master said in the temple of Sobek, in Kom Ombo: "Humans, you are a precious gem wrapped in shit" ...

SOY: "... And only the shadows can teach you how to see what is hidden under it."

ME: Face the monsters, creatures that I myself have created, and there I will find my precious gem, the essence of my I Am ...

I AM: Open your heart so that the shadows show you the beauty that you have covered in trash, allow them to tell you what aspects of yourself they are protecting you from.

ME: And so I will become one with my shadows and my lights ... I will be able to see the center, and go through the eyes of my being from right and left, and the eyes of the Earth, from north to south. Only in this way, in the beat of my heart, can I become the beat of His.

I AM: Welcome to the Path of the Dragon.

Week of Emotional

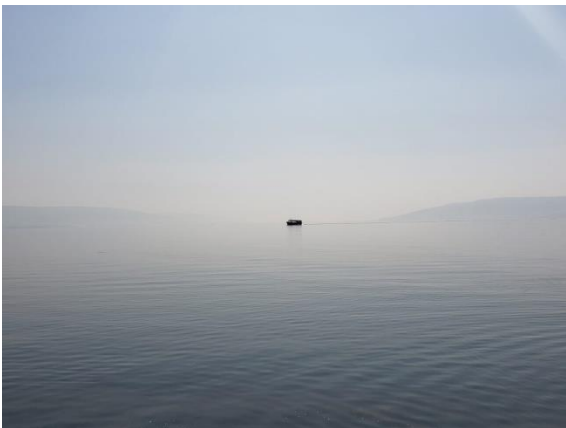
191. Aquarius

[February 10, 2021 Matías De Stefano](#)

Daily vibration: PBa

Statement: I Am Spiritual Nourishment

Code: FIRE: LIGHT = In the great explosion originated in the beginning of things, of cosmos, the spark lighted for the first time the Light. The plasma generated by these waves and particles is the base of the energy that shaped the essence of the universe, the second aspect of the fire's trinity aligned with the soul's process. This way, the almic and information concepts that we call "Rays", that like a rainbow, order informations and the Universe's conscience.



SOY: Are you ready for the Hero's first task?

ME: I guess... But... why do we start with Aquarius and not Aries?

I AM: Get out of the Box. Nothing is straight as it seems, nothing is structured, and although there is a Human Path to travel this Path, it is not limiting.

ME: What is the way?

I AM: In the Terrestrial Sky 88 Constellations have been called, that is to say "Set of Stars" ("with -" = group, together / "stela" = star). They are grouped into the Circumpolar (both those of the south and the north), the Stationary, that is, those contemplated depending on the season of the year (spring, summer, autumn or winter), and the Tropics, visible between the two tropics, where the 12 constellations of the Zodiac are contemplated. The ancients saw that they were positioned on the cusp of Heaven at certain times of the year, marking the periods of terrestrial life. They knew what the weather would be like, the plants that would flourish, the floods of the rivers, the fruits to be harvested, the sowing, the hunting, the best construction moments, all thanks to interpreting the position of the tropical stars. The Moon marked the biorhythm of the world, and they ordered the time according to the lunar cycles, that is, 13 full moons in a complete year, which made 13 months of 28 days each in a Lunar calendar based on daily life. This calendar was incorporated into another based on the cycles of the Earth around the Sun, which took 365 days, aligned with zodiacal processes, in 12 months of 30 days each plus 5 days out of Time, used to adjust the time lag that today you usually correct with leap years.

ME: The Zodiac helped divide the year, well ...

I AM: Since the Sun was positioned in front of each zodiacal constellation for at least 30 days, completing the complete cycle at 365 days. In order to identify these constellations, they used to imagine that they were animals that followed one another, for this reason they called it "Animal Path" ("Zoós" = animal, and "Diakós" = path).

ME: Although some were not animals ...

I AM: Because the term Zoon does not refer to the animal as a creature separate from the human, but rather to the animal as being with anima, that is, animated, with soul, that moves, that has life. Zodiac would mean "That which is related to the images of Living Beings."

I understand.

I AM: This path is an annual journey, which speaks of a constant cycle that each living being must travel through time, which describes the processes of life, conflicts, tools and overcoming them, which allow us to recognize the passing. and the future showing us how to navigate the present. The stars are not a guide to understand Heaven, but a map to know how to live on Earth, since they do not speak of what they impose on us, but about what happens to us when they are present.

ME: That is, it would be like, for example, if I go out for a walk every day, and I stumble in exactly the same place in front of a bakery, I will relate the Bakery as the reason for my stumble ... And therefore I will give it to the Bakery the quality of conflicts on the way, and in its positive aspect being careful when walking ...

SOY: That's right. The Constellation is the Bakery in front of which you have fallen, and to which you relate to your carelessness.

ME: This would explain why the same constellation lives very differently for each person ... Obviously there are many more agents fulfilling their roles, such as planets, houses, asteroids, and the astrological position of our birth that determines the gravity of our existence ... But, why do they affect us in the same way, that is, why do Leonines, like any other sign, usually all tend to be similar in essence?

SOY: Because even though you think you are unique, in reality we are all one, we are all part of the same organism, and the stars are not outside of this. The gravitational pressure of millions of years is not intermittent, it is constant, and its movement is incessant, so the stars do not affect us because they move in the sky, but they affect us because we move through them, their pressure, from the uz particles that have been constantly reaching us for millions of years. The Universe is a Continuum. The Universe is unity, and the only way to understand this is from the Void.

ME: Empty the mind of separating thoughts.

I AM: Clean the Auge Stables.

ME: The task of Hercules, to clean the excrement of the Cattle, for which he used the two rivers, displacing them from their course, cleaning everything in his path ...

SOY: A great feat, but very little humble. The task represents the cleaning of all the ideas and beliefs acquired, the cattle represents what is gained in life, what is acquired, what has become the baggage of the individual. And everything that is known to be possessed becomes a belief. Cattle droppings represent the subconscious and all the impure layers of the mind. And Aquarius, no matter how much it represents the highest aspect of Air, it is made up of the water carrier, the one who carries the vessel of water, pouring it into the fields to water the seeds. The Trinity of Air begins with Gemini in communication, continues through Libra in balance, and ends with Aquarius in expansion. Thus, Aquarius is the Ocean of Mind, of the Void that contains all things in its thoughts. And in their beliefs, the mind becomes stagnant, it gets dirty, because aquarium is innovation, transformation, expansion, freedom, letting go, transcending. Therefore, it is its waters of dreams and new, free ideas that purify ideas stagnant in the corners of space.

ME: Aquarius hurts.

SOY: It is clear, it is your challenge.

ME: Whenever I met Aquarius people I felt abandoned, I felt distant, unloved, as if I did not belong ... Clearly it is my mirror, as a lion, it is my perfect reflection that reminds me of my learning ... To be free from all mission and law, of every kingdom, to get out of the structures of the Box, to flow, and in turn, to learn that things can transform quickly, and nothing happens ...

SOY: But it has broken your heart ...

ME: Again ... Aquarius is this new time, and I have come to work for him, however, he represents all that feeling of abandonment that terrifies me in my subconscious. As much as my soul or mind does not take it into account, my body feels that it has been abandoned many times, and just this week I have experienced that abandonment by someone from Aquarius again, something that has had me especially bad, depressed. The Aquarian vision was very frivolous, as if even observing that my lion posture only wanted to attract attention and control the situation, and yet what I felt was abandonment.

SOY: And what is abandonment if not the need to be cared for, to be in control of emotion?

ME: Yes ... I understand ... but it hurts.

I AM: The transformation hurts, because in the metamorphosis, your body changes. Can you accept that Aquarius has come to show you what you cannot let go of Leo?

ME: If I do, what is my personality? What is the purpose of having one if I must test myself almost in the form of punishment to learn to be like another? What is the point of having been born as a Leo to rule me as the center, if I am now required to learn to let go as Aquarius ...?

SOY: When you are a son, you must act like one. But one day you will become a father, and you will be a father. Will you have stopped being Matías by going from being son to father?

I do not...

SOY: You will not stop being yourself by accepting new attributes that you did not know how to manage before. If you decide to study Engineering, life will bring you engineers. If you decide to learn painting, life will bring you artists. And the fact of wanting to study or learn a technique, a career, does not imply that you stop being who you are, it implies that you will add tools to who you are, to better develop your potential. A Leonino without tools is a controlling and dictatorial despot. A Leonino with the Aquarian tools, knows that he is not the center, and even so recognizes that he occupies an important place, he will consider releasing the weight and sharing the responsibility with others.

ME: I understand... it's adding...

I AM: Moving on a path, traveling through countries, does not make you leave behind the place you came from. Being in Egypt now does not make you an Egyptian, but rather an Argentine who adds the experience of living in Egypt. When you walk the zodiacal path, you recognize that you must add experiences, not become them. Each step is an experience that amplifies your abilities to perceive the world. Aquarius has its good and bad things, like everything. Aquarian detachment and freedom can often be seen as abandonment and disinterest, apathy. Thus, expandability also becomes dissipation and dispersion. The ease of connecting to the world of ideas makes the Aquarian prone to live by beliefs rather than feelings and actions. Aquarian innovation and resurrection skills can translate into an inability to hold something over time and translate what you think into reality. Philosophers and Inventors by essence, in many cases they fail to manifest results of what they express. The lack of emotional connection and empathy makes them move easily towards the future, but not facing the past from where they come, only makes them drag with them the unrecognizable traumas of their soul. Now, from Consciousness, what you have to achieve is to obtain the tools of Aquarius.

ME: Freedom, Detachment, Renewal ...

I AM: Access the Law of Mentalism. You are in the Crown, in the radiation of your divine mind, towards the Universal Void, where everything is possible. This is what your Leo must learn from Aquarius, he must open himself to the infinite possibilities and not hold on to the expectations that he considers under his control.

ME: Let go of control of things ...

I AM: Open the dams of the cosmic water, release the rivers that purge your consciousness of all mental garbage, beliefs, ideas, preconceptions, prejudices ... But you must do it with Humility.

ME: How do I do it?

I AM: Recognize why you have chosen them, that is, why you have clung to certain beliefs, to certain ideas of how things should be in your life. What do you hide in your mind that is reflected in your outside world?

ME: In me lives the belief of abandonment, that the only way I learn quickly is when I am left or left, family, friends, relationships, I feel that falling in love is part of a pattern that I need to move forward, and therefore I can never live love as a company but as a purpose.

I AM: Your great challenge in this life is to fall in love, but not with someone, but with yourself, with what you are and do, and only then can you love, and that is why life brings you loves, infatuation that only reflects the lack of love for yourself and for what you seek ...

ME: Uff ...

I AM: Leaving the purpose for love, is the expression of letting go of the idea of falling in love in order to really love, since the greatest of the purposes is the unity that humans conceive as falling in love. And you look for him, incessantly, as an ideology, and that is why the universe leads you to live experiences of this kind, until you can find Aquarian freedom in love and not leonine control.

ME: That is why I attract the aquarius image over and over again ... That is why I work for an Age called Aquarius, the greatest of my challenges ...

I AM: And it is in the crown, because Aquarius is your new King, it is the King of the World, who has inherited the crown of the kingdom from his opposite, Leo, who is now under his feet.

ME: The Lion submitted to the Will of Aquarius ...

I AM: Who does not submit, but expands. You decide whether to see yourself involved in the Aquarian networks of thoughts, or connected to the expansive network of ideas.

ME: I feel that if I do not integrate, integrate, the Aquarian visions of the cosmos, it will be difficult for us to shape a Conscious Network.

I AM: That is why it is your great challenge, detachment from ideas, clearing preconceptions, making the ocean of the mind cleanse your psychological impures.

ME: How do I do the homework?

I AM: Take a sheet of paper, and write the names of people to whom you are emotionally attached, with whom you have unhealed ties, prejudices and preconceptions. Dependency links, and you can see that they don't allow you to move forward. As if it were a labyrinth, connect them with colored lines, like a fabric, uniting those you relate to in the same emotions. You can choose three colors and give each one a role: physical, emotional and mental, and unite the people who represent at these levels.

ME: And once it's done, what do I do?

I AM: Take a deep breath, and cut it into pieces.

ME: Shall I break it?

SOY: The only thing you will do doing it is giving your body the experience of recognizing that you have realized where the ties are, and that you are willing to transcend them. And when you have chopped them into small pieces, you put them in water, seeing how the water is responsible for discoloring the ink, taking what you do not need. And when it's discolored enough, let the water go, and bury the scraps of paper.

ME: Cleaning the stables ...

I AM: The task will be a start to put this idea into action. Free yourself psychologically from the ties that hold you trapped in a web. Aquarius is your spiritual food, and the spirit is free, it does not have ties, ties, ties. By doing this exercise, you will be feeding your spirit of freedom from your subconscious.

ME: To be someone new I must act like someone new.

I AM: To go from being a son to being a father, from being a daughter to being a mother... And recognize that sons and daughters are free, that the roles we have we have chosen ourselves. Be free, you know well that you are ...

ME: I know ...

I AM: Free yourself and free others, thus you will turn a network that traps into a network that connects.

ME: I am freedom, I am the vast universe of the cosmic mind.

I AM: Welcome to the Age of Aquarius.

192. Libra

[February 11, 2021 Matías De Stefano](#)

Daily vibration: PBae

Statement: I Am Intellectual Nourishment

Code: FIRE: FLAME = At the same time, the spark expanded over space as flames, that according to the wavelengths, acquired shades, colors, that identified the Flames. This way it was originated the concept of Divine Flames, of Twin Flames, and all the resonant energies, which lighted matter, connecting the suns, burning worlds, cooking life from within the worlds, and transmuting them in all directions and aspects.



ME: Balance... balance... harmony.

I AM: Aesthetics... visualization... contemplation... justice.

ME: Ying Yang... Right and Left... Eyes... Ears... Hands...

SOY: It is time to find coherence. Look to Heaven and find the constellation Libra, the Soul of the Trinity of Air. Libra expresses itself in your eyes, seeking balance in your gaze, joining two polarities to find a center, focus, and thus be able to see. Libra is the balance between the inner gaze and the outer gaze, it is the one who takes care of bringing coherence to the external world, projecting the beauty of what he feels in what he sees, decorating with his soul the grace of life and existence. The external world nourishes the inner world with ecstasy, filling it with colors through your eyes, with sounds through your ears, with aromas through your nostrils, sensations through your hands, and tastes through the sides of your tongue. The beauty of the outside world feeds Libra consciousness. And his soul embellishes him in the poetry of seeing that his internal world can sow art in the external. That colors can make pictures, that aromas can make perfumes, that sounds can create music, touch can create fabrics, and taste can create recipes. And to find the art of life, Libra seeks the harmony of the internal and the external, symmetry, perfection, which gives pleasure to the senses. Thus, his sharp gaze allows him to see all distortion, imbalance, imperfection, what is not straight or harmonious, and therefore he immediately recognizes what is not fair. Thus, his sense of aesthetics, beauty, harmony, makes him a constant justice, who elevates the mundane to the ideal, becoming the judge.

ME: "Justice is Blind" ... they say.

SOY: Well no, Justice is an artist. The one who has made her blind is human corruption, who, just as she believes that justice is fair because she does not see who she judges or separates between poor, rich or powerful, in reality she has become someone who cannot see where the imperfections or injustices are. of any kind.

ME: Understood ... yes. I think so too.

I AM: Whoever recognizes the beauty of the universe, cannot see with cloudy eyes, cannot be corrupted in his ideals, thoughts, feelings and loves. Who sees with the eyes of Libra, cannot deceive or be deceived, by anyone or by oneself. Whoever recognizes that the cosmos is perfect, is a work of art of the best of artists, the Dreaming Mind, and dares to be part of it, then he will find no way to corrupt, and it will be fair.

ME: And what if we don't follow the Libra balance?

I AM: Libra will lose balance. And it will be corrupted. And he will not be able to distinguish between what he sees and what he feels, and he will fall into the eternal dichotomy of doubt and internal struggle, living a life of illusion, in which he prefers to decorate the lies than to discover the truths, because his own incapacity will terrify him. from seeing beauty, and from being an artist he will become a liar, a smoke dealer, a being who by deceiving himself deceives others by immersing himself in the deepest of doubts.

ME: How do you avoid falling into that illusion?

I AM: You must be fair, straight, and live in the balance of both eyes, focus. Find the perfect harmony between your right and left eyes, go inside both and find the third, the one that brings you serenity, harmony, the one that allows you to see the global image, the whole, beyond, the one that shows you in what external what you are inside ... Dare to see.

ME: Today I went to the Eye of the Dragon, in Montserrat. I went through it. This expectant, thinking that some teacher, or something important would happen, but no, I only saw myself. Me on one side, and my reflection on the other. As from one eye to the other, from one side to the other, I saw myself, in my mirror, watching me. I saw my shadows on the other side, and the lights that I thought I had. I saw my light and my darkness. And I sang them a lullaby. Seeing that no one appeared, no teacher, I understood that now I had to fulfill that role, be my own teacher, the one who can identify my weak points, my weaknesses, inconsistencies, rough edges, and teach them to myself.

SOY: And you walked towards yourself.

ME: Yes, faced with an overwhelming wind, I stood in front of myself, and I watched myself. I saw the dragon in his eyes, my emotions, my pain, expectations, beliefs, sanctions and injustices. And I hugged myself. I realized that fighting is not worth fighting, that fighting is not putting face to face with the opponent, as males do when fighting for females or for territory by clashing their antlers. Facing is daring to give a hug, to turn two into one. Be the center of the balance.

I AM: The Pound is the Roman instrument used to weigh, since a pound was equivalent to 12 ounces, just over 327 grams. One pound equaled an exchange weight, used to evaluate minerals and foods. In mythology it was used since ancient times as a way of weighing the mind and emotion, in the same way as in the Book of the Dead of Egypt it is narrated how each death is subjected to a judgment in which the soul must put in a Pound the weight of your Mind and your Emotion on each side of the scale. If Emotion outweighs Mind, signifying spiritual truth, then one had to return to the world of the living, devoured by the crocodile god Sobek. Myth that tells how the reason for returning karmically to the world is due to the emotional weight of attachment to the things of life. The constellation Libra owes its name to being the group of stars that are found halfway between the hottest days of summer and the coldest of winter. As well as the longest days and the shortest days of the year, which leads to recognize the inflection point and maximum balance between Light and Darkness.

ME: For the ancients both aspects were honorable ...

SOY: Well, the two arise from the one, and if division has a clear reason for being: to allow creation. Without imbalance there is no search for harmony, and it is only found in the symmetry that is possible due to the diversification, distortion and multiplication of chaotic patterns. For this reason, the Dragon that you face yourself is the chaos that allows your existence, and the dragon that you consider yourself to be is the one that brings order to that internal cosmos. Both find the sense of harmony if they complement each other, and not if they submit. Therefore, you must embrace the dragon in you, staring into his eyes.

ME: I became his eyes, and I was one. And when I saw him, both of them joined in me, and I recognized that I was not there to receive any message, but to renew my vow, to remind myself that I must be fair to myself. Then I sang my vows, I reminded myself why I am on this path, because I am the Path. I reminded myself why I am still in the light, because I am the Light. I reminded myself that my incessant search for the Truth is because I am the Truth searching for myself. And that my need to fall in love is nothing more than the eternal throb that reminds me that I am Love.

I AM: You know? You, like many, have come to bring a new sense of Justice to the World, because your actions will build the citizens of the future, Aquarian systems, and you will achieve it when you have found the balance of your own being. You are practicing what real justice means, and then projecting its beauty to the world. For it is not just whoever judges by looking with their eyes, but whoever observes judiciously with their heart.

ME: We are very used to judgment, to being judged and judging, and it is true, we do not do it because we believe that things are correct or not, but we judge them based on how beautiful they seem to us, how beautiful they are presented to us. senses, and we judge more by what we perceive than by what it is, decorating the world of our perspectives instead of contemplating it. Like someone who instead of watching a tree grow, prefers to prune it and shape it, considering it more beautiful than the one it really possesses by essence.

I AM: Whoever prunes a tree to decorate his garden is the same person who prunes a mind to decorate his society. Humans have cut and molded minds for millennia, limiting their growth, embellishing them in their judgment, loading them with Christmas decorations called beliefs, cultures, traditions. You are living a fairy tale in the middle of a war, because you only decorate the shit with glitter.

ME: What a picture you have given me now ... But right.

SOY: Let's see when you will deign to compost and plant a garden.

ME: This is why the justice of our world is chaotic and unfair, because we decorate beliefs by molding minds, making us less and less intelligent, because they teach us how to decorate the truths, covering what we do not want to see.

I AM: Libra's task will be to show the beauty of the world and its harmony, but as long as you do not have the courage to stop judging what you see to start judging how you see it, you will continue to live in doubt and the lie that leads you to imbalance .

ME: How can we do?

I AM: I invite you to do an exercise. Think of the biggest injustices you can imagine, and try to find a solution to the problem without passing judgment or punishment on any of the agents. Think of political corruption, genocide, pedophilia, dictatorship, mistreatment, whatever, and describe how you would bring harmony without judging or punishing, without eliminating, but bringing positive results for all agents.

ME: For both the "bad" and the "good."

SOY: That's right. But the worst, eh? The worst thing you can think of. Only when you find harmony in the development of your artistic solution, in which neither party is harmed or judged, will you have found the truth of Libra there.

ME: It seems difficult.

SOY: If it were easy, humanity would not be as it is. And it is because they do not dare to seek harmony, because it is easier to judge and punish than to discover the unity and beauty in all things. Look for it ... and when you have found it, perhaps, the world will begin to be wonderful again.

ME: I open my eyes, not to see what is outside, but to feed my intellect with the beauty that only my inside can interpret ...

I AM: You open your eyes to see with the scale of your heart.

ME: I am Balance.

193. Gemini

[February 12, 2021 Matías De Stefano](#)

Daily vibration: PBe

Statement: I Am Nourishment of Truth

Code:INSIDE = everything that exists in our outer world is nothing more than a projection of the inner world. From the mental base, it's all an idea originated from the mind that projects in the world of forms through action. From the energetic base, all actioned attitude comes from an emotion or a feeling. And from the material base, everything we see in existence is a fractal of waves and particles that combine inside things. This way, the answers are always within.



ME: "I want to have a million friends, so I can sing more strongly ..." singer Roberto Carlos intoned. And every time someone says "Gemini", it is the phrase that comes to mind.

SOY: Well, there is no doubt that this constellation recalls the sweetness of fraternity and friendship, the love of sharing and discovering the other as part of oneself. The Constellation was named after the two great stars that look twinned in the sky, called Castor and Pollux. Both represent the forces of balance, the positive and the negative, but not in the balance or the struggle, but in the purest and most loving unity. The myth tells that Zeus fell in love with the wife of the King of Sparta, and turned into a swan to make her fall in love. This woman, Leda, having had relations with Zeus in his swan form, returns to the castle where she consumes with her husband that same night. Because of this, Leda becomes pregnant with both at the same time, but the strange thing about the story is that the woman lays two eggs. From one is born Pollux, the son of Zeus, and from the other is born Castor, son of the king. The former was immortal and divine, while the latter was mortal and human. But despite their indisputable differences, they both loved each other deeply, so much that they seemed to be one. They were Twins. The word "twin" comes from the Indo-European "yem" which means to pair, to put in the same place, together. This is how "geminus" originates, that is to say: begotten or born together, as a couple. Its nominal formation is "Gemini", which gives its name to the constellation. It bears the name of these twins because according to Greek history, Castor dies in a battle, which destroys Pollux, who asks his father Zeus to end his life, as he will not tolerate living without his brother. Ask Zeus to let Castor go up to Olympus, or him to go down to Hell. But Zeus places them both in the stars, where they can share forever. For Egyptian mythology, Geminis are a man and a woman, representing day and night, external and internal light, holding hands as a sign of brotherhood. For China, it is the stars of Yin and Yang, who maintain the balance of things, as a unit.

ME: So for all cultures they have always represented that fraternity or balance ...

SOY: And above all because of a special characteristic: it is the time of barter.

ME: Exchange ...

SOY: We have talked about bartering in relation to Libra, which was responsible for putting the value of things based on their weight, and therefore there was equity when exchanging products. Well, Gemini is the one who is in charge of carrying out this final exchange, he is the one who communicates between the different agents of the trade. The Gemini period was a time of need, while from Taurus the field began to be plowed, it was necessary to obtain the necessary resources for the continuity of life until production is adequate, therefore, families and towns were forced to communicate with each other, to exchange products and tools. But one thing is clear: the human does not interact like a machine, but does so from emotion. Thus, the meeting points were called fairs, markets, days of celebration, where there were games, new people, from different cultures, where to learn many things and discover the latest news. Many met to drink, to celebrate, to interact, to make the best deals in buying or selling seeds, products, food, tools. As well as how the children found spaces to play, discover, learn new things. Many spoke different languages, and it was necessary to learn to communicate in different ways to get the expected result. And many did not see each other for a long time due to distances and work, so those moments of exchange were essential for conversation, talking about everything that had happened, finding old friends, catching up

ME: And in the sky were Castor and Pollux.

SOY: During that time, everyone remembered the importance of being brothers, not fighting. It was a delicate time, as the winter resources were running out, and it was necessary to start sowing and cultivating again, raising animals again. They couldn't be fighting, fighting, it was important to be brothers, to find peace between each other.

ME: This describes the personality of the stars ...

I AM: Again, what happens on Earth, decorates the energy of the stars. The Gemini stories are what help everyone to know that this is the time to talk, to converse, to create friends, where even those who I can consider enemies, must become part of this exchange. Gemini is a time of brotherhood, of fragility, and therefore it was necessary for everyone to know the importance of getting along during the passage of these stars if what was sought was to survive.

YO: The needs of the peoples forged the subconscious idea that Gemini is the stellar body that conditions our relationships and communications ... the word ...

I AM: And that is why it is the Physical aspect, of the Body, of the Trinity of Air. Aquarius being the expansive Mind of Spirit, Libra being the Creative Harmony of the Soul, make Gemini the Communicative Manifest of the Body. It is the throat of this being that we are. The best Gemini tool is diction, communication, the word as the main tool, communication as the fundamental means of existence. The word is the creator of the Universe, and it can only be created if the polarity is recognized as one, if everything is interconnected. Without Gemini pronouncing the word that unites both ends of the poles, Libra would still doubt which of them should say the first word to be the most correct, and without Gemini and their communication, Aquarius could never say what he thinks, translate its infinite world.

ME: Gemini inquire, ask, try to listen, advise, and philosophize in an open psychology capable of moving from one place to another without problems.

I AM: This manifests the symbol that you know as Yin-Yang.

ME: A circle formed by a black drop that contains a white point, and another white drop that contains a black point.

I AM: Represents the constant circulation, the interaction of both forces. White is the expansive divinity and black is the limiting manifestation. The symbol recognizes, therefore, that everything is a fractal of divinity that manifests itself, of an expansion that generates limits, and reminds us that in every manifested limitation there is the possibility of liberation and being divine, while in every divine expansion there is a lack of limitation.

ME: I always heard that yin-yang is "good and evil."

SOY: Well no. That is a dualistic vision that considers that there is something that is good and something that is bad, when in the universe it is not considered that way, but rather it is seen as a pattern of harmony within which there is the possibility of the manifested and the unmanifest. The summary, simplistic vision, that is to say that "in everything good there is something bad and in everything bad there is something good", however, you do not depart from a moralistic vision of judgment, which Gemini does not use. Gemini does not recognize if it is good or bad, Gemini only exchanges ...

ME: And that's sometimes where Gemini conflicts start.

SOY: Exactly, because in many cases, when Geminis get out of harmony, they try to look good with "God and the Devil."

ME: I heard that phrase many times. But in my point of view, if God and the Devil, as concepts, arise from the same Unity, then what is the problem with getting along with both?

SOY: It is not a problem, until it becomes inconsistent. That is, when I say to that "God": "I'm going to clean the house", and at the same moment to the "Devil" I say: "Don't worry, I'm going to dirty the house." It is one thing to have a good relationship with both visions, it is another thing to lose one's own essence by wanting to be accepted by both external visions. Gemini, in their desire for communication and fraternal exchange, ends up generating discord, conflict, confusion, because instead of finding their own position, an internal axis, they swing from one extreme to the other, giving each one what they want to see, hear, feel.

ME: It's the famous Gemini bipolar.

SOY: The desperation to make everyone get along, that there is no conflict, that all things are perfectly understood, that no one is offended, ends up generating the opposite. Human society, made up of beings without their own axis, has survived by handing over power to others, pretending what they are not, because to belong to a group one must stop being something to become that group. This creates two faces, one looking inside and the other looking outside. The first hidden, hiding trying to survive in the shadows, in denial, and the other trying to adapt and be accepted by others.

ME: That describes our humanity of appearances, of conflicts, of being what others want us to be ... Losing our essence for the good of the group.

I AM: It is important to recognize that Gemini teaches us to speak, to communicate, to speak, to interact between the different parts and to express through the voice what lies in Librian perceptions and Aquarian ideas. Teams are formed thanks to the Gemini arts of making everyone feel equal parts of a group. But to achieve this, the Gemini must put on a mask for each individual with whom he interacts, becoming so many options of himself that he forgets who he really is.

YO: That is what happens to a civilization like the current one based on telecommunications, in globalization, a time in which we have begun to interact as we have never done before.

I AM: Today you are under the command of Mercury, ruler of Gemini, you are a Geminian civilization of appearances, in its most negative aspect, in showing what others want to see, decorated with all of Librian injustice and Aquarian indifference. You are off-axis, and that leads them to turn the air signs into an unstable hurricane.

ME: How do I stabilize him?

SOY: Try telling your truth. Try saying: I think. This is my vision. Don't give advice, do it. My task for you today in relation to the Gemini who lives in your face is that you think about those things in which you should have an opinion and never omit a word. Take that concept or idea, person or circumstance that you always wanted to give an opinion about but have never done, and write it down, then recite it, read it aloud, and even encourage yourself to say it to whom it corresponds. And on the other hand, those who tend to say everything, keep quiet about anything, who talk too much, I invite you to stop giving advice and opinions. Think for a moment before saying what you think, what you think would be better, and instead of saying it, do it, yourself, without waiting for someone else to say or do it. It is not always necessary to communicate everything we do to show ourselves and be accepted. I invite you to the next time you do something remarkable and incredible, do not tell it, and keep it for yourself, it is for you, not for others.

ME: Difficult having Instagram ...

I AM: Instagram is the treasure and bane of a Gemini spirit. Leave the verbiage, and speak what is necessary. Do not consider yourself essential for there to be communication between others, sometimes silence is the best of words. Sometimes a word is the liberation of so much silence. Look at yourself in the mirror, and say everything that you haven't told yourself. It is time to remember that you are two, your twin lives inside, look at him and love him, your shadow and your light, are the only ones who must find communication, so that you stop fighting with the world, so that you stop wanting to like the world .

ME: I am my own Twin. And when I understand, I can really have a million friends ...

SOY: And instead of filling you up, they will nurture you. I am real food.

194. Pisces

[February 13, 2021 Matías De Stefano](#)

Daily vibration: PBi

Statement: I Am Nourishment to the Heart

Code: OUTSIDE = The outside references to all the projections that exist, that fertilize in the expansion, on a mental, emotional and material level. In the moment of the Big Bang all the potential of the inner space unfolded its energy to recreate its ideas in the outer world, expanding without limits. This way, the outer world, is the only one that allows us to experiment and store data by living those ideas on the outside.



ME: Everything becomes a sea around me ... I look ahead and see its waves, the coast, and without ceasing to marvel at the beauty, I go step by step approaching the foam of the waves that breaks against the sands, gently, like caressing the earth. I put my feet in the water, feeling the freshness, and I don't stop, I move forward, always looking at the horizon and the sky, where both merge, as if walking in a dream. The fish begin to surround me as I dive a little further, each step deeper. Until the waves cover my face, and I can no longer stand, because the choral has finished, and in front of me the deep ocean opens. I can feel how I don't need to breathe even though it sounds strange at first, and yet I move downward, away from the surface with hardly any movement. The water pressure embraces me, I feel content, and at the same time expanded. The sensation produces mixed emotions in me, because it seems that nothing exists in my environment, and yet I can feel everything holding me back.

SOY: I can feel that everything is a dream, that what surrounds me could be the very space, the universe, where I could not distinguish between pressure and freedom. The ocean is getting darker and darker, and the few glimpses I see of the light passing through the water resemble a starry sky that I can touch and feel as part of myself. In an instant I perceive that I myself became water, and that I flow with its waves in the deep. Everything in the distance is blurred, as in a dream of the night. I feel that everything is part of me just as I am part of everything, and that in my smooth spiraling movement, in my dance, everything dances around me. Shoals of fish surround me, become me, and I feel in my organs the warm vibration of the songs of the whales in the distance. In an incomparable dance, all kinds of creatures appear out of nowhere. Jellyfish fill space like stars, shining like rainbows as they reflect the gentle rays of the sun that reach us. Squids and octopuses observe me and draw beautiful lines with their inks, writing poetry about the waters.

ME: A huge solitary shark makes way for groups of sharks that fill the nonexistent ground, traveling with determination like an army, while with unparalleled grace, pods of dolphins drive them away to take care of my safety. They play with the turtles that pass by, accompanied by the dance of the stingrays that decorate the surface. The hundreds of colors in the fish that appear, announce the proximity of coral reefs. The Ocean allows

me to feel everything. When I was on the surface, I felt separate from things, from individuals, from objects, but now, each of those who make a movement, I can feel it, each of my movements, are felt by others. The waves, the pressure, makes me part of everything, being one with everything. It gives the impression that I can feel the beat of each heart of each creature in unison with mine. As if we were one, and everything existed for us. The waters help me to feel that I am part of the same body, it makes me feel ...

I AM: Empathy. It comes from the concept "suffer", from the Greek "pathós" (feeling, illness, disease, affection), referring to one who shares being within the same sensation, effect, reaction, pressure as others or the other. Beyond the fact that its etymology speaks from a negative place, having empathy was managing to put oneself in the place of the other, to feel what the other feels, and from there to be able to act, help, understand, collaborate. Organically, the circulatory system is an empathic system by nature, since by pulses it determines where there is a need, where blood is lacking, and it pulses taking it there, irrigating the empty spaces. The Heart, then, is the organ that connects with the pathia of each part of the body, seeking to solve in judgment, expanding in all directions, connecting every corner, feeling each cell as part of itself. Blood is like the internal ocean, and its proteins, fats, blood cells, and hormones are like the beings that live in it.

ME: Like fish, whales, dolphins, sharks, octopuses ... all the creatures that navigate its waters ... Contained by its plasma.

I AM: Empathy is the capacity of nature to encompass, to become part, to be one with the rest in its growth and development process. The being that manages to stop being an individual to become the environment that sustains individuals, can understand them all, unite them, feel them, and prepare to live for them and for them. Just as the human body is empathic through the nervous and circulatory system, a human is empathic in mind and emotion.

ME: So a human is the subjective development of the objective and organic evolution of the biological body.

SOY: That's right. While the nervous system seeks to receive all possible data without passing judgment or omitting any information, the human mind has been the evolutionary development of this system to create an open mind capable of receiving data, sharing it, reading us and thus becoming intelligent. In the same way that the circulatory system senses the pulses of the cells and distributes its nutrients where they are needed most, a human developed a fine sense of empathy, of emotion, with the aim of improving the interaction of communities, of find balance between the parts. It is an innate attribute of biology, developed by human culture at its finest. It is an attribute that lives within, and that it is necessary to wake up at the most difficult moment of all.

ME: Which one?

I AM: The last month of winter. During the spring you have sown, in the summer you have reaped and celebrated. In autumn you will make reservations, so that in winter you can survive. But these reserves are running out, and the last weeks of winter are the most difficult, as the shortage of food means distributing equitably, being empathetic, fair. Thus, for the northern hemisphere, this time prior to starting the cycle again, to taking the necessary energy to restart the will to work, to farm, families gathered to share, tell stories, teach children what is coming. And there, high in the sky, the Sun was in front of this constellation, which was related to the Greek story of Aphrodite and her son Eros, who were saved by some fish from the Euphrates River before the attack of the monster Typhon. In gratitude, the gods put these fish in the skies. The idea of fish comes from a long time ago, and made reference to the two rivers Tigris and Euphrates, as well as the Nile and its tributary to Lake El Karum. Two fluvial flows that are connected by a fine cord of water, the only source of food during the winter dry season: fish. In this way, the beauty of the fish, the flow of their life, is related to beauty and love, to giving as a divine gift from the gods.

ME: This is how "Pisces" is born, the two fish.

I AM: The most expansive of the Water signs, it is part of the cusp of the trinity of this element. Pisces is the Spiritual Ocean that contains all the waters, thus we continue with the Lakes and Rivers of Cancer in the aquatic Soul, to culminate in the mud ponds and wetlands that the Body of water called Scorpio represents.

ME: Pisces is then, that ocean in which we have submerged where all things are connected ...

I AM: And therefore, from the emotional vision of the Heart, Pisces is the divine ocean of infinite and eternal Love for all things. In the Aquarian Mental Principle, the cosmic ocean is an idea, it is the mind, which expands in ideas, freely. However, when Aquarius connects all the points in a perfect and transforming network, the emotion of this spiritual being is awakened, which transcends its energy level, now constituting empathy for connection, where not only ideas are projected, but also turn feel. Pisces is the divine aspect that falls in love with its creation. Aquarius idealizes what was created, being the Dreamer, while Pisces will enjoy the Dream, live the sensations, fall in love with what he was able to project, marvel at the harmonic beauty that Libra has designed, he will not stop to analyze what he created, but to feel what exists. He will not listen, learn, inquire as Gemini does, but will close his eyes and dance, feeling everything with a huge smile. You will feel the flow of things on your skin, and join them in the beat of your heart. Pisces is Unconditional Love, which does not understand dualities, since all things inhabit it.

ME: This is why Pisces is so scattered ...

I AM: Because an Ocean does not have an axis point, it does not have a focus, and it expands flowing in all directions. It contains the shark and the dolphin, the fish and the octopus, the bright subtle and warm waves, and the cold and hard abyssal bottom. It does not pass judgment, since it is recognized as all things. It has no condition, because it has no limits in what it feels. Thus he loses himself in his own dream, in his own feeling. The flow in every direction generates a chaotic soul and mind, without order, open to whatever, containing the darkest monsters and the most subtle of beauties. Pisces is the archetype that defines Divine transcendence, God himself, as it is the last sign of the entire stellar initiatory path, it is the one that summarizes the freedom of the soul, mind, body, who recognizes that there are no limits , and that all we are is unity,

ME: How do I integrate this divine aspect into myself?

SOY: It already lives in you, it is there, in your cells. Your body acts like Pisces every day, in a chaotic way it puts itself at the unconditional service of a greater good that is to allow your existence. To awaken this attribute in you, observe your body, how it nourishes both the intestines and your brain, how it takes care of keeping your being alive without judging any of its parts. But you must be very careful not to lose yourself in that same love.

I because?

I AM: Because love is eternal, and matter has limits. And Pisces does not understand the limits, it observes them as hatred, injustice, pain, even if they are necessary for your life, the Pisces aspect in you will try to deny them, to want to get rid of them, to feed their dreams above the reality, and lose his axis of love, becoming a constant escape from irresponsibility.

ME: Yes ... I understand this ... It is in turn a sign that is very reminiscent of spiritual service, and when we awaken this aspect in us, we usually fall into the Piscean dream, in the utopian, idyllic, wonderful, magical, in the fairy tale , without recognizing that the physical world has other rules, and that those Piscean attributes are actually an ability to help transform, improve those systems with greater freedom, activating all their infinite potentials, but still, we remain in pain, the anguish, martyrdom ...

I AM: We come from 2400 years of the Age of Pisces, where these concepts have marked the beginning of many wars, since the imposition of ideals on others is an eternal struggle of dreams that are unrealizable. You must dare to dream, but awake in consciousness, not in the endless struggle of unconsciousness.

ME: What is it like to daydream from consciousness?

SOY: It is looking at life with the magic that lies in it, understanding the beauty in each of the things, no matter how ugly, recognizing that the limited and negative are nothing more than guides and tools that I am still learning to use. Look for solutions to conflicts with your love and infinite imagination, do not close yourself to any option, and yet try not to judge the limits that are presented to you, as they are not impediments, but challenges.

ME: Difficult task for a Piscean mind and heart ...

I AM: To find the axis of Pisces you must remember that the two fish speak of two flows, one negative and the other positive, and both speak of the constant circuit of energy. Beyond the ocean having no axis, fish use magnetism and currents to guide themselves and not get lost. So, as a task I suggest you, think of the most wonderful utopia you can imagine where everything that exists lives in harmony, and write the laws for this utopia. What regulations and limits would you set from Love?

ME: Love has no limits ... How do I do?

SOY: Perhaps the limit of that love is a Containing Embrace.

ME: I understand ... Those are the limits that feed the Heart and revitalize the imagination ...

I AM: Fall in love with Nothing ... And you can contain the ocean within you.

195. Cancer

[February 14, 2021 Matías De Stefano](#)

Daily vibration: PBi

Statement: I Am Nourishment for the Being

Code: UP = The concept that we call up position, over, on top, is a direction of spatial perspective of the outside, being up the conception of standing over a space. Universally is considered the up side of the external surface of a sphere in any direction on expansion, from which, placing over itself, a lineal axis "sky-earth" is perceived. This way the stellar or overcoming will always be seen "on top".



ME: If there is a synonym for Love, it is Cancer. It is painful that it is in turn the word for one of the most horrible diseases.

SOY: It is still one of the great paradoxes. Cancer means crab, from the Greek "karkinos", which in turn comes from the Indo-European "kar" meaning "hard". Thus, "Carcass" refers to a shell that covers, protects. The crab, river and sea, represents that shell that contains the soft, that protects or subtle within the emotional waters and that defends with its claws what is tender inside. The disease was named after the same Greeks, who identified the tumors as bumps or shells that surrounded the organs, which are soft and tender. It is a semantic and etymological question that does not have a direct relationship in its meaning although they sound the same.

ME: Unless we want to see the negative side of Cancer.

SOY: Well, we'll get to it. But at first, it is important to make this distinction. The Crab is the physical aspect of the Water Trinity, to which we will relate today to the Solar Plexus.

ME: Emotional center par excellence ...

I AM: Anchor of all personality force and its links, the exchange of information in every relationship, both positive and negative. Cancer is the tropical constellation that affects the world during the early Northern Summer and Southern Winter. But as always, we will refer to the subconscious vision generated by the north, since these terms were coined there. Summer is a time of interaction, of going out into the world. Coming from the energy of Gemini, the time of communication has begun, of relating to other peoples. But there is a key by which this is done: for the survival of the family. The exchanges of food and various products were carried out during this time in greater quantity, to distribute the first products, or exchange the seeds and animals necessary for the rest of the productive season. Beyond the fact that many migrated by land from one town to another,

carrying the weight of the products was very complicated in carts or donkeys, so the best way to do it was in boats. The ships sailed at this time and made trips for long periods, along the entire Mediterranean and the main rivers. And if someone decorated the ships when they were still, and the rocks in the ports, it was the crabs. They were a symbol of navigation, in addition to representing the shield of a ship, the leaf and frame, which floats protecting the fragile inside. The crabs represented protection for travelers, and resources for their families. The crab was the symbol of the Port, and therefore, the representation of the House, the home, where they should return. The crab armor symbolized the protection of the settlers, guarding them from invasions. In the port the sailors were greeted by their families, standing on the crabs on the rocks, reminding them that they must return safely, and that beyond the distance, everyone would always remain together. United.

ME: That is why Cancer is related to the Family and its ties. Again, the symbol of the heavens has nothing to do with the stars but with what humans live, and that's how they name the stars ... "The time of the Crab has arrived", that is, the moment when the stars say: there is to navigate and protect families with advocacy and resources.

SOY: This generated in the subconscious the idea that the crab is the love of the family, protecting it, giving it what it needs. It is a Water sign, and therefore it is emotional. It represents the Body of the Trinity because it speaks of the house, of the individuals that make up the family group, of the home that they make up together. He talks about the necessary resources to keep them together: nutrition, rest and love, all three of them a transcendence of the most bullfighting basic needs: eating, sleeping and reproducing. Cancer is the archetype of maternal love, of those who care for, embrace, protect and nurture their children with love, like the port that gives food and embraces the peoples, protecting them from the sea. I know that you usually associate Cancer with Love, but it is necessary to specify which one, because while Pisces is Unconditional Love, Cancer is Conditional Love. This means that for cancer there are limits in what they love, and the limits come to friends, whom in turn they take from children or family, but to whom they will put conditions in their love, because for cancer each one fulfills a fundamental role in the family. Cancer energy is that port or home where you feel protected, where you know that you will have everything you need, but it has taken care of you so much that when you leave them, you will be afraid, you will feel unprotected, and the Cancerian voice will say: I warned that it was better not to get too far away from me ”.

ME: Attachment.

I AM: The Cancer Home will seek to protect its children, depriving them of their own tools.

ME: Like when mom says: "stop, I'll do it."

SOY: Exactly. Cancer considers that not only can he do everything, but that he must do it for his own, bear the burden of the group, since everything falls on himself. Thus, he sticks to reality, thinking that it is the only way, doing it, and he does it to maintain, to hold, for that reason it is conditioned love, since it manifests a condition to all the agents in his environment, a reciprocity of duty, that for cancer, it's emotional. Rivers, Lakes, Seas, are the groups of water, the families that are united by the flow of emotional energy. Emotion comes from the verb "to move" and the prefix "ex", which would mean "action of moving from a place". Thus you can understand emotion is a concrete intention, that is, intention, motive, purpose, interest, which from Pisces is dispersed, and from Cancer it is concrete like a river or lake that has a specific direction and outlet. There is his condition, returning to his love properly interested in his own.

ME: Could you take this as a jealous love?

I AM: The word jealous comes from “Zelós”, in Greek, which means “tremendous desire for something”, related to the heat that arouses interest in something or someone. Jealousy shows the interest of a directed emotion, of a love channeled in a specific direction, which, if not reciprocal, can create havoc. All humans have

this attribute of Cancer in their being, and it is this attribute which can become a defect if said intention invades unexpected spaces. This is where you can relate the sign to illness.

ME: I once wrote that Love is like Oxygen, a poisonous gas that we adapt to using to live, breathing it, but that in each puff oxidizes our cells, consuming them, until they corrode and slowly kill us. However, without oxygen, we can die in a matter of minutes. We need to breathe in that poison from the atmosphere to at least live for 80 or 90 years. So, it is how we live life, we need Love to feel alive, to relate, otherwise nothing makes sense and the body allows itself to die ... I always found it fascinating to know this ...

I AM: That oxygen is a slow-reacting poison. That's right, the same happens with Love, because reality was made to transform itself, and everything that is conditioned into patterns must one day be broken to create something new. That is why Conditional Love is not something lasting, but perishable, that is why attachment is harmful for those who seek to transcend to higher levels of consciousness, for this reason jealousy speaks of our state of possessiveness and animal state. The word animal and emotion have the same root, since they both mean movement. Love is movement, and from Consciousness it expands creating and transcending, while from unconsciousness it is destined to break, to hurt.

ME: Hence, Cancer is recognized for its ease of crying, for being easily affected by all times of positive and negative emotion, experiencing everything as a loss ...

SOY: Well, you could say that it is an archetype that finds it difficult to let go of the idea of what it has come to contain. Crying is a way of grieving what is released, what is perceived as one's own and is not. Tears are medicine, and that is why the eyes and face were designed so that your drops fall directly into your mouth when you cry ...

ME: You say it's good to drink your own tears?

I am always. The geometric composition of the water in tears has all the codes necessary to re-establish internal harmony. Crying is medicine in all the senses, as it liberates and nourishes. Those who cannot cry hardly feed on their own being, feed their own home. It is necessary to cry, and Cancer reminds you that the course of the water in your eyes has a clear objective.

ME: Give us love ...

I AM: Let the flow go, go on. In a certain way, Cancer can become a disease that slowly clings to life, like cancer cells that are not willing to let go, most programmed to die, they deny that gene, and seek to cling to everything to continue living. In this way, a tumor is formed, which drags the whole body with it. It is what you see through lives, the karma of families, who inherit the same patterns over and over again, following exactly the same story, trying to survive beyond time. And yet this archetype reminds us that we are all a family to which we all inevitably return, for the basis of our human species is the Love we feel for one another. Love between individuals is the key to the subsistence of our species, it is the key to life, relationships, births, sharing, of each culture, art, history, myth, poetry, religion, philosophy, science It is the love for things, for feeling, discovering, and above all sharing. Cancer Love is like the oxygen that you breathe and the one that you drink, it is air and water. You exist for the family, you live for it, you suffer for it, you feed on it, you laugh and seintes for it, and by falling in love you form a new family, for which you will do everything to keep it safe in the maternal arms of your love.

ME: Clearly, the pattern of cancer is the one that every human must transcend to live in the Aquarian age, because we tend to defend our own, build groups, love some and hate others, submerged in a sea of emotions conditioned by expectations. ... It will be difficult.

SOY: Knowing this doesn't mean you should do it or get over it now. The important thing is to recognize it. Learning how an airplane flies doesn't require you to become a pilot.

ME: Wow, hehehe I liked that example. Of course. It is that sometimes we believe that we have to do everything when we begin to understand it, but it is not necessary for someone to explain to me how it is, they do not demand that I have to learn to handle it right now or do everything in this life.

I AM: Cancer was the basis of the survival of the human group for a million years. Do you think that in one life you will achieve it? This archetype does not involve an individual, but rather a set of cells called humanity. This is a process of a lifetime, and it will end when humanity ends. There is no rush ... Before wanting to transcend the family, you must learn to love it.

ME: I know... I must learn to love her as she is.

I AM: Do you agree to be faithful to her, love her and respect her in health and illness, in adversity and prosperity, every day of your life?

ME: Yes, because I recognize that the family is me, that humanity is me, that the Earth is me, and thus, I am faithful to myself, I love myself, I respect myself ...

I AM: Happy day of True Love.

196. Scorpio

[February 15, 2021 Matías De Stefano](#)

Daily vibration: PBy

Statement: I Am Emotional Nourishment

Code: DOWN = The perception of down is nothing more than a way of naming the cosmic concept of inside or inner. The same way as the superiority concept of up, the inferiority concept of down is explained from the superficial point of view of a sphere relative to the concentration of all its forces in the node that connects all perspectives or grades on a sphere. This way, down can be contemplated from any direction of a star relative to the inner nucleus.



ME: Probably the soul aspect of the Water trinity is one of the signs with the most stereotypes of all. Recognized obscurantists, living in the shadows, the incarnate rancor, the most elaborate passions, almost

demonic symbols for the rest of the signs, who reflect all our fears and rejoice in them ... Their waters are dark, muddy, and full of creatures that they can devour us at the slightest carelessness.

I AM: And yet they are the only waters where the Lotus is capable of being born, blossoming, and radiating the spiritual symbol of the Crown chakra. This is how the Sacral chakra, with its shadows and its densities, nurtures the most beautiful of the lights of consciousness.

ME: This is why Scorpios are considered spiritual beings by nature, but why then do they have the characteristic of shadows if that is exactly what beings who seek enlightenment try to avoid?

I AM: Because you have said it yourself: whoever seeks enlightenment does not want to confront him. The one who becomes enlightened is the one who accepts him in himself. Remember. Cancer is Conditional Love, the one that limits itself, the one that protects, the one that carries the weight, it is the body on which the experience of Love deposits all its emotions and intentions. When Cancer seeks to liberate himself from this conditioning, he begins to seek Unconditionality, seeks to leave the weight of life to transcend spiritually, and elevates the concept of family and group to spiritual family and philosophies or religions. Thus he finds the Love for something greater, for the service to the Whole, to God, to the Cosmos, to the Earth, and he considers all humans as his family, and he continues to suffer the sorrow of the human, wanting to free him from his conditions. A) Yes, While Cancer discovers that he is part of a much larger family, Pisces tries to teach him not to condition others with his ideals and expectations, that it is not necessary to suffer to be of service, that one must dare to dream. This is how humanity based on clans and families, seeks to transcend the Universal considering that Pisces is that idyllic, utopian purpose of enlightenment through Unconditional Love, expanded. And from a corner, in the shadows, sitting contemplating how his two spiritual and physical aspects play to save a few or a many with love, Scorpio smiles with an overcoming look, enjoying each stumble of his brothers with a tone of sarcasm.

I because? That is what tends to bother many spiritual people ...

I AM: Because Pisces is a Dream, and Cancer is a Dream Lover. They live by expectations, while Scorpio shows them the harsh reality. Scorpio reminds them that they cannot live off a dream, and that to get to Unconditionality, it is necessary to eliminate Conditions, and that hurts. Scorpio is the one who puts the doubt on the wound, who tightens the wound to the one who denies remembering that he possesses it. Cancer is the one who has been hurt by his effort and looks at Pisces saying: "everything will be fine, nothing happens". That's when Scorpio tightens the wound, causing Cancer to cry, reminding him: "you won't get very far if you don't heal this wound that you deny." Scorpio shows the shadows, and that is why it is the month that follows Libra, because it is the one who remembers that not everything is beautiful, not everything is in balance, and that the only way to find balance is if instead of covering everything we do not like with colored mirrors and garlands, we start to review the garbage that we have hidden and take responsibility for it. Scorpio remembers, it has memory, it is spiteful, because it knows that you have accumulated many things throughout the year that must be cleaned before continuing.

ME: How does Scorpio become a constellation?

I AM: Mid-Autumn has arrived in the northern hemisphere, time to make the products, the reserves for the winter, to manufacture the products that will help to survive the cold. And with that comes the time to clean the fields. The woods, the stubble, the fallen leaves of the trees, cover a large part of the land. Everything dies in this month, everything falls. Its goal is renewal, resurgence, but still, you cannot see the goal or purpose, but what happens. Trees drop their leaves and cover the ground, insects, vermin, live under them. They cover everything. The wood begins to be split to have wood for the fire inside the house, the fireplace. But you have to be careful when taking them ...

I because?

I AM: Because in the humidity of the wood, under the leaves and bark, scorpions hide, which can lead to death who receives their puncture. Scorpio comes from the Indo-European "sker", which means to cut. It refers to the edge of a knife, or to the ancient weapons used to throw arrows and rocks against walls, cutting, breaking to go through. The shape of the arachnid is what gave it its current name. In Greek mythology, it is said that the scorpion was placed in Heaven by Zeus, who separated it as far as he could from the giant Orion, whom this animal killed at the command of Hera. Despite the fact that they both died, God the Father placed them apart in the heavenly vault so that the scorpion could not harm him. In reality, the exact opposite of Scorpio is Taurus,

ME: That is why this sign has the negative, dark image of waiting under the leaves, hidden in the shade, with a devilish smile, looking at the other signs making mistakes and looking for the light.

I AM: Scorpio is the deepest aspect of the soul, where all the things that you don't want to see are kept. In order to transcend, to free oneself from the conditions and patterns of matter, this archetype reminds us that it is essential to see ourselves inside, to remember all the traumas, all the evils, our own garbage and that which we have accepted from others. He is the one who helps us to see our shadows, and recognize that we ourselves have projected them. Scorpio is the best way to the spirit, because it seeks to bring clarity to the shadows, seeks to transcend, to know itself. The spirit does not seek the light, because it is already the light, thus, the spirit seeks to experience itself, and the only way it can do so is by being born, for this reason, Scorpio is the sexual spirit, the one that descends to low passions, the one that shows the light the way to matter, the one that reminds you that there, in the mud and mud are the nutrients to take root and rise high. It will flourish and bear fruit not because of its ability to seek light, but to penetrate the cracks in the soil, feeding on the nutrients in the mud. The leaves that fall and seem to die in this slow death of the trees, become the most powerful richness of the soil to flourish in a new cycle. Whoever sees sadness and death in the Autumn, does not know that the flowers of Spring and the fruits of Summer only exist because of what has died and nourished the roots of the plants. Whoever denies for fear of the snake and the scorpion, is unaware that medicine comes from their poisons. The tree that has died gives fire and heat for the harsh winters. The slaughtered animal feeds the entire family. Sleep is what forces you to wake up. Only shadows allow you to recognize light.

ME: The only way to light is darkness ... Not taken as evil, but as nutrients, as experience, as that which makes us strong. Scorpio is the medicine of the soul, the one that if we do not want to see, recognize, if we deny, it becomes our worst poison.

I AM: Water will give you life in one sip or drown you in a flood. The human comes from the mud, but if you don't know how to walk in it you can sink and never be able to get out. Scorpio reminds you that you are the generator of your own traps, that the denial of your passions, of your own vital energies, of your own shadows, do nothing but bury you deeper in the dream, no matter how close you think you are to the light. It will be nothing more than an illusion that will eventually turn into a nightmare.

ME: It is essential to face the shadows in order to be free.

I AM: Therein lies the key to this archetype, as a tool to enter this Age of Aquarius. A time of dispersion, networks, individualism, transformation and constant innovation, you must take into account that so that your news does not become mere repetitive Librian decorations, making us fall into doubts or the bullfighting comfort of always arriving at the same thing. , it will be necessary to get out of comfort, to face the shadows.

ME: The dark night of the Soul.

I AM: Anyone who is looking for the light, must go through the night, because the dawn only finds its contrast in the shadows, and the stars can only be seen in the dark space. Uncovering the hidden is key to creating the new.

ME: Otherwise we will only change the superficial. As when we talk about social systems, we only change forms, but not the essence, so we make the same mistakes.

SOY: And not only socially, but also family and personal. How many times have they wanted to change clothes, attitudes, work, partner, family, country? And how many times have they seen that no matter how many changes you have made in your lives, they repeat themselves? Same conflict in different color.

ME: I know... it has happened to me, a lot, hehe. But the processes become much shorter when I dare to see my shadow, my own ills ...

I AM: Scorpio won't hesitate to poke you where it hurts if you dare to make a bad move. We all carry a Scorpio inside, it is an archetype, that some have very awake, and others hide asleep. Well, you have been taught to hide the shadows, which is not accepted culturally or politically. In the need to be correct, you have stifled your desires turning them into tumors, you have imprisoned your shadows, stopping them and turning them into diseases. And when the symptoms start to surface, you blame the external, you blame Scorpio for showing you the problem ...

ME: When we should honor that shadow that reminds us of what we have done to ourselves.

I AM: The trinity of Water reminds that there is a limited Body that has designed a home for its patrons, that there is a free Spirit capable of being at the service of the divine and magical, of living the dream of possibilities, but both are united in the aspect of the deep Soul, which will always remind you that spiritual service is only applicable as long as the home has the will to transform itself by healing its own past, its shadows ...

ME: Shadows are my nutrients ...

I AM: Sacred. Where nutrients are absorbed in the intestine, where shit, garbage, and useless things are discarded, leaving only the essentials that nourish the body, it is the same center that generates energy for creation.

ME: Emotion ...

I AM: There the emotion arises, source of movement, life and transformation, from the dirty and deep waters, there are hidden nutrients, giving life to what you have wanted to hide or what you have wanted to get rid of. Emotion is not your enemy, passions are not your downfall. They are the source and engine of your energy. You just have to learn to consume them correctly, and the shadows will teach you how. Thus, when you must transform yourself in this Aquarian age, you will be able to be free from the bonds of your low passions, and you will use them as a basis for the new sowing.

ME: I am emotional food ...

I AM: Feed on the emotions you hide, and from your densest mud, the most beautiful lotuses will blossom.

197. Virgo

[February 16, 2021 Matías De Stefano](#)

Daily vibration: PBo

Statement: I Am Emotional Nourishment

Code: RIGHT = If we take the visible as the outer world and the invisible as the inner world, our eyes will always see the “up” and “out”, position that we call North. This way, no matter where we are on a sphere, looking north we’ll know that the right will always be on the East. The sun delivers the light, and for that, is interpreted as right as someone who delivers from the heart its own light, the doer force that expresses what is felt and thought.



ME: “Tidy up your room. Make the bed. Did you clean the dishes? Did you do your homework? Finish the meal. Today is cleaning. Go buy bread...” All phrases we have ever heard from our mother...

I AM: The Mother. As we have always spoken, the mother is the Matrix, the Matrix of the Universe, the generator of all existence, of all tissue, connection, the one that gives meaning to the patterns, the one that unifies the codes by giving it shape, is the Network that contains all the nets, divine womb. It is the barn that contains all the seeds. And this is how Virgo is born. After the sowings in early spring, and the crops during the summer, comes the end of it with the harvest. In the Northern Hemisphere, late August and early September were sowing and harvest times. Working time. As we have said: Virgo joins the words of "werg" (work in Indo-European), and "viri" (strong, powerful), both are united in the idea that this is the time of greatest effort in the field: harvest, gather stubble, separate straw seeds, plow the land for another sowing, start preparing the products. The young women were in charge of doing the fine work of separating the seeds with their fine, delicate fingers, then tidying up the barn and beginning to make flour.

ME: That is why this time is related to the woman who creates the food that nourishes all men ...

I AM: Life itself. Connected to the uterus, its strength lies in the genitals, both male and female. The Virgin concept passed into the Middle Ages referring to the girls who separated the seeds and carried out the fine tasks, which they still could not decide for themselves. But in turn, young men who are under the command of their fathers are considered that way. Until they formed a marriage and their propai family, they were not considered Adults, but Virgins. Workers. The specific dedication of harvesting and planting, of slaughtering the animals and generating products for the fall and winter, gave this period the characteristic of hard-working and orderly, but above all: helpful.

ME: The Servant, the one who serves, who is useful to others. This is something very Virgo, to be aware like a mother of everything that others need ...

SOY: Well, it is time to generate products for others, to put food on the table, to take care of chores.

YO: Which gives the Virginian characteristic of ordering, cleaning, maternity, that feeling that we all know well.

SOY: And that, as always, its attributes have bathed this constellation. The Virgo Archetype is the Mother in service, who gives everything for her children, who are the world. For this reason, this constellation was linked to the mothers of the gods, who gave them everything they needed, who gave them life, food, but also, who taught, educated, gave them order, gave them a purpose. We all carry a mother within us, because from the beginning, your body was designed by a stem cell. This cell gave rise to everything you are, it nurtured each of your cells, it gave rise to the structure that keeps you alive, stable, in order. And they were produced inside the womb of another mother, a mother cell from Earth. No matter how small a woman is, it is a cell with the potential to create many more and transform the surface of the world. Everything that arises in the universe is female, everything is produced by a uterus, every stem cell gives the option of being creative, manifesting realities, but in a moment the male option is decided, transforming the female organs into male formations, which allow the modification and variation of genes, of seeds, for a different crop and a new crop. So in a way, everyone has the female aspect, the stem cells, in their bodies. We all have Virgo within us. He is the one who gives us the purpose, who tells us why, what for, who puts order to our thoughts and ideas, who separates the chaff from the grain, who leaves everything ready to be weighed and balanced by Libra.

ME: Well, there is no single way to grow, since each fruit, each seed, each root, has different times, modes, means, methodologies, lands, nutrients, that is, there are as many seeds and ways as there are humans.

I AM: Virgo reminds us that with perseverance and methodology we can grow our potential, but above all, from recognizing that everything we produce is to share.

ME: A useful key is, to understand. That when we create, we often do it out of personal need, and that is why it is so difficult for us to do it, but if we do it for others, it is usually easier. Why?

I AM: It is part of the human attribute of Virgo, which reminds us that we are a network of individuals, not separate beings. It is precisely an organism that interacts mentally, emotionally and physically, that exchanges energy, and it is energy that moves and manifests. A single being cannot generate great things unless he has several at his disposal. When we put energy into generating something shared, the flow of energy is greater, and therefore it manifests itself faster. Therefore, when what we do has a collective purpose, that is, for two or more people, the effect will be more overwhelming. It is the foundation of the Law of Generation and Co-creation.

ME: What about the negative aspects of Virgo? As a lion I often get on my nerves the methodology, hypochondria, neatness and Virginian mechanisms ...

SOY: However, it is what you have to learn. In the Age of Aquarius, a very great time of co-creation will come, but without order or purpose of service, they will fail as a civilization, and they will only be a set of free beings who do what they want when they want. However, it is important not to fall into the hard concepts of Virgo, in the structure, the rigidity, the constant fear of different things, the fear of leaving their territory. The unknown terrifies him, he clings to the fruits it produces and its methods, since changing them implies a great effort of adaptation. As a symbol of the mother, she can become a Matriarchal, and this involves acting like an octopus, controlling the mistakes and actions of everyone around her. By treating everyone as children, you can fall into excess of service, rendering others useless, lacking in qualities,

ME: "If it weren't for me, I don't know what they would do."

I AM: Yes. For this reason, for Virgo to be on the axis, he must leave the control of others, to find his own control, what we call Doctrine. The doctrine of the spirit, of oneself, is what gives real order to being, without

manipulating by controlling the times and actions of others. The great task of the archetype is to be able to be in charge of his own cultivation without struggling with the need to cultivate others.

ME: Virgo is the maternal Soul ...

I AM: In the Trinity of the Earth, this sign is the middle point, the communication between the Body of Taurus and the Spirit of Capricorn. While Taurus refers to the material world of the pleasures of life and comfort, Virgo reminds him that there is a purpose to fulfill, which is the inner power of Capricorn, the search to transcend in all things material by working himself, and for this, he must put order, doctrine in his life, stop sleeping and getting up, tidy up the room, clean the house, make food, and step by step a mission each day. Virgo is the maternal soul that reminds the body that in order to get what it wants in life, it needs to change its routine and order its life.

ME: This is how we all need Virgo, but not outside, but to ignite that Virgo within, which reminds us that we need to change habits, transform ourselves to discover spiritual doctrine.

I AM: Becoming your own material food, which nourishes the structure of your soul story.

ME: I am Order, and thus Aquarius networks will find their purpose and stability.

I AM: Ignite the Soul of the Earth!

198. Capricorn

[February 17, 2021 Matías De Stefano](#)

Daily vibration: PBU

Statement: I Am Nourishment that launches

Code: LEFT = Placed the right at the east while Im looking north, the left side of my body will be placed west. Here is where the sun sets, where all things are released and only the essential remains: the experience, what was assimilated. For its closeness to the heart in our human organism, we consider it the hand of emotions, circulation, of the giving process.



ME: Nothing better for knee day than Capricorn. The summary of this sign is probably embodied in the word Work, and yet it is one of the most ambiguous and strange symbols in the entire zodiac. What really is Capricorn?

I AM: Capricorn, as its word indicates, arises from the union of "Capri" (Caper = Goat) and "Cornio" (Cornus = Horn). It is the Horned Goat, in some cases drawn with a single horn, or with two, half of its body being a fish. Along with Sagittarius, he is the most mythological being in the zodiac, and his story is peculiar. We have mentioned that one of the possible origins of this sign is the Faun Pan, from Greek mythology, who, helping the gods with his music to defend themselves from the jaws of the monster Typhon, ran to hide by submerging himself in the waters of the Nile River, where Zeus turned him into half a fish so he could live underwater.

ME: Although it is very strange that a god related to games and fun turned half fish has incarnated an earth sign and that he has little time to have fun.

SOY: The mythological story has nothing to do with what this sign refers to. His time, his period, is related to the middle of Winter, a cold time, of loneliness, of internalization. Typhoon was a monster son of Gaea, the Earth, who hugged the mountains and dragged everything in his path, giant to the sky, took mountains with his hands ... What does this sound like to you?

ME: Hmm, I guess it has to do with the description of a geological process.

I AM: More like climatological. The sandstorms, the north winds, the great storms that froze everything. That abrupt change was monstrous. At this time, the cattle from the mountains had to go down to the rivers, away from this change. In the Middle East, goats were the main source of meat, and of course, during the winter, they were the main source of food. The goats, in the rivers, and each group needed its male goat, who fertilized the females.

ME: The word Typhoon comes to me that describes a hurricane ... Sure, it's from the same root, it's a giant chaotic thing that reaches the stars and destroys everything. And it makes sense that goats, shepherds, come down from the high peaks to get closer to the rivers ...

I AM: It is time to save yourself, take refuge and prepare everything for the next stage. You never know what can happen, and things can always get worse. You never know what will come in the next annual cycle. The Capricorn characteristic refers to hard and lonely work, going inward, wintering the soul, working methodically in the harshest weather, coping with discomfort. The time of the walk in the mountains is over, and the hard work of keeping the sheep alive begins.

ME: That is the time that shapes the Capricorn consciousness ...

I AM: The sign describes that to obtain what one is looking for, it is necessary to make an effort and face adversity.

ME: "Get bread with the sweat of the brow", an old phrase but still considered necessary to refer to real work. Before it was considered that if you did not suffer it was not work, that you had to make an effort to get what you want ...

SOY: And isn't that what your unconscious still believes in a certain way?

ME:... Well... yes. My Capricorn Ascendant makes me feel all the time that I am not doing enough, that living well does not show that I do useful things. In addition to the social mandate to believe that what I do cannot be considered real work. And it is often said: "when are you going to stop doing what you do and are you going to really work? Get yourself a job like people, a normal one. " These phrases are decisive at the time of effort, of sweat.

SOY: From work. That is precisely what work represents, the concept of effort.

ME: And yeah... my inner being sometimes feels like I'm not doing enough, I need to wear things that make me feel uncomfortable to get the feeling that I'm really doing something worthwhile.

SOY: When you know that it is not like that ...

ME: I appreciate having the Moon in Sagittarius ... That makes me feel like I can have fun ...

SOY: Everyone has a bit of a self-injury when it comes to effort. Some more, some less, but the Capricorn mandate of work resides there, in popular culture. It is the belief that things must be achieved through challenges. And, regardless of whether life and evolution are based on it, it does not mean that it should dominate our lives. Let's first analyze the tools that Capricorn gives us.

ME: The Trinity of the Earth ...

I AM: Taurus in the body, Virgo in the soul and Capricorn in the spirit.

ME: First of all, how can the spiritual level be the one that represents unsatisfied effort?

SOY: Well, because you are looking at the spirit with the ancient eyes of Pisces. Believing that the spirit is only an angelic, subtle, emotional and divine concept, only speaks of your cultural, religious and Piscean preconceptions. The spirit of the Earth is what turns simple coal into crystals, diamonds, quartz. The spirit of the Earth is the one that takes atoms of different minerals and builds a complex being like the human being. The

spirit of the earth is not subtle, it is dense, and its density is what creates the wonders of this world, alchemy, the beauty of nature. It is eternal patience, the quality of taking the things that surround you to manifest evolution, infinite capacities, based on gravity and ingenuity, from analysis, trial and error. Without these attributes, nothing would exist. Without facing Typhoon and finding the ways to get through him, to survive him, to try to discover the best potentials, life as you know it would not have become what it is. The Earth has taken millions, billions of years to generate what you take for granted today, and its beauty is not magic, it is constancy, and in that constancy is where you find the Spirit of the Earth.

ME: Now I understand you ...

I AM: Thus, the comfortable and settled body of Taurus will only find a way to transcend and transform itself if it recognizes that to achieve said transformation, it must follow the steps of its trinity, finding doctrine and order, recognizing that eternal constancy is the greatest attribute of the spirit. Hence, meditation, stability, contemplation, deep solitude, are qualities of Capricorn, who finds in the work the method of spiritual manifestation.

ME: Capricorn discovers the spirit in its action, in producing, not in closing its eyes and sitting down to meditate, is that it?

I AM: While others idealize and dream, feel and play, the Capricorn spirit prepares to make ideas and dreams a reality, for others to feel and play. Without the work of this attribute you could not have other experiences. Thus, Capricorn's meditation consists of finding a comfortable and solitary space where you can think about the different ways to achieve something, to make those dreams possible.

ME: Nothing is achieved without perseverance ...

SOY: Maybe it takes lives for some, or minutes for others, that will depend on the practice you have in it.

ME: It is hard for me to be consistent ...

SOY: The reason this happens is because one of the aspects of Capricorn is that it cannot enjoy its own wealth. You should try harder, and leave your benefits to the rest. Thus, Capricorn is a kind of Franciscan or Jesuit monk, who work as laborers or slaves, giving their lives for others because they do not consider themselves worthy of their own benefits. This is why they fail to take the time for the constancy of those things that will produce personal well-being, but if they are constant for a greater well-being, because their service is evolutionary.

ME: And what about the negatives, when we are off axis?

I AM: Capricorn, being an earth sign, has a huge record of every mistake in their lives, and one of the words that defines him off his axis is Rancor. They do not want to repeat the same, and therefore they make black lists of subjects to reject. This is limiting their relationships, leaving them increasingly alone, away from the rest, more friends with books and projects than with people. He prefers not to have responsibilities for others other than his own, and ends up banishing anyone who interferes between his objectives and his person. Obsessive compulsive, it will not be easy to change your point of view, because self-absorbed they do not see other options other than their own, which implies that the same perseverance that they use to make their dreams possible, becomes slow to carry out transformations.

ME: I understand myself much better ...

SOY: Well now you recognize that Capricorn, even though it seems slow, is the one who drives your evolution, and all the tools that it has discovered in its history of Earth will be useful to achieve your goals. Nurture yourself of them, and you will go very far.

ME: In order to ascend to another level of consciousness, I must therefore put forth the force that drives my purpose.

I AM: Another of the ancient symbols for this sign was the Unicorn, the horse with one horn, who represented the spiritual ascension of said force and intention, with its third eye radiating, creating matter, doing alchemy. This mythological animal, then, represents what you have to incorporate in you from this constellation, remember that diamonds arise under great pressure.

ME: I am the result of the Spiritual force of the Earth.

I AM: You are the seed of Wisdom, Love and divine material Will.

199. Taurus

[February 18, 2021 Matías De Stefano](#)

Daily vibration: PBü

Statement: I Am Nourishment that nourishes

Code: IN FRONT = the front part of my body or of an object is from where the object is project. Biology places the front of a being in relation to its progress, to where it goes in life. The conception of forward references to the visible, the tangible, what's know. This has two possible interpretations: what I see in front of me is related with my beliefs patterns designed in the past, or with the direction towards Im heading to fulfill my objectives, my future.



YO: I could say that I would like to be in a more bullfighting state today, but I can't think of more than going out for a walk. However, if the Quarantine of 2020 has left me something and what we have of restrictions of

this 2021, it is that I have awakened my Taurus aspect as I had never felt it before. Personally, it is one of the signs that upset me the most, since they totally go against my way of life, traveling, moving around the world, sometimes without sleeping, forgetting to eat, always doing something. My first partner was Taurus, and we actually decided to end the relationship because I felt it was killing him. From what I heard, Taurus is a fixed sign, and they characterize it quite well.

I AM: Taurus is the body of the Earth, it is the densest part of the terrestrial Trinity, and it embodies the image of a pregnant woman, rather, pregnant.

I eat? Wouldn't it be that of a Bull?

SOY: Well, his story is still much deeper than just the animal. Let's start with the time. The Bull was an important symbol in agriculture, since oxen, zebu, bulls, cattle in general, were the main force to carry bags of straw, seeds, tools, and especially the plow to carry out the furrows in the field. In addition, its strength was used to grind grain in circular beds. The Bull was in turn a symbol of fertility, since it ensured a new litter of calves every year, providing more products, both for farm work and food and tools. Their bones, meat, hides, horns, strength, transportation, everything was used for the common benefit of the family, community or town. During late April to mid-May, the constellation of Taurus heralded the hard work of the fields, time to produce wealth. Thus, the Bull was a symbol of abundance, wealth, well-being, security. El Toro was the beginning of the year, it was the beginning of work, the peasant routine, it was the main source of life. But also her feminine appearance. The Cow gave milk, gave life to the calf, was a symbol of fertility, life, nutrition, from it they produced butter, milk, cheese, creams, and the upper classes used to take immersion baths in milk to nourish their skin. The Cow was thus also a symbol of abundance, of the Whole, which met the necessary conditions to give life to an entire people. For this very reason, the Cow was said to be the Mother of all, and its symbolism of fertility and nutrition made it the standard of ancient cultures, the mother of civilization.

ME: So it is not that the ancients believed that the Cow had created the Universe, but that the cow was a symbol.

SOY: Exactly. When you look at the ancient from the superficial, in many cases today's society interprets ancestral peoples as basic and a bit foolish to think that a cow created the Universe, but in reality, it was not what they believed in. To understand its symbolism it is as if today you think that the Universe exists based on and based on the letters that make up its name. That is, the Universe is not made up of the letters U, N, I, V, E, R, S and O, although its name is. To believe that the Universes are reduced to these letters would be foolish, to believe that the Universe is summed up in the idea of "One Round", or "Return on Itself" (which means its name etymologically), is the same as thinking that if the Ancients wrote "Universe" with the iconography of a Cow, it means that they believed that the universe was a Cow.

ME: I understand the logic ... "Cow" was a way of describing the attribute that they saw in the Cosmos: a being that gave everything, that was fertile, that produced many things, that gave strength, life, nourishing everyone.

SOY: And it had two aspects: one positive and the other negative, masculine and feminine, summarized in the Bull and the Cow. So you can interpret this animal as either one of the two in the skies. The ancients put their symbol in what you call the Constellation of Taurus (bull in Latin), remembering that this is the time of production of wealth, of fertility, in which the life force resurfaces, in the maximum flowering of the northern spring. The constellation is close to the Milky Way, starting it in a certain way, which is why it is interpreted that the path of stars, the Milk Path (in Latin = "milky way"), extends from its udders.

ME: I was always fascinated to know that, that we call the Universe as Camino de Leche por la Vaca ...

I AM: And we call the Galaxies that way from the Greek "galactós", which is the milk itself.

ME: Everything galactic, then, arises from the idea of the Cow ...

I AM: The Cow being the Mother of all things. Hathor, the goddess of Love, Mother of the existence of the Egyptian tradition, thus describes the House of Light (Hat = house, and Light = Hur). In the mythology of the Nile, "the House of Light" or "Hat Hur" was the sky, the cosmic divinity that enveloped all things, since the house of light is the stellar space that surrounds the Sun, considered the Light, the god Horus.

ME: So the temple of Hathor in Dendera, Egypt, is the box where all the stars are.

SOY: And that box is the House. There is no other house than the Universe itself, home to all beings, organic and inorganic. Each kingdom, whether mineral, vegetable or animal, is part of this house, they live coexisting in it. So much so, that even the light lives inside, the suns inhabit it. Inside all beings feel comfortable, find order, peace, harmony. They do not have to come out of it, because there is no outside, since all things refer to it, to this mother who contains them in her womb, inside. The womb of the cosmos is like the womb of a mother, where pregnant women are at ease, in harmony, supported by everything, floating in a constant reverie. Without any effort, the pregnant woman gets everything she needs, through the umbilical cord. The temperature is constant,

ME: This is where the Taurus archetype is born.

SOY: At least a part of him. Remember that it speaks of the pregnant woman and the gestator. Whoever is pregnant, who is pregnant, must make the greatest effort, bearing the responsibility of life, creating an environment conducive to the baby, eating too much, exercising greater strength than he can manage. And on the other hand, the pregnant woman looks relaxed, her mother being at full service. A mother does everything for her children, while her children sleep in their dreams. These are the two faces of Taurus. Strength, virility, the ability to pull, is the one who makes the effort to advance, to open the way, to prepare the ground, and on the other hand, it is who enjoys the tranquility of the fruits, the results, the wealth obtained, and rests in its cradle of gold.

ME: Taking into account that Taurus is the body, this reflects, then, that we are like that boy or girl in the womb of the Earth, of the Cosmos, feeling sustained and at the same time numb. Living the pleasures of life that Mother Earth has created.

SOY: That's right. Taurus remembers that the body is just as sacred as everything else, he is the one who says that lawsuits must be honored. You need to eat well, rest well, produce well. Well-being in general is the key to Taurus, the most basic pleasures in him become a symbol of worship, and not because he errs being lazy, but because he recognizes that without the body and its feelings we could not do anything. From the positive aspect, Taurus reminds us that we must love who we are, that we must not fight against the bases that allow the existence of our being. The body is sacred, and must be treated as such. He should not be forced, his time must be respected, he must be pampered, given affection, treated with tenderness, like a baby, with affection, caresses, love, feeding him what he needs and when he needs it,

ME: The opposite of Capricorn. But ... how do you know who to listen to?

I AM: If you pay attention to one of the aspects of a trinity, you are only denying the being that you are. You cannot listen to one, but find balance in the 3, and over time, in the 12 signs within you. Taurus reminds Virgo that not everything should be a doctrine, that it is not necessary to go crazy for order, and that it is not necessary to be so cold and cruel to find coherence and purpose. Taurus reminds Virgo that sometimes giving yourself a luxury, a pleasure from something, is not bad, you do not have to feel guilty, because the entire Universe is a home where you can feel comfortable. Taurus reminds Capricorn that it is not good to run away from home, that it is important to recognize that place you need as a home, axis, not a place to hide in tranquility, but a space of comfort, where every so often to relax without having to be alert. He is the one who tells Capricorn

that he should reward himself at work, that a vacation, some caresses, a "I finally made it!" and close folder, it doesn't hurt from time to time.

ME: It's true... As much as I manage to enjoy what I have and get, I always feel guilty, and I can't enjoy what I get because I'm already looking for something more and more difficult, almost like a personal challenge that keeps me always exhausted. .

SOY: Well, you must learn about this attribute of Taurus. The body is part of the sacred, and this sign knows it very well. But he also gets easily lost in his feelings, in the need to fall in love, to build his own home, to get his own rewards, to generate wealth and enjoy it, immersed in the pleasures that make him lazy. Outside the axis, Taurus will live fixed and attached to matter, rooted in the things that surround him, believing that it is the only safe thing he knows. He is afraid of losing, he is afraid of letting go, of being left behind, he is afraid of insecurity and prefers the maximum of physical and emotional stabilities or he may collapse in an existential crisis due to issues that for another sign are normal questions to be resolved in minutes. The same amount of will and strength that you put into getting what you want, it's the same amount of will you lose when you hold on to what you've accomplished. Do you have willpower?

ME: Ugh... the truth costs me a lot.

I AM: The lack of taurine energy activates the negative aspect of Taurus. You travel a lot, you live unstable, without a fixed home, and that eliminates routine, which makes you unwilling to take care of your body. By not having anything of a Taurus, you do not know how to take care of your body correctly, and you activate the negative aspects: the search for quick pleasures in order to continue running ...

ME: It is true that since the quarantine I have been much better ... I have not felt the need for quick pleasures, and I have managed to establish a routine, until I started to move again ...

I AM: Find a fixed point and call it home. Walk around it, and you will find the House of your Sun. There you will regain strength.

ME: I need to create the idea of home ...

I AM: Your home is the Universe, but your body does not know it. To make him conscious, you must find a place where he feels comfortable and build that simile. There you will flourish, you will bear fruit.

ME: And I will be able to feed on what really nurtures me.

I AM: Step by step build the Home of Taurus within you, and the light of your heart will radiate, making every soul that approaches you feel at Home.

ME: I am the Home of Light.

200. Aries-Leo-Sagittarius

[February 19, 2021 Matías De Stefano](#)

Daily vibration: PB-h

Statement: I Am Eternal Nourishment

Code: BEHIND = on the back it's drawn the projection of an object or being that implies the defense, protection and stability, whether it's the shoulders, or the spine, or the shell in animals. Thus, biologically the body was developed with the intention of protecting itself by escaping a place or situation, not looking back. We can interpret this in two different ways: one, running away from the past and living it behind, or two, protecting itself from the fear that provokes the unknown and the future's uncertainty.



ME: Fire. The spark that ignites the flame that disperses heat. The Toroid is Fire, Illumination.

I AM: The Trinity of Fire is related to the 3 subtle Centers of toroidal energy: The Lower Center related to the Body is Aries. The Higher Center related to Spirit is Sagittarius. And the High Heart Center, the Soul, the Triune Flame, is Leo. Fire is the element of integration, where you discover that all things belong to each other, come together, return to Unity. For this reason, the search for these three signs is related to loneliness, to the one, to the axis, to the traveler. The process of Fire is what leads to Enlightenment, it is the path of the Ego in all its central aspects. Well, beyond any external process, the journey of life is about the Self, about the traveler that passes it, and its path begins alone.

ME: Aries.

I AM: Aries is the beginning of all things, the goat, the symbol of the Sun. In ancient peoples, long before the discovery of Agriculture, the intermediate step between hunting and gathering towards a sedentary lifestyle was grazing. The shepherds led the sheep and goats through the mountains and lived on their milk, meat, leather, wool and bones. It is the beginning of a town, and the first activity of the year. The task of a shepherd is lonely, if rather sullen. And while grazing, it was that the first humans saw the miracle, they discovered the divine spark.

ME: The fire ...

SOY: Lightning struck burning the bushes that did not go out, and one of them took a branch, and created a bonfire. He heated water, burned meat, and that was the beginning of the human as we know it.

I because?

SOY: Because the properties of raw meat are not the same as cooked meat. Raw meat is processed by the intestines but it does not manage to take all the nutrients, because the chemical reaction necessary to release certain vitamins, minerals, proteins, does not occur within our body. So they are eliminated. Therefore, fire generated this reaction, facilitating the absorption of these elements and compounds, which improved cell connectivity and neuronal development, and therefore cognitive capacity. It was the spark of the fire, the cooking of food, meat, vegetables, that enabled the human to become what he is today. The human body, then, owes what it is to fire, to learn to use it. The fire killed the viruses and bacteria in the water, by boiling, the microorganisms died, and survival options improved. Fire was the beginning of civilizations.

ME: Along with the goats.

SOY: Exactly. A shepherd, with his goats and a bonfire. Time of solitude, to self-reference, to think, this is the most opportune moment to develop the Ego. Aries is synonymous with the child who learns, who begins a path in life, who begins to discover. Aries is a stranger, and therefore is surprised. Aries is the spark of Creation, the one who drives the beginning, who gives the strength, the impetus for Taurus to exercise the power of work.

ME: But Aries will never do the job ...

SOY: Well, it will start it. Aries did not come to work, he came to start things, to put strength, power. It is the Sun that is born, the dawn, it is the spark that ignites, it is the adrenaline.

ME: It only takes one spark to start a fire.

I AM: And this is how Aries finds itself in its imbalance. Anger, rage, violence, war, conflict. Mars or Ares, the god of War, is the perfect summary of the Aries archetype. A being in love with himself who rests planning what his next conquest will be, and will soon find an excuse to start the conflict that leads him to win. Aries is the child who discovers, but also the one who behaves like a spoiled person, who lives off what others do because of their irresponsibility. He does not see the future, he lives day by day, because every day the sun sets. It is not constant, and each day you must restart your fire to advance. Like the same virulent fire, it quickly burns all the carbon in the wood, consuming it so fast, burning everything in its path, that in the same way it is extinguished and depleted.

ME: I know that, both in others and in myself.

SOY: Well, you all have it.

ME: It is the Ego that wants everything for itself, that feels the passion, the fires, the lust, the anger, the tantrum, but all this negative aspect involves the Will. How do I extract the will and strength to initiate from Aries without falling into the shadows of the ego?

I AM: For Aries everything is related to itself, it is a selfish and egocentric being by nature, that is, it does not have malice in its actions, but does not know any other way. For this very reason, he has something very important to give you before his will: self-love. Aries will remind you that above all things, there is you. That the most important thing is the I Am, because everything else arises from me, and exists for me. When Aries awakens in you the consciousness of self-reference, it is time to go to the I Am.

ME: So I have to get a little self-centered.

SOY: No ... you just have to remember that the I was always in the Center, it was you who got out of it. The error of Aries in his unconsciousness is the indifference of everything that he projects or to what he relates. If you remember that everything external is you, you will stop being indifferent, and you will take care of it as yourself. That is where the Will arises. As a task I ask you to do a physical exercise every day, no matter how minimal, to light the fire in you. Whether it's walking 1 kilometer, or going up and down stairs, or whatever, it doesn't have to be a lot, but enough to make you feel responsible for activating the spark of the will to take care of yourself, knowing that this is how you take care of others. And if you do it right, you will shine in the world.

I read. The Lion, the Sun.

I AM: The Soul of the Trinity. This is the seed of my divine presence within you. The crowning of the integration process, when the Self transcends its basic needs and begins to reflect on others by being an example, guide, leader. The Triune Flame is the force of Wisdom, Will and Love in one, it is the leader who guides with full wisdom by his experience, who manifests the will to action to take care of his own, and who has the sensitivity and charisma capable of loving and to be loved by others as a being to refer to. The Triune Flame is the Light that radiates from your heart, it is the manifestation of the Divine Presence of the I Am.

ME: How does this come up related to Leo?

I AM: The human comes from Africa, and at that time thousands of years ago, the climate was different, and lions not only lived in southern African countries, but also lived in the north, in the Middle East. Each lion formed a ruling pride, with many females and other young males. He used to stand in the highest place, to contemplate everything. The females hunted, and the young defended. As he watched, he contemplated.

ME: It was the King.

SOY: He had earned it. Strong genes are needed for a herd to grow. It is not a question of machismo. The females gave him power. They took care of him, because a strong, big male meant strong and big children, a correct genetic succession of the herd, of the clan. Perhaps the male believed he had the power, but in reality, it is used by the females. Therefore, the King had to be charismatic, protective, a good guide, and show all the attributes of a good leader to maintain his position. From time to time, the females chose others, and they had to earn their place in a near-death battle, or with the result of exile. Humans saw in the pride of lions an example of order, an example to follow, and the order of the tribes was conceived for this very purpose. Thus, the human who managed to hunt a male Lion and dress in his hide, He became the King, invincible someone, a good option for human females to have intelligent children capable of everything. A male could only fertilize several females, and this ensured the growth of the community with strong genes.

ME: Although in turn this same system turned against.

I AM: A greater accumulation of power, the human male stopped being at the service of the females, and began to have them as subjects, and even so the King male did not have the best attributes, he made sure to eliminate the others to have his harem, although his genetics were not good at all, nor were his attributes. For this reason, some towns established the Law of the Good Leader, to highlight the attributes that a King or Queen should have in order to lead a people. And the symbol of it was the Lion. During the summer, the end of July to the middle of August, it is the moment of greatest expansion and dominance, where the sun, king of the sky, spends most of the time above, high, watching over his kingdom. Therefore, the stars of this time were called the Constellation of the Lion. Thus, the leaders had to awaken the correct I Am, the Triune Flame, embody the Divine Spirit, demonstrating his attributes as a wise, willful and loving, charismatic leader, that is, loved by all. Leo represents the worked Ego, the one who puts his Ego in the service of others, guiding them, as a teacher, as an image to follow, an example of life, a lighthouse at night, a being that illuminates like a star, like a Sun giving heat, clarity, security.

ME: But if it's not in balance ...

I AM: He becomes a dictator. If he is devoid of the three attributes of the I Am, and fails to radiate his light, Leo will act. If he cannot shine like a star by his own nature, he will force himself to become a star, doing theater, filling himself with costumes, suits according to the public, acting according to what others expect of him. And through this performance, he will manipulate the emotions of others, using them to his advantage, making them believe his own ideas, and controlling them all. Controller, Manipulator, Machiavellian, Dictator, Egocentric, he will need to call attention to shouts to be loved and respected, punishing those who do not render lawsuits to him.

ME: I feel like being a Leo is one of my great jobs being in front of people. To manage not to become that, into an egoic and controlling manipulator. Nature has put me in the role that I occupy, very leonine, always showing me, almost acting to be understood, as an artist rather than a pedagogue at times, playing on the edge of being a star or crashing. How do I find the Axis of Leo?

I AM: Return to your Soul. Leo is the Soul, and this is the one who guides the steps of the true inner kingdom. Connect with sensitivity, with affection, with the recognition that you are not alone, but that you are part of many, and that what you do to them you do to yourself. The image that Leo sees of the world is that they are all children to guide, because he thinks that they are your children, and that when you are old, they should take care of you. The affection that you will receive in your old age will depend on the affection with which you have treated the world in your life. A good leader is not the one who goes in front, but the one who drives from behind, so that each one discovers that they can direct their own life. Be free.

ME: And that's where Sagittarius comes in ...

SOY: Oh yeah... freedom. Center Above is where the light that shines from Leo, the flames of this fire that everyone gazes dazed and hypnotized with admiration, turn into heat, and that heat expands, is released, fills the spaces, seeks to rise to the heavens and travel through the atmosphere. Sagittarius comes from the Latin "Saggita" which means Arrow, and therefore Saggitarius is the Archer, who shoots the arrows. In mythology, this being was a Centaur. They were not very loving beings, but rather distant, cold, who lived with the muses, in the forests. Most of them were surly towards humans, preferring to kill and drive them away. There was only one who didn't: Ophiuchus.

ME: Ophiuchus! Many ask if this sign is new and if the others moved because this one appeared.

SOY: No, of course not. This sign is not new, it was always there, between Scorpio and Sagittarius. It has a great presence in those born between the two signs, but it is not part of the zodiac wheel. Like all other constellations, they influence human history, but do not determine the 12 cycle. Ophiuchus was the only centaur to help humans, who taught Hercules and many others about art, battle, and philosophy. But not Saggitarius, who was a lonely hunter, a traveler who preferred to amuse himself with the muses. The end of Autumn brought with it the last of the celebrations before being saved for the harsh winter. People migrated south if they were still nomads, leaving the mountains and returning to the southern valleys and the Mediterranean. Birds and animals migrated to warmer lands, and the poets described this as the dance of the arts. Travelers followed the good times, music guided the caravans.

ME: This is why this constellation is related to joy and travel ...

SOY: That's right. The arrows speak of the successes, of the hunt, of the destinations. Where the archer aimed his arrow, everyone had to follow, because there would be the prey that would feed the people. Sagittarius is the certainty, the sharpness, the wisdom. It is the one who seeks, discovers, it is the Spirit incarnated in the archetype of the one who lives joyfully, discovering new territories, new people, getting to know new places, new music, arts, cultures, who opens to learn from every place he steps on, who expands like the heat of fire,

and in its expansion all follow it. The superior center expands in all directions the sacred fire of Leo, the own brightness is expanded to the world, granting freedom. If Leo says: "Follow me!", Sagittarius will say: "Where do you want to go?" The willpower of the Ariano body here again takes relevance, it is oneself who must choose, but will need the consciousness of the Leonine soul to recognize that this path will open a path for others, towards the Sagittarian Spirit who will show them how to enjoy that path. For Sagittarius there is no final destination, because the Way is the important thing. Here the spirit remembers that the network of the Network has no beginning or end, but that every point is a beginning and an end in itself, transcending Aries, and that the Path Network does not have a central one, transcending Leo. Everyone is the center, everyone must refer to their Ego to later understand that it is a tool for the whole in a Network, that said Network has no end, but is an eternal journey from which to draw.

ME: But this also makes us run away from responsibility ...

I AM: Here we enter the shadow of this archetype, which will show us that since there is no end, there is no responsibility. He does not know the importance of Leo's leadership to be free, and he boasts of having no limits, so he escapes the laws, but above all, he tries not to confront Aries, who puts conflicts, oppositions, complaints, and with his horse's feet jumps over, as if he hasn't seen the conflict. In this way he escapes from the confrontation, from the problems, freeing himself from all responsibility. The heat of the fire, as well said, disperses.

ME: Very understandable ...

I AM: Now, the 3 make up the Fire of Illumination, and they have something to give us in the time of Aquarius, since they are attributes of the transforming evolutionary mechanism that Aquarius needs us to manifest. Aquarius is an age of connections, but not of communities but of individuals. Thus, he asks us to transcend the idea of group and clan thoughts, almost religious. For this, Aries gives the tool of the I, of whom it reminds us of the importance of remembering that you are first of all, and nothing can move us from that axis, or we will lose the most important thing in our life, which is I, from and to where everything is referenced. Aquarius seeks to create networks of conscious people who constantly innovate, and for this, each individual must be able to show their inner power, their capabilities, share them with others and propose projects to lead in networks. Leo is that force that enables each individual to ignite the fire of their wisdom, love and their will to carry out their own manifestations and encourage others as examples to follow. Don't be afraid to act. And above all, Sagittarius reminds him of freedom, but within this freedom, the importance of having a good time, of knowing new things, of not closing in on a mechanism, but of enjoying the experience of traveling the road without having to reach a end or purpose.

ME: Finding the Axis of these three in me, I ignite my inner fire to radiate to the world.

I AM: To be a Lighthouse of the World. Light the divine spark in you, so your threefold flame will shine in the world, and your being will expand to infinity. Tell me now the mantra that Fire gives you today ...

ME:... I am, I am, I am...

SOY: Let there be Light ...

Week of Physical

201. Uranus

[February 20, 2021 Matías De Stefano](#)

Physical "Crown"

Daily vibration: Da

Statement: I Am Divine Balance

Code: NORTH = In a sphere of elemental materials like iron, the amount of pressure and rotation generates magnetic discharge effects, that for having positive and negative charges, orders the particles' ions looking towards those directions forming an axis. The North point of a sphere is the positive discharge of this electromagnetic field, related with the visible, the external, the future, to where the forces of life direct themselves.



ME: Today begins the physical week of Aquarius, 10 days of manifestation. But... taking Aquarius as the king of the Heavens, of the expansion of the Air, what is it that we will go through as a body?

I AM: The Planets. The bodies closest to us, those that due to their gravity directly influence our physical bodies. The Solar System is like a body unto itself, and the planets are its organs. But we cannot order them according to our human bodies, since their structure is diverse.

ME: What is a planet?

I AM: Planet comes from the Greek verb "planao", which means "wandering", walking without a fixed or concrete destination. To this verb is added the suffix "-tes" which means "agent", subject. Thus, "Planétes" means "wanderer, vagabond." Its name comes from the Greek naming of celestial objects, which inheriting the stellar analysis of the Middle East on the constellations, they noticed that some stars were not fixed and moved among the others. That is why they were called "Asters Planetai", that is: Wandering Stars. This caused them to interpret them as the gods who walked in the heavens, and therefore, they began to name them with the names of their gods.

ME: Something that we maintain until today.

SOY: However, they could only see a few, and the most distant ones were identified many centuries later, even millennia. Uranus was discovered in the 18th century, Neptune in the 19th, and Pluto in 1930.

ME: 1930 ?? Nothing ago, very recent!

SOY: That's right. And although it is no longer considered a Planet, we could consider it as such according to the Greek vision of being a celestial object that moves. The Sky Wanderers emerged from the Sun's explosion 4.6 billion years ago. During the first time, the rocks expanded disintegrating creating clouds of dust and gases, full of particles of different minerals that collapsed together at high speed without anything to stop them. The accumulation of iron particles began to fuse together, generating magnetization that ended up generating its own magnetic field that attracted more and more particles. Thus it was that the gases and dust formed rocky nuclei, which with greater weight stopped expanding into outer space and began to be trapped in the gravitational field of the Sun. This weight generates a spiral curvature towards the object of greater gravity, causing the iron cores to align their centers towards the star, and begin to fall to it in a circular and elliptical dance that takes millions and billions of years. On their way they drag other rocks, planetoids, and much more dust, which form the thickest layers. The closer to the sun, the more dense and rocky objects, which give rise to planets with many minerals.

ME: Mercury, Venus, Earth and Mars ...

SOY: But beyond the gravitational pressure of the Sun, gas disperses more easily, forming huge gaseous spheres.

ME: Jupiter, Saturn, Uranus and Neptune ...

I AM: The enormous size of gaseous planets does not mean a giant surface to walk on, but rather that most of what you see until you reach their core are toxic gas storms that never stop.

ME: We couldn't live in worlds like this ...

I AM: The gravitational pressure is too strong. Our bodies are designed to live on Earth, not on other worlds, because the blood pressure, nervous, that keeps our organs working, circulating, breathing, are due to atmospheric pressure.

ME: What is that pressure?

I AM: Atmosphere comes from the Greek "Atmos" (steam) and "Sphera" (Sphere), that is, the sphere of steam, of gases. Life on Earth needs a pressure of 0.16 to 0.5 atmospheres in order to survive. Below it, hypoxia, lack of oxygen, dizziness, fainting would occur, and above it the pressure would generate loss of consciousness and cardiac arrest. The atmospheric pressure speaks of the amount of weight that your body supports above, that is to say, of what the air weighs on your head.

ME: How much would it be?

I AM: About 180 kilos of air.

Me what!?

SOY: Yes, the pressure that holds you subject to the world is the pressure of the weight of the gases that crush you against the surface. Although this weight varies according to the altitude or latitude where you are. In general, the 50 kilometers above you until you reach outer space weighs about 17,500 kilos.

ME: I can't understand it... Why doesn't it crush us?

SOY: Because of your internal pressure. The evolution of the Earth built bodies capable of sustaining atmospheric weight from internal pressure. If the internal pressure is not regulated, then you start to feel the weight of Heaven on you.

ME: Wow ... that's why the head starts to hurt, to make us dizzy, and it can even lead us to burst the heart and the sensitive parts of the internal body.

SOY: Well now imagine going to a planet with a different pressure. Mars, for example, has a pressure 168 times weaker than Earth, so if a human did not wear a pressure suit on Mars, they would simply vanish and die, since the atmosphere above your head would only be about 65 kilos. Despite its size, Jupiter has a pressure similar to Mars, although its gravity is much greater, making someone like you, weighing 85 kg, on Jupiter it would weigh about 240 kg more or less.

ME: I would die crushed ...

SOY: Before you would pass out due to the lack of pressure, so you would not notice it ... Well, and the deadly gases, of course, and its average winds of 400 kilometers per hour. As you will see, your bodies are made specifically for this world, and the only way to live on another planet would be to find one with the same or similar gravity, and with an atmosphere similar to Earth, not only by breathing oxygen, but by the internal pressure.

ME: Simply so as not to explode or end up compressed, let's say ...

SOY: Yes. Now that you know the weight that Heaven has on you, let's remember what this weight means, and for that, let's talk about the God of Heaven himself.

ME: Uranus. What seems to be a subtle world of ideas, something Libyan, intangible, suddenly took on much more weight than ever...

SOY: Well, the world of ideas is what allows your inner existence. Now maybe you understand the importance of gravity and the atmosphere and why take such care of its composition. Well, the weight of what is on you conditions your inner world. Uranus is the planet of the Mind, but not of strategic or conscious thought, but of the unconscious and subconscious, everything that you do not see, that conditions you, that puts all the weight on who you are: your beliefs, the beliefs of others, culture, family and ancestral patterns, religion, recurring and cyclical thoughts, mental labyrinths. Uranus is the weight of the stars on your head, it is the gravity of each wanderer above you. For this reason this planet is linked to the depths of the spiritual mind, of the connection with higher planes, with channeling, With astrology, the interpretation of everything that conditions you from the invisible and subtle, which you know well now, has a determining weight on you. That you do not see it or do not feel it, does not imply that it does not condition your existence.

You know? This explanation made me understand more clearly that question of asking ourselves, how can a planet that is far away affect me? The same thing that he could say about the Air, the atmosphere, which instead of dispersing, as it seems to do, contracts pressing us. Perhaps the gravity of these planets exert the same weight, on different scales.

I AM: The pressure of the Heavens, the gravity of the Sun, of the Moon, of the other planets, affect depending on their proximity and weight on the Earth. Heaven is the main force. Do you remember what the ancients related to heaven with?

ME: The Cow and the Bull.

I AM: As strange as the root is, the sky is the highest point, the top of a mountain, something they called Orós, origin of the word orography (study of mountains or terrain). The strength of the mountain and the sky incorporated into it are related to an Indo-European animal now extinct, a Bull similar to a Bison that the barbarian peoples called "wild mountain ox", the "Uro". In the Semitic languages, "uros" and "ur" connect the mountain roots with light, that which is on high. Taking into account that the cow and the bull were the celestial symbol, we can interpret that the Uro may be one of the origins of the word "Celestial" (Uranus). However, it could also originate from Vedic concepts such as "Rain" ("värsa", related to the Hindu god of the sea Varuna), which gives us the idea that Heaven, Uranus, He lived above the clouds, and with their waters he fertilized life on Earth. In Greek mythology, Uranus was the father of all the gods, and his son Cronos (Time), wanted to take his place by taking his power, cutting off his testicles, which caused his semen to fall from the sky, between the clouds, on the waters of the world, giving rise to Aphrodite, goddess of Love, Beauty, who designed life.

ME: Venus for the Romans ...

SOY: That's right. Cronos being the Roman god Saturn. Who took his place in front of Uranus, closer to Earth, along with his brother Zeus (Jupiter for the Romans).

ME: So, Uranus is the sky, the Bull, who fertilized the Earth, Gaia, and in this story, the "milk" of the galaxy would be the semen.

I AM: And that sowing is the spiritual seeds descending into the world, being born in matter, incarnating.

ME: The ideas expressed ...

I AM: Uranus is one of those planets that, because it is far, far away from Earth, about 10 physical years away and 6 and a quarter hours at the speed of light, affects the most subtle aspects of our existence. The closer, the magnetic gravity of the planets in relation to the sun, much more visible aspects move that mobilize our pressure, attitude, moods, but the further away, they affect less and less, being more subtle, sensitive, spiritual aspects, on the that it is necessary to go much deeper to discover since they cannot be seen with the naked eye. Uranus will represent the entire hidden spiritual mind, everything that guides your life in patterns and mandates that you do not know, but that in turn, gives you the ability to expand your mind to the heavens, see the infinite, connect with your own spirit and that of the entire Universe. It is the ocean of mind manifested.

ME: And all its weight is on my crown, on the Corona crakra.

I AM: At least that is how you will understand it today to assimilate it into your consciousness. It is the weight of your Consciousness. Uranus reminds you that you must expand into the world of ideas if you do not want its weight to crush your existence and condition your being from the silence and the invisible. Face your thoughts. And there is something else you should know about this planet and its effect on humans ...

Me what?

I AM: It is the only planet that rotates inverted. That is, it rotates from north to south while its poles are in the equatorial zone. Due to a strong collision, its axis shifted, causing its poles to remain fixed, one in the shade and the other towards the sun, while the whole world rotates through hot and cold climates, as if the Earth's equator were at vertical shape.

ME: How does this affect us?

I AM: To enter the spirit, you need to change all your points of view. The connection will never be direct, and you must go through crises, the breaking of patterns, you must go through a 180 degree change in your lives to

deepen in divinity. Unlike other star systems where there are no twisted planets like this one, spirituality is not so "twisted".

ME: Wow, now I understand better why this planet has so many conflicts in relation to the spiritual ... We have no axis, it is difficult, because we want the spiritual to fit into a terrestrial mold, when our connection with the spiritual mind requires us to rotate through complete our gaze ...

SOY: That's right. You have to adapt, change your point of view, no matter how cool it may seem ... The way you connect will always be the opposite of what you expected.

ME: How do I go about connecting well?

SOY: I invite you to do it physically. Observe the image of Uranus on your crown, and massage it on your head with gentle taps with your fingertips while you think about what you want to achieve in your life. Analyze the ways you have been doing it, and suddenly imagine doing it the opposite way.

I for example?

SOY: What you have done this year. Your connection option is always Traveling, moving from one place to another, and this year you discovered that the I Am has had more force when you have stayed still and fixed in the same place ... Well, if you are a person who is usually fixed, active to your Uruno planning your travel project. Design your goals and discoveries in the way inversely proportional to those you are used to, and you will be able to find the answers of your spirit.

ME: Wow... I thought it was incredible, hehe made me smile.

SOY: Because you have twisted your head like an owl, like a cat or dog that looks trying to understand something, and in doing so... you have seen me.

I see you...

SOY: I know ...

ME: I know ...

202. Neptune

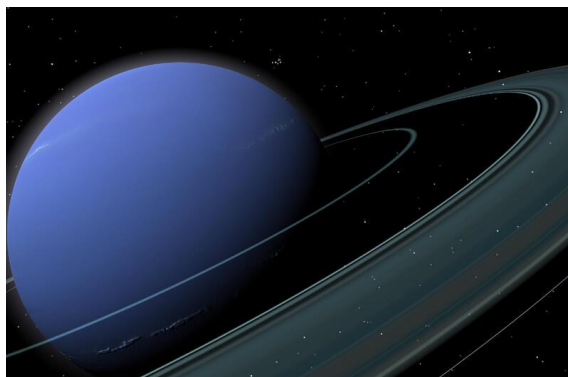
[February 21, 2021 Matías De Stefano](#)

Physical “Third eye”

Daily vibration: Dae

I Am Conscious Balance

Code: SOUTH = the negative aspect of the electromagnetic field of an astral nucleus is what we call South, and it's the discharge direction of the north's tension. North and South constitute a toroidal field that feeds back itself. The north pole expands energy, the south pole goes back to its center, and at the same time they unite in the external equator of the sphere, both creating an electromagnetic web that protects a sphere from solar winds. It is related with the past, the direction where we come from.



ME: My eyes get wet. I close my eyes as if holding the pressure of Heaven on my head. And when I close them I observe the pressure inside my head. My ideas, my thoughts, what I am left with only when I close my eyes. With myself. How many really close their eyes to see? How many do it just to sleep?

I AM: Closing your eyes can be fatal to the body, and in turn, it is its ultimate liberation. The body is designed to survive a hostile space that forces it to adapt or perish. Closing your eyes is a moment of weakness, vulnerability, in which the physical being is naked in the face of external dangers. He cannot see what is coming, he cannot be alert to know where to run or what to defend against. This cellular memory, of the times when humans, like all animals, were easy prey for other creatures, has made the thought of closing your eyes for no particular reason seem a waste of time, uselessness, and even a danger. And still, if you don't close them, you can go crazy and die. The very body designed to be alert loses its ability to be alert if it does not sleep. A human needs to sleep an average of 8 hours a day, time in which all the cells of the body take advantage of it to regenerate, absorb nutrients, relax, order data collected during the day, process information, re-establish the vitality spent during the daytime period. Without sleep, cells do not have time to regenerate and simply die, wearing down neurons, the heart, the digestive system, and producing a chain reaction that can lead to migraines, fainting, even heart attacks and death ... eternal sleep.

ME: How long can a person live without sleep, without closing their eyes and resting?

I AM: It will depend on the person, but a few weeks, or months, without first having gone through the worst of the states. Sleep is essential for life, it regulates metabolism, facilitates homeostasis, that is, it keeps the body in order. But like I said, it's a moment of utter weakness if you consider yourself prey. Some animals achieved something incredible, sleeping with half their brains. In this way they can stay attentive to the other half and at the same time rest. Humans tend to have constant moments of micro dreams, because complete insomnia is

impossible, and certain parts of the brain turn off every so often, generating lapses, blank moments, where you lose track of what is happening.

ME: Like those moments when you stare at a point, and someone catches your attention and you say "Oops, what happened?"

I AM: Yes, it is the body knowing that it needs a moment to regenerate or order information, and for this it must concentrate within, turning off all external nervous alert states. The body never really rests, but is divided into two tasks. During the day he puts everything to be alert and active, and at night he puts everything to be focused on himself.

ME: Biologically this has a clear utility. To have energy and be attentive, you need to rest and recharge. And... psychologically?

I AM: In the dream, the brain orders all the data processed throughout the day and stores it as useful information for the following days. This saves time on reactions. Everything it captures is assimilated to be used in similar circumstances. This storage activity is what you call Dreams. You see the images, emotions, situations, ideas go by, all mixed, because the brain is trying to make a selection of the most useful. This is where something unique and impressive occurs: the Dream generates the Abstractism.

ME: Like Salvador Dalí's paintings... Surreal Abstractism... Melting clocks, Elephants with long legs like bamboo... Things that go beyond the structured and that are above reality.

SOY: And this allows a completely different interpretation of the world from the concrete one seen by the eyes. The question would be: if the brain is active working 100% in the case of wakefulness and drowsiness, and its task is to gather constant data for survival and transcendence, then what differentiates the real from the unreal? What says that what the brain perceives when awake is reality and what says that what the brain perceives when sleeping is a lie? Don't you think that if the brain were fooling us in our inner world it could do the exact same thing when it shows us the outer world?

ME: Uff... you just destroyed reality again, or at least any reference point I might have... But it's true, it doesn't exist, or on the contrary, everything exists. That is, either what I perceive externally is a cerebral illusion, or what I perceive in my dreams is as real as what I see during the day.

SOY: Exactly ... Another of the beautiful paradoxes. But there is one thing for sure: it is easier to control the external than the internal, and although in the internal world there are hundreds of dangers, none are as deadly as those that confront me externally, because they can all lead me to death. . Dreaming of a monster only shows me the monsters that lie in me, but when an external monster comes, such as a war, a beast, a murderer, they can end all dreams and nightmares. There is no escape. This makes people downplay the inner world, as it is not practical for life.

ME: Logical. What we dream of is never usually practical.

I AM: However, there is only one thing that is capable of interacting between the external and the internal, there is a single reality that can go from a dream to the waking world and determine what you do in the "real" world, being the same tool that produced in the external world can determine what you dream in the dream "unreality"
...

ME: What is it?

I AM: The Emotion.

ME: Sure ... what we feel ...

I AM: A dream can awaken in you an emotion that is capable of invading your day and your routine. And in the same way something that you feel in your day to day can determine the order of your inner world. Emotion is what unites the two eyes, the internal and the external, the two visions of your being, your two realities, are united by what you feel, which at the end of the day is the only thing that truly exists, because they are the emotional sensations the language in which the electrical pulses of the nervous system are translated.

ME: We are a Sea of Emotions, in both worlds, internal and external.

I AM: And that is why they regulate everything that you are, think, do, feel, say, perceive, everything, absolutely everything, to a lesser or greater extent, from the philosophical, psychological, biological, everything. The Subconscious is the Ocean where the reality in which you believe occurs.

ME: Neptune ...

SOY: Do you see it? The God of the Seas. His Roman name is a readaptation of the ancient Greek god of the Sea: Poseidon. Neptune is an Etruscan word from the Middle Eastern languages, specifically from the Iranian areas and Greater Iran, where water is said "nepa" and wet is said "nepita". Thus "He related to Water" would be said in Italic languages as "Nepitunus". Water is the basis of life, the foundation of a civilization, the pillar of existence. Thus, the seas were the origin of life, and therefore, it is the God who contained the birth of Venus (Aphrodite), who generated beauty in the evolution arising from the oceans. Water is the pulse and rhythm of time, its floods mark the cycles of time, agriculture. Drought marks the end of production and the beginning of migrations. For millions of years, the human body was receiving information based on searching for water, managing foods that arise thanks to it. Blood was interpreted as the internal water or ocean. Water is one, and therefore, internal water unites us all. Thus families were interpreted as blood groups.

ME: "The family is carried in the blood", when in reality it is not like that, since the genetic codes are in the cells, in the nucleus, within the chromosomes, not in the blood.

SOY: Although some elements in it, such as white blood cells, do carry this information. But beyond that, the same was the one that related to water talks about transformation, what unites us, and not knowing the cells, they understood that the power that unites us inside is in the blood. Pulse and blood pressure allow nutrients to vitalize the body, regenerate cells, make them sensitive to the absorption of information. Thus the nervous system is more active, and cognition improves. Staying hydrated speeds up the general functioning of the body, since the lack of water, dehydration, turns off all functions. There is no longer good connectivity, and ravings, hallucinations, dizziness, fainting begin. Water is a conductor of light, information, electricity. For this reason the spirit and consciousness move through the water, and it knows reality through it. The manifested spirit is water in constant adaptation. And this electricity is what generates pulses and impulses that give rise to movement, acting from a tension, that is to say "ex-motio".

ME:... Emotion.

I AM: The Planet Neptune was named after its discovery in the 19th century, following the tradition of calling the planets after gods who walk in the heavens. Its constitution is mostly gases, and its size similar to Uranus. It is about 4 hours at the speed of light from the Earth, and it is the eighth planet from the Sun, forming part of the 4 Gas Giants, being in the confines of the solar system, which makes it one of the two planets more subtle and profound, of those imperceptible that affect the most internal aspects of being, the intangible and invisible. It is one of those that you need to close your eyes to perceive, and that perhaps you are trying for a lifetime to find in yourself. For its pressure is imperceptible,

ME: It's like the fish that is in the water and will never be able to see the ocean. Not knowing the presence of the ocean because you are used to moving in an environment does not mean that it does not exist or affect. In the same way that for someone born on Earth, the air seems something non-existent, a vacuum, and for an alien born on Mars, the air of the Earth would mean a horrible crushing death.

SOY: The habit of moving around in an environment makes you barely perceive it. That is the subconscious, the depth of this ocean that you do not see, that you do not feel, of the waters that you do not perceive, controlled by Neptune. While the Moon will move the waters of your life day by day conditioning what you do and feel, being the waves that you can contemplate and recognize in its movements, Neptune will be the depths of this ocean, where you cannot notice the currents, the waves, the movement, nor the lights. Everything is in the deep. And for that, you must close your eyes.

ME: I close my eyes. I hold the pressure that comes from all sides. My eyes get wet ... Well I see myself ... I see what is inside of me ...

SOY: And that is what most are afraid to face, because going deep takes away attention to the external, it leaves us vulnerable to predators. That is why most people deny seeing towards themselves, closing their eyes and daring to swim in the deep waters of the subconscious, because their reality is abstract, it is unreal, there is where you only find sensations, emotions, and none are related to the daytime world. Well, they are a mixture of all things, of all times and spaces.

ME: It's scary to dive there ...

SOY: Because you will see what you have denied. You enter such a broad consciousness that you lose track of who you are, to be everything. The memory of everything that you were, are and will be, connected to everything that exists. You are a fish that when you look inside and feel the water around you, you recognize yourself as the ocean itself, with all the creatures that inhabit it. By recognizing your internal world, you realize how small and even insignificant your life is, in that everything you have done is nothing more than a simple point in infinity.

ME: Facing Neptune is a great existential crisis ...

I AM: Accepting him in you is reconcoerte a spiritual being. Whoever seeks the expansion of his being, must integrate Neptune into his life. Meditation, conscious sleep, ceremonies with sacred plants, hallucinogenic drugs, temacals, everything that takes you to a deep experience of abstraction from reality, that opens your inner world allowing you to feel everything that was in you and you denied or you did not know, it opens, feels, lives ...

ME: It's jumping headfirst into the sea ... Without knowing what's underneath ...

SOY: That is why it terrifies those who do not dare to swim. Those who are afraid of water. But only then can you come to feel the most real of existence. Close your eyes.

ME: I see myself ... floating in a sea of ideas and emotions, I perceive emotions that I thought were forgotten or already worked on ... Why are they still there if I have already faced them? Why do tears flow from my eyes if I have already felt and released them.

SOY: Just because you've read a book doesn't make the story go away. That you see a movie once does not imply that knowing the ending does not feel the same emotions when you see it again. Only one thing will change when you cry again for what lives in you: consciousness. Knowing why, you can allow yourself to feel the emotion like someone rereading the pages of an old book. By doing so, you will understand things that you

had not seen before, but by knowing and knowing him, they do not disappear from the ocean, but they begin to be part of it.

ME: I drop my tears well ...

SOY: And drink them, this time with conscience. This is your Neptunian task. Sit down, close your eyes, and remember, think about what is deepest in your soul, the pains, anguishes or joys and pleasures that you long for. Make them resurface, feel how the emotion translates into your senses, in your touch, smell, taste, hearing, in the colors that you perceive within. And let your inner sea manifest, that Neptune arise from you, that the waves of the subconscious wash the shores of your world. Let the retained tears fall, silenced. Let your eyes get wet, unleashing the force of the tides like you have never done before: not from melancholy, but from the awareness of manifesting the gravity of a world within you. And when the waters return, when they fall down your cheeks, drink them knowing that you integrate in you the living force of all that world.

ME: Every tear is a book. Drinking them is like reading to them. Closing my eyes is not ignoring the world, it is becoming the whole world.

I AM: Close your eyes, and when your memory dampens them, you are ready to daydream.

203. Mercury

[February 22, 2021 Matías De Stefano](#)

Physical “Throat”

Daily vibration: De

Statement: I Am Resonant Balance

Code: EAST= this direction is interpreted as the place on the right side of the north, or better said, the direction from where the sun normally raises. In the rotation of a planet on its own axis by the north south magnetism, the direction towards the world moves lets the stars appear on the horizon, known this way for being the direction of light, of fire. It's this way a direction of birth, rebirth, ascension, origin.



ME: Today I woke up with tears in my eyes. What I explained yesterday became real in me. I dreamed of what my subconscious seems to long for, what my soul acclaims. It was a beautiful place, a valley like I had never seen before, where everything I like could be seen. Valleys, mountains, forests, river and streams flowing into a

sparkling sea in the distance, and in a vast meadow, a house, so beautiful that it warmed my heart. I arrived flying, but with my own body, flapping with my arms, like a bird, avoiding certain areas where bears could be seen. Upon arrival, inside I felt at home, for the first time. I looked from the portico, and took a deep breath, sighing, knowing that this was my place. When I went to the bedroom to sleep, someone was there sleeping on the bed. I saw him, and although I don't know him in my life, I knew that he was the love of my life. I felt a bit distant, as my conscience saw him as a stranger. But I went to bed anyway. He hugged me from behind wondering how I had gone. And in that instant I felt at home. We had breakfast together, while he told me anecdotes and we both laughed. For an instant I felt perfection, I felt that everything I had sought in my life was summed up in that image. As a commentator I could say that everything was too bullfighting for my taste, the opposite of my idyllic life. And then my subconscious fought back. Over the hills, a commando like the FBI or something like that appeared, and with weapons, like arrows, they burst into this paradise, firing to imprison us, with such efficiency that in their first shot they pierced my partner's chest, killing him in front of my. Suddenly I was in shock I couldn't move, cornered against the wall, shaking. They started destroying the house, and so I decided to run. I escaped down the stream, and flew through the forest, straight for the bears, to protect me from that advancing squad. I spent days trying to survive, but I lost the meaning of life. Everything he had ever sought was there, and it had been destroyed, it had been removed, there was no going back. Then there was no sense in trying to survive either. Therefore I surrendered, walking aimlessly in front of the prison. They dressed me in a strange and solemn way, and they locked me in a very small windowless cell, without a bed or bathroom. There I sat, watching how they put more people in the same space. I stayed there in the shadow of a corner,

SOY: What do you think the message was?

ME: I don't really know... I realized that my soul expects something very different from what my body and my spirit experience and yearn for. That this is my constant inner struggle, recognizing myself free, without a fixed point, and at the same time, what makes me feel in calamity is the idea of living a life that escapes me, which is not for me today.

SOY: Why do you think it's not for you?

ME: My subconscious reminds me that you have come to face a fight for freedom. That most people lose everything, that they feel trapped in a world of limitations, and that I feel the same. Our dreams are constrained by forces that prevent things from happening as we expect. Perhaps my dream has been too exaggerated to be able to show me this duality ... I feel that if I do not see that other side of freedom and harmony, I would not seek to find ways to free us all from that prison in which we ourselves have gotten ... I who gave myself.

SOY: Your subconscious showed you today the two faces of yourself. Your partner is nothing more than that other part of you that you reject, the one that wants to live a calm, normal life, with no other purpose than to enjoy. It is that affectionate, family, friend part that hugs you after your travels, that awaits you in that place of beauty, inside you, it is your own paradise where you find the true love of sharing with yourself. And it is your own mind that always seeks to destroy that idea, because perfection cannot act, evolve, move. Your being needs to run, it always seeks to create a conflict in order to feel alive, to feel useful. Adventure nurtures that part of you that constantly flees from its axis, and that surrenders to the prison of the structure, limiting itself to actions that lock you up in your own mind.

ME: How do I get out of there?

SOY: The question is not how. The question is if you really want to get out of there. For jail is in your mind, and longing is in your heart.

ME: How do I differentiate finding freedom from giving up my purpose. Because, let's face it, all my life I have designed what I am doing now, and I know that from today there is another year of this purpose that keeps me linked.

I AM: You have taken your purpose as a prison, when it is your freedom. You just have to remember that you are the key, and that the door to freedom is only inside. The outside is just a projection of what you live inside. Your emotional failures are nothing more than your own failure to love yourself. The abandonment of oneself to be at the service of others. Aquarius causes you this tachycardia that makes the arrow of the enemy that you have invented pierce the heart of your lover. You realize? You are yourself giving yourself a message from beyond, whispering that all this only lives in your mind, that freedom does not imply leaving anything, that freedom is not abandonment. Freedom is letting go of the weight of what you do and are, responsibility is not synonymous with carrying a weight, it is synonymous with knowing how to respond. Now answer me:

ME: It's hard for me to write it... but Yes, I know I have the ability.

SOY: And that freedom will be questioned over and over again. As long as you are on Earth, at least 3 times a year.

I eat?

I AM: In the Retrogradations of Mercury.

ME: "Mercury Retrograde" has become a mantra to explain the problems we have ...

I AM: Mercury is a small rocky planet, the closest to the Sun. Its surface is so hot that nothing could live there. Due to its size and proximity to the star in our system, its orbit is very fast, circling the Sun about 3 to 4 times in the time it takes for the Earth to make one, that is, its year is 88 days. Within this period, there is a moment when the planet seems to move in the same direction as the Earth, but while the Earth continues to advance in its annual orbit, Mercury is already turning to close its year passing behind the Sun, giving the sensation from our point of view that the planet is walking backwards, taking steps going back to where it came from (retro = back / gradus = step, step). All planets do this, but Mercury is the fastest.

ME: And what does this mean?

SOY: Nothing for the planet. But for our way of seeing the world, it means that everything that this planet means to us goes backwards, and therefore goes back, becomes opposite to its purpose, awakening the negative aspects of this being.

ME: That is why if Mercury is the planet of Communication, when retrograde all communications will fail and we will not understand each other ...

SOY: That's right.

ME: And... what does this have to do with my dream?

I AM: That you have lived exactly both sides of what freedom means to you. On the one hand feel free, on the other fight for your freedom. Retrogradation is a natural process in every cycle, circle, orbit, in each process there is a moment of retrogradation before moving forward again, and this process is so negative and tragic that it becomes extremely positive.

ME: What would that be like?

I AM: Well, retrogradation is equivalent to going back, to the past, to reviewing all things, to reviewing situations, emotions, beliefs, attachments, expectations, thoughts, everything. It is a moment of fall, of crisis, of conflict, which goes against the purpose, and yet it is what makes you rethink the forms, it is what reminds you that you must review everything to be able to move forward in a spiral without it becoming in a straight line without meaning. Well remember, that what moves in a straight line loses all its inertial force, and what moves in circles, ellipses and spirals, regains greater force with each turn ... At each turn of the corner ...

ME: Oh, I understand... it makes sense. That is why it is in crises where we understand the most and grow ...

I AM: And Mercury is the master in making us practice this 3 times a year. One for our body, one for our soul and one for the spirit. Mercury is, then, the Messenger that brings the consciousness of the Sun and examines us in each of its turns.

ME: Their words are heard in the wind, leaving their messages to anyone who wants to hear them. Like a bird, soar through the skies like an arrow. Close to the Sun, it becomes its spokesperson, communicating its truths ... But why does this planet carry this concept and name?

I AM: Mercury is the planet that revolves the fastest around the Sun, and it is the planet that seems to leave the sun and return to it with greater agility. For the ancient Indo-Europeans and peoples of the Middle East, this light in the sky was "Nabu", the messenger, scribe of the god Marduk. All cultures named this world, this wandering star, as the messenger of the Sun God for his ability to move carrying his messages and returning to him with the answers. For humans, its speed is what made it take the name of all those who had the knack of being messengers or merchants. Travelers who sold and bought, who carried the news from one town to another. In ancient times, messengers used to be street vendors, merchants who sold their products in the markets, where people found out all the news of the kingdom or empire. There the people talked with the merchants and spread what was happening throughout the territory. For this reason, the Romans called this god "the Merchant", from the Latin "merx, mercis" (merchant), which with the Etruscan name for a subject (-ius, -rius) came to be known as "Mercurius".

ME: So the name of the god is more of a description.

I AM: Like the Greek god Hermes, his equal. Hermes is how the Greeks knew Mercury, Nabu, from the Greek word "herma", which means "cairn", a cluster of stones that indicate a path. Thus, the landmarks indicated where to go to the merchants and messengers, with which the "hermes" was the spirit or protector of the messengers and walkers.

ME: The god Hermes is Toth for the Egyptians, Djahut for the ancient Atlanteans, not a god but a high priest ...

I AM: Djahut was an Atlantean, yes, teacher, architect, physician, mathematician, astronomer, a sage who summarized the Universe in few patterns, such as geometry and universal laws (which we have already seen in previous months). Because he was the master of writing, his symbol became the emblem of all scribes and messengers, those who had the wisdom to advise the gods themselves. For this reason, the attributes of these wise men of the Earth were placed on this planet, showing that when this planet carried out its fast cycles it brought with it its messages of transformation and constant revision.

ME: This is the Messenger planet, the planet of Wisdom.

I AM: It is the planet that brings questions and answers, that makes you discover the truths of the cosmos and then questions them. His presence walking in his same direction will make you discover the importance of learning, knowing, communicating, finding the truth, studying, reading and writing, developing, designing, building, and expressing through interaction, it is the planet of technology, of constant innovation, flying fast through the air like Aquarius. But when it goes against your direction, it will be the one who makes you doubt

everything you know, say, design, read, write, learn, is the one who will break what has been built and disarticulate technology, preventing you from innovating without first reviewing what you have done until now.

ME: And this review will affect each of us in a different way, but moving us forward 3 times a year and backward 3 times more.

SOY: Six moments. Your human year will be divided into the 6 aspects of Mercury. An inner trinity and an outer trinity. The External Trinity will lead you to manifest through Form, Sound and Light. While the Inner Trinity will take you to review your Wisdom, your Love and your Will.

ME: This is what they told us a while ago, right? The preparation ...

SOY: That's right. Our first planetary connection appointment will be this August 22, 2021. So, from today, each of the remaining months, we must specially align one of these attributes each day 22.

ME: February 22 Wisdom. March 22 Love. April 22 Will. May 22 the Form. June 22 the Sound. July 22 the Light ...

I AM: And that is how Mercury has given us his Task: Build the Great Merkabah of all those who are on the Net. So, today the first exam begins: to review our Wisdom.

ME: How will we do it?

SOY: Just allow yourself to hear the message... Mercury has stopped retrograde, and today it returns with all its might. Let the message reach you, and from today until March 22, Wisdom must be rethought step by step.

ME: I am the Messenger and the Message. All the beings that I am speak through me.

I AM: The Message of the Gods lives in you. The way to hear them is singing your song, speaking your words. Say it, and their voices will ring out in you.

ME:... I am...

204. Venus

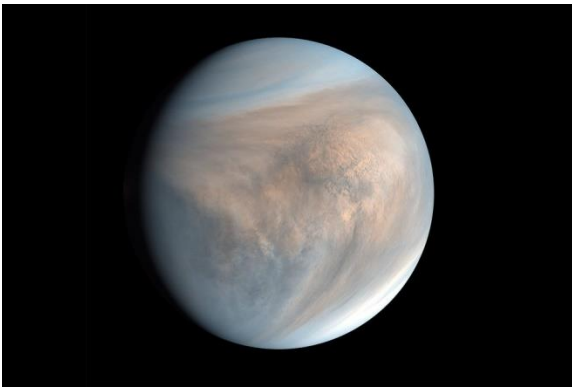
[February 23, 2021 Matías De Stefano](#)

Physical “Heart”

Daily vibration: Di

Statement: I Am the Axis' Balance

Code: WEST = The last espacial direction is where everything ends, the ultimate one or destiny. By counterposition, it is the opposite direction to the rotation of a world, and thus, it's what it's released, let go, where the stars in the sky disappear, therefore, the place of burial, of death, of submerging, and for that, of water and oceans.



ME: When I was a child, I spent a lot of time with my aunt Olga, my grandfather's sister. She dedicated most of the day to the garden, arranging the plants, arranging the flowers, and when I played outside, she explained to me about each one. How should I treat them, water them, prune them so that they grow well. I spent hours with her, who told me stories about her childhood, her parents and siblings. Although they had all been very mean to her, she loved them the same, and spoke of all with admiration. Her father had been horrendously close up to the moment of his death, but she did not hesitate to call him "papa", and to dare to drop some tears of longing when she spoke of him. Although much more of his mother, my great-grandmother, whom he greatly admired. She was the older sister of 5 brothers, and the other 4 had her as the housemaid, to whom to give orders. With extreme machismo, they never accepted any boyfriend, and they were chased away or threatened. Until he was very old, he did not find a life partner, a German gentleman named Otto, an inventor that I believed a lot. I had put together two bicycles as if it were a car with two pedals, so that I could go out for a walk with my aunt through the city, both of us pedaling. Everyone knew them, they were unique. At the age of 50, my aunt went to ask permission from her brothers to marry him. But they denied it. They forbade him to be with her, and they took him away from my aunt. Thus, she gave him breast cancer, for lack of love. Sometimes I think she inspired me in that impossible search to find someone, that soul mate, to live that romance that both inspired me, and that was always forbidden. Now that I say it my heart is beating harder my body confirms that my longing comes from her and the admiration I always had for her. My grandmother told me a long time later that she had to encourage her and give her sexual advice, since she was over 45 years old and still a virgin. And despite so much castration, she continued to love them and cry for all of them as if they were her children. Back then she couldn't understand it, but when I was older I could see how horrible everyone had been to her. When night came and the stars appeared, she pointed me up, made me look at the sky for the first time. He taught me the names of the stars, he showed me the shooting stars. He was the first person who pointed upward, who showed me the wonder of the heavenly. He had an intense faith in the eternal, in existence and transcendence, and without any qualms, he never hesitated to tell me about death. She knew that she would die of cancer, and every

so often she pointed to the sky pointing to a particular star and said to me: "Do you see that very bright star? It is the Lucero. There we all go when we die. There is my father and my mother, and when I die, I will go there. So every time you see the Lucero, you will know that I will be watching over you from the star..." This thought did me good. My aunt prepared me for death all my childhood, although when she died I could not contain my anguish. She had given her whole life for love, hoping to be received just as well from the other side ...

SOY: In the Lucero ...

ME: Yeah... Three nights later, I had a dream. My aunt was in the garden at night. I went to see her, she hugs me on one side, bending over, and points me to the sky. He shows me the Lucero, and tells me: "Now I am there, and I will always take care of you." Then, when I turn to her, she kisses me on the forehead, and when I hear my grandmother calling me from the kitchen, when I see her again she was gone. It was the last time I saw her. But I always felt her close. But I was left with the doubt. What was the place where she had gone. He wanted to know what the Lucero was like. And I started to investigate. And I discovered something that puzzled me. The Lucero was not a star, but a planet: Venus.

I AM: Venus is the Roman name of the goddess of Love. It comes from the Indo-European "wen", which means "to desire, to love." The Greeks call her Aphrodite, in the same sense. Life, beauty, love, had arisen from desire, passion, sensuality and grace of this divinity. This goddess arose from the sea or the desert in the East, being the most radiant light in the sky after the Moon. The idea that this light brought the waves, makes tradition explain that Venus arose from the shell of an oyster, a seashell, giving rise to life from the waters. For this reason, the ancient Phoenician peoples called her the Divinity of Water and Light: Inana-Ishtar. The Persians called her Anahit, while the Mediterraneans knew her as Tanit. Venus gives rise to the word venerate, that is, intensely love a god, someone or something. Likewise, it gave rise to the name Friday, a day dedicated to Venus, who in English is known by her Nordic name "Freya", giving the name "Friday". Your aunt Olga did not choose a bad place to go, because all humanity in different cultures and for thousands of years, knew this wandering star, this planet, with the name of "Love".

ME: Yes ... in a scientific way, his compass pointed well, to join that energy that he could not manifest in this world, that he could not experience. But when I read about Venus, I was still a bit concerned. Well, the planet, beyond being a love paradise, is a Hell.

SOY: Well ... if we talk about the objective, yes, it is. The reason why the planet shines as bright as the Star it is, is due to the amount of toxic gases that surround its atmosphere, a deadly atmosphere composed mostly of carbon dioxide as a result of the constant volcanic activity of the planet, which in turn, due to its infernal winds, stir the gases, filling them with clouds composed of sulfuric acid and sulfur dioxide. All the light that enters from the Sun cannot leave the planet, creating the worst wintering effect you can imagine, causing the average temperature of this world to be about 464 degrees Celcius. Considering the average temperature on Earth is 15-16 degrees, Venus is clearly hell. Its rivers are lava, and its ground burns hotter than any furnace.

ME: Wow... it's terrible...

I AM: Sunlight reflects off its carbon dioxide clouds, and that's what makes it look so pretty and bright, elegant, from Earth ...

YO: It's not a place to go on vacation, clearly ... But you can understand why they call it Lucero.

SOY: This name, in addition to his divine name, was a constant epithet. The Greeks also call him "Lucifer", that is to say: "the one who carries the light", which in Greek is called "Phosphorós" (Phosphorus). And the Romans called him the same: "Bearer of Light", which in Latin has a well-known name: "Lucifer".

ME: Lucifer... the devil? Venus was called "Veneration for Lucifer?" If my aunt knew ... hehe

SOY: Well, let's explain. Lucifer comes from the etymology "Lux, Lucis" (Light) and "Fero" (to carry, carry). This name was an epithet that described everyone who carried light, and as this planet was the brightest, it was known that way. In Semitic mythologies, Lucifer was the epithet of an Archangel who was the bearer of the Light of God, he was the most beloved by the Divine. But in history he was the one who rebelled against God, and decided to create his own universe, thus, he became the opposite of his task: the Darkness. For this reason, the Semitic peoples, Hebrews and Arabs, called him "Shaitan", which means "Adversary, enemy", giving rise to Satan. Venus was a kind of representation of this hermaphrodite being that carries light around the Sun, of God, and that at the same time is usually treacherous ... Like Human Love.

ME: In a way, the two stories come together, because the Bearer of Light is literally Hell that many imagine, a place with fire, lava, where you can't breathe... it's Venus.

I AM: From a human point of view, Venus is an uncomfortable place to live, yes. However, its energy is what matters to us, as it is what truly affects us here. Love is a Polar energy, something that guides us all north. Love is the romantic or emotional way of calling Free and Eternal Energy, that which unites us all. And energy moves by polarity, positive and negative. In the magnetization of this energy, two opposites attract, generating a colored magnetic field, which are the discharge of ions that protect the nucleus from all external forces, turning it into a moving axis that is aligned towards positive polarity, which in a planet you call north, and a human you call head. Love recharges in the South and feeds the body towards the North, thus being the emergence of the Kundalini, vital energy, an energetic flow, loving if you like, that awakens the power that you call passion, desire, and that rises losing its intensity when it becomes connection, romanticism, infatuation, and disperses in the form of freedom and expansion. Love therefore has many stages of energetic expression, and it is the source of life for all things. But for it to be a source of life, passion and desire must be regulated, because if it is not regulated, fire consumes the whole body, turning a world like Earth into a planet like Venus, consumed by its own inability to manage its fire. inside.

YO: It is a good allegory of what happens when instead of using sexual force, passion for things, in favor of something coherent and expansive, we use it only to accumulate, retain, possess ...

I AM: Venus regulates your entire energy world from the subconscious, related to your inner fire, to the power that drives you to shape life. The internal fire, the pure energy of love, is like an intense light that radiates in all directions, being able to turn you into the Star.

ME: That is to say that it is the passion and Venusian loving fire that fosters Enlightenment, and not the spiritual cold of Uranus ...

SOY: That's right. "The Passion" is the key to Enlightenment. But what makes a Lucifer turn into a Satan?

ME: The misuse of light ...

I AM: That you become an enemy of your own creation. Most humans live a constant duality in which they fight against their own creations, their own life. Never being satisfied, they look for better things, more comfort, to look better, to disguise the physical body, to decorate it, to adorn it, fighting against deterioration, seeking to cling to life, they complain about what they achieve in it. So they want to have more than they need.

ME: I admit it, it happens to me. It's one of those things that we usually struggle with within ourselves ...

I AM: Venus reminds you of passions, and lets you know that it is not wrong to use them, feel them, that the Taurine, Scorpio and Librian pleasures are not a bad option to be able to enlighten, radiate, find a center. However, the exacerbated search for this in the outside world, only projects need in the passions that you can only cover in yourself, in your mind. Instead of lighting up, the fire begins to burn. Instead of leading, fire

destroys. This is how Lucifer becomes Satan, when the same being betrays his own light in order to obtain benefits, venerating matter over the essence that gives rise to it. Do you know how to control that fire?

I do not...

SOY: Well here is my homework. The task for all passion will never be the prohibition of what produces pleasure, but the routine in its use.

ME: Routine?

SOY: That's right. Love is something eternal, and therefore, you must manage its use so that its energy does not consume you. The pleasures of sex, food, sleep, relationships, ideas, projects, have a goal that is to activate the main engines of your physical body. However, if you turn on the machinery at full power, you will end up burning the first gears, destroying the machine, the Merkabah. The routine brings order to this Venusian energy, allowing you to honor the passions and give them their rightful place. Venus is more than the planet of Love and Beauty, it is the world that acclaims the balance of your heart, the balance of emotion, of the love that nourishes your being.

ME: I understand... So, I'll take a calendar, and order my week...

SOY: Not with big things, but with small things. With some food, some other pleasure. Set a schedule, set small goals. Nothing great, don't force the change, just redirect the energy, so that the fire becomes illumination.

ME: Love is the Torch that guides my Life ...

SOY: Therefore, don't make it turn off ...

ME: So I will live for myself what my aunt longed for in her life, and in my experience I will expand it, so that it can live with me.

I AM: Because Love is only one, and it crosses all things. Well, Everything is Love.

ME: I am love.

205. Moon

[February 24, 2021 Matías De Stefano](#)

Daily vibration: Di

I Am the Being's Balance

Code: FUTURE = It is the beginning of the Universe, everything was an intention, this means, that before the first particle or wave existed, everything in the Universe was mind, intention, potentiality, which in terms of time it's translated as Future. The future is high vibration, this means, everything that moves so fast that can't be reached or perceived or seen, it's out of our perception, and disperses in so many directions that can't be categorized. The future is not only one, it's all the possible ones happening in an instant.



You know? When we look at the Sky and contemplate the stars, I think that we humans usually take for granted one of the most beautiful things that illuminate our Earth ... The Moon. Since I was a child I was fascinated with it. It is that we do not value what we have so close. No other planet in our solar system can afford to look at the sky with the naked eye and see a star so close that it lets us see million-year-old asteroid craters, valleys and plains, sunsets and sunrises, all in a single image. there, in silence. And most wonderful of all, it revolves around us... It is there, every day of our lives. Maybe that's why we downplay it. Mercury and Venus do not have one. Mars has two small pieces of large misshapen asteroids circling it. Jupiter and Saturn are too large to see the surface of their satellites. Perhaps Pluto can afford such a luxury with Charon. However, our world is unique, fascinating, and everything is thanks to her, to the Moon ...

I AM: Your lives are a grace of Selene.

ME: Selene?

I AM: The spirit of the Moon. So they called him in ancient Greece. "Selas" means light that shines, Selene, well, is Bright Light. And there is no doubt that it is, because the Moon radiates its light that enhances. Well ... "his light", rather the reflection of the sunlight.

ME: What is the Moon?

I AM: The Moon is a dead planet that was trapped by Earth's gravity at the time of the formation of the Solar system. When hundreds of rocks and planetoids flew aimlessly around the Sun, the larger troxes attracted the smaller ones, and they collapsed. If these were very small, they were trapped inside the worlds, but if they were large enough to form a nucleus, their own gravity kept them on their axis, dancing around the greater astral body. The Moon is one of these planetoids, and a very good one.

I because?

I AM: Its orbit, so close to Earth, is what allowed the formation of life in this world, since it acts as a squire, protector of the Earth. Its gravity, despite being weaker, has enough force to push any other rock that comes close to our world and launch it back into outer space, and if it fails to do so, it will attract these pieces towards it.

ME: That's why we see its surface full of craters ...

SOY: For that reason and for a simple reason: it is a planetoid with a core so weak that it does not have seismic activity like the Earth, nor does it have enough strength to hold gases on its surface, which makes it devoid of atmosphere. This prevents its transformation, so the craters you see on the Moon today are the same ones that dinosaurs saw millions of years ago. Maybe with a few new ones ...

ME: Wow, so seeing it is like seeing the origin of all our history.

I AM: And Life. The force of Lunar gravity has a very important effect on Earth. Being only 384,400 km away from us, and at 1 light second, its gravitational force is the one that most affects the gravity of this world, and its effects are direct, especially for those elements with less gravitational weight.

ME: Like which ones?

I AM: The Atmosphere and Water. Comets were the first to bring large concentrations of Water and Gas to Earth when this world was the same as Venus. The molecules that make up these chemical elements, hydrogen and oxygen, are more subtle than minerals compacted by geological pressure, and therefore more susceptible to geomagnetic changes. The rotation of the Earth, the change of the Poles and the electromagnetic field, cause the waters and gases of the world to reorder themselves in currents and pressure systems, generating tides and storms. But the Earth's magnetic field has in turn this guardian, Selene, who alters these cycles with her presence. Thus, in its passage around the Earth, the Moon moves these currents, promoting the tides in the oceans and storms.

ME: So the Moon has direct contact with the waters.

I AM: All Waters.

ME: I mean... ours too.

SOY: It's not for nothing that crazy people are called Lunatics.

I eat? Why?

I AM: Lunatic is one who is related to the Moon. And this is due to something very specific: When the Moon shows all its strength at its full moon, that is, the Full Moon, people are usually more upset. The rhythm of life is altered, the animals change their habits, the mammals go into a state of reproduction, something that has been maintained in human culture but in a romantic way ...

ME: "A romantic dinner in the light of the Moon ..."

I AM:... It facilitates reproduction, and therefore the menstrual cycle is aligned with it. The female fertility period finds its harmony between the full moon and the new moon. But more things also happen: the hormonal alteration produces at the same time more excitement, which can be both sexual and aggressive, since sexuality was related to the struggle to obtain females and territory. Because of this, the males go crazy. The blood "rises to the head", and it is impossible to think clearly. There is more pressure, and it alters the sleep cycle, driving everyone a little crazy. Hence, in the ancient traditions they spoke of strange or scary stories that happened on nights with a Full Moon, such as Vampires, Werewolves, Assassins, Witches, and during the Christian period, it was given a diabolical character, because the pagans used to do their ceremonies during the Full Moon days, in which they honored fertility, sexuality, sowing. For the ancients were guided by the moon to know when to sow, and thus, in their ceremonies, they kept the accounts, which is why the Romans called it Luna.

ME: What does it have to do with it?

I'm everything. Luna is a deformation of the word Leuknas, from the Indo-European Leuk, which also gave rise to the word "Lux" (light), and its meaning is more concrete: "white, radiant light". Leuk gave rise to the Greek word "leukós" which means "white", as in leukocytes (white blood cells). But the Romans also called the Moon in another way: Móna.

ME: Móna? Like the animal ... monkey?

SOY: No! Móna as the name for "Uno". In Greek, "Monás" means Unity. A "Móna" is a unit of measurement. Thus, a Monad is related to that which is in unity. And a concept of Móna is a unit of measurement, equivalent to the word Metro but applied to time. This word is what gives rise to the word "month". And in the past, the months were not aligned to the Sun, but to the cycles of the Moon.

ME: Thirteen months of twenty-eight days each.

I AM: The 13×28 account was the clearest guide to regulate the periods of sowing, harvesting, travel, reproduction, trade, all the processes of daily life were called that in relation to the Moon. This word is the one that gave rise to the Saxon peoples to know the Moon with the name of "Month", that is to say, its current English name. (Moon).

ME: So Moon in English means Month or unit of temporal measurement.

SOY: Exactly. All the peoples of the world had 2 calendars: one Solar and the other Lunar. The Solar was used for major concepts, such as the seasons, solstices and equinoxes, to follow the constellations and transpersonal and divine processes. While the Lunar calendar was used to follow the rhythm of life, daily life, routine, the most human and natural life. For this reason, the pagan peoples followed the Moon, while the peoples who sought God outside of this world followed the Sun. Thus, the night was demonized, and the Moon as its Queen, and with her all those who honored him. . For this reason, the concept of "lunatic" encompassed everyone "outside the established normality".

ME: The Moon then, moves our waters, our life ... the everyday, that is, it is the one who regulates everything we are, our being, personality, our interaction with the world.

I AM: The Moon is the maternal symbol, it is the one who protects her children from external evils, who moves and controls life, regulating evolution, the interaction of all living beings in this world.

ME: There are people who think it's fake. Which is something put there by some superior race for monitoring, a kind of spaceship.

SOY: We both will be lunatics, but this idea is exceeded.

ME: You always see the same face, why can't you see the other side? Does not turn?

I AM: The Moon is part of a natural process, which has been naturalized for millions of years. The Moon has a much slower rotation than the Earth, it takes just over 27 days to turn around on itself, that is, the same amount of time it takes to turn around the Earth, which gives the sensation of always show the same side. His presence does more than monitor, his presence defends us from deadly threats such as comets and asteroids, while making your heart beat, his blood move, that there are waves on the beaches, that it rains and there are storms, it makes feel deep emotions for the living beings around you. If the Moon were a machine, then it would be the most beautiful and wonderful machine that we could have around. The Moon is the one that has regulated the fertile period of your mother so that she can gestate you, so that you can be born and exist. That is why the Moon unites you to your mother more than anything in the cosmos. Therefore the Moon is the spirit of the Great Mother. It is the regulator of Time and Life. Awaken the emotions of your being because it is the one who moves the hormonal cycles of your body. Therefore, regulate your anger, your love, your joy and your frustration. It is, thus, the one that is present in every relationship of your life, the one that connects you to each individual, to your mother in the first place, to your family, to the way you love your partners, the way you express yourself. to your friends, the qualities of the soul that keep you active in life, processing the cycles of it.

ME: Could it be that human life is a disaster because we don't use a Lunar calendar?

I AM: It is one of the keys and pillars that explains the disorder of the Earth. Being guided by misused calendars, dividing the months of daily life with months that describe processes of spiritual transcendence, makes you travel in disharmony, denying the Moon, relegating it to a mere nocturnal decoration, when it is to the star that you owe everything, that you owe him what you are.

ME: Well, we should do everything possible to return to a lunar calendar and reestablish the order of daily life, of natural cycles.

I AM: This will order the lunatics by making them artists, it will order women by returning power to them, it will order peoples, commerce, ideas, it will make civilization live again in the present aligned with Biology, since the Sun and the constellations do nothing but speak of philosophical processes and ideologies.

ME: A future social system, like the Ontocracy, based on biology, should be guided by the Moon, then.

I AM: Hands down. If not, it will be doomed. The Moon is the key to your Being, to take away the power it deserves is to take away power from yourself. The Moon does not control you, the Moon is part of your Being, it is what has made your first cells exist, it is who has allowed them to exist, and not only do you owe it life, but you are Life within its Divine grace .

ME: The balance of my Being depends on my life aligned to the Moon ... wow ...

I AM: The Moon is the Time that regulates your Space. Every step you take on Earth is accounted for by the Moon. If you do not recognize the Moon on your way, you will always get lost in it.

I: The balance of my Being, radiates in my plexus towards what I feel for each living being, and we are one under the Unity of the light of the Moon.

I AM: This Saturday, February 27, will be the Full Moon in Virgo, and it will propose something interesting to all of us. It closes the process that you opened 6 months ago in the Virgo New Moon, which invites you to review what you have achieved, felt and transformed in yourself these last 6 months. Above all, the question would be what have you managed to order in yourself in the last 6 months?

ME: Ugh... quite a lot, because the last 6 months have been almost all the way I am. Much has changed, much has been rearranged in my life ...

SOY: Well, think about it. This is the Task of the Moon. Review what you have done, and in this case of Virgo, what you have managed to order in yourself. And one last thing. Taking advantage of this new Order ... put Lunar Order. Create a Lunar calendar, and be guided by it. Begin to live your life properly, aligned to the Moon, and you will recognize how coherence is embodied in you, as your Being is enlightened.

ME: Like Selene ...

SOY: Look fixed at the Moon this Saturday, and go back to making passes with it. She is your Mother, and she has in her the strength to make you reborn.

I: I am the balance of Being. The Moon lives in me.

I AM: You are already a lunatic, now you just need to find the axis in its light.

206. Pluto

[February 25, 2021 Matías De Stefano](#)

Daily vibration: Dy

Statement: I Am the Web's Balance

Code: PRESENT = the neutral state of the universe is the present. It is the second temporal expression of the cosmos, moment where all potentialities of the future and its high waves collapse over themselves creating the singularity. The concept of singularity is only one place that unifies in only one time. In that instant emerges the contemplation, the first experience of the universe, the one that makes the decision of taking the first step, the transforming action, becoming aware.



ME: And speaking of satellites that give life... we also find satellites that give death. Why has Pluto stopped being called a planet and is even considered more of a satellite than a world in itself?

SOY: Let's first see what a satellite means. The word Satellite comes from Etruscan and has been taken from Latin, pronouncing "Satelles, satellitis" when referring to the courtiers or guards of a king or prince. This was the name by which the escorts of someone important were known, who accompanied this main person at the royal court all the time. This led to the stellar description, when the worlds were taken as gods, thus, the rocks that accompany and surround them all the time were considered their guardians or escorts, that is to say: "satellites".

ME: Ah, now I understand it better, because we usually say satellites only to human-made machines that fly around the planet, but we don't usually recognize that the Moon is a satellite, and that the other planets they have are satellites, no moons.

SOY: As we said yesterday, our terrestrial satellite is called the Moon. Mars has two satellites: Phobos and Deimos. Jupiter has about 79 satellites of which the most important are Europa, Io, Ganymede and Callisto. Although Saturn surpasses all, with a total of 82 satellites on average, among which Titan, Enceladus, Mimas, Tethys, Dione, Iapetus and Rhea are the most important and striking.

ME: 82 ??

SOY: Well... it's a very big planet. Not counting the millions of rocks that make up its famous rings. Further, Uranus has about 27, being Umbriel, Titania, Oberón, Ariel and Miranda the most important. Neptune has 14, of which Triton and Thalassa are the ones that stand out. And Pluto, at the end of it all, has 5, although 4 of them are just rocks, and one is especially striking.

ME: Charon.

I AM: Charon is about 3 times smaller than Pluto, but still, it is the largest satellite in relation to the planet to which it circulates. Well ... if we can call them planet and satellite.

I because?

SOY: Because Pluto has a rather strange and peculiar orbit. For a planet to be considered as such, it must have a fixed orbit around the star it surrounds, and this is not the case with Pluto. Its elliptical orbit is so elongated that it intersects with the orbit of Neptune, being at certain times of the year the eighth planet in the solar system and sometimes the ninth, placing Neptune as the last planet in the solar system, the ninth, and returning the rest of the year at number 8. Neptune does not move from its orbit, but Pluto does. And not only that, but also, it has a short orbit over an invisible point, as if it were a satellite of a nonexistent axis.

ME: How can this be possible?

SOY: It is because of the strength of Charon. This satellite is only 19,640 kilometers from Pluto. To understand this, imagine that the Moon was about 4 times larger and was about 19 times closer, being able to see it the size of a tennis ball in the sky.

ME: Pretty big, really ...

I AM: The force of the Moon's gravity would push the Earth with such force that it would take it out of its orbit, and would drag it with it, in a kind of dance in which both stars would move with an invisible axis between them. This is how Charon and Pluto dance. For this reason, after the discovery of Pluto in 1930, it was called Planet, but a few decades later, due to these irregularities, it was considered Planetoid, the largest of a group of loose stars in the confines of the solar system called "plutoides" in his honor. Like Uranus, this planetoid rotates with an axis twisted at approximately 120 degrees, compared to the Earth that does it at only 23 degrees, this positions North of Pluto in the equatorial zone, making a complete turn in a little more than 6 Earth days.

ME: It must be the coldest planet in the solar system.

SOY: Well ... its remoteness from the Sun makes it little affected by the light, about 230 degrees Celcius below zero on average. It takes about 5 and a half hours for light to reach Pluto from the Sun, and it would take a human a little over 9 years. Although we could not do anything there, because it is not only a frozen world, but also too small.

ME: How small?

SOY: Quite a bit, more than the Moon. If you extend a Pluto planisphere over the Earth, it would cover only the territory of the United States, and Charon would extend throughout the territory of Alaska.

ME: So they practically can't affect us ...

SOY: Well, its effect is quite subtle, but still shocking. Pluto is named after the Roman god of the underworld, whose Greek equivalent is Hades. Guardian of the Hells, he is also the custodian of all the minerals that are hidden under the Earth, which makes him the richest being in the Divine Pantheon, hence his name, Pluto, which in Greek (ploutós) means "wealth, abundance".

YO: That's why the government of the rich is called Plutocracy, right?

SOY: That's right. Pluto is the richest of the rich, custodian of the mineral world, king of the underworld, symbol of Death, where all corpses go to death: under the earth. In the Greek tradition, it was believed that when a person died, they had to cross the Akheron river, and thus reach the world of the dead. But to achieve this, they had to be transferred to the other shore by Charon (Kharón), the ferryman from Hades, who asked for a coin to do the service. For this, Greeks and Romans placed a coin under the tongue of the deceased, so that they would have a way to pay him. If they had no coins, Charon would keep them for a century before passing them away for free.

ME: Tragic ... So, Hades and Kharón or Pluto and Charon, have always gone together, and represent the guardians of the underworld, guardians of the Dead.

I AM: And this is where this planet or binary planetoids influence our subconscious. In Death. As we have said before, the greater the distance from the Sun, the more subtle is what affects the presence of a world in our lives. And due to the location of Pluto on the threshold of the solar system, it represents the end, which sometimes intersects with the subconscious of the soul, the eternal dream of Neptune. That end is the crisis, the sudden change, the break, the end of something that keeps us united to life, in the light of the Sun. This is how Pluto and Charon welcome Death as a process of expansion into outer space. , outside the attachment of solar gravity, towards the universe itself.

ME: So it represents physical death?

I AM: No, it represents subtle death, the force of the innermost shadows that pulses to the great transformation, to the way you live the changes. The presence of Pluto announces the way you will live the changes in your life, detachment, death and resurrection. There is no way to escape its undeniable force, since all life goes towards change, all organism tends to die. Pluto reminds you that changes are inevitable, and that they are necessary. Well, there is no conception without orgasm. There is no life without birth, there is no growth without effort, there is no learning without error, there is no evolution without crisis, there is no death without life. Pluto is the presence that shows beauty in the shadow, in the hidden. It is impossible to see him in the sky like others, Pluto is invisible to our earthly eyes, he is hidden in the dark, and you cannot prevent yourself from when it will appear in your life. It is the unexpected, for that reason it is the king of crises, of illness in the sense of stopping, of reviewing what has been done to start over.

ME: Pluto takes me to review my shadows... In order to create. Is this why we speak of this world in the sacral chakra?

I AM: For the Sacrum is where this duality of this binary planetoid system speaks of polarity, of balance in creation, manifestation. The Sacral chakra contains the Plutonian and Scorpio organs, where everything that was seen with the light passes into the deepest of shadows, where the essence is absorbed. The lowest energies hide there, it is the underworld of the physical body, it is the death of what entered you, it is the center that makes some go to heaven (to the organism through the bloodstream) or to hell (to be compressed as fecal matter in the large intestine). And it is the same energy of dissolution and death that is translated as transformation, since it is whoever obtains something with a form, to dissolve it and generate a new one, with a new utility and purpose, making him pass the crisis that turns him into something overcoming and transcendental. Thus, this chakra, in turn, is related to creation, as life is reborn from the shadows. What dies nourishes life, transcends it, creating a new being in the womb or in each cell that nourishes itself in your body.

ME: Life is born from death ...

I AM: It is Reincarnation. You yourself have died and been born many times, and you know it, you remember it. It is the energy of Pluto that reminds you that it is possible to return after your judgment, that it is its presence that prompts you to transform yourself into something new.

ME: We all deny Pluto, even today we say that it is no longer a planet, that it no longer has importance, as if cataloging it in one way or another does not have the presence it has in the same way ...

I AM: Be it a planet or satellite, be it a binary system or a simple lost rock orbiting irregularly around the Sun, its position is the limit, reminding us that everything that begins ends, and that everything that ends is the seed of a new beginning.

ME: So it reminds me that if I am really looking to transform myself, I must allow myself to die. Only then can I be reborn.

I AM: But attachment to the Sun, to the Light, keeps us tied to what makes us good, what makes us what we are today, clinging to this existence, feeling that limits are protection, making a prison a home . And yet, attached, tied, we continue to cry out for a change, which can only be given by the force of Pluto, who will not warn when arriving, and will destroy who you are to allow you to be true.

ME: To renew yourself it is necessary to let go of the old. To be reborn, it is necessary to allow oneself to die ... And if I do, on the other side I will find the riches that were hidden under my shadows ...

SOY: Are you ready to die?

ME: Yes, I am ready to be born.

207. Mars

[February 26, 2021 Matias De Stefano](#)

Daily vibration: Do

Statement: I Am the World's Balance

Code: PAST = The traveled path, what was walked by the cosmos, the edges of geometry that are used to constitute the basic schemes of realities, are continuously shaping the concept that we know as past. It is the last time that originates, for it's at the same time the last one in being perceived in the extremities of spaces, reason for what the sky that we see in the past from the cosmic borders due to the speed of light. Thus, the past is made of all the experiential patterns.



ME: This past week, on February 18, 2021, the Rover "Perseverance" sent by the US National Aeronautics and Space Administration (NASA) landed on the Red Planet, about 102 million kilometers from Earth, in its farthest moment in the orbit of perihelion (around the Sun). The fascination for looking for life on Mars goes beyond

knowing about life on that planet, but raises the possibility that some time humans can change the atmosphere of this planet and inhabit this world. Although it always seemed like an unnecessary waste of money. Thinking of populating another world when we still don't even know how to take care of our own, seems very daring to me.

I AM: For an animal that has evolved to reason, to intelligence, since its mind has become infinite, the physical space is too small for it. And if he can, he does not find limits, he will always look for a way to go further. And something that the intelligent, intellectual human possesses is a lack of common sense.

I because?

I AM: Well, a being with an unlimited mentality does not understand the responsibility of taking care of the limits. An intellectual will always ask: "Why not?" While a limited person will say: "No, I can't."

ME: Ugh... here I have a very big conflict. Well, I am one of those who usually say "why not?", And yet, many times it seems to me a very selfish thought, which does not evaluate the results of its indifference to limits. But despite this, we would not have achieved anything that we have done if there had not been people wondering "why not". There would be no technology, art, cultures, human rights, freedom of expression ... We would not have experienced any revolution, and there would have been no evolution. Without the "Why not?" The first hominid would never have left that forest, and today we would still be like the primates of Africa. But it is precisely the "Why not?" the same claim that has destroyed Africa's forests and brought all primates to the brink of extinction, enslaved other humans, and destroyed natural resources ...

SOY: It is the great dichotomy. The extremes of contraction and expansion. The Human is like an earthly heartbeat, which beats, contracting and expanding, consuming civilizations and expanding new ones. The contraction hurts, because pressure, limitation is felt, and it is its constant repression that drives the dilation, the opposite effect that expands, releases, frees in search of new horizons, of finding freedom in all senses outside the pressure and limitations. Both extremes of the polarity of action are inherent in the human. Limiting Action is containing, but destructive. Unlimited Action is expansive but devastating. Both concepts come together in the human vision of the need to belong, but also to possess.

ME: Where are you born?

SOY: From the fear of losing my life. Like everything. Before discovering agriculture, nomads did not have this problem, because they understood that nothing belonged to them, they could only take what they needed and then they continued on their way. But when they understood the magic of sowing, they became sedentary, and saw that they could produce much more without having to worry about day to day. They could have their animals in pens, and count their grains and fruits to get through the winter. This created a new sense in the human that changed everything.

ME: Which one?

I AM: Possessing. Possession. Possession comes from the Latin "potis" (power) and "sedere" (to sit down), that is, whoever discovers the power of the settlement, whoever sits down and says "over this I have power". The idea of territoriality began to emerge, and thus the nomadic idea of "the limit is the horizon", became "the limit is where I grow and breed cattle." They began to own the land, to become owners, masters and lords of what grew on them, and therefore, they had to defend it.

ME: The fight for riches, for possessions.

I AM: The Etruscans called possession like the Indo-Europeans: "moris", that is, "abode", place where you live, land, home. And the spirit of those fertile lands was known as "Maris" (moaris). This was the "god" of

Agriculture. A boy, young, vigorous, strong, industrious, who walked through the fields, who fertilized the seeds, who encouraged abundance. But of course the production had to take care of the invaders, the thieves, the aliens to those lands. Thus, Mars harshly defended the Etruscan territories and crops of Italy. The spirit of the guardian, of the strong and powerful young man who took care of the vegetation, became an emblem for the new peoples of Etruria, sons of Romulus in the 7 Hills of Lazio: Rome. The Romans, immigrants from the western shores of Anatolia, exiles from Troy, They took the keys to their new land, and with their momentum of power, they began to expand as all their ancestors had done long ago, following the legacy of territorial expansion, defending their crops, but this time, with a little more ambition. : conquer as many crops as possible. The towns were growing, and with them the need to feed more and more people, to generate more resources and products, which led the Mediterranean peoples to start incessant adventures with the banner of the god of Agriculture.

ME: The one from Agriculture? Did they do everything in the countryside?

SOY: Of course. Thus, Mars became Romanized, becoming Martius, known today as Mars.

ME: The Roman God of War was the God of Agriculture... I never would have thought it...

SOY: Everything is for the food. But the ancients were not at all stupid, and their war campaigns were never carried out during the cold winter, for there was no use fighting in the cold, with little food. Invading territories without active workers was not a good option. So they established certain norms of struggle: All would be carried out from Spring, with the first plantings. So they could at least conquer fields in production to feed the soldiers. Because of this, the first month of the year was named in honor of the god of Agriculture and Sowing, who soon also became the god of Battles and War to defend the fields.

ME: The Fields of Mars... in the month of March. Does March arise from Mars?

I AM: Martius, it is the time of Mars, the same as the second day of the week, Tuesday. All in honor of this god. The Nordics called Mars as Tyr, which is why in English you know the second day of the week as "Tuesday", the day of Tyr, but they kept the nomenclature of the month in relation to Rome.

ME: March the first month of the year?

I AM: January and February are added months for the Romans and Greeks, who had 10 months on their calendar. March dedicated to Mars (Martius), the initiator of the seeding. April dedicated to Aphrodite (Apru - Aphro), the spring beauty. June to the goddess Juno, wife of Jupiter, divinity of youth and marriage, union. From here, the months were called by the order from the beginning of the year: Quintilis (fifth month: July), Sextilis (sixth month: August), Septembris (seventh month), Octobris (eighth month), Novembris (ninth month) and Decembris (tenth month). Although Quintilis was renamed by Julius Caesar, whom Augustus Caesar was not far behind, changing his name as a divinity in the Sextilis, so we have July and August.

ME: Wow... interesting. And January and February?

I AM: Two months added after taking the Solar calendar of Egypt and Mesopotamia. Where the annual change celebration days were rearranged. January is in honor of the god of Time, Janus, who has two faces, one looking to the past and the other to the future, speaking of the end and beginning of the year. And February comes from the period of Purification, the time when one was renewed to begin the new cycle in March, from the Latin "februa" (expiation, purification). And the cycle begins again on Mars. This planet, then, is related to Aries, the initiating sign, the beginning, the force, the will, the inertia and the spark that begins all things.

ME: And the one who can start a fire and burn everything.

I AM: The anger of the fire, the rage, the anger. For this reason, the Greeks called this god Ares, from the word "aré" which means "misfortune". Unlike the Romans, the Greeks saw this god as the one who encompassed all the misfortunes, conflicts, battles, wars that broke out with the harmony of daily life, that which destroyed everything in its path. Hated by the rest of the gods and humans, Ares did not hesitate to show his discontent with the world by trampling everything in his path.

ME: And the planet encompassed this concept. Why did they call it Mars?

SOY: At a glance you can understand why. If you look at it in the sky, you will see that its color is not like the other stars, whitish, but reddish. The red color of his light made him imagine him bathed in blood, and for this reason, he was characterized as Ares, drenched in the blood of his enemies, or Mars, advancing through the territories seizing them. Thus, humans gave this world the power of the God of War. Mars is reddish due to its high concentration of iron oxide on the surface, which corrodes everything turning it red, rusty. The planet, for more than being one three times smaller than Earth, has certain peculiarities, and they are that it has the highest mountain in the solar system, called Mount Olympus, in honor of the home of the Greek gods, which is 3 times higher than Mount Everest with a base 600 km wide, that is, a volcano as big as all of Germany. It also has the largest and deepest canyon in the Solar system, with wide zones ranging from 200 to 700km, a maximum depth of 11km, and 4,500 km long, from the east coast to the west coast of the United States. And others, it has some particular that resembles the Earth: it has water. Frozen, at its two poles, but its geography leads to dry valleys and rivers, they indicate that it was once a planet full of rivers and seas, and perhaps life.

ME: Martians?

SOY: Well ... not green, that's for sure, maybe reddish, redheads.

ME: Is it true that people from Mars ever came to live on Earth, and that redheads are a memory of it?

I AM: No.

ME: Just like that? Well ... he had to try.

I AM: The stories of "The men or warriors come from Mars" and "The women and muses come from Venus", is no more than a legend of Greek mythological interpretation. That beings from other worlds have come to this one, it is true, but it does not mean that humans have decorated their visits with their own stories and tales.

I understand...

I AM: What matters to us about Mars is its Action. This planet represents the Will in our subconscious, and as we saw describing, it describes Expansion. As we have seen, the human seeks to expand by nature, seeks to expand his possessions, and thus, he relates possessing with work, and if he does not work, he invades, and if he does not have enough power, he steals, cheats. The search for possession is related to having, controlling, but all these concepts are not born from the force of possessing, but from the fear of losing. Mars describes the biological body, an organism designed for battle, against hunger, against sleep, against viruses and bacteria, against the pressure of the world, against extinction. The body was designed as an armor of the being, prepared for the great battle of life. And the way to survive is by accumulating reserves, is by feeding, having with what to face life, having energy to spend the worst moments. The first battle is living, the second battle is breathing, the third battle is eating, the fourth battle is sleeping, the fifth battle is reproducing, the sixth battle is transcending. For the body, everything is based on the fight for survival. Action, then, is the key to achieving it. And the action says: "before the world consumes me, I must consume the world." Thus, there is an internal force in each living being that leads him to leave where he finds himself with the need to expand, to gain territory, to conquer. The Martian expansion of spring: pollinate, reproduce. As you will see, for nature, this fight is normal, balanced, lives in harmony with the rest of things, because it is based on the foundations of

matter, which is limited in its quantity, unlimited in its transformation. But then the intellect arrives, and the limitation of matter seems to him a prison. Where the body sees opportunities for subsistence, the mind sees nothing but limitations of existence. And he creates stories, legends, dreams, which he manages to capture through the materials of the soil, but falls short. You need more. He uses culture, thought, art, as forms of battle, and interprets others as bacteria. This is how wars, invasions, empires, genocides are born. Spilled blood is the mind's need to satisfy its limitless need in a limited world

ME: That's why we get angry, that's why there is rage, anger, it is all the energy that our mind generates seeking to have what it cannot, which goes beyond objects, but also people, emotions, souls. We get angry with others because we cannot get from them what we expect, and what we hope we can never obtain from others, because it lives in the idyllic of our unlimited mind. This frustrates ...

SOY:... And it makes me angry. We fight for our discontent, because things don't turn out the way we expect them, because it's never enough. Does it sound familiar?

ME: Yes... it sounds familiar. But it is difficult not to get angry, that is ... how do you control in yourself that almost biological need to want to possess, for everything to turn out as expected? I understand what you are saying, but in many people that way of being is almost a program ...

SOY: This attitude is transcended when you manage to clear the two satellites of Mars.

ME: Phobos and Deimos?

I AM: They are two asteroids, rocks, that have their orbit around Mars, but their names have enormous symbolism in this fight. In 1877, the astronomer Hall saw these two satellites circling the red planet and very aptly named them "Fear" (Phobos) and "Panic" (Deimos). Fear and Panic are the satellites of every human mind, like flies that hover around him, reminding him that he may lose the battle. Your mental, emotional or physical wars are at stake all the time, and these rocks flutter your smart head making you doubt your limitless ability. Thus, the intellectual becomes cold, controlling, manipulative, forgetting about the present, and seeking to cling to the future, controlling the impossible, losing the notion of the possible. Fear consumes the action of Mars and turns it into reaction. Panic consumes the will of Mars and turns it into violence. No one is mean or aggressive by nature, all violence and aggression, reaction and impulse, come from a fear, from the panic of losing control, falling into the jaws of limitation. Every being violent, aggressive, warrior, is nothing more than a soul that is afraid of losing what it has achieved.

ME: Getting angry, then, is synonymous with Fear. Aggression is nothing more than accumulated panic. Sometimes many things make me angry. Many injustices make me angry, or I get very angry with certain people. It makes me angry when people comment without asking, when they prop up without listening, it makes me very angry that people who work on consciousness consider themselves superior, or teach others from moral superiority. It makes me very angry when instead of doing their process they want to control mine or give me advice that I have not asked for. It makes me irascible at times to see that this same thing happens on a planetary level, as much judgment, so much injustice, so much separation. I despair seeing that consciousness is an almost lost battle when I see the reaction of people to the slightest. When millions are spent going to Mars when the Earth has failed to find balance,

I AM: Inspire. And remember what Pluto said: you're going to die. No matter what you do, you will die anyway. There is only one possible way out. You are in a limited world, and your body has an end, as does your reason and intelligence. Struggling to control the uncontrollable only awakens Phobos and Deimos in you. There the evils of Mars are born in humanity. But remember ... Mars is not War, it is Agriculture! Resignify this world. Breathe in, put the seed, be patient as it takes root. Water it with the waters of your soul, with the inspiration of your spirit. Sing to him as he grows, read to him and tell him about the wonder of life as he blooms. Its fruits, then, will be eternal, and will feed each seed beyond your death, and your voice, your soul

and spirit will live in each one that consumes the fruits. Patience and constant action is the attribute of procreation, of generation. Humanity has been in the great struggle for thousands of years, because instead of seeing the fertile land of Mars, they look with fear at Phobos and Deimos, feeling in the rich iron the blood of the struggle to survive.

ME: Transcend Fear and Panic, and you will see the real Mars ...

I AM: That of Will, that of Beginning, that of strength, that of sowing. You will see how the iron rich soil strengthens the plants that grow creating forests and jungles. Resignify the battle to live, because life is already eternal, you just have to free yourself from the idea that life should be eternal as you want. Let go of what you want to possess, and you will see that the only thing eternal is transformation.

ME: "The only permanent thing is change" (Heraclitus)

I AM: There is where true infinity lies, there is where action finds its eternity. When you let go of control over the life that you have, you will become eternal in existence.

ME: I awaken in me the will of Mars, and I decide to start a new path, where Fear and Panic are only memories of my past that guided me to survival.

I AM: I am Action, and in it I find Freedom.

I: I am Will, and there I find Eternal Life.

208. Saturn

[February 27, 2021 Matías De Stefano](#)

Daily vibration: Du

Statement: I Am the Path's Balance

Code: ETERNITY = the three times don't work in lineally, but organically and in the same instant in different tunings or frequencies. For that, the temporal Universe is better understood as a song that has a rhythm (past), a melody (present) and a harmony (future). The song, the final product that combines the three of them, is called Eternity, this means, the temporal concept of what we spatially call Ether.



ME: "... You showed me the courage of the stars before you left. How the light continues endlessly even after death. Out of breath you explained the infinite: How rare and beautiful it is to even exist. I couldn't help but let you say it again. I tried to write it down, but could never find a pen. I would give everything to hear you say it one more time: that the universe was made only to be seen by my eyes ... With shortness of breath I will explain infinity. How rare and beautiful it truly is that we exist. "

SOY: You remember, well ...

ME: As if it were yesterday even if it was 2017. I was in the rental house where we lived with my mother in Argentina, and I was writing the book "La Gran Herencia". At one point I was silent, and I stopped feeling inspiration. He didn't know what was next, what the next words would be. And then I closed my eyes, as if waiting for a signal ... And it came. It was this song on a random Spotify radio.

SOY: "Saturno", from the band Sleeping at Last.

YO: Its melody made me feel what my heart was living ... A sort of desolate melancholy, in which I felt alone, stripped of all the essence I was trying to convey ... And suddenly, the lyrics of the song gave all the meaning.

SOY: I tried to be as direct as possible so that you would understand me.

ME: I know... When I heard the song I immediately thought of you. I realized the amount of time I had not spoken to you. The first time I felt you, at my 12 years old, in a sigh you showed me infinity, and I couldn't find a way to write down everything I felt, what you made me see, remember. I understood existence and yet it seemed most strange and beautiful to me. You showed me how the Universe created itself to see, see myself. And with your look I understood everything. What you told me in one breath is what I now tell in mine. But every so often I needed you to remind me. At that moment, when I felt your presence, your vibration resounded like a gong, and you said: "this is my name."

I AM: "Ghan" ... Your "Higher Self" ...

ME: But in 2017, after listening to the song, when I felt your presence, I asked: "Ghan?", And you replied: "I am".

I AM: And you are Me.

ME: And then for the first time I wrote a short dialogue between I and Am. I was writing about the history of my grandchildren, who found out about my history, but I did not know how they did it, and then you whispered to me: "From our conversations."

I AM: "Conversations between I and I am".

ME: I knew at that moment that our transcendence was not like Matías and Ghan, but like I and I am, it is the being who would show me the courage of the stars. And this time you would not leave, now you live in me, in my silence. I never thanked you for making me hear that song that, through tears, gave me back inspiration.

SOY: You don't have to thank me for something that already vibrates in me. We are one.

ME: Saturn brought us together.

I AM: How it unites us all to our Higher Self. As we have said, each planet is like an inevitable step on the path of our lives. While the Sun is the I, the center, the ego that anchors the physical reality of this existence,

Mercury is the expectation of learning, knowing, moving and communicating with the environment, Venus being the relationships that we create in our walk, links that lead us to manifest projects, to generate our realities on Earth, that awaken the force expanding us through the works and struggles of Mars. In the asteroid belt, the first crisis occurs due to these struggles in which we have not won, which take us to the soul, where we find the greatness of what we carry inside, the potential to fulfill our purposes in life: Jupiter. And even so, the soul reminds us that to achieve what we have come to do, it is necessary to review the history with Saturn, to open the mind to new Uranus options, and recognizing that there is nowhere to go, because we are all an ocean in Neptune, which ends in the death of Pluto, where emptiness gives us the opportunity to become free creators. But Saturn is the inflection point that frees us from the idea of individuality to move to the idea of a collective, integrated being. And for this, our souls must expand towards all times, recognizing that we are one in the past, in the present and in the future. Only in this way do you understand the "I am".

ME: And for this Saturn, the god of Time.

SOY: That's right. Perhaps the reason for calling this planet that is due to its slow orbit around the Sun, at least that of the planets known in ancient times. For the Sumerian and Egyptian peoples, and therefore the Greeks and Romans as well, they had Saturn as the last wandering star in the sky, ignoring the others behind. By analyzing its movement they could see that it was much slower than that of the others, that is, that a complete cycle of this planet around the Sun, a Satunian year, is about 30 Earth years. But these are qualities more typical of the Greek god who gave this planet its name.

ME: Chronos, the god of time.

I AM: Simply, Cronos is not a name, but it means "Time". Chronology, schedule, chronicle, all concepts related to the passage of time and stories. For the ancients, the slowness of this planet was related to patience and the ability of time to encompass everything else. In Greek mythology, Cronos is the son of Uranus, the mental spirit of the Heavens. And in turn, he is the son of Gaea, the spirit of the Earth. Heaven and Earth, Uranus and Gaea, came together to give birth to the concept of the passage of Time. But Uranus prevented the evolution of things by always living in the idyllic of things, and for this, Cronos killed him by cutting off his testicles.

ME: Yes, from which Aphrodite was born, as we have already said.

I AM: And with her life was born, and Cronos reigned, manipulating the evolution of life itself together with his wife, sister Rea, who shaped the mountains with the running of the waters. But one day he suspected something for sure: he would be betrayed by one of his sons. So he decided to carry out an atrocity: devour them all.

YO: An image that perfectly embodies the contemporary Spanish painter and expressionist Francisco de Goya: "Saturn devouring his son."

I AM: Quality that perhaps best describes Saturn: Full, opulent. While Cronos summarizes the idea of Time creating life and evolution and in turn destroying and devouring his own creation, Saturn is the vision of one who is full of what he has devoured.

I because?

SOY: As much as many take Saturn as the Roman version of the Greek Chronos, the truth is that their stories are as distant as Mars from Ares. Saturn is also a god of Etruscan origin, more related to the Harvest than to Time itself. However, they both have a point of connection that has made them themselves. Saturn comes from the Latin adjective "satur", which means "satiated", from the verb "satire" (to satiate). The concept refers to a time of celebration for the enormous production, for the large number of crops, manufactures, for livestock, and recalls the idea of the beginning of times when gods and humans coexisted on Earth, and the world was full of riches, opulent of food, in which every human was satiated, and there was no work to get anything. This past

utopia of origins, It was celebrated as "The Feasts of Satiety" which in Roman would be called "Saturnalia". They would be like a month of parties and celebrations of opulence and sharing among all. Even the rich sat their slaves at the table and it was they who served them, remembering the times of equality. The wine, bread, meats, and all the products accumulated during the harvests were shared during this cold month in which everything was decorated with laurel leaves, vine, in which the settlers gave each other gifts, remembering the sharing of the peoples together with the gods. These festivities were so extensive that they were joined to the celebration of "Sol Invictus", which commemorates the victory of the Sun over darkness on December 25, the day when it reappears on the horizon announcing the slow return of spring.

ME: I mean... Christmas.

I AM: Christmas, or Nativity, is the celebration of the Solstice, but the decorations that are used until today, as well as the gifts that are given, are related to the Roman Saturnalia. It was a time without time, a time of celebration, of wealth, of surrender, of food, of sharing the harvest, of eating all together before beginning the new return of the Sun.

ME: That's why they related Saturn to Cronos.

I AM: Well, the idea of the end and beginning of time, of the god Janus, which gives rise to the month of January (January in English), is the one that marks the end of one year and the beginning of another at the end of Saturnalia. It is thus, a time of unity, of sharing about what has been done in the year, of rethinking the objectives for the new year, in which the family comes together to celebrate a new beginning.

ME: The meaning of Saturn, then, is one of unity... Of well-being. Why is he painted so rude and cruel?

AM: Let's see. Saturn is the divine concept that encompasses the wealth of the harvest. Everything worked during the year bears fruit and it is time to share it. Saturn is related to the time of effort that you have had to spend and dedicate to obtaining the fruits, not just the fruits themselves. To obtain an apple you need at least 2 years and a lot of patience and care. To obtain bread you need months from sowing to harvest, processing the grain into the fine flour and cooking it. For a red meat feast, you need at least 2 years of shepherding. Time and effort are key to the celebration, working the land is the basis of the party. For each individual in the family to come together, it is necessary that all have managed to carry out this work, add, to be part of the clan that has made an effort to get the products, each one in their trade, on their way. Effort and Time are key to celebrating the Saturnalias, and for this reason, this planet reminds us that if we want to achieve something in life we need to make an effort, work to achieve it, either with our body, emotion or mind, the doctrine, the calendar, the tools, getting down to work, are essential.

ME: The image that Cronos and Saturn, like oneself, devour their children, therefore has a negative and a positive vision. The negative would be to see how time consumes us, the effort takes our energy, and the process only leads us to the inevitable death. However, in its positive aspect it tells us about the wealth achieved, the ability to celebrate and enjoy what has been achieved in the experience ...

I AM: When it comes to the primordial human base of agriculture, you will relate these two processes from the vision of the Body, where Saturn is positioned as a judge, as a kind of questioner who puts us to the test, who encourages physical effort, even to illness, with the intention of recognizing the things that we have swallowed in history and that weigh on us, as well as recognizing the wealth that we have achieved and that we cannot see by looking for more and more. On an emotional level, Saturn makes us review history, the internal wealth that we have harvested throughout life or lives, which makes us evaluate what we have consumed, and if it does us good or bad. Thus he is taken as the great president of the Karmic Board, who will not oscillate when it comes to showing you what weighs the most in your soul. And for the mind, Saturn has a huge checklist of beliefs and expectations, to make a thorough evaluation of what has been lived, learned, rejected throughout the year. Saturn is the one who remembers that if you have done well the work of the year, each day, you will have your

reward: Rest. For this reason, more than 4000 years ago, the peoples of the Middle East called the last month of their year and the last day of the week as "Shabbat", meaning "Rest", and originating the name of the day Saturday, which in language English maintains its Latin name dedicated to Saturn (Saturday = the day of Satiety).

ME: The Great Gaseous Planet that most attracts the eye for its rings.

I AM: Many may not know it, but Saturn's rings are chunks of ice and rock no bigger than a car or as small as a fist or as particles of dust and sand, floating like trillions of satellites held together by force. gravitational force of this gas giant. With at least 82 natural satellites, several rows of rings, and a gaseous, hexagonal-shaped south pole, Saturn is one of the most striking, fanciful, and strange planets in our solar system. Its size compared to the Earth is as if the latter were a ping-pong ball and Saturn were a basketball. Its ammonia atmosphere gives it the yellowish hue between dark tones due to hurricane storms that haunt the planet's tropics. Its rings begin around 6500 km above its equator, culminating around 120.

ME: It's a unique planet ...

SOY: That is why he calls us to Unity. All the trillions of pieces of ice that make up its rings, the dozens of satellites that surround it, all speak of the order of the parts, the balance of everything that could be chaotic levitating through outer space. Saturn integrates the history of the Soul as a library, where one can review its karma, its history, its past, present and future acts. Saturn is the being that reminds us that the great celebration is the unity of all the parts, and that the greatest purpose of all is not to achieve an external goal, but to unite all the wealth generated in the internal world. Thus, it is essential to review the past, recognizing that history is not something alien, but an extension of our own being, and that the individuals that traverse our human history and genealogical tree are but limbs of our unique being. Saturn makes us see that the achievements of life are not for oneself as a separate individual, but for the One that we make up with those around us, since those who inhabit the present time are nothing more than physical extensions of my body. And by nourishing my mind, by nourishing myself with experiences, I do nothing but project my being into the future, reviewing the paths that I wish to travel, transforming myself into those to come. Saturn is the threshold where the individual sees everything he has done and been, leaving the limited vision of who he is here and now, today in this place, and can see what he is, It has been and will be everything that happens and all the places that you walk and the people that you meet on every day of the year and every place on Earth. It goes from the individualistic vision of the comforting purpose of the ego, to the transcendence of the whole, of the great being.

ME: That is why this is where you spoke to me, because this unity that adds up all times and spaces is the I Am.

I AM: I am all Times and Spaces.

ME: I Am Here and Now ...

I AM: I am the Way ...

ME: I am the Walker ...

SOY: And recognizing our inner wealth obtained along the path we have made, we can finally celebrate who we are.

209. Jupiter

[February 28, 2021 Matías De Stefano](#)

Daily vibration: Dü

Statement: I Am the Walkers' Balance

Code: SPRING = After ether comes the blooming of life with water, element that represents the temporary process of spring. This concept doesn't reference only the moment of vegetal blooming, but that in all the planets the spring period is understood as the moment of expressiveness where an emerging process, whether it's mineral, vegetal or animal, occurs.



ME: What is my purpose?

SOY: What do you mean?

ME: That is to say ... Something that happens when we begin to inquire into existence is that the meaning of everything we have believed so far is lost. And as much as we have ever gone through this sensation, it does not mean that we will not go through it again.

I AM: Loss of purpose ...

ME: Look, I know it's hard for you to understand, but from the ego's view, this is totally destructive, it almost eliminates hope. I explain. We have said that the first 4 planets (Mercury, Venus, Earth and Mars) refer to the pillars of the Physical Body. Thus, communicative learning, emotional bonding, the manifestation of realities and the force of will constitute the principles of an individual. Breathe, Eat, Sleep and Reproduce, the four key needs of a living being based on biology. We all live like this. Regarding Mercury, we have that intrinsic need for inspiration and exhalation, and therefore to take the lake from outside and deliver something from the inside, to see in the other what I lack and by communicating, I complete myself; So, I have something ahead that I move towards, that I am looking for, that is the other. Then, I generate a link with the other, a relationship, from the mother in my gestation to the friends of life, through the family, the loves, the children, and even the enemies, with everyone I find that energetic reciprocity, deposited in the other. And with the other manifesto, I believe, I am able to experience what I am capable of creating, expressing the internal art that only the Earth can generate, in the joy of living in community. And so comes Mars, which makes me get out of the magic of the 3 previous planets, telling me that I must do things with others and for myself, which tells me about work, goals, objectives, putting strength ahead, the typical "make ends meet", look for something that fulfills you in life. The 4 together always speak of moving forward, of evolving in relation to the other,

I AM: To have a daily or life purpose... from "Pro" (in front) and "Posit" (put, to put), that is: what is put in front.

ME: Yes, that's how we humans live, all living beings. Moving forward. And so our idiosyncrasy is created. Having two eyes in front makes us look at what is in front of us. Two ears pointing forward make us pay attention to what is coming. Hands forward make us build the future. The nose in front of the face makes us pay attention to what is coming. The forward mouth not only feeds but also defends us from what attacks us head on. We are built to look forward, to walk forward, to feel forward, and for this reason we build the future, setting goals ahead, on the horizon, always hoping to find something new and transcendental later on. From the moment we are born we are destined to look for a way out, to obtain something new that awaits us outside in an experience, to take for ourselves what we find,

SOY: The purpose is a program ...

ME: That's where I wanted to get with this. What is a program. And look, we've already talked about it a lot ... but the physical programming, precisely, makes it still difficult to assimilate.

I AM: Because you try to fight the idea of Purpose. And you don't have to ...

ME: But ... why fulfill purposes that we know do not exist? I mean that when you get to know the universe, you realize that there is nothing ahead, because when you advance on a sphere like a planet, you inevitably arrive at the same place where you came from. When you see that the Universe is a branch that has the sphere, you see that time and space are curved, they contract with each other, they stop having the logic of physics, and therefore the idea of going forward changes completely. Suddenly you discover yourself as that drop of water that was freed from the ice of the mountain traveling through roads, streams, rivers, moving in a direction in life, overcoming obstacles, all so that at the end of the road, you meet the ocean, where there is nowhere to go, but to belong, simply to be, and one day you become vapor, cloud,

SOY: And the existential crisis arrives ... The Asteroid Belt ...

ME: That moment when everything seems to attack you, and above all, your own psyche. The body tries to survive by generating fear, instilling fear based on survival. Careful! they scream madly, knowing that they can lose all control, that in any corner they can die due to the lack of meaning, direction, without a fixed orbit, submerged in doom and chaos.

I AM: The dark night of the Soul ...

ME: And then ... the meaning that you had previously given to your life, the simple purposes, become insignificant in the face of the greatness of what is seen beyond. The moment you manage to cross the barrier that defends subsistence, the banal objectives that you have set in life, you discover something much more transcendental: the Purpose of the Soul.

I AM: Clouded individuals by the wonder of soul purpose they lose their sense of physical purpose. Nothing will have the same meaning anymore, because what was sensory before is now sensible.

ME: What do you mean?

I AM: What you call "losing meaning." Meaning comes from what you feel, and this word comes from the sensations, from the 5 senses. The body perceives the purposes as you have described them, based on what it touches, tastes, sees, smells, hears. When, after existential crises, it frees itself from the gravitational pressure of the Ego, the Sun, and subsistence, detaching itself from the orbital pressure, from the weight of life, the 5 senses stop giving information in the way they did before, and they expand as one.

ME: The sixth sense ...

I AM: Where you smell what you hear, where you hear what you see, where you touch what you smell, where you taste what you touch ... Where the senses unify, and you can no longer differentiate the spaces, losing meaning. Although in reality you do not lose it, but you gain breadth of perception, what you lose is the structure or methodology of meaning.

ME: Ah ... now I understand ... That is what makes one say sometimes "My guides told me" or "I saw an angel", but when you have to describe the way you have seen or heard it, it is difficult to describe, well it feels very different, with other senses, where you see without seeing, hear without hearing ...

SOY: Exactly. It is the expansion of the senses towards the Soul. And what changes, then, is the meaning of the river, the meaning of life is also the direction it takes. What used to be goals now cease to be, and become part of an endless process, an eternal cycle. When you can see it, you realize that the purpose is not linked to a single life, that it only shows a simple experience of water, but is related to the cycle of all your lives and forms. Purpose ceases to exist as something ahead, as a goal, as a sense, and becomes part of something greater, a cycle that encompasses all times and spaces in their various forms. Something that you can only relate to the soul, to the higher. You find the purpose of existence. And when you open your eyes, you discover a world even greater than any of the others.

ME: Jupiter ...

I AM: Jupiter is the planet that regulates the purpose of the soul, the greatness of your being, which encompasses all possibilities. Its gravity and presence in the solar system is enormous, showing the expansion that your being can reach. The purpose, seen from the gaze of the Earth, is related to the path of the hero, which arises from the first nomads who dared to jump to the horizon. Normally, it was the head of the pack, the father, the guide, who led to safety. The idea of security was related to the day, to the light and its clarity. The nomadic father guiding his people to a place where they could live their days comfortably, gave the idea that the Father was the Day, the father was the Purpose, the Way, the Light, the Truth ... Do you know where I am going?

ME: Yes... it is the birth of the idea of God, a paternal being, Father of the Heavens, of Light, who leads us to a paradise, which gives meaning to life, which is the Way to Truth.

I AM: The Celestial Father is born from here, while the Divine Mother emerges from the womb of the Earth, the caves, the gestation of what is within the world, while the father travels the horizon. Looking towards the Heavens, the Sun was seen as such a father who walks to and from the horizon. In the Indo-European language, "Daylight" is called Dyeu, which gives rise to the word Yovis in Rome and Zeus in Greece, which in Spanish ends up giving rise to the word God (Zeus, Deus, Dios, God), and Father it is said "whistle". How would you say, then, "Father of Light"?

ME: "Dyeu-whistle"... of course! Dyu-whistle ... Djupitar ... Jupiter.

I AM: Jupiter. The Father of Light. Who marks the path, the purpose of a people, of all together. For this reason, the Romans had Jupiter as their main deity, father of all, custodian of Rome, of the Empire, who defeated the Time that devours everything, bringing clarity, consciousness, purpose, transcendence.

ME: Just as for the Greeks, Zeus was the God of Lightning, of Light ...

I AM: You see again here how gods are born from concepts, and not from real beings. That the characters who have called themselves as the gods were nothing more than beings who sought to have power over others by relating themselves to concepts that humans revered from the beginning. In the heavens, Jupiter looks like a glorious wandering star. Because Venus represented the emergence of Life, and Mars could be clearly

distinguished by its reddish color, the next wandering light that illuminated moving along the night vault as if strolling through his heavenly palace, had to be the lord and master of everything: Jupiter.

ME: That's what they named this world.

SOY: Without knowing that they had got it right, because many centuries later, with the use of telescopes, they were able to see the greatness and opulence of this world. Jupiter is the largest planet in the solar system. The size of this gaseous planet equates to uniting 1400 Earths, we could compare the Earth, then, as if it were a marble next to Jupiter being a soccer ball. Jupiter is composed in its greater quantity by Hydrogen, and a percentage of Helium. Its core is liquid and gradually merges with its hundreds of atmospheres. The pressures and speed of its rotation (a day of less than 10 hours), make this planet not only the fastest in its rotation on its axis, but it is practically not inclined and is the world with the highest number of storms and hurricanes, some of which have been active for centuries. Its beauty is incomparable, because its colors are more an impressionist work of art than the surface of a planet, more worthy of being the greatest Van Gogh painting than of the interaction of Helium, Nitrogen, Ammonia and Hydrogen Sulfide that make up. Its more than 79 satellites and its invisible Helium rings with their blue northern and southern auroras, in addition to their intense colors produced by the different pressures that in the form of bands divide the planet, designing layers of winds between 300 and 500 km per hour on average, they make this world fascinating and magnanimous. Beyond his physical appearance, from the beginning, the human mind has recognized him as the one who guides, who leads lost souls to the horizon. because its colors are more an impressionist work of art than the surface of a planet, more worthy of being the greatest Van Gogh painting than of the interaction of Helium, Nitrogen, Ammonia and Hydrogen Sulfide that compose it. Its more than 79 satellites and its invisible Helium rings with their blue northern and southern auroras, in addition to their intense colors produced by the different pressures that in the form of bands divide the planet, designing layers of winds between 300 and 500 km per hour on average, they make this world fascinating and magnanimous. Beyond his physical appearance, from the beginning, the human mind has recognized him as the one who guides, who leads lost souls to the horizon. because its colors are more an impressionist work of art than the surface of a planet, more worthy of being the greatest Van Gogh painting than of the interaction of Helium, Nitrogen, Ammonia and Hydrogen Sulfide that compose it. Its more than 79 satellites and its invisible Helium rings with their blue northern and southern auroras, in addition to their intense colors produced by the different pressures that in the form of bands divide the planet, designing layers of winds between 300 and 500 km per hour on average, they make this world fascinating and magnanimous. Beyond his physical appearance, from the beginning, the human mind has recognized him as the one who guides, who leads lost souls to the horizon.

ME: Who gives us the true meaning, almost like a kind of second Sun.

I AM: A Sun that does not blind, that does not burn, is the fresh Sun of the Soul. The one that inspires.

ME: And it connects me to the purpose of the Soul ...

I AM: He is the one who shows the eternal path, who reminds you of the search for the transcendence of the great being that you are.

ME: But... after Jupiter, Saturn comes, making me review the history of this purpose. Personally, since I was a child he saw me living between Jupiter and Saturn. Without the compelling need to survive and cling to my body, I have been wandering most of my life between the gravity of the two gas giants, which claim my attention. Saturn reminding me that I must look at the past, my past lives, build my future from the present, connect the loose points of my network, be able to face the unfinished things and get down to work healing and reaping all that I have denied if of I really want to obtain inner wealth. And on the other hand, Jupiter reminding me that I have come to fulfill a fundamental purpose, that I have come to do great things, and that I cannot help it, that my lives, for thousands of years, left me, I left me, a legacy, my "Great Heritage", about which I have been writing since I was 13 years old. And I have built everything based on these two worlds, until, when

entering the pyramid to start the I Am, this 2020, suddenly I saw how I was moving away from these two giants, I saw how long ago I lived in the world of ideas, in Uranus, in the spiritual, and I recognized myself having lived without my feet on Earth, wandering like a soul in pain, a wandering spirit, flying in the thick air of my thoughts. And when I pronounced I Am, and it resounded in the Net, I saw Neptune, and I saw the drop, in an ocean current, realizing that it was Ocean, and even more, realizing that it was water. I saw the water that performs the cycles on Earth, but also the water that floats in each world, the Water of the satellites of Jupiter and Saturn, the water of the comets, of the Saturnian rings, the water that expands in the cosmos. And suddenly, I saw how that water also does not fulfill a cycle, it just "is". And the purpose of Jupiter disappeared. My soul was clouded by the expansion of the spirit, and there I saw how nothing really makes sense, and how not even the sixth sense of the soul really has logic ... And it happened again ... Jupiter was small, the water cycle seemed like a trap, an absurd prison, because the great soul purpose of connecting the Planetary Network, to heal the history of 12 thousand years, to build a conscious civilization, all the greatness, became a drop in the universal ocean ... Then ...

SOY: You watched the show again. But this time much bigger.

ME: Yes ... As we have already said, there is no purpose ... so what use is Jupiter to me?

SOY: What good is being human if there is no human?

I eat?

I AM: Your body is nothing more than an agglomeration of particles that have only joined together to save the energy generated by the quantum filaments of the vibration that gives rise to atoms. What you perceive as time, space, processes, are nothing more than the harmonic interaction of particles that have neither time nor space, since they create it. Your thought, your philosophy, your soul, is nothing more than the construction of said interaction, that trying to stay together generates networks and synapses, repetitive programs, algorithms necessary to maintain the functionality of this vibration. Seen this way, you have no soul, no spirit, and your body is a mere irrational conception of a mind interwoven as a systematic utility.

ME: Wow... you're... destroying me...

SOY: Oh no... I'm building you. It's just that you're not looking at it from the point of view that you expect to see it. You want to see the top of the mountain going into the valley. You want to see the greatness of the ocean by plunging into the abyss. It will be impossible. "The Tree covers the Forest." Your ancestral programming needs to have a purpose, someone to tell you what to do, where to go. And what you forget is that there is no one in the Universe, there is only a single being, there is only the I Am, and all those who generate purposes, who impose their mandates, are nothing more than systems that you have created yourself, no Matías, no. Your. Can't you see it? The greatness of Jupiter is not reminding you that you have a purpose, its greatness is the one that reminds you that You are the Purpose.

ME: I am the Purpose ...

I AM: But not because you are the objective of all this, not because your simple existence means everything to the Universe, no. But because you are that particle capable of asking itself, of asking itself the question. Within this entire solar system, you, human, have asked yourself the question.

ME: What is my purpose?

SOY: And for that reason you are worthy of creating it.

ME: Create my own purpose.

I AM: It is the greatest of freedoms, and the one that terrifies you the most, because it implies recognizing that when you become aware you are alone, that there is nothing else, that there is no north, there is no horizon, that there is no up or down. That you are Jupiter. There is no father or mother in the Universe. You are the creator and the light.

ME: I am the Light... I am the Way...

I AM: You create the purpose from the essence, and it multiplies throughout all time and space, without linearity. You create the purpose of those who 12,000 years ago started the path. You create the purpose that binds you to the future, you create every step you take today. There is no one imposing their mandate on you, you are yourself creating the opportunities to be. No Matías. YOUR.

ME:... I...

SOY: Listen well ... YOU.

ME:... I...

I AM YOUR!

ME: ME !!

I AM: Now you are ready to start the Camino. Create your purpose. Now you are ready to face the Sun.

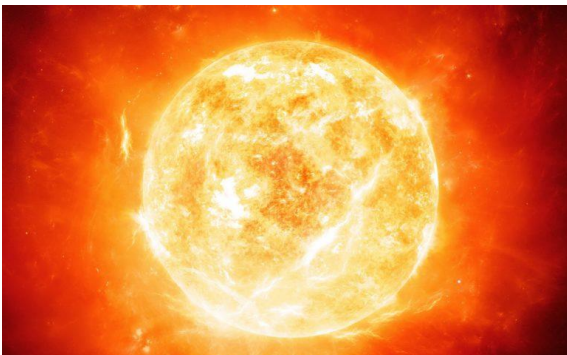
210. Sun

[March 1, 2021 Matías De Stefano](#)

Daily vibration: D-h

Statement: I Am Eternal Balance

Code: SUMMER = The moment in life, is the earthly representation of the physical concept of the element earth, where all entities, no matter what kingdom it is, live the most intense process of their lives, the experimentation on their products, of their fruits and harvests. Thus, during this period is where the processes that require the most effort and work occur to be ready to move forward to the next stage.



ME: I open my eyes and see your light in front of me. I feel him go through me, like the deepest look I can see, from which I can feel his gaze on me. I always wondered why when referring to him they used to say "an eye in the sky", the "great eye". But thinking about him today, I think I know why ...

SOY: Tell me.

ME: It's like when someone stares at you and you can feel their presence, even behind you. A look so deep that it can see straight into your soul. His gaze matches the gaze of someone who is in love, gazing directly into the eyes of his lover. The brightness of what he sees blinds him, knowing that the radiation, the beauty, the clarity, are there, but still he cannot see him with total acuity, he cannot see his defects, he sees him without imperfections and conflicts, and therefore he idealizes him, completes the image inside him, and feels that gaze in the depths of his being, even so it is not real. Looking at the Sun is like being in love, like getting lost in its immensity, in its eyes, in its brightness, and the more light it seems to radiate, the less I can see. The idea becomes expectation, the objective becomes perception, the human becomes divine. Thus, the Sun is seen as a symbol of God, as his eye observing his creation, with a penetrating and blinding gaze. And in the same way as idealized lovers, the Sun comforts us, gives us life, but in turn, destroys us, gives heat, but its radiation makes us mutants, deforming who we are, killing us in each embrace ... I know it is a gloomy vision, but it is the one that best occurs to me ...

I AM: Your vision of the Sun speaks only of your own vision. We see the Sun as we see ourselves.

ME: What a low blow ...

SOY: That's what I'm for. Thanks. The Sun was in front of the constellation Leo when you were born, making you see everything from the eyes of a lover of himself who idealizes the love of others. An ego that seeks to blind others, to be the center, and that does not tolerate that the gazes of the planets turn indifferently towards other stars ...

ME: Buah ... keep hitting me ...

SOY: Of course. Because the Sun, my friend, is your Ego.

ME: How can it be that the most enlightened axis of the system instead of being the spirit is the Ego?

I AM: Wow ... you keep having a wrong image about what the Ego means. Remember: "ego sum... ego eimai".

ME:... I am...

I AM: In Latin and Greek, "I" is Ego. The ego is the subject on which the weight of the action, of the Word, is deposited. The verb is the creative vibration, the being is the essence that passes through everything, that is eternal, that generates the energy of incessant movement that creates the universe. But it is the subject who embodies the verb. The manifestation of the word is who tells it, who creates from it, who lives it. The verb is the origin and foundation of all things, but the subject is the one who gives meaning to said verb. Thus, the Infinite Being limits itself, concentrating on a fixed point that it calls individual, and this will become the fulcrum of all existence.

ME: I am the fulcrum of your essence ... All your expanded potential is concentrated in me ...

I AM: As the Greeks used to say: you are my "pole", that is, my Axis. An axis with two ends that you call poles. And your polarity generates energy in its eternal movement, giving rise to expansion and contraction, which generates gravity, attracting all the dissolved particles of the mind to manifest it in the form of reality. A

single being, the result of all things. The Ego is therefore made up of your duality, of your opposites, which in their dance create attraction, which humans call falling in love, they call love. But the only reason why this polar axis exists is because of its turning, its transformation, and therefore, love is infinitely incessant and mutable. It generates a great deal of energy, and it expands into more manifestations, projected onto other individuals. It is like this,

ME: A star ...

SOY: Oh yeah, it's beautiful right? How the essence of something invisible contracts to create the most powerful of forces. Hydrogen, Oxygen, Nitrogen, Helium, sometimes Ammonia, Sulfur, Iron, Phosphorus ... tiny and gaseous manifestations of vibration arranged in atoms by their resonances, their harmony, they begin to collapse creating more energy, more pressure, more force, generating a nuclei that awaken magnetism, which create a gravitational field that attracts all loose gas particles, and turns them into liquid, solid, heavier and heavier, shaping an incalculable mass of vibration and interconnected particles, creating the largest of energies. Our star is composed of Hydrogen and Helium, and its atmosphere is called the Photosphere, from where the particles called "photons" are radiated, that is to say: light.

I sun...

I AM: Sun, comes from the Indo-European word "sawel", which means "to shine." You can find him in history being called "the one who shines", "shining star", "radiant", "golden", and according to the currents, they will know him with different attributes. For the peoples of the north, Sawel was called Sowilo, which gave rise to the Viking rune "S", symbol of lightning, referring to the Light that comes from the heavens. The Saxon languages called him Suwen, which gave rise to Sunnan, and from there Sol in English (Sun). As much as it looks like a single star from Earth, the Sun is nothing more than a dwarf star, small compared to others in its neighborhood. Do you remember when we said yesterday that the Earth compared to Jupiter would be equal to a marble compared to a soccer ball?

ME: Yes ... that about 1400 Earths could enter Jupiter.

SOY: Well, now you think that Jupiter is the marble, and it is this gas giant that could enter 1400 times inside the Sun.

ME: Wow... it's... too big!

I AM: Leaves Earth about the size of the head of a pin compared to a soccer ball. At 1,400,000 km from Earth, approximately, of brightness it takes 8 minutes to touch us, and when it does, it cannot do so with full force. The Earth's magnetic field protects us from all the solar rays that our eyes do not see but that destroy our cells. The skin exists in our body to protect us from these rays in the same way that the atmosphere protects us from solar radiation. Although it cannot always handle it, and it penetrates the interior of the Earth, trapping these photons, allowing the necessary accumulation of heat that keeps our world at an ideal temperature for life. But if it rises, it is the same as putting a living thing in a microwave. At high levels of radiation the electrons that make up the atoms of the body begin to vibrate higher and faster, giving the sensation of heat, and doing the opposite effect to pressure, bursting. But with the slightest influence from this radiation, very interesting things happen.

ME: What things?

I AM: Evolution. Many may think that the Sun provides vitamins for the body, necessary for life. But it's not like that. Vitamins are not found in sunlight, but in minerals on Earth. When ingested, they remain in the body, but inactive, unless solar radiation turns them on and makes them active. The Sun, its light, the photons that it emanates, generate a sensation of a cauldron, it is the fire that activates the chemicals that are already in the

water, and without touching them because of the layer of clay that constitutes the pot, which protects the ingredients, the fire alters electrons, dissolving and performing alchemy with the chemicals of the compound. Thus, it is not that the nutrients or vitamins come from the Sun, but that it is the force that activates them in you. And in the same way,

ME: So we are mutants of light ...

SOY: Exactly. Light is the one who designs us, it is the one who destroys us, drives us, shapes us. Sunlight produces our smallest changes that determine the greatest destinies. And its strength and power is such that just as the Earth drags the Moon with it, the Sun drags all the planets, asteroids, comets, until it loses its strength at the limits of the Oort Cloud. The Solar System, with the Sun and all the planets, enters the head of a pin if you take Oort as the soccer ball.

ME: It's giant ...

I AM: It is the limit of Solar gravity, it is up to where the effects of its power come to caress the rocks that seem lost in space. The Sun is a grain of sand in the Galaxy, as its size is one of the smallest compared to others. Following the comparison, there are stars that are the size of the Oort cloud.

Me what? I mean ... it doesn't fit in my head, it's ... too big!

SOY: And I've only talked about a standard galaxy like ours.

ME: Everything is very big ...

SOY: And everything is so expansive, that you can lose yourself in its immensity. You are nothing. You feel that you are the size of an electron traveling around a proton that is the Earth, which is part of the atom that you call the Solar system, within an organ called the Milky Way, in the body called the Universe, within the space called the Cosmos.

ME: I hardly exist ...

SOY: Therefore, in order not to lose yourself in infinity, you need a point of reference. For this reason, the Earth does not rotate freely through the cosmos, but refers to the axis of a star. He falls in love with its brilliance, even so knowing that it is not real, it is tiny, but he clings to it as his only love, and recognizes him as such, because it is his love that gives it meaning, that gives it a purpose.

ME: That is why the stars are the Egos, they are the reference points that have the attributes of a being! Mercury is communication, Venus is relationships, Earth is generation, Mars is will, Jupiter is purpose, Saturn is time, Uranus is beliefs, Neptune is transcendental, Pluto is changes, and they are all attributes of the Sun, arising from it, looking to integrate with him again. It is the Sun that sustains, nourishes, transforms, moves... It reminds me of something that a priest in the temple of Horus, in Edfu, told us: "You are suns in a galaxy, and all the people you love are planets and satellites that surround you; so your ability and way of shining will determine if you embrace others, or if you embrace them".

I AM: The Ego is the axis that supports all the physical, emotional and mental attributes that the Word, the Idea, the Emotion have generated, it unifies them, giving it meaning, logic, intention. All refer to him, because from him they arise. Thus, all the lights that you see around you are nothing more than the reflection of your own light on their skins. Those who hover like vultures in their orbits around you, closely, are those that you have attached, drawn to you by your own strength. The Sun is that great loner, who recognizes that he is not accompanied, but realizes that everything he sees around him is his own brightness, that because he cannot see

himself, he observes him in others. It is here when the ego seeks to dominate the brightness of others or impose its own. When the Sun instead of embracing the created, it burns it with its fire.

ME: If the Ego is the Sun, then I must not turn off its brightness, but find a way to shine giving life, and destroy it ...

SOY: For this you must recognize several things. In the first place, that in order not to damage the life around you and be able to promote evolution, you need affection, sweetness, softness and love, one of the great challenges of this Aquarian month in which it seeks to shine without having to relegate to the softness that your reflections need. Second, remember that the Ego is the tool of the Cosmic Being to reference itself, and therefore, value it as the anchor of existence. Third, not be afraid to shine, to be who you are, regardless of your size, color, intensity. It shines. Fourth, recognize that you are the creator of the reality that surrounds you, and that you are alone in the world of your projections. Loneliness, being Alone, is compared to the Sun, a solitary star surrounded by gaseous rocks and minerals, which consumes itself. A star that attracts others to itself, seeking enlightenment without seeing that it already shines on its own. You must honor the individuality and originality of your brilliance, and only in this way will you sustain your Solar system.

ME: How do I?

I AM: If you were born with the Sun being in Leo, bring out the best attributes of the Leonino. Honor your personal sun, the brightness of your ego, without fear, without judgment, without expectations. The Ego is the center that manifests existence, the seed of the great universal field, with the potential to be a tree. Do not judge the seed for spreading roots into the shadows, for there the ego is looking for nutrients. Do not judge the ego for wanting to reach high to the Light, for it is seeking its place in the world. Do not judge the little tree for wanting to have the greenest leaves, the most beautiful flowers, as this will attract bees and butterflies. Do not judge its fruits, it is part of the necessary biodiversity. A forest that produces only one fruit is not rich, it is the poorest of crops.

ME: I must be like the Sun ... accept my brightness, not let it go out, and recognize that what I see in others is my own light, which if it hurts, it will only be to show me that my fire, instead of heating, is burning. The Ego regulates itself in self-reference ... when I recognize that I am the only one who is sustaining this reality that surrounds me ... my own Solar System.

SOY: You are a Star ... what are you waiting to shine?

End Aquarius 2021